



Chanchin kipak um tak

(Luka 2:10)

Pathian in ama lim leh melpu a siam mihingte hi a hepi mama ziang hi. Pathian hepina hi nang leh kei a ding chau hilo in khawvel pumpi um zosiate a huapzo a tichun, chanchin kipak um tak mai chu ahung tut ahi. Zia ‘Chanchin kipak um’ ti um zia hi, mihing khat lunggim genthei tak ah hinkhua a mat lai taka, a insung ah kinepna ding a umlo nunga damlo ahem gilo khat ala lunggimpi sek chu thakhat lo thu 'a dam tai' or 'ngaidam' ahi tai tia thu a hiat ah a kipak gual chu ahi. Pathian chapa, I Lalpa Jesu Khrista khawvel ah mihing ah ahung piang hi ti a gingcha zosiate di'a kipakna thu ahi. Zia lei thim chate vaihawmna gam a mihing khat ama leh ama ngawnchang ah a puakgik kitham theitalo, lunggim tak ah a khawsak lai a chanchin kipak um amu ziang theina ding point 3 vak en hitiu.

i. Mihing zosia gitlona ziakin i thi ding sik ua hung thi ahi :

Mi kua hem khat chu a lungnat takluat ziak hem khat in tual hung that kha ta maleh, azi-a chate leh anu-a pate dinga chun ama chu mi ngai um tak ala hi tho ding ahi. Zia tualthatpa chung a chun, vaihawmtute'n khailup dingin thupukna nei uh henla, a kikhailupna ding ni chu hung nai deu deu taleh a insung mite ahia, ama hitaleh a an leh tui zawn uh le tui thei ta puana. Sun leh zan in a lungthim un chawldamna umlo in a

sungkuan un hinkhua mang ngei ding ahiau.

A thina ding ni hungtung ta henla, “tuni thi ding ka hi tai” tia insung mite cheng tawh kithalel taka a um zing lai un, kuama'n hung kolo in a dakkal pel ta henla, hun chawmkhat zaw in mikhat hung tailut in “Suapi, lungmuang takin um tan, la thi ding sik a midang khat khailup ahi tai. Nang la thi angai ta puai, la insung mite tawh lim leh kipak in khawsa kit mai tan”, hung ti ta leu tualthatpa leh a insungmite chun bang

lung agel ta diam maw? a thi sika thipa inkuante kiang ah kipak thu gen in, a na uh sep piaklo ding ahem maw?

Khawvel mihingte, kumtuang kumtuang ah gawtmun(meidil) a um ta ding i hinung un, a mihing siam sate thawk ding sik hung thuak a eimau thi ding sika hung thi ahi (Isai 53:4-6). Gitlona him him neilo Pathian chapa chun ei haw bawlkhialna ziakin vawk thidup in ahung um tai. Ama thuakna ziakin ei haw sukdam a um i hung hi ngal ua.

ii. Lungawina:-

Mihing hinkhua hi sum leh pai, nei leh go ah chawk daw ziang thei hilo, Pathian in manbei ah ei piak uh thil lamdang tak khat chu “Lungawina” hi ahi. Chun, lungawina i ti hi mihing hinkhua a ding ah thil pawimaw pen khat chu ahi kit hi. A ziak chu a chan chung leh a hinkhua ah lungawi theilo kiti hi mi gen-thei chungnung pen khat ahi. Lungawina hin hau leh vai ziak ahi pua, chan chung ah lungawi theilo mihing chu kuama a kipak zing leh hinkhua nuam taka mang a um ngai puai.

“Lungawina” hin a

huap lian ma ma ziang in, mihing hinkhua ahin bangkim zosia a huapkhawm suak kei hi Bang gual In leh Lo nuam tak nei in leh, gam chuam chuam in vak vel leu hin le eimau chan chung ah lungawina a umlo chun hinkhua kipakna leh lungawina a bukim thei diaklo ahi. La phuaktu chun “Nang la um leh khawvel ziang le van a suak sak hi” ti’n ala gen hi. Lungawina diktak chu Khrista ah tilo a um thei puai. Khrista chu lungawina bukim na ahi.

