

KHUGA SADAR PRESBYTERY

Naupang Sunday School Union training paper 2020

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1. Introduction:

Sunday school hi kum 1700 vel apat khan gam chuam chuam in ala nei ua ala chiapi tau a. Himale umzia nei zawk le chia dan dettak chu kum 1780 vel kha ahi. Zia kum apat hin Sunday school lekhabu toh Sunday school ading in thil chuam chuam le mat khawm ngal ahi. Kum 1735-1811 vel khan England gam a Gloucester khua a mi pakhat Robert Reiks kiti chun Englang gam a thil ki siamna munpi haw a naupang ngaisak loa umte haw alung siat mama a, ama sum seng in ziltitu ding guai in a ziltit sak sek a, zia thu hi England gam le Europe pumpin hung he'n nasatak in ma ahung sawn tai. India gam a Sunday school hi 1800 August tha a William Carey le alawite Serampore khua ah ahung pan ua, himale buaina zia in suktawp ahi. Kum 1802 khan William Carey te lawichan in ahung pan kit ua alawtingto mama a, 1830 kum in India gam a kituptak le mumal tak a Sunday school pat daw k ahi tai.

Sunday school hi school pawimawtak ahi zia in naupangte taksa le thagau lam a pitin le mattak ahithe i na din chiadan mumaltak le hoitak nei apawimaw mama a, zia zia achun sunday school teacher ten mawpuakna lian tak inei ui ti hi ihetmil laoding uh ahi.

2. Sunday school teacher training:

Bang zia k a Sunday school training ki nei ahem? Sunday school teacher training kineina zia k gending tamtak umding ahi. Hinla chawmchan gen ding hileng, sunday school hi kochuam masawn na le gingtu mimal khanletna lam a pawimawna tamtak anei a, zia zosia chu teacherte khut a atamzaw kinga ahi. Zia zia kchun ziltitute hi pianthak, Pathian ngaisak, kithuam phat, gunchu, danhet, le kipiakzaw apawimaw zia k a Sunday school teacher training hi kinei sek ahi. Apawimaw na zia k khenkhat te:

- i. Chanchinpha kipiaksawn na pawimawtak ahi
- ii. Pathian hiatna leh gina diktak neiding a naupangte/midangte sinsakna ahi
- iii. Kochuam hung piandawkna le adin detna hi
- iv. Kristian hinkhuapha ki zilsakna ahi

3. Ziltiltu hina:

i. Ziltiltu chu Pathian nasemtu ahi:

Ziltiltu chu Bible ah Pathian nasemtu pawimaw le langsal tak ahiu. Jesu khale ziltiltu ahia, van a akalto ding akhan le athupiak nunungpen chu athugen zosia pawmding a mite ziltitil ahi.

ii. Ziltiltu hi Pathian ko ahi:

Pathian in anasem ding in mi akosek a. Sunday school ziltiltu na hile Pathian na pawimaw ahi zia in aneitu in semding a kilawm a angaite ako sek hi. Kochuam committee in Ziltiltu ding aguat phatle chingtheitak in amimal gina lam, akristian hindan, kochuam a akiptakzo dan, kochuam angaisak dan le thil chuam chuam gel kawm in aguat sek a. zia kochuam committee ten aguat teu chu Pathian in ako ahi.

iii. Ziltiltu hi Kochuam nasemtu poimaw mama ahi:

Ziltiltu te hi kochuam a nasemtu pawimaw pen pen te laka khat ahiu. Zia hi Lal Jesu nasep sutzawpna ahi zia in apawimaw nau hi hetmil thei ahi puai. Ziltiltu thada le ngaisakpeilo zia in kochuam sung a mitamtak/ naupang tamtak te thada in amimal gina tiangle asiat khawlaw sek a ziltiltu pha le feltak zia in kochuam sung a pathian lam a hiatna toh mimattak tamtak ahung piting sek ui.

iv. Genpitu (Counsellor):

Ziltiltu te hi counselor te ahiu. Counsellor te chun mi dinmun le a mamawu diktak hiat tup in nguntak in angaitua ua pan alasek ua. Amamaw dungzui in apanpi sek ui. Ziltiltu te hi izilsakten ei lau ding uh ahi puo, ei za ding uh ahi. Ziltiltu te hi counselor ahi zia in a zilsakten athu gen adawn sual lo na ding un kichiantak a akiho theina ding un agen bep hilo in ngaitak lam ale pan alak ding uh ahi.

v. Thagaulam puitu ahiu:

Sunday school ziltiltu te chu taksa lam bep hiloin thagaulam ah le ziltiltu ahiziak un ama chu Bible lam ziltiltu, thiampu gual a mite Pathian kianga puitu, zawlnei gual a Pathian doilam puangtu, thagau lam hinkhua puitu pawimawtak ahiu.

