



Editorial

KUMTHAK THUPUKNATE (NEW YEAR RESOLUTIONS)

By: Revd. S.T.Kaia Vaiphei

“Kuale Krista ah um chun, thil siam thak a hung hita; thil luite chu a bei ta; ngai tia thil zosia chu a hung thak tai” (II Korinthte 5:17).

A masapen in simtute zosia kumthak chibai !

Kum 2022 a ding ah ni nunungpen chu a hung tung ta. A thaliam ding in a lian a neu, a hau a jawng, a ching a thiam leh mimawlte kumthak mat dan chuam chuam ah mang ding in i kisa buai ma ma tau ahi. Mi henkhat in Biakin sung ah Kumlui thaliam ding ah programme nuam tak leh khela tak mai ah a mat zing lai un khenkhatte chu zat chuam dai in zu leh sa ah nunnawp bawl pum ah tha ding ah um le um in au. Hun leh ni leh tha leh kumte hung kihei in kum 2022 ni nunungpen nisa chu kum 2023 ah ni masapen ah hung kilang kit ding in a mual liam ta ahi. Hun leh dakkal chia jel in jan pung 11.30 vel a hung gi ta, mi tamtakte chu Mid-Night service mang ding in Biakin lam juan in a chia jung jung

lai un khenkhatte chu zu mun- sa mun a Mid- Night service mang gua le um ngei in au. Zan pung 12 zawh in Kumthak chu a hung kipan ngal ta, kumlui chu a mual liam tai. Ahin la I bawlphat leh I bawl siatte chu mualliam thei lo in tepte in um zing ta ding ahi. I bawl phatteu tepte ah um vang a khawkna a um pua, himaleh I thil bawl phatlote leh I gitlonate haw le tepte ah um zing ahi ti I het uh a pawimawi. Kumlui in ei beisan gual ah bei lo ahi. Ziaziakchun I gitlonateu tepte a um lo ah I thil pha bawlteu ngen tepte ah a um theina ding in Kumthak thupukna siam a pawimaw ma mai.

Sawlchak Paul chun Philipi Kochuamte kiang in, **“Bang hileh le, la umdan uh chu Krista Chanchin pha tawh kituak phawt mai hen”** atia (Philipite 1:27a). Unau, tuhun ah Krista Chanchin-

pha tawh kilawm lo a la het la thilchin, la tawidan, la um dan, la paudan leh a dang dang te kum hung thak ding 2023 ah la lutpi nuamlote a ban in zikdawk in la, haltum in ahiloleh paimang in la, bawl kit talo ding in kila'n in chutileh Lalpa hatna suang in zo ngei ding la hi. Etsaknan: - Zu dawn tak lo ding, Biakin kai zing ding leh a dang dang. Zia la zik thak te haw chu la zing theina ding mun khat in tak le chin la bawl kit khak na a um in le hun hetdawk sak jel in tin haisan thei ding la hi. Zialochun le, Pathian malsawmna kum chia sa ah la chante sulang /zik lang in la, Lalpa kiang in kipakthu gen in. Lalpa'n Kumthak 2023 a hun musakta, Ama a ding in bang bang la sem in bang gual hinkhua mang ding in la kilan diam?

Kumthak Ni masapen mel I mu tau. Kumthak Chibai!

Kumthak ni masapen hi phalbi vuk kiak lai ah zingkal matak a vuk ketha, nisa hung eng dawk sing seng in a hun khaw khak a vam sing seng tawbang ahi. Kuaman a va tawkhak lo, bangma'n a suk buak lo thiang sit set ahi. Zia vuk vam chung chu l tawh ahiloleh i sukkhak ahi chun i sukkhak dan dan in a hung kilang sek ahi. Zia gual a chun nangin le

ni 365 vuk gual a vam sing seng bangma chan a sukbuak kei lo, a sukniinlo hial la nei a, nang a neitu'n la bawl dan dan leh la hi ta phawt chu hung kilang mai ding ahi. La bawl phat chun, la thilpha bawlte tepte leh suklat in hung um in tin, la bawl siat chun la bawl siatte chun tepte in um mai ding ahi.

Zia lo chun le Kumthak kiti hi lehkhabu zik lo, zik pawl khak nailo mawng mawng vam sik set pek 365 nei tawbang la hi. Pek khat chu ni khat jel gual in gel le chin, pek 365 a awng zik nailo la nei hi. La nungchang, la thilbawl, la nasep, la kampau, la tawina zosia bukim tak in zia pek 365 sung ah chun hung kilang mai ding ahi. Tunin, Pathian in Kumthak nikhatna a hun mu sakta, lehkhabu ziklo a chun bang la zik pan ta diam le? La zik dan dan chu tepte in hung um in tin kumtawp in hung kilang vek ding ahi. Kumtawp leh la thil zik zosia chu mitin muthei ding in TV gual ah et thei ding in suklat ding hitaleh mi zosia mu ding ah la phal lo mungam lo ding la zik a um kha diam? Thil zachat um tak tak a hung kilang kha diam? Nang ngei in le la mungam lo leh la et ngam lo ding a hung kilang kha tawl diam?

Kumthak Thupukna Bang La bawl Diam?

Tuni hin Lalpa'n nang leh kei l thep ziak, l phat ziak leh l sep phat ziak hilo in Kumthak bangtik ah le l chan khak lo uh leh i mu khak lo uh ei mu sak ta, bang bang thupukna la siam diam? Mi khenkhatte get chun la, "Kumthak thupukna kisiam lehle bangma kizodiak puan a, phachuam puan a" ti in thupukna siam lo in a um ui. Patep masa lo ah 'zo puang ka' ti mai chu mi dawilawk leh tupna nei lo kisuak ahi. Mi khenkhatten Kumthak thupukna ka neilai ah, "Nah-zial chep tak lo ding" ahiloleh "Kuva thai tak lo ding" ti ah ka kitiamna tuchan hin ka bawl kit ta puai' a tiu a, kipakpi a um hi. Zaw ding leh zawlo ding thu hilo in bawl him him in kisik puan la. Lalpa hatna jal in jo ding la hi. Kum dang ah la bawl khak nai-lo leh le tukum bek in a la bawl in. Thupukna kitup tak la bawl a, la bawl jui a, la chiana lam zo-sia Lalpa la dawt zing ahi chun Ama'n lamdang tak in kum tung in hun mapui in tin, malsawmna leh lawtinna hun pian tin, chu leh la lampi ding chu siam zan piak ding ahi. Khaile unau tunin Lalpa hatna suang in tukum thak a hin bang bang thupukna la siam thei

diam? Etsakna'n:

1. Bible sim suak ing ka.
2. Khamthei him him haisan tang ka.
3. Zau gen haisan tang ka.
4. Le'p guk haisan tang ka.
5. Nasep habawl jaw diak ka.
6. Lalpa dingin a tam thei pen sep guang ka.
7. Tukum in sepna mu gaw tei tei ing ka.
8. Ka zilna lam a lawtinna sang tak mu guang ka
9. Pauchapna habawl zaw diak ing ka
10. Biakin kikhawp thul puang ka,
11. Zia etssakna ding a kisu-langte ti lo in nang in thupukna la kingam dan dan in la siam thei ahi.

Mi tamtak in thupukna i siam sek ua zo lo in l um sek a, a ziak chu l thupuknateu l het jui sek lo ziak uh ahi. Ziaziakchun la thupukna siam te chu la mu zing theina ding mun pen in ta'k in la, kawi leh chun mu zing in la tin, hun hetdaw sak zing in tin, bawl zing thei ding la hi. Lalpa'n Kumthak Thupukna Ama hatna suang ah la siam te zo thei ngei ding in la ma pui hen la, kumtung in vangphatna leh lawtinna ngen in hun del zui zing ta hen, Amen.

SABBATH leh SUNDAY

By T.Upa Lamgoulal, Tangmual

Thumapui:

Amasa'n hunpha ei pia I Lal Jesu Christa chu pakin um zing taken..!

Bible in ei hil dan in chawlnei leh Pathian ni a kibang pua'n, Bible pau in Chawlnei hi "Sabbath" a kiti'n (Chawlnei tina ahi) Sunday hi "Hapta khat ni masapen ni" a kiti.

Sabbath & Sunday hi topic pani ahi ziakin neukhat sau deu ding ahi'n, tawmngai takin sim dingin ka hung chial masa a hi. Phatch-uamna nei ngei di'n, kenle sawttak study bawl in ka hung zik a hi.

Sabbath hi Pathian in etsakna nei ah ala piak ahiziakin, atawp le aneithehi hi. Sabbath hi bang ahem? chuleh Sabbath nit talo in Sunday hi bang ziaakah nit thei ihi em? ti hi genlang gaw ding i hui.