Aw suapi, nang tuni la dinmun a chun la lungawina’m? La thilbawl leh la chan chung a chun Pathian lopina la pia thei em? La insung dinmun leh khawlai mite tawh la kikal ua la thilbawlte leh hite a chun lungawina la mu tak tak na’m?.

(3) Chamna leh Lungmuanna:-

Mihingten i hinkhua’u ah i thangai pen khat chu Lungmuanna hi ahi. Lungmuanna neilo hinkhua mang mite chu chawldamna ding neilo tina ahi. Ziakiachun, mipil mithiamte chun nam niam leh mi narante(maimai) zosia’n le chamna leh lung-

muanna a mu theina ding un amau hitheina lam chiat un a kisolunggim suak kei ui ti'n ala gen uh ahi.

Mihing te'n chamna leh lungmuanna ding i ha buaipi lai sia'u in, khat leh khat kimudana, kinak-kibau, khat leh khat kitha kimatna ahung pung deu deu in a um tai. Zia thil hi mihing hina dawl in ahi ding him gual ahi. A ziak chu, khawvel ahi chamna leh lungmuanna a umlo ziak ahi.

Ahinla, tuni hin chamna leh lungmuanna nei thei talote a din Pathian in a chapa zia khawvel hin ahung sawl tai. Ama taksang a kisan(pawm) thei zosia chun chamna leh lungmuanna diktak chu a lunggil sung in vaihawm ta ding ahi. Lal Jesu ngei inle John 14:1 na ala gen "*La lungthim uh lungkham ki hen, Pathian la ging ui, keima le ei ging tau in*". ati ahi.

Tuni kipakna thupha chang tâklo himaleu hin le Pathian hepina ziak liau liau a i channa chung ua hin, Pathian thupiak ila bawzui thei nailo uh leh eimau ngaituana mai ah thupukna ila kisiam sek uh kha, mihing i hiu a, i hun awng

kal bek in Bible sim ingka, B-akin kikhawm ing ka, thawlawm kuan ing ka....i ti thei uh a pawimaw hi. Ziate bep hilo in a dang thil tampi le a um nalai hi.

Bible chun, nang uh man piak ah chawksa la hi tau, ti'n ei la gen ta. Kua hitaleh Lo kaina langkawn tu tangal ah anunglam en zing chu ka mi hitak ei puai, tin le ala gen kit hi. Ahileh, mihingte hi Pathian in bang dinga thim nuai ah i umlai ua vak ei musak ah, thina lampi i chia zing lai ua hinna lampi ei kawkmua ahi ta diam? ti thu hi ngaitua thak a kul hi.

Mihing ngaichatte nusia ah ama na sem ding leh ama thunuai ah um ta dinga hukdamna ei ki pia hilo maw? Bang ziaka chanchin kipak um i hiat nung ah hukdamna lampi chia lo a, thilpha bawlte dodaltu leh apha laite susiatu pan la zing sek i hiu em? Chanchin kipak um hetu leh dawngtu khat i hi chun, miten le eima apat chanchin kipak um a dawng thei chiatna ding ua, i khawsak guat di'u ahi.

Lalpan simtute zosia ei malzawl piakta hen!

A NUNGZUILO LAL NASEM

By:- Rev. N.Dalla Vaiphei

Jesu nungzui lo ah Lalpa nasem ti a umthei tho diam? Lal Jesu nungzui ten vang Lalna a semlo theilo uh ahi. Ahinla, Lal nasep ding bep buaipiten vang Lal Jesu nung azui man ngai sek puau.

Lalpa Jesu chun “Kua’nle Kana aseping chun ei zui hen, Keima umna achun ka nasemte le a umdiu ahi.” atia. (Johan 12:26)

Lal nasep leh anungzui hi a kikhen theilo ding awmtak chu ahia, maleh, mitam tak in a khendan sek uh ahi. Nungzui ti leh nasep ti chu thil kibanglo tak vang ei vei maw?