4. Ziltiltu Mawpuakna:

Sunday school ziltiltu na hi Pathian thil, Pathian na, Pathian mite etkawlina le ziltilna a hi zia in apawimaw ma ma hi. A pawimaw zia ngaitua chianlote ading chun sep mai mai chi le ahi puai.

i. Ziltil:

Ziltiltu mawpuakna bulpi chu ziltil ahi. Sappau achun ziltil ti hi paumal pathum ahuap hi, ziate chu *educate, instruct*, leh *train* ahi. **Educate** hin mihinkhua thil hitheina um matlo a akoi aap dite, mathei ding a khuadaw sak tina ahi. **Instruct** tihi kawkmua tina ahi. **Train** tihi dawigual a umding a sawizawi tupna ahi. Kawkmua ngaite kawkmua a hilngaite hila, dawigual a umding a sawizawi hi ziltil kiti chu ahi.

ii. Hil-hiat:

Ziltiltu chun aziltilte/Ziltute thu hiat di pawimawte chu diktak le kichian tak a a hil di ahi. Hilchian tawklote, hilkimlote, adiklo hilte chun zildan asuksiat diu a hi zia in, ahung matdaw dan ule diklo intin kochuam sung bep hilo insung tiang ale gina kibanglo zia a siatna piang ziang thei ahi. Ziak chun ziltiltu mawpuakna hi asang ma ma hi.

iii. Hinkhua kaihua:

Hinkhua kaihua ah ziltiltuten het ding a pawimaw mama khat chu, kikawkmute, bawlpatep sakte hi ahi. Zia te hi thil zildan phatak ahia, ziltiltu chun ama hinkhua ngei in thil a ziltil ut dante chu kawkmua henla zilsak/ziltute ading in zil abailam diak hi. hinla gentiam ma ma ama hinkhua a muding a umlo chun naupangte lungthim azo ngai puai.

iv. Zil di etlawk:

Ziltiltu te ading chu zillai/subject hi etlawk zing ding ahi. Zillai/subject hi milungthim khawikha thei khawp a ziltil guat ding ahi. Zia na ding chun ziltiltuten zillai etlawk a thiam ma ma apawimaw hi. Ziltiltuten zillai enlawk lo a amau a kisak lawkna aum lo chun zillai abuai sek a naupangten alawk ding bang in alawk sek puai. zia bep chu hilo in naupangten zillai a lunglutna neilo in Sunday school chu amau a ding a ningkitel um asuak a, hai kin ding zo kin kin ding bep alungthim uh ahi sek hi.

v. Kochuam chiadan le kivaiahawm dan hetchian ding:

Sunday school ziltiltu chu kochuam a nasemtu pawimawtak ahi zia in, kochuam ki vaihawm dan le chia dan hetchet ding ahi. Zia gual thu hechian ding chu ziltiltute kikhawp taimat ding, kochuam

thupuante het ding, programmee pawimawte hetding, kochhuam kipuihhuaidan leh Pathianbiakdan tiang a het ding apawimaw hi.

vi. Zillai/ziltute/naupangte hiatchian ding:

Mmihing kua ma kibang chet chet ki umthei puai, ikhanletna boruak chuam chuam a hi zia in, I insung, duhdan, deihdan, ngaidan, tawidan le kibang kim sip sip theilo thgeilo ahi. Zia zia chun ziltiltuten naupangte dinmun hetchian apawimaw ma ma hi. Naupangte dinmun hechianlo in amamaw ding uh piak fuh hak ma ma a amau hinkhua sukh thei khawp a thugen hitheilo ahi. Ziltiltuten naupangte ahet chian ua le amau hinkhua le sulangdam thei di khawp in thu agen thei ua naupangte a kithenna apha lam a muthei ding in ahung kilang sek hi.

vii. Vaihawmna fel angai hi:

Sunday school kikhawp ahin fel le thiang sit set ah bangkim bawl apawimaw hi. kikhawp kaihuai dante, minlam dante, thawlawm lan dante, hun matdante, pantute, etc feltak le thathotak a bawl ding ahi. Chebuai netnut a naupangte bawlpi lo ding ahi.