Judate kiangah Sabbath apiak ziaak:

Pathian in mihingte ki-angin Dan-leh-Mual a piak zosia hin umzia leh etsak anei suak kei hi. Pathian in lei-leh-van asiam lai in ni sagi(7) ni'n a kichawl hi, adik hi. Ahi'n Adam kiang inle zia ni hi chan ding(observed) ala gen kha puai. Pathian lawipa gual tuk Abraham kiangin le Isak leh Israel kipatna bul Jakob ki-angin le ala gen puai. Mosia hun in Sinai tang in ala piak ahi ziaak chu Israelte Aigupta apat in a khut thahat in ahung pui ahi ti het zing na ding ah piak a hi. Deut.

5:15. Zui ding hilehle Jentel te a dingin piak ahi puai. Israel tawh Pathian in a kitepna aheth zing na ding zia Sabbath hi a piak a hi (Eze. 20:20; 20:8).

Sabbath hi Jesu etsakna piak ahi zia etsakna haw hi Judaten a hethiam puau in, Judaten taksa thil lam ngen in a pawm ua, Pathian in vang thagau lam ngen in a gen hi. Etsakna'n- Jn. 6:53 'Jesu'n ka taksa... ka thisan la dawnlo leh hinna nei puan la'u, ati'n Judaten taksa nek ding ahi atiu in apawm zia ahe puau hi. Jesu'n thagau lam agen ahi'. Zawlnei ten Christa hung ding hi

suak-leh-sal apat hukdamtu ding ahi ati'n, Judaten Rom vaihawmna nuai apat hukdam dingin ala gel un, ahin Christa chu Setan khut nuai apat hukdamtu ala hi. Jawlnei in agen gual in Sabbath hi tunung ah hung kilang ding Jesu Christa etsakna ala piak ahi.

Kol. 2:16-17 'Kut leh Sabbath haw hi tunung ah hungtung ding lîm ahi, atak vang chu Christa ahi, a kiti'n. Jesu hi dan thupiak subuting dingah hung ahi. Jawlnei ten ama chanchin ala gen un, ama ngei ahung phat in zia dan thute chu asuk bukim ahi zaw tai(Mat. 5:17). Atak chu ahung phat in a lim chu a pawimaw ta puai, Dan thupiak petu ama ahin, a thupiak te sangin apetu chu alian zaw a hi.

Rom.10:4 Christa chu dan tawpna ahung hitai.

Judaten Jawlnei thugente taksa lam ngen in ala pawm ui ti igen zo ta'n, Judaten Jesu ala pawm theilo nau point khatna chu Sabbath ni hi ala chanlo ziak ahi (Jn. 9:16). Jesu'n keima hi Sabbath ni chungah lal ka hi le ala ti a hi (Mk. 2:28).

Jesu Christa hin Sabbath ni hi

ala chang em?:

(i) Luka 4:16 a chun Jesu'n chawl-ni Temple in alut sek hi. Juda insung ah piang ahi zia kin ministry apat masang a chapang lai in anu leh apa thu chuleh Juda custom azui ngai ahi. Sabbath chan zia kin lut ahi puai (Mk. 6:2). Lal na asepat phat in Synagogue a lut in, thu agen sek hi. Sabbath ni a chan zia kin ahi pua'n, mi tampi kipunkhawmna lemchangna mun pen ahi zia kin a hi.

(ii) Judaten Messiah ding a pawm theilo nau chu Kiginni(Sabbath) achanlo zia kin ahi(Jn. 5:18; Mat. 12:2).

(iii) Sabbath ni bangma bawl phallo lai in damlote a sukdam zia kin(Lk. 13:14).

(iv) Sabbath ni khawk salo in a um zia kin(Jn. 9:16). Jesu'n ka pa'n tu ahin na asem in kenle ka sem ahi ati sek hi(Jn. 5:17).

Sabbath dan zui hin hansia law:

Number 15:32 Sabbath dan hi Israelte a dingin le haksa tak leh puakgik tak ahi, Dan hin kuama thiam channa a um puai, zia sabbath dan zuite hi hansia law in um hen ti zik ahi(Gal. 3:10). Amabochu, Christa ging-

tute a dingin thiamlo channa a um ta puai.

Rom. 10:4 Christa chu dan suktawpna ahung hitai. Heb. 4:9,10 ah zia.....chawngakna um nalai hi tihi Christa genna ahi. Sabbatha chawlni bei maleh chawlina ah pat chawlina christa ahi ti a genna a hi.

SUNDAY:-

Sunday(Pathianni) kiti hi Bible pau ah chun "Hapta khat ni masapen ni" a kiti'n bang tidan ah Sabbath kipaitha Sunday hi ki chang(observed) ziang thei ahem? ti hi a chawmlam in gen lehin, Jesu leh nungzui sawmlehn(12) ten ala phudaw'u ahiz-ia kin ki zui a hi.

Apostle sawmlehn(12) te hi Jesu'n full power apiak ahi ti hi het masak angai hi. Amau in azik uh Bible thu hi i pawm un, lei ah kan chu van ale akan ding ahi'n, vangam inle kulbang kingaknau in nungzui sawmlehn(12) min achuang ahi(rev. 21:14).

Ziltilna diklo leh ho dan chuam ten Sunday ni Pathian ho ni Nisa ho ahi ti lawi chuleh zia hi Constantine leh Pope in aphudaw ahi ti'n, history helo ah gen pei mama ziang mi atam hi.

Nidang lai ah Jesu pian masang ah thingbul-suangbul ho ten Ni haw hi nikhat apat ni sagi(7) tiang hi amau in aho uh Pathian min teu haw ala sak/phuak suak kei uhi. Ahin ei un Sunday ah Pathian i ho uhi'n, Babulon te Grik te haw Nisa ho Pathian te kiho ahi puai. Ni sagi(7) Pathian min aphuak khum teu haw en hitiu:-

Sunday=Sun's day, Monday=Moon's day, Tuesday=Tiws's day (England ah nidanglai mite galdona pathian ahi), Wednesday=woden's day(German te pathian), Thursday=Thor's day (Scandenivian god of agriculture), Friday=Freya's day(god of love of Teutonic myth), Saturday=Saturn's day; Saturn hi planet khat min ahi (Roman god of agriculture). Sunday ni hi ei uh le Nisa ho ihu chun, Saturday ni pathian hoten le saturn (planet) ho himai ding ahiau.

Sabbath ni Sunday ah sangdawk hi Constantine leh Pope ahi puai, amau hi Church history ah amin uh a um masangin ala um ahi tai.

Sunday Holiday:

Rev. 2:1-11 ahin Ephesa leh Smur-

na kochuam aki mu'n, mithiam ten asui dan un, Ephesa hi 30-100 AD (nungtawl kochuam), Smurna hi 100-313 AD (sukgenthei kochuam) a kiti. Jesu hun apat in 313 tiang kochuamte hi Government apat sukgentheina ala tuak un (Heb. 11) na sawisakna, vawkna, kawlbuna, chemzam ah sat, thing-at ah at-tan a um.....zia hunlai ahin kochuamte hin kawlhawm leh lei hawm ah ten Pathian ala ho sek un, Leng Nero in Christian te hi gamsa tawh kidel sak in, sport gual in mipi etsak in a compound nasan Christian te sukgenthei na dingin ala pedawk hi ti a kimu'i. Kochuam in Pathian aho thei puai in, gentheina tawp-khawak ala thuk ui.

311 AD ahin Galarius thi zaw in General pani Rome lalgam a kichu'u in, Maxentius leh Constantine ahui. Maxentius in Christiane ala sugenthei in, Constantine vang anu Christian ahi ziakin a sugenthei puai. AD 312 in gal a ki sattua ding kuan in, Constantine hi zan ah lungkham takin a umlai in vision khat amu'n "Zia Cross lim hi mang leh chun galzo ding la hi" ati'n, a sepaite thu a pia'n, Cross(+) mark te mangin AD 312 in Milvian Bridge

in gal ala zo tai. Jn. 13, 313 in a gamsung zosia'n religious freedom apia'n, agamsung zosia'n Sunday hi Official holiday hi dingin a puang tai. Ama thi nung 380 AD in Laodikia Church Council in Sunday ah nasep theilo ding ahi ti'n thutiam anei pan tau. Rome ten England ah Missionary a sawl un England inle holiday hi dingin apawlut tau in, England apat in abang ban in achawmlam ah gen in... ei lam tiangin Sunday holiday hung hidawk vek a hi.