Ngaitua tia, Lal Jesu khan maw, a nasem ding mi ahawl masa pua, maleh, anungzui ding vang mi ahawl ahi khah! Nung zui ateldaw haw kha ngaitua tia, Lal nasep ding dan kawkmua sangin, nisin ama nungzui tu gin-um din a zilti zaw ahi khalam!.Lal nasem nuam tamtak mi a umlai in, Ama nungzui ding vang mi atawm ahi.

Tulai khawvel pilna,

thiamna leh degree hawi tak tak iti teu haw hi, Lal nasem na dingah matchak pawimaw pen ah ingai tak ziak un, tamtakin idel huai huai uh ahi. Zia chu bawl puai tiu tina vang ei puai. Maleh, ngaitua tia, i thiamna leh pilna chuleh i degree nei hawu hi setan in a huphul naisai puai. A hinla, Lal Jesu nungzui gin-um tak te vang a huphul ma ma ahi.

Kua ahem khat chu anungzui khello in le anasemtu panthei tho ahi. A na isep man ah anungzui kihi diaklo ahi. Zia gual ma chun Jesu nungzui lo ah Lal nasem ki thalawp ma ma bang mi umthei ma ahi. Kochuam gam ahin Lal Jesu nungzui ihinau sangin, Lal nasemtu i hinau hih khawvel in ei mudan zawk hi leh akilawm tai. Ngaitua kham tak vang ei vei maw?

Lal nasem ngaikhaw selua kisa in tulai chu tamtak in kochuam ah panmun lian lian kichu in, i so veng vung gam tau a, Lalpa ei tena lam a vang, bang gual dinmun sang la tu

em? ti sangin, banggual hun ale ama nung izuizel nau em? tihi hi zaw ding ahi.

Lalpa Jesu chun “Kua’ nle ei zui anawp chun ama leh ama ki hemil in nisin a kros ki put in ei zui hen” ati ahi. Matt.16:24. A chutile, anungzui ding chun nutsia nei akul ahi. Zia chu mani ki nutsia, mani ki hemil tina ahi. Kua ahem ama leh ama ki hemil thei? Ama ki hemil chu mingol hilo di? lati mai thei hi. Ahi Pathian thu chu ngolpi mai deu le ngai sek vang ei vei maw!

Tulai chu ama kihe tin ten, ki hemil thei mawng mawnglo i tam tak ziakun, Lal Jesu zui sangin, mani lawkna ding bep thil ah, Lal nasem ki tam deu deu ta hi leh aki lawm tai. Mani ki hemil ti umzia chu, Paul in “Kei a dingah lawkna ding ta phawt chu Khrista zia kin channan ka guat ta ahi”. (Phil.3:7,8) ati kha hi ding ahi. “Khrista kiang in khetden in ka um tan, himaleh, kahing ahi. Keima hi loin, kei ah Khrista ahing zaw ahi.” (Gal.2:20) tite haw kha mani ki hemil te kam-pau ala hi. A chuti leh, taksa thil ngai chat haw chu Thagau ah thamit zel akul hi tina ahi.(

Rom.8:13).

Khrista nungzuitu dinmun pawimaw takmai, mani ki hemil leh, nisin mani kros kiput zing ti hi, ki hiatmaw sak thei gual hilo ahi. Ama kros ti hin, haksatna, mualphona, eng-bawlina, pampaina, musitna, etc.ti te hi a huap vek ahi. Zia gual dinmun daw i umlo tak hun achunle, Lal Jesu’n zaidaw tak ah ala thawk mualsua gual khan enle ithuak mualsua ngei din ei daw i ahi.

Gingtu haksatna thuak pei keilo ah le Lal nasem ah pan pan thei dan umthei ngei ina. Maleh, Lal Jesu nungzui-na kawng ahin vang, haksatna pumpel theina lampi a umlo ahi.

“La ki hepiu chun, mizosian ka nungzui te lahiu, ti hun hethei tan’au.” (Johan.13:35) Lal Jesu’n atia.(ta nalai an...!) Khrista nungzui teptena bailam pen chu, anungzui te kihepi hi ahi tazel ei! karei sei...Tulai kochuam gam pihi la aw aw!..a kihepi zo khuk hile ki um gamlo ahi ta dia aw! ti thei in a ki um zo tai.