5. Method of Teaching:

1. Ziltildan pha:

- i. Zillaibu enlo kei a, ziltit tu'n naupangte mel en zing chung ah aziltit ding uh ahi.
- ii. Mi ziltit masang a zillai ziltiltuten vel bangzah hem ala sim masat ding uh ahi.
- iii. Naupangte umdan etzel di, akhawp takluat ua le, kisukhal na banghem neipi aphai
- iv. Naupang lam ah zilding thumapui ah atangpi genmasak lo ding ahi. Akibatpi thu phuak kawm a pat ding ahi.
- v. Paukam mawl hiat bailam, etsakna mawl mang tete mat ding ahi
- vi. Thuanthu aban kizawm chet chet a gen ding ahi
- vii. Naupangte mnuthei tei vtei a um ding ahi
- viii. Pawlkhat a mi atamtakluat ua le ziltit kiguatbe maiding ahi.
- ix. Zillai in in atup akawkm nuam pen gendawk masaklo ding ahi.

2. Zilsak ding dan tangpi:

- i. Genchian a kihil (lecture Method)
- ii. Genkhawmna mangcha kihil (discussion method)
- iii. Thuanthu gen a kihil (story telling)
- iv. Abawl thaw a kihil (activity method)
- v. Matchak manga kihil (teaching aid method)

- vi. Tuhil mang a kihil (sermon method)
- vii. Thumawp mang a kihil (counselling method)
- viii. Nisin hindan pha akihil (example of life method)
- ix. Vantang kinial apat kihil (debate method)

Naupang pha la dawi em? Naupang fel la siam dawk nuam em? La chate fel le pha din la dawi em? La chaten Pathianthu helev la nuam em? Sunday school ah pan in.

Naupang pha le fel siam dawk na din Sunday school apawimaw a, Sunday school kitup neithe na ding in Sunday school teacher training hi neizing ding ahi.

PSYCHOLOGY

Psychology hi Greekpau kammal pani kigawm 'psyche' leh 'logos' apat lak ahia, psyche chu lungthim tina a hia, logos chu chanchin tina ahi. Zia zia chun psychology tihi lungthimlam zilna a hi. Mihing mizia le lungthim putdan zilna chu psychology ahi mai hi. mithiamte chun A tangpi'n mihing mizia hi thil pathum in asiam hi atiu ahi, zia te chu

1. Hereditary: Nule pa apat kipesawn
2. Environment: Kim le kiang thil haw zia
3. Physical change: Taksa hungkhang zel in hinkhua ahun sukdanglam zia.

Psychology toh kituak a naupangte hilding dan mithiamten ala gen uh khenkhat te:

1. Beginner:

- i. A tawi lumlet zing ua himale achau paisek ui. A khut le keng uh tawi dan ngaitua a chawldamna hun piak sek ding ahi.
- ii. A mit u leh a nakhang uh a akham vak ma ma sek a, bangma peisawt anei puau. Thim a um ut puau a rawng kilangsawt te e.g pink, red, etc te angai nau hi. Kampau khaute, vaute, matlo ding ahi. Pakcha le thepthaw a ziltilding ahi.
- iii. A hiatnau chi chuam chuam mang a thil zil pan pan ahiu a, thil khawi/bawl zawt a ut sek ua, amau ngei khawi sak a ziltil a abawl ding dan uh kaihuai ding ahi.
- iv. A dawt hat ua adawtna teu chu fel; tak le hoitak a dawnhu zel ding ahi. Thilthak angaiven ua angaina ma ma ui. Thil ahia sau akipat in athak ahiatsau kibel didan ziltil ding ahi.