Nungzui ten Sunday ah Pathian a ho:

Tuhin Sunday ah Pathian ho hi Rome Emperor Constantine leh Pope in apatdaw ahilo dan i gen tau in, Jesu leh a nungzui sawmlehni(12) ten ala phudaw ahidan en kit hitiu:

(i) Jn. 20:1- Jesu thawkitni, haptakhat ni masapen ni

(ii) Jn. 20:19- Sunday kit nitak in nungzuite kipunkhawm lai un Jesu ahung kilak kit hi.

Thutawpna:

Pathian ni Pathian ho ding Bible in thupiak umlo himaleh, ei un i Lalpa Jesu i taksang un

i hepi zia kun zia ni hin Lalpa i
ho ahi. Sunday ah Pathian ho hi
hukdamna muna ding ahi pua'n,
Jesu christa'n ei hukdam zia kah
zia ni hi i chang uh ahi zawi. Jesu
Christa a thina apat in a thawkit-
ni ahin, nungzuiten zia ni sin hileh
Pathian ala ho zing un, ala chang
zing un, ei unle ichang uh ahi.
Malaki 4:2- Sikna nisa tawh

tholim ah sukdamna hung suak
ina ati hi Jesu Christa ahin atung
ta a hi.

*Simtute zosia Lalpa'n hung umpi
zing taken...Amen..!*

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Holy land Jordan leh Egypt (Aigupta) Khualzinna

**By Upa ST Liana,
Salem Veng**

Kum tampi masang lai apat ka lungsung a cham zing; Gam-te, haw chu Pathian hepina zal liau liau in ka damsung hun genthei um tak ka lei taksa chu thina thing kuang sung a lum tasa gual in um maleh Lalpan eiphong tho kit a. Kum 9 (nine) years zaw in thinlung a ka tha ngai gam te haw chu date 25th October, 2022 ni in Delhi Indra Gandhi International airport pat in ka zinna. Amasan, Sharja airport in dakkal 5 vel tuam ding leng in ka chawl ua. Sharja airport chu, Dubai gam ahi. Airport leh Dubai khopi chu 15km vel ahi.

Chun Sharja airport in Lenna dang Arab airbus kiti lennan Jordan airport Queen Alia mun chun; ka kum tau a. Zia chu zinglam 10:00 AM vel tuam ahi ta. A gam chu ka vak et le, a san put in ka mu thalek gam keu; gam ahi ziak ahi. Ka tepi pen chu Dimapur leingoi taw ka te pen hi.

Chun, zing an nekwaw in Jordan gam chu, Bus nawp tak mai in ka fang tau a. Amasan, Nebotang Bible a, Mosian kanan gam bawngnoi leh khuai zu lunna gam hi ding a Pathian in, Israel Nam-te kianga apiak ding gam chu. A thialsak na mun Tang nun nuam tak mai mun chun ka va chiau a. Lungthim in malai hun ding dan,- Mosia lungthim ding dan te haw chu ngaitua nan apat zut zut hi. Zia mun chun Mosia hiat zingna Suang le a kidaw hi. Zia mun chu hoitak a chei leh et kol ahi. Vêtu

a tam khop mai. Zia mun a ka um lai chu, ka kam in Mosia'n kanân a thil a tungzo lo in Lal thu thung a pua hen tia la kha ka sadawk a. A zaw chun ka pauchap a. Lung a leng khop mai. Ahin Jordan in kagiak ua. A zing in, km 200 vel tuam thalek gam Bus a ka tai nung un, petra mun. Kei chun mun dang lam ka ti mai a. Ka va tung ua, zia mun hi khua (village) ahi. Kawllak ahi. Hun khatlai chu seven(7) wonders of the world a ti Record ahi atiu a. gwait/Guardian, te gen dan in masang lai in

Rome ten Sana ahol na mun uh a hi; a chawsiat uh ahi tindle agen uh ahi. Chun kilometer tam pi ka tai kit zaw un. Israel gam leh Jordan gam kigam gi mun chu ka tung tau a lekha bangma ka hi fel nung un Jordan gam nusia in Israel gam leichang chun ka lut tau ahi. Zia hun chun ka lawi te khat chu, leitual in abawk a Israel lei chu a chawp a, kei vang in, van lam in ka dakto a, Pathian kiang in kipak thu lungthim sung tak in ka gen ahi.

Chun, Israel leichang gam kilometer tampi 254 ka tai nung un zan khawthim dak 7:00 vel tuam in Jesu nu leh pa Mari leh Joseph tual lenna thing tang gam masang lai a. Ahi'n tun chu khopi liantak etlawm tak hita mun ka tung ua. Lung a dam a lunga leng ve bawk ahi. Zia tak khua chun zan ni (2) night ka giak uh ahi.

Chun 1st day ni chun, malai a Mari Nungak thiangtho tia a van miten a hounau mun leh a khawsak na mun; kava chia ua. A in uh chu suang in lian lo cha kisa ahi. Tun chu Roman ten Inlianpi in a sakkhum ua. Mari leh a family te in chu suksiat lo in phatak chan kepbit ahi. Zia lo chun, Joseph te in le ka va mu. Suang

in ma bok ahi. Phatak cha kepbit ahi. Ahi'n Mari te in leh Joseph te in chu ki gamla lo cha ahi. Ka lungthim sung in hi tin ka ngaitua. Zia mun leh mual hi, Pathian in vawsawlchak te mang a. Mari leh Joseph aho na mun mo tin ka ki ngaitua na alian khop mai.

Zia ban chun, malai hun a zia tak a cheng khawneu cha mi ten tui akhai na sek uh chu phatak cha et kawlahi. Tun le tui a kaina lai a. Zia mun chu Mari tuikhuk a tiu ahi. Amun mai chu, mun nuamin a siam ua. Nopbawl na mun ahi. Ka va chia ni hun uh chun Palestine khangdawng ten nunnawp a la mat lai tak uh ahi. Nasa tak in a lam ua. Zia hun chun, Lam dang takin keima le lam din ei ko ua. Ka va lam le, ka lawi te haw chuleh sa p te haw le ahung lam ua. Nazareth khua, Palestinnian khangthak te haw taw ka lap uh chu nawp kasa khop mai. Amau haw chu, Khristian ahiau.

Chun, azing in, Lalpa Jesun anung zuite, Peter, Jakob leh asuapi Johan te pui chuam a. Tangsang tak mun khat a ava kal nau TABOL tangmun chun ka va chiau a. Tang a san ziak in Bus a lut thei pua Gari neu in ka lut ua. Lung a kidang khawp

mai. Aw khai zia tak mun hi Jesu leh a nungzui tamlo taw. Mosia leh Eliza te ki ho na Lalpa Jesu hun nununglam um ding dan a gen khawm nau ahi tin ka suang tua nan ahung lut ahi. Zia tak mun chu ahi Biak in pulpit tang a le ka sermon na ka gen khak sek ahi tin ka lungthim in a um khawp mai. Zia muna pat chun Israel gam chu liantak thil kual thei ahi a et lawm khop mai. Ahin azing a chun Kapernaum khua Peter in en in ka chiau a. Ahin a in chu lian thim Suang a kisa, tun chu (Hall/Church) lian pi'n akisak khum ta. Zia mun chu Jesun Peter talpi nu khosik a sukdam na mun khale ahi. Ahin a kiang nai thim mun chu malai Pathian hou-na in(Senagok) atiu chu a um a, malai a Jesu thugen na Biak in chu. A umma a chim ta, maleh a khuam te leh amun chu hiatthei din kepbit in a um ahi. Zia chu Peter in taw kigamla lo cha ahi. Ka ngaitua a Peter hi Biakin taw kinaicha cheng ahi hi lam e, ka tia, chun Jesun Mathai 5na Tang-chung ah a thugenna mun inle ka va chia. Zia hawlo le mun tampi aki taw. Ahhin, azing in Kanaan khua moulopna khat um ni, Mari leh Jesu a chialnau, Biakin mun

khan ka va chiau a, Amun kha Biakin lianpi a um a, asung chun Biak in lian lou cha khat a um a, zia chu malai hun a kichenna mun kha ahi atiu a. Zia mun chun uaiin chu aki zuak nasa khop mai hi. Atui le a tui hi . Mipi tawtu le atam khop mai hi. Ahin Kapernaum leh Galili dil hi a ki nai a. Galili Dil in ka va chiau a. Long in ka chuang ua, a lui a le ka kizap a, atui hi athiang a amawi bok a. Dil liantak mai, Israel te gam din hina petu lui ahi. A kimvel in khua a tam a, ahoithei hi, chun phatak cha kepbit ahi bok a a mawi in a etlawm ahi. Aw zia mun leh a kimvel khuate haw hi Jesu tual lenna gam chu maw ka tia aw khai, DIL chung a long a chuang a la kasak uh chu anawp in a chim umlo khop mai.