A guk guk ah kochuam ki gukpiak tua gaw lawi la ki beilo, a Pathian awi chiat chiat

kihi ngal ah, ken ne'ng ka tin, mi dang ten ngawl leu, tina a tam deu deu ta mai a. Nek guk chakguk la Pathian awilo te sang ma in a awi hawi ma ma te lak ah khawk deu deu bang mai ta. Zia chu le la, Lal nasem hawi ma ma ah kikawi te bang kihi kit zel...!

Lal nasem hi ahawn hawn ah septhei ahia, maleh, A nungzuina hi chu vang, a hawn ah bawlchi hilo ahi. Eima chang chiat ah zui ngai ahi zawi. Mi muna ah chu Khrista nungzui gin- um tak bang, maleh mi mulona ah banggual in Lalpa nung la zui em? ti kha a pawimaw zaw ahi.

Joseph kha ngaitua tia, a unaute leh Pathian mite khat cha' nle a muphak taklo na gam, Aigupta Lal insungah api Potiphar zi leh ama bep cha umna pindan thip tak a khan, bailam cha soal ah puk ziangthei ahi lai in, ama tisa nopna pitin sangin, lei leh van siam ah bangkim musuak tu ma ah soal bawl khak ding chu thil lau um pen in a gel ahi. Api nun gitlo pi dia azawl akhan nuam leh kua ahem ama su mualpho di? agen dok ding leh amugu thei ding tu pen tawh

gilo bawl ding ahi ngal ua. Soal hawlo mualpho ding bep lau hi leh, Joseph a din soal bawl kha abailam na lawm lawm ding e!.

Maleh, zia gual gitlona kha Pathian chungah gitlona ahi dan Joseph khan ahe chian tin ten a, api nu'n hun tin in zawl ma leh anuam pua, a tawp in a zam in azam san thaw mai ahi khah!. Api nun azawlo phat in aheksia, adikna pi hilehle Joseph chu suangkul in khum in a um ta ahi. Himaleh, gin- um ah ama zuitu Joseph mualphona chu Pathian in aki hiatlo sak thei pua, ahun takin Aigupta gam pumpi vaihawmtu din ahun chawisang ta ahi.

Joseph Pathian kha nang leh kei Pathian le ahi nalai hi. Soal do lo ah Lal nasem gin- um ti um ngai puan tin, gin- um tak ah Khrista nungzui ten soal ado ngam ua, Lal nasepna ah lawtinna a mu tei tei sek ui.

Nungzui hina hi, kros tawh kikhen thei ahilo ziakin, thawkna tawh a kizui zing ahi. Lal nasepna hi vang thawkna pumpel ah a awl lam lam ah kihei vel vel thei dan lampi le adawha nei deu te chun ahe ma ma uh ahi. Himaleh, nungzui hina hi khawvel tawh

ki melmakna ahi ziakin, zia chu khawvel in a haw ma ma ahi. Lal Jesu chun “ Khawvel mi hileu chun khawvel in hun hepi ding ahia, khawvel apat ka teldaw khawvel mi la hi tak-lo zia un khawvel in ahun hua ahi” ati ahi. (Johan 15:19).

Lalna sepna ahi ti ah thil tam tak iki sak buaipi teu haw hi, khawvel in huatkham in a ngai pua, maleh, Khrista nungzui dinga khawvel apat umchuam ngam, danglam ngam gingu dingah kodaw ihinau cha hi ahi khawvel in ahuat ma ma zawk chuh!.

Khawvel tawh kimil tak ah Khrista nungzui dingah ko ihi puau a, khawvel tawh gamgi nei ta dingah Khrista nungzui zaw dingah ko ihi zawu ahi. Gingu gamgi neilo, muntin ah kithawl, panmawna neilo, nekmaw, dawnmaw le nei chuamlo, ti lawm lawm chuh! le lam ah setan ziang inle lamdang ei sa hial maithei ei vei..!.