- v. Thilmtak azil nuam ua, angaitua nau chu sawtlo min 5 (appox.) vela hi ziak in zillai chawmcha hilsek ding ahi.

2. Primary:

- i. A that ho a chet vel nuam asa ma ma ui. Angaituana hung sung uh asawt puo min 10 vel ahi ziak un apeilo chan chan uh genpilo ding ahi.
- ii. Thilzil atha nuam ua, mibawldan te entawn in azil sek ui, abawlding dan hil a ziltil ding ahi.
- iii. Mimal adi ngaitua nana dim ua ka le kei ti kampau amang uar pen ua, ngaisak a, midang toh thil kikawp thiam ding a ziltil ding ahi.
- iv. Mi pitingten ahil nau hi apawm sek ua thudiklo le zuau a thep lo ding ahi.
- v. Midang te kiang a umdan azil pan ua, midangte nel theina dinga kihel le apawimaw dangngaitua piak ding ahi.

3. Junior:

- i. Thil ahina tak tak hiat a ut sek ua, suangtuana mai le thuanthu mai hilo deu mang a Pathianthu ziltil ding ahi.
- ii. A thatnawp nau achang le asang a achangle aniam ma ma sek a, zia ziak chun alungthim uh sukmat abai lam ma ma hi pilvang aphai
- iii. Thuanthu simlam leh thil hiat thak/be na lam a asang hiai hiai ua, amau ading a Bible thuanthu phate asimding ua ngaitua piak a tilkhau deing ahi.
- iv. A gualte ngaituana le ngaisakna anei ua, aleng ua apantheinau thil bawlsak sek ding ahi.
- v. Ki selna lungthim anei ua, suthanuam a kielna neisak sek ding ahi.

4. Intermediate:

- i. Naupang dinmun akipat in dinmunthak a akaisang tau a. A miziau le kisang in, amau hinau chiat pawmpiak ding ahi.
- ii. Thil ginchak sang in ginla aching ua, dawtna mang in hawldaw aut sek ui. Lampi diklam a mudawk thei ding a kawkmud ding ahi.
- iii. Thil hiatna lam a ma asawn ua, atak a hinpi vang anei tawm ui, zia ziak chun, lamdik a zawt theina ding ua tilkhau le hetthiam amamaw hunlaitak uh ahi.

- iv. A mau in thil ngaitua a ut sek zia un, amal a um angainau. Hel lungput nei a hiat lai tak uh ahi zia zia chun a thil hiatteu ngaithak pei a lampi dik kawkmuzel amamaw laitak uh ahi.
- v. Nek alawp ua thil bawl le alawp ui, pilthei a ngaidan hilzel ding ahi.

5. Sacrament:

- i. Sawisel le midang toh tekhn angai thei puau. Nunnem tak a dawtheitak a etkawl akul hi.
- ii. A paudaw phawt ule chapo tak le mizalo tak in apau sek ua, paukam matdan le mizia dik btak a Pathian thu toh kituak a hilzel ding ahi.
- iii. Ngaizawng ahe pan ua, Numei pawsal kipawl na chithei apawimaw dan hil zing ding ahi.
- iv. A mitaksan le ngainat deute kiang a aginum tawp sek ua, agual pha gual num ding ahi.
- v. Chetsual le bawlkhial aching ua, nervous ahau ma ma ui, amau a thil bawl kizilsak a confidence/mani kiginchakna nei ding dan zilti ding ahi.

6. Senior:

- i. Mi hiat hi a ut zia un mawpuakna le chanvo adawi ui, aphak tawk ua mawpuakna piak zel ding ahi.
- ii. Mizia kibang le thatnawpna kibangte kigawp aching pan ua, aki gawppi teu akipak amizia hatchet a ven a hil zel ding ahi.
- iii. Milaklaw ahiu a, naupang mizia paitha bta, la piting nai chet lo ahi zia un etkawl dan ale laklaw deua aching a piting tak a aching naupang tobang a etkawl ding ahi.
- iv. Dawitel thei ahi tak zia un, dawitelna dik le neithei ding a zilti ding ahi.
- v. Pitin lam zuan ahi tak zia un, thil kigen te angaitua zui thei ahi tau a, zillai apat angaitua zui ding uh ngaitua piak a panpi ding ahi.