Awle, Nini zaw in Nazareth apat in lampi hoitak zet chung a Bus a tai in 150.6 km zaw in Bethlehem Khawpi chu zan dak 8:30 vel tuam in ka lut tau a. Mit a khampua. Lungthim le,mit chu a tai khop mai. Aw nang Bethlehem khopi tin ka ngaitua hi. Masanglai a Pathian jolnei, tulai jolnei te gual hi lo in. Aw nang Bethlehem Juda khopi te lak in neu pen lo hial ding

la hi a ti kha. Adik tak zet ahi. Malai a thingtang khua mai kha, tunchu Sana khopi a suak ta mai ahi.

Zing khua ahung vak phat in, ka giaknau In sawng sangtak chung chun ka va kal to a, Bethlehem khopi chu ka thil a, a et-lawm khopmai. In sawng sangtak tak le a tam khop mai. Bethlehem taw Bethani, Jerusalem chu kigamla lo cha cha ahi. Nidanglai a Jesu Kut mang dia Jerusalem a Sabiltung chung a chuang a achia hunlai te kha ka lungthim in a suangtua dun dun mai. Ahin, Bethphage, Olive tang lak Road min chu Hossana Road le atiu a. Jerusalem tuam ah Kristian ten palm Sunday ni Hossana, Hossana tia aki konau lampi juisek nau mun uh ahi. Chun Old Jerusalem David khopi kiti na Solomon in Temple asakna mun hi aleng a lutthei ahi pua, Kana bang a tiu leh Jesu Nungzuite kithakna ankuang a uppi na ti te, chuleh Soloam Dil ati na haw vel bep hi lut thei ahi. Tu a Temple challang ten mun ho le eilut sak nuam talaw lo un ka hia, kei chun chia le ka chia pua zia mun saw, gal in ka en bep hi.

Bethlehem a ka cham sung un, zingkal baitak in ka chiau a, Bethlehem bawngin Lalpa Jesu pianna mun chu. Malai Bethlehem bawngin tawm tak mai chu tu hin, amu nuam chu zinglam dak 8am taw nitaklam dak 5:30 chan chu kawt hon ahi. Mihing chu kitiang chak ziang niksa gual ah kinawk zing, second khat le awnglo a Jesu pianna malai bawng in chu tu hi Sana in ahi tai. Lopi tak chung a chia a muthei ahi ta pua. Bawk kawm a chia a kun leh bawkkhup a Jesu lupna mun tak chu tunthei bep ahi. Ana mailo khawp mai. Biakin lopi tak sakkhum ahi tai enkol tu tamtak le a um uh ahi.

Chun Jesu pian a Belampu te Bethlehem khawpolam ah a giak nau mun le ka va chia. Aw zia tak tuam hi maw van mi ten lapawl lopi leh ngainawp umtak mai a sak na chu tin ka thil vel ahi. Amun leh a tuam chu mun lian tak etkawl leh kepbit ahi tutiang ahin. Zia tak mun ka umlai uh chun Kristmas la ka sau a, ekhai a nawp in a lim um khawp mai, entu leh tawtu a tam khawp mai. Zia lochun Bethani khua cheng Jesun a ngainat sungkuan te sua-pi Lazar thisa a kaitho na mun

than a khan le ka va chia tutiang ahin etkawl leh kepbit ahi. Zia tak mun ah ka umlai chun, zia ni Mari Lazar suapi ti, umding dan te bang ka ngaitua bang ti lawm bep in a kipak ta diam uh aw ti bang ka gel ahi. Zia te sungkuan in Jesu a din tha leh zung tam-pi asen seknau kha a thaman na lawm lawm e maw khen khat in ti'n nau le ka ti ahi.

Ahin zia ni khan mi khenkhat ten Jesu tha ding tak ahi atinau bang le ka ngaitua ahi. Zia chu thangthip na ziak ahi. Awle, vak nung genkit lehin, Lalpa Jesun kum bangchan a hem chanchinpha na a sepna asepi te haw taw, Jerusalem Pindan chung khat a chiakan kut annekna mun uh chun kava chia. Lalpa Jesun, anungzui te lak a athugen bang kha ka ngaitua, laidip a dap vawng vawng mai hi. Lungthim a ka pauchap zaw in, ka pawt dawka, Olive tang a chia suk in Kitron lui gal kai in Gethsemani huan ati nau mun uhchunka chia suk ua. Kitron lui hi tun chu tui a umlo tuk ahi tai. Chuleh Gethsemani huan hi athing te haw khenkhat Original ahi atiu le a um a, hawitak in um bit leh etkawl ahi. Jesu

pauchapna suangpi kha tun Biakin a sak khum tau a, a um zing hi. Pathian la sa in khut beng in la ka sakzaw un ka pauchap a. Aw zia tak mun hi maw Pathian chapana ka gitlo, ngaidam na dia leh ka gitlona achung a bel ah aum na. Lungkhamleh beidawng a a khawsa ul thisan tang gual a avat thak na mun chu tin Lalpa kiang in thupha choi leh kipak thugen in ka pauchap hi. Anawp in atha man khawp mai. Zia hun ka mat zaw uh chun Jesu Thiampu Lal Kaiapha in a akhumna mun kha ka va taw a, ka lawipa chu Salvation Pastor ahi. Ama Bible a sima, ka ngaitha. Zia tak kawm a Jesu zan khua sukna ahi ti lungthim in a suangtua ahi.

Zia zaw chun Golgotha munlam in ka chia to ua. Lalpa Jesu kros a ala khetden na mun vaklut chu dip a ko vung vung mai hi. Aw khai, Pathian chapa ka gitlo ngaidam na dia athisan luanna, akana mun. A khetdenni Rom sepai te um ding dan, Lei leh Van a kithing a khua a thim a lin killing in Jerusalem a Temple puanjak a kithek dan ding te haw chu ka ngaitua lungchang mit tui a luang lo thei lo ahi, zia mun zet a chun.

Aw zia hun chun, ka kam a pat la hung gidawk chun, Hukdam pa nak a pat thisan luang chun, Namtin silthian na ahi aw ka thagau nang le kisil in ti hi kasa dawk a ka pauchap a Aw khai, Aw khai anawp ta luai. La khat kit chun, Aw ka thagau zia tang a chun aw sun le zan in va leng in. La Lalpa kros lek a um chu a hing in va mun la ti la kasa kit a Lalpa Jesu kiang in kipak thugen in zia mun chu ka nusia ta. Jerusalem kulsung lam a lut kit in David than ka va en a. Aw Pathian jolnei buanlei chan na tin ka lungthim chun a suangtua ahi. Jerusalem ah zani zan thum ka cham zaw in Egypt Aigupta gam lam chun ka chia tau a. Zia gam a ka giak nau chu Tuipi thi kam kiang ahi. Zia tupi thi chun le ka va ki dia ahi. Ahin a al talua minit tam ka um zo puai.

Zia lo chun Jordan lui Jesu Baptisma chan na mun in le ka va chia, avot kasa, tui chu ka khi a ka palngam lo ahi ken chu mi tampi Baptisma le a chang ua. Zia mun chu Jesu leh Baptispa Johan ki ho ding dan te ka suangtua neu neu hi.

Chun, Bethlehem taw Egypt chu 690.64km ahi. Tuipi

san pam a chun km tampi tak ka tai ua. Malai hun a Pathian kiang a Mosia'n thusawm a lakna Sinai tang (area) bul in le kava chia. Zia tak mun zet chu vang et inle nel umlo suangkawl, suangtang, sang chi. Zia gam chu taw kinai haw chu Mosia Pathian in ako na, Chimbuk a meikuang a Pathian in a houna mun khanle kava chia Sinai tang hin Tangbul chu lianpi tak a chutpha a. Zia hunlai a Israel mipi te haw um ding dan, Mosia Sinai tang a Pathian taw aki hou kal ua, Bawngno lim siam a ala khawsak ding dan teu haw bang le ka ngaitua nan ka gel vung vung hi. Chun, Israel te mu a, zia tanglian tak a kilin dup dup mai ding dan bang ka ngaitua in timul bang a tho mai hi. Chun zia mun chu nusia in Bus in Tuipi san pama chun ka tai lai un, Zia tak mun ho ahi, Mosia'n Israel te adia Tuipi Pathian in a zeptan sak na chu ei tia ka guait/Guardian pa chun, va et mai inle nel a um lo khawpmai. Government record in Red sea hi (2250km wide) chun (355km wide) hin record ahi.