Pharaoh khan Israel chate kha ama gam pamlam (Aigupta khellam) ah Pathian ava ho diu kha aphal him him pua, maleh, ama gamsung ngei ah a kithoi diu kha khawk asa lo ahi. Zia gual chun setan phal

na tiang bep ah Khrista nungzui uhi khawvel in khawk asa kham pua, khawvel huatkham hial ah nungzui hinkhua mang din Lalpan ei dawi ahi. Gingu Khrist nungzuilo ah Lal nasep buaipi mai leh lunggul mai hilo din, gin-um tak ah nungzui hinkhua mangah Khrista sepai phatak gual ah haksat thuak pum ah Lal nasem tu hizaw ding in ei dawi ahi.

I Bible ah zawlnei Jonah kha la ngaitua ngai em? Lal nasemtu lakah chun alawting lawi chu hilo di ? Khatvei bep Sermon, zia chule tailen ah hi nalai, Ninevi khawpi pumpi in ama thugen ziakin, agitlo teu thupha chawi in Lalpa lam ah ahung kile kit mai u kha alopi khala maw? Himaleh, entia, Jonah thugen kha Pathian thu ahi ziakin ga asua mai ahi zawi. A thugen tu Jonah vang nung zuina ahin a fail del mai ahi kha!.

Hepina pang kei lo ah Lal nasem mai ala hi khala maw?Thupiak ahi ziaakah sem mai mai hepina panglo Lal nasem hung tam deu deu di hileh a kilawm hi. Lalpan a hepi te hepi ah, ahuate huatpi thei din ei dawi ahi. Hepina pang keilo

ahle Lalna le septhei dan chu umtho dan ahi. Kipumpiak na, felna, tawmngaina, tite haw bep inle, Lal nasep thei dan chu umtho ahi.

Himaleh, tawmngaina leh felna mai hin Khrista nungzuina ahin ahitheu puai. Hepina pum ah mani kihemil ah, nisin eima kros kiput ah zui ngai ala hii. Hepina hin thawkna a huam a, hepina hin thile a huam ahi. Lal nasemtu gin-um ding chun, nungzui tu gin-um hi masak akul ahi. Nungzuina adik masaklo chun, Lal nasepna le dik thei tak tak diaklo di ahi. Lal nasemtu pha hina dingah chun nungzuitu pha hi masak a ngai ahi.

Lal Jesu khan” Chiau inla namtin lakah mi nungzui in

siam un” eiti ahi.(Matt.28:19) Lal nasem dingah sawlna mu ihi puau a, nungzui siam dingah sawl ihi zawu ahi. Tam takin ihiat khial ziak un, nungzui hina bang ma ngailo gualin i um ua, Lal nasepna zawk thupi takah ngaisang pawl bang ki um kha sek ahi. I gen taksa gual in, nungzui hi eima ngawn ah zui ahi sek ziaakin, mi muna ale, kuama eimu lona mun ale, Lalpa adia banggual in i gin-um nau em? ti eima chiat ki etthak zel ngai ahi. Zia dingah chun Lalpan simtu te zosia ei malzawl chiat ta hen.

.....xXx.....

LEKHABU THAK CHAWKTHEI

Upa Laltinkhup in a siam:

1. Bible Thupi Hawl Bailamna.
2. Thi Him Alau Puau.

Aman: Rs. 50/- Per copy

Upa Laltinkhup kiang in a muthei zing hi.

EL-BETHEL TUNGZOLO IN, EL ELOHE MUN AH VAI THAM DEN MAI DI MAW!

~Ev an. T. L. Mang Vaiphei

Zia taka chun maicham asiam ah, amin in El Elohe Israel asa ta'i - Gen.33: 20.

Thumasa:

Tuni hun in gingtute i hinkhua Lalpa'n i sepding, i bawl dingah mawpuakna ei piakte hi nguntakin ngaitua thak kit in, i sep ding, i bawl ding, i chiana ding leh i umna mun ding ma ah um