Zia lo chun Jeriko khawpi chu zan khawthim in ka chiau a. Zakai taw Jesu kituakna munkha

khopi lai, lamka thuam ahi. Thingkung khat a um a. Zia kha chu hiat zing na dia kiphu thak hi di'n ka gingcha. Zia tak apat chu Jesu Gamthip a setan in a thep-na mun kha agam la pua ka gal et ahi.

Zia ban chun In lam manaw in Tuipi san kam pam in dak kal tampi chu leh gam keu phaizawl lum vung vung na gam chu ka tai nung un Egypt gam a thau tui lak dawna lian pen chu ka gal et ua. Zia zaw chun khua a thim vangvang ta. Suez Cannal chu ka tung tau a. zia canal nuai a leikaw hom (Tunnel) achun Suez Cannel tuisuagiat chu kan in Africa khawmual pi Egypt khopi Cairo chu ka tung tau a. Suez Cannel ka kanlai uh chun Class X simlai ate haw kha ka gel dawk a lung a leng khawp mai. Ahin Egypt khawpi Cairo chun ka giak ua. Azing a chun Pyramid ka va en ua. Ka gal ngaitua sang in a lopi ka sa zaw. Malai Aigupta lengte khutnung haw chu, zia lo chun, Jesu NU Mari leh Joseph in Jesu Pathian thupiak gual a Aigupta lam ah azam pi lai ua, akiselnau kaw(ziamun chu phatak chan a kembit ua, zia tak chu le ka va en ua. A gam History Record dan in

zia tak chun tha thum (3 months) a kisel gu'u a aban chu khoitak a um ahi ti record a um puai atiu, agam mi ten.

Ka ngaitua a, zia hunlai khan Mari leh Joseph khan Jesu agenthei pi dan uh chu aw, tin ka ngaitua sek ahi. Chun Egypt gam a Nile lui moitak leh et lom tak in a hual(kual) velna khopi Cairo Munlai lung Gam awng li-antak khat mun ahin, Malai Lal lopi leh za um Pharoh Museum moitak tui kual gamlak in ka va chia ua. Malai thil lui koikhawm na mun etnop um t ak mun ahi. Chun, malai a Pharoh laung dan le glass sung in a lupsak ua. Sana kengtaw bu sak ahia phatak a ven ahi, amun chu ka lungthim in, Lalim in sana kengtaw but ma leh van a Mosia man chu la tawm na ding e ka tia.

Zia tak mun hochu ka et-zaw un Nitak lam khawthim kuan ahi ta. Zan khawthim ahung hi phat in Naile luipi moi leh etlawm a tui luang cham del tui thiang tak Cairo khopi meivak in a sal teset set muna chun Longlian tak, songkhat, sung in ka lut ua. Alian a Tuichung ahilam le hiat ahi pua. In ahi, Hotel chu leh nawpbawl na club leh ahi mai a. Zia mun

chun antui tak ka neu a, bangkim a um in ka mu. An nek zaw chun ka lak ua chun Mizo nungak la thiam minthang khat a um a. Ama chun English in Gospel la a sa ngainawp um ah, a gam a mawi bok a. Alim um khop mai. Zia zaw chun long sung chung lam in ka kal to ua. Gam ka thil ah, zia zaw chun ka giakna lam in ka chia tai.

Chun Cairo ka cham zaw un, Inlam chu ka zuan din zing-kalin Cairo Airport chu ka zuan tau a. Cairo airport chu a nawp a. Gam a thiangtho a mi le amel uh a hawi a avak sit set mai uh ahi. Airport a dakkal 2 vel ka um sung uh chun mun khat ahin pawsal kum 50-60 ding vel mi melhawi leh duang hawi takmai, ka tepi chu USA te Ex-President John F Kennedy kha taw ka te, ka mu ka en ka en, a et nawp ka sa, ama le, ading zing a mitval vom a but a akilawm khawp mai.

Chutia ka gal et zing lai chun Numei khat melhoi jet khat hi ahung a, aban a tu achiapi ta. Aw khai mitthum ahi chu ka he dawk ta

Aw khai khawvel lei chung takzet hi chu aw. Kipakna bukim lo na khawitak hi le

ahi hi lam e, tin ka en liam ta. Ka zin nau chu a nop in a lim um hi. Maleh Lei Jerusalem ahi. Van Jerusalem Gingu te kitung nai-lo ahi dan ka ngaitua Jesu Gam siam nawp ding dan eingaitua sakma ma mai hi. Zia te airport a pat chun lungleng tak mai in ka dam sung a ka taw kit tak lo mai thei gam chu nusian Inlam ka hung ta ahi. Pathian chung in ka kipak ahi. **Haleluiah...!!!**

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KUMTHAK AHI DUNGZUI IN LUNGTHIM THAK PUCHIAT HITIU.

By : Rev. Thanglianmang & family,
Synod compound,
1B road, cccpur.

1. Kum 2022 sung hin ni 365 aum in, mi sang tamtak ten thanmual azot lai un nang leh kei hing leh dam ah kumthak 2023 mu thei ah i um uh hi eimau hatna zia ah puan, Pathian hepina zal liau liau dong i hi zia ah un akiangin mimal leh sungkuan in kipak thu gen chiat hitiu. Pathian in i damkum ei belap piak na zia ah chu ama nasem ah pang sa te chu hat zawdiak ah kumthak ah pang dinga ei doina zia ah ahin, ama doigual ah umlo te a ding in chu gitlo sim man dinga ei doi zia ka i damkum ei belap piak ahi.

2. Noah te sungkuan in long sung apat apot ua khawvel thak alut ua abol masak pen uh chu Pathian kianga maicham siam ah, ama tawh kipol ahi gual khan, ei un le kumthak 2023 nikhat na i lut ua hin Pathian tawh kipolnan mang hi tiu. Chuleh, Leng Hezekia

chu Pathian in adamlo achun thiding la hi tai, la insung sutup in ati leh Pathian kiang in apauchap ah, tichun Pathian in adam kum kum 15 abelap piak phat akhan akipak ta lua, Tu ah ka damsung kum ki belap te ahin vang Awl cha-cha'n chia tang ka ti in Pathian doigual in ahinkhua amang hi. Ei uh le i damkum ki belap te hi i insung teu taksa leh thagau ah suktup na mang ding in leh Pathian lam ah lungthim thak put na'n mat gawchiat hitiu aw. Zia gual ah um ding achun Pathian in kumthak mel ei musak le hingei ding ahi. Kumthak 2023 hi nang leh la insung mi te ding in malsawmna kum hi din ka doisakna sang pen uh ka hun lan ui.

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I ki vengthei na ding ua Bible chang te.

By: Samuel Satminthang Kipgen

1. Zawlnei lem te apat:

Matthai 7:15 "Jawlnei lem te laka ki veng un; zia te chu belam vun sil in la kiang un ahing sek ui, A sunglam uh bo chu ngei gawlsan taw bang ahiau.

2. Mihing lama apat ki chitthei na di:

Matthai 10:17. Himaleh, Mihingte lak in chingthei un, Vai-hawm te hun matsak in tiu in, Kikhawp na in ate hung vuan tui in.

3. Pharisa te thuhilna pat chitthei di:

Matthai 16:6 Hichun Jesu'n A kiang un pharisaic te leh sadukai te thawi lak in kiveng un atia.

4. Herod thuhilna apat chitthei di:

Marka 8:15 Ama chun a kiang un "Pharisaic thawi te leh Herod thawilak in kiveng unla, chingthei un" a tia.

5. Phatlem na pat chitthei di:

Luka 12:1. A nungjui te kiang a chun; Pharisaic te phatlem na thawi laka chun chingthei un atia.

6. Huaihapna pat chitthei di:

Luka 12:15 Chun, Jesu'n A kiang un "Chingthei un! Huaihap na laka chun ki veng un! Nei leh lam thil hauna mai hi mi hing dampi pen ahi puai" a tia.

7. Danthu zik haw apat chitthei di:

Marka 12:38-40. A thu zilsakna chun, lekha zikte lak pil-gvang un; amau chun puanak chual ak ah vak vel vel anuam un, kaithial lai ah chibai kibuk haw hi anawp lam uh ahi'n(39) Sunagog ah chutna hawipen bang, Ankuang um na hawipen bang a dawu chuam sek ui.(40) Meithai te sum a ne zo un, Mi thep na'n sawtpi pi a pauchap ui. Zia te chu thiamlo channa huai se zaw tuak in au, atia.

Luka 20:46-47

46. "Lekhazikte puanak chual taw vak tawl tawl anuam un, Kaithial lai ah ki chibai buk ngaina, sunagog ah chutna mun sang deu ngaina leh luaithena muna chutna phapen ngainate

lakin kiveng pha tau in.

47. Amau chun meithai te ane gam un, mi mu dingin sawt tak tak apauchap ui; zia te chun thi-amlo chana nasa zaw hun tuak ding ahui” a tia.

8. Zawlnei thugen i chung ua achuk lo na dinga chitthei di:

Nasepte 13:40 Zia ziaak a chun zawlnei ten ala gen zosi-au kha, La chug ua atun lo nading in ching un.

9. Uicha te lak apat chitthei di:

Philippi 3:2. Uicha te laka chingthei un; thil phalo bawl te lak achun chingthei un; Chuleh taksa zektan phut te lak inle chingthei un.

Isai 56:10 Israel galveng

te chu mitthum hetna bei ngen ahui ah; Uicha pau helo leh ham theilo; mawk um ah lum nguai mail eh imut thut ngen ahui.

10. Thugosia laka chitthei ding:

Kolossa 2:8 Chingthei tau in, Chutilochun, kuan le khrista thulo gual in, mihing te thugosia leh khawvel thubul te gual in, a thupil teu leh thepna mai mai un gal lak in hung la khan’au.

11. Puimang ah umlo na ding:

2 Peter 3:17 Dawitak tehaw, zia thu hi lahet lawk ziaak un; chingthei un; achutiloleh, migilo te diklona ah pui mang ah um in, adet lai kha puk khan lau.

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Chate Chungah Nu Leh Pa Mawpuakna

Insung'a chate chung'a hin nu leh pa'n mawpuakna sang tak anei hi, ahinla tamtak in amawpuakna akihetlo ziakun a insung uh abuai a, ziaziaichun a insunga chamna aum thei sek lo ahi.

Zia chu ahiziak chun bang hem l bawl di'u chu..!?! ti hi aban ban in en suk hitiu.

Insung'a Nu leh Pa bawl dingte:-

1. La Chate chu hepi in.

Tita 2:4 "amau inle, numei khangdawng nalaite chu a pawsalteu hepi ding leh a chateu hepi dingin."

2. La Chate Chu Christa kianga Pui in.

Matt.19:14-15 "Hi-maleh, Jesu'n a het phat in, 'Naupangte kha ka kaingin hung sak unla, a la zada ki'u in; vangam chu zia tawh bang mite a ding chu a hi ngal in' a tia. Tichun, a chung un khut ala nga, ziazawchun a chia mang tai."

3. La Chate chu Pathian Thu ziltit zing in.

Deut. 6:6-7 "Zia thute, tuni ka hun thupiakte hi la lungthim un vawp zing un. In ah la um unle, khual gam ah la um lai unle;

la lup unle, la thaw daw unle la chateu het ah la gennawn zing ding uh a hi."

4. La Chate chu Pathian thu a nuna ding un hil un.

Deut. 32:46 "a kiang un: "Tuni la kiangua ka thu hun hi-atsak zosia ahin la lungthim uh ngadet unla, zia dan thu Zosia hi gunchu tak ah zui ding leh bawl dingin la chateu thu piau in".

Isai. 38:19 "Tuni ka hun pakchat gual in, a hingte chun, a hing nalaite mama chun, ahun pakcha sek ui; pu leh pate chun la ginum zia, a chateu kaingin a hilsawn ui".

5. La chate chu thunun in.

Prov. 19:18 "Kinepna a um lai in la chate chu thunun inla, siatna tuak ding bep in ngaitua kin".

Prov. 29:17 "La chate thunun le chin chawldamna hun

pia'n tin; la lung le dam ina".

Prov. 13:24 "Chate vaw-lo chu a dawisak lo ahi'n, a dawisakte chun vang gunchu takin a thunun sek ui".

Prov. 23:13,14 "La chate thunun kipadam kinla, mawl in zel le chinle thi ziang pua'n au. Mawl in vaw le chin Sheol ah kipat hukdawk zaw ding la hi ngala".

6. La Chate chu a chiana dawl Kilawm'in zilngai in.

Prov. 22:6 "Naupangte chu lamdik hil lechun, ahung upat tiang unle petmang ta pua'n au".

7. La Chate chu hinuak in, Lungnat sakin.

Kol. 3:21 "Pate haw, la chateu hinuak ki'u in; chutilochun lungthu'ai kha'n au".

Eph. 6:4 "Ahi'n, nanghaw pate haw, la chateu hilungna ki'u inla, Lalpa thununna leh zilngaina chun kaihuai zaw tau in".

8. La Chate hiat in Pathian nasep-nate chu gen in.

Exo.10:2 "Chuleh, la chate leh la tute tiang in Aiguptate bang gual ah ala saw-

isa ka hem ti leh, alak ua teptena thilmak ka bawlte hi la gen theine ding leh keima hi Lalpa chu ka hi ti a hettheina ding un" atia.

Psalms 78:4 "Ziate chu a chateu lak in im puai tiu in, khang hung um kit dingte kiang ah chun, Lalpa thilbawl lopi leh a hatna a thilbawl mak takt e chu gensawn zel hitiu".

9. La Chate kiang in Pathian Thutanna hungtung ding chu gen in.

Joel 1:3 "Zia chu la chateu hil unla, la chateu in amau chate chiat hilsawn uh hen la; amau chun le a khang sawn teu hil sawn chiat uh hen".

10. La Chate chu la thu nunsak in.

1 Tim. 3:4 "Ama Insung phatak ah pawtup in, a chate chu kawng bangkim ah thumang leh za um tak ah a thunun zaw ding a hi".

11. La Chate chu malzawl in.

Gen. 48:15 "Joseph chu a malzawl ah; Ei suante Abraham tawh Isak ma-ang ah um sek Pathian, tuni tiang ah ei ching zingpa Pathian...."

12. La Chate chu lainat in.

Ps. 103:13 “Pa’n a chate a lainat gual in, Lalpa’n ama laute a lainat hi”.

13. La Chate chu Nei leh Go ki-hawp sak in.

Job 42:15 “Zia gamsung Zosia chun Job Chanute tuk ah melpha numei a um puai; chuleh a pau chun a suapi’u pawsalte tawh go a chan khawm ding un a pia’n”.

(2Kor.12:14; 1Tim.5:8)

14. La Chate zi ding chu tel piak in.

Gen. 24:4 “Ahi’n, ka gam lam ah, ka chanaute ki-ang ah chia inla, zia kipat chun ka chapa Isak zi ding la va pui ding ahi, ti la kihaksial ding ahi,” atia.

(Genesis 28:1-2)

15. La Chate chu zing leh nitak in Maicham siam piak zing in.

Joshua 24:15 “Tuhin Lalpa nasep ding chu nuamlo la hui leh, tuni mama hin kua pen na sem ding la hui em? La pu leh pateuin luyi gal lam ah Pathian ten a ala sep piak uh kha ahi em? Ahiloleh, la luannau gam

ah Amorte pathiante a hizaw diam? Ti tel ngal un. Kei leh ka Inkuanten vang Lalpa na bep sem ing ka’u, ti’n a dawnhu a”.

E.g:- Job, Abraham, Jacob

(Job 1:5; Gen. 12:7-8; Gen.35:2-3)

Note: *Zingkal nitak sin ah insung maicham siam zingte chu akim vel ua cheng mite chun ‘Zana’ nei ding ahiu (Gen.35:5).*

“The father, or in his absence, the mother should conduct the worship, selecting a portion of Scripture that is interesting and easily understood. The service should be short.” - Cch, P.153

Insung ah Nu leh Pa khat hina a sep leh bawl dinga kilawm Pathian in ei piak hi ginum tak ah I bawl uh chun, I insung uh hung nuam intin, chuleh I lak ua Pathian le hung cheng nuam ding ahi.

Chuleh, atawpna’n, Insung a chate hi hukdam ah aum di’u leh aumlou di’u Nu leh Pa khut a kinga ahia, Bang ti vaihawm ding la hem? La kingaitua kin a ngai tai.

La chate chung ah la bawl ding dol la bawl lo a la chaten thagau lam a thina ahungtuak uh chun la chung thu Pathian in hung tan ding ahi.

Ziaziakchun, chate chung a l bawl ding ua kilawm Pathian in ei piak uh hi, chingthei tak

in bawldawk hitiu, ti hi nu leh pa te Zosia Pathian minin l ki chial uh ahi.

A sim zosia Pathian in hung malzawl chiat ta hen.

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KUA IHI KIHET A, IHINA GUALA HIN DING AHI

1 Corinthians 3:16

Dr. S. Chongloi

Khutdaw khat in train chung a hoitak a kichei mi khat kianga khut avadaw ahileh amapa'n le a en ah, "Mi kianga khut la daw sek ah, min ahung piakteu la kilak sek ah, nangin mi bang la pekha ta em?" ati leh, Khutdawpa'n, "Pu, kei migenthei khutdaw mai mai kahia, khawitak ah kalak ah mi kapiak ding ahem?" ti'n a dawnhu a. Khatpa'n, "Nangin midang bangma la piak thei lo leh midang kianga le nangin thil dawtna ding tha (right) la nei puai. Kei sumkawlveimi (bussinessman) kahia, nangin thil lei piak leh kenle a kituakpi khat kalepiak thei bep

ding lahi" tia agen zaw in, train chu station atung ta, a kihopipa'n le a nusia ta a hi.

A nutsia nungin khutdawpa chu akigel gel ziangta, a thugen chun alung asukha ten zianga, khut adaw a paisa amulo sek chule midang bangma alepiak seklo zia hi dingin a gingcha ta, bangma lepiak ding chula anei chuam diak pua, hinla bangtik chan hiti guala khut kadaw a, mi a ka dawt zing ding ahem! atita ahi. Sawtpi a kigel zaw in achuangna train station kianga pakcha kung khat amu'n apak chu alo ah khut adawna thil

pe zosia te chu pakcha khat chi-at chu alepiak sek phat in, mite haw chule a kipak ua akhudaw chule ahung phachuam mama ta ahi.

Nikhat hi Sumkawlveipa chu train chungah amu kit a, “La gen gual in tuni’n thil eipete lep-iaak ding kanei tai” ti’n pakcha khat chu apiak leh amapa chule a kipak mama ziang hi, “Wow, tuni’n nangle kei guala Sumkawlveimi khat lahi tai” atia. Zia Sumkawlveipa thugen chu alunga a cheng zing kit ta, agel gel leh ahung kigeldaw kit ah, kingang takin train apat in akumtha suk ah, vanlam a en ah, kipak tak in a kiko a, “Keima khudaw mi kahi puai. Sumkawlveimi zawk kahi. Keile Sumkolveipa guala hung hausu ding kahi tai” atia.

Kum 4 zaw in Sumkawlveipa tawh train khat a achuangkhawm kha kit ua, sumkawlveipa chun ala heta puu. Ama’n, “Masanga lakianga khudawpa chu kahi, hinla lei thuhilna zosia kha kaheta, tu’n keile pakcha a kivei mihiat-hausu tak khat ka hitai. Ka kipak hi” atia.

Achungah tuanthu ah Khudawpa hi khudaw ah a kigel lai sia achun khudaw mi ahia, hinla sumkawlveimi ah aki-gel phat chun sumkawlveimi ahitai. Athupipen chu ei kua ihi kihet a zia tawh kituak a chu hinkhua mat ding hi ahi.

Christiante Pathian cha ihu ikihiat phat uh leh Pathian chate hindan guala kihing pan thei bep ding ahi. Chuleh Pathian kianga, nisin hinkhua ah I mamaw zosia khudawpa guala zingah aman eipia zinga, ei un ilepiak seklo uhi Christian khat hindan ding ahipuai. Thilpha eipetu lep-iaak theilo maleu hin, adawi gual sem leh bawlnuam tedi’n ikim-iki-angah genthei-haksa tamtak kithuapi ding aum zing hi. Zia thilpha bawl chu isungua cheng Pathian thagau kimudawna leh adawi gual ahi. Paul’in, “Pathian chenna-in la hui hi, la sungua Pathian thagau achen chu he lou la hui em?” ati.

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SAKEI BAKNEI THAHATPEN LE NIKHAT LEH TASAM IN ATHI SEK HI

James 4: 6,10

Bang chan hing lehinle Sakeibaknei thahatpen ziang le thi ni anei tho hi. A hatlai in gammang sung ah thunei takin vai apua, ganhing dang aman ah, ane sek a, a nek bang Si-al leh Ngei haw'n ane kit sek ahi. Himaleh, hetmanlo kal in kum leh tha hung chia zel in zia ti guala thanei/thunei Sakei chule ahung tek ta ahi. A hung tek phat in ahatlai gualin gamsa aman zo ta pua, chuleh sahang dang haw lakin le a kivengbit zo sek tapuai.

Zia phat ah chun Sakei chu achangin athi masia'n avak vialvial ah, aham ngai gual ah hamin husa maleh atha hattak lo zia kin asa nek bang ne a pang Si-al leh Ngei ten le alau ta puau hi. Si-al leh Ngei hon in anung azui ua, kidaina'n anei un, atawp in ahingsan in ataksa ahal hal in ane'u a, awl-awl in Sakei chu a thi ta a hi.

Hinkhua hi chawmcha ahi

ngala. Taksa hawina le chawm-lo kal in amual sek hi. A chung a Sakei tuanthu apat inle hinkhua hi kiletsakpi thei ahilo dan leh l thahat lai ki lopi sak ah, l nawp nawp bawpi thei ahilo dan ei muchian sak hi. Hinkhua hawitak ah manga ahatlai a midang khawtuana kimangte, a talent uh ahidan guala mangte chu lungmuang takin athi sek ui.

Jakob in, "Pathian in kilet-sakte chu adoudal in, A nunnemte chu lungsiatna apiai," ati. Ziaziakchun, Lalpa'n ei chawisang theina dingin a mitmu ah kingaitawm di'n ama'n ei hil uh ahi. "Pathian mitmu'n kingaitawm un, chutileh aman hung choisang ding ahi" ati. Zia gual chet hin Solomon mipil inle ala gen hi. "Kiletsakna hin mihiam asuneu hi, kingaitawm/kineusakna'n mi a choisang hi" ati (Prov. 29:23). Laphuaktu'n kiletsak hi manthaina ahidan ei hil hi. Ama'n, "Mi nunnemte ahukdaw k in, mi

chapote vang a suneu hi" ati (Ps. 18:27).

Suapite, Pathian in thahatna leh vaihawmna eipiak phat leh kiletsakpi a Sakei gualum ding ahipua, ei petu Pathian dawî guala l thaneina leh l hatna matchak ding zawk ahi. Hatlo ni le hung um nalai ding ahi ti hiat

angai hi. Mihat mibawlthei chu akineusak chanin zana leh hepinamu tam sek ahi. Ziaziakchun Pathian mitmu ah kingaitawm tak in um hitiu. Chutileh l hinkhua tung kei ah Pathian lung dawî leh midangte hepina ichan zing dî'u ahi ti geldawk zing dingin l ki chialuh a hi.

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DIK LASA EM ?

By:- Rev. N. Dalla

1. *A sunglam thianglo lele a pawlam thiang ti a umthei ah, a hi'nla a sunglam thiang ma ma ngâl, a pawlam nêñ dêl dül ti chu vâng taksan um bêk bêk chu hilo ei vei..!*
2. *Lawi khenkhat in "kei chu ka nêk leh châk thianglo maleh, ka lungthim a thiang ah thiang ahi" atiu ah, ka hepui maw! lungthim thi-angtho tak sung ah a thianglo ki khumlût lût ziang chule.. taksan um ahi na diam?*
3. *Lal Jesu'n "Kam ah thil i nêk chu gilpi'n a lût ah, dâilênna hung pawt kîñ mai sek ahi helo lahiu em"? a la ti khu i ût ût nêk theina ding ah permission ei ki piakna hi nâisâilo ahi. (Matt. 15:17)*
4. *l nêklût taphawt chuh dâilênna hung pawt ding ma chu ahia, ahi'nla, dâilênna ah hung pawt talo nêk ziaç ah natna vei khawlaw, nêklût-na lam ah hung le pawt thu phalo haw hin mihing ei subuak in, ei susia ahi.*
5. *Sabiltung bang malo mai chung ah Lal Jesu a chuan ziaç ah chawihawina le za'bawlna a chan gual khan, i chung ah chuangpa zil in mite za'bawlna i chang un, i changlo thei uh ahi.*

6. A chung ah Lal Jesu chuanglo taleh sabiltung khan zia gual lawm ah za'rawlna kha dawng nâisâilo ding ahi, tuni mite za'rawlna i chan khâksek uhi, Lal Jesu zâl bep ala hi ei vei..!
7. "Lalpa'n mat nawpna anei ahi" ti a hiat un sabiltung nei te'n a thil-nei uh a phal mai ua, eilawi chuh Lalpa'n matnawp na anei hi, ti i hiat nung ua le Lalpa â dia ki ît tun tun thei nalai te i hisek uh ahi.
8. Sabiltung kha a kihênna apat thap a nawp ziakin a thamtute thu thu'n a nung ah, eilawi mi tam takte chu sual hênkaw!l apat ki thamtha nuam loin, ei kihênna mun hi nuamsa den gawp aki tam talua ta ahi.
9. Palm sunday ni ah a min le kigên langlo sabiltungno neite ki phalna kha la ngaitua kha ngai em? "Lalpa'n a dawina a um ahi" ti thu khan a hinnau a zo ahi ai khah! (Lk. 19:34)
10. Eimau ahin Lalpa'n dawi anei zing ah, eimau ki phalna panglo in mat ei gaw ngai pua, i ki phalnau ei ngâk zing zaw ahi.
11. Piaklo theilo gual ah ngai ah piak mai mai ahem, neivâl man ah piak mai mai ahem tite hin Lalpa lopina a kilang theilo ahi.
12. "Kipak tak ah pete chu Pathian in a kipak pi hi" ti ahia (2Kor.9:7) eilawi thilpiak a tamzaw hi i etleh a tawm thei lam pen pen ah thil-pia i hisek zia un, a petu ziang le i kipakna kham uh a ting ngailo ahi.
13. Phone i bawl leh 'hello' le ti masa lo hial ah 'bang ahe' ti ah mi dawnhu ziang sek te haw hi mi ching bêk bêk chu hilo hial ei veu..!
14. Phone i bawl leh ei a bawl tu'n i gênuam kigen zo nailo leh, a ma'n a gên nuam chapet a gên ah, a zaw leh a phone mêkmit ziang kiti haw hile, mi lunggel thei mi chu hi bêk bêk lo ahiau.
15. I kiang ah hung khawlai lêngte sâng ah, gâl gam ah phone hung bawlte ngai pawimaw zawkna mobile khang ah khawsa ihi tamai ua, i chit leh i ngawl uh zia hinle akilang ahi.
16. Khawilam mobile phone hung um kha atam..! thil phachuam tak a bat zinglai in, tamtak in i siat khawlaw piu a, tamtak in i manthai khawlaw pi tau ahi.

Presbytery sung thu chuam chuam – JAN. 2023

1. Dt. 2nd - 4th Dec. 2022 sunga chun C.K.K.P (KSP) in 56th & 7th Bien-nial Conference chu Tuikham P.C (KSP) ah, Thupi “Lalpa mattak” -2Tim. 2:21mangin, Rev. Pauneithang Bialtu Pastor Khuga Dist., Rev. D. Robert Thanga Exe. Secy. KSP, Rev. Lienthienmang, Bialtu Pastor Sadar Dist. leh Rev. Thanglianmang, Exe. Secy. Manipur Synod ten Pathian thugenna nei in, Khanglai mi 400 vel giaklut thei in, Pathian ni mi 850 ding vel a kikhawm in, amang zo thei ui. Chuleh, 2022-2024 sunga Presbytery in a piak CKKP Leader dingin Rev. Lienthienmang a hi.
2. Dt. 5th Dec. 2022 ni’n PWF(KSP) in Session khawmpi mun ding Leilon Vaiphei P.C ah pauchap khawmna anei ui.
3. Dt. 8th - 11th Dec. 2022 sungin KSP 65th Annual Session Leilon Vai- phei P.C ah nei ahin, Upa Tualzakap Moderator malatna’n Vai- hawmna ni 2 nei in, ni 3 nin Ordination service hun ah Kochuam Upa thak ding mi 8 te ordained na leh Upa hisa khat puandawna Moderator in anei hi.
4. Dt. 18th Dec. 2022 ni’n L. Mission Veng, M&E Commt. ten Tispari M/F vena anei un, kikhawp pina leh thilpiak- Meitei Bible (Roman Scripts) pathum leh Meitei labu pathum apiak ban un Christmas gift dingin ₹. 3,000/- le apia’u hi. Chuleh 24th Dec. 2022 ni’n Upa Ph. Kamlam of L. Champhai ten le Tispari M/F vena va nei in, thil- piak Belpi/Belsun khat a pia’u hi.
5. Dt. 23rd Dec. 2022 ni’n Tispari M/F ah (L) Mr. Rohit Gajmer chate pani (David & Elina) te chu PWF(KSP) leh M&E (KSP) te panlak- na’n The Good Shepherd Home, K.Salem ah kawi a hiu.
6. Dt. 29th Dec. 2022 ni’n Leisang P.C (KSP) Golden Jubilee matna anei un, Thupi “Lalpa’n ei pui zing hi” -Isai 41:13 mang in Rev. Pauneithang Bialtu Pastor in Suang hawmna anei hi.
7. Damna Phungvuktu te kibelapto zel in tuchung ahin, Upa Liansaw- mthang of Lingsiphai in apa (L) Henzagen Memorial Gift ahung bawl in, Pi D. Melody of Rengkai in a pawsal (L) Upa Lamthianlal Memorial Gift ahung bawl in, Pu Khailianbawi leh a sungkuan ten

Patron member dingin ahung pang piak thak ziakun kipak um mama hi.

8. Khuga Sadar Presbytery Pastor semlaite a term uh abei tak ziakun, 2023 - 2025 term sung a dingin Transfer & Posting a suadaw tawh ki dungzui in, a nuai ah gual in a umna ding mun uh ka hun taklang hi:

- i) Rev. Siam Phaltual & Pro. Pastor Khaiminlun : Sadar District.
- ii) Rev. Lienthienmang : Khuga District
- iii) Rev. Pauneithang : Town District
- iv) Rev. D. Robert Thanga : Tui-thanak District
- v) Rev. B. Lala : Executive Secretary.
- vi) Rev. Seilunlal Vaiphei : Field Secretary

Bialtu Pastors, Executive Secretary, Field Secretary te hi **Dt. 24th January 2023** ni leh kigual tak ah a umna ding mun chiat uh zuan chiat ding ahiu.

9. Rev. Haulalven of Nghathal chu Vaiphei Christian Fellowship(VCF) Delhi kochuam enkawl dingin Dt. 1st Feb. 2023 ah join ding ahi tai.

10. 20th Mission & Evangelism Khawmpi chu Dt. 17th - 19th

Feb. 2023 sunga S. Kawtlian P.C (KSP) ah nei na ding ahin, Evan. Thangneu in Thupi “Zi-aziakchun, chia’u inla namtin lakah mi nungzui in siam un” -Mat. 28:19 mangin thupi genna nei ding ahi. Zia hun sung(Kiginni sun, dak 1:00PM) ahin “Missionary leh Kochuam Nasep” ti thupi mangin Rev. D.Robert Thanga in seminar ei lak piak ding a hi.

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PHUNGVUKTUTE KIANGA HIATSAKNA

Damna Aw ngainatna ziaka Phungvuktu (*Petron, Supporter, Memorial Gift & Encouraging*) ah pangtute zosia chung in kipak thu ka hun gen hi. A term a bei tak ziakin, a list hi Update a kibawl zaw nunga hung kisulang ahia, ziaziakachun ngaina-simtute zosia'n DAMNA AW hi hung Phungvuk zawm zel dingin la tawmngainau ka hun don hi.

~Editor.

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'DAMNA AW' PHUNGVUKTUTE :

PATRON MEMBERS :

1. Tv. Daniel Tangmual
2. Pu Khailianbawi & family Central Church

MEMORIAL GIFT :

1. Pi Deem Melody, **Central Church, (Rengkai)**
[in loving memory of (L) Upa Lamthianlal]
2. Upa Liansawmthang, **Lingsiphai**
[in loving memory of (L) Pu Henzagen]

ENCOURAGING MEMBERS :

1. Upa Kaizuanthang Tangmual,
2. Pu Goumang Tangmual
3. Upa Tongneilal Leilon
4. Upa Henkholam Kangvai
5. Pu Lianbel Lingsiphai
6. Pi Niangphal Bisanmual
7. Upa Thangmang L. Champhai

Damna Aw monthly magazine hi tutiang ahin kochuamte'n phungvukna i bawlte'u ziaka hin chiazal i hiu a, kuale phungvukna bawl utte a ding in bangtik lai in le bawlthei zing ahi.

- (i). Patron member- Kum 3 (three) a ding in. ₹. 3,000/-
- (ii). Memorial Gift- Kum 2(two) a ding in. ₹. 2,500/-
- (iii). Supporting member- Kum2(two) a ding in ₹. 2,000/-
- (iv). Encourager- Kum 1(one) a ding in. ₹. 1,000/-

Chun, sum thawt nuamte a ding in:

A/C name: Khuga Sadar Presbytery(MPCS)

A/C nos: 32483318505

Branch code: 6182, CCpur

CIF nos: 86412486695

IFSC nos: SBIN0006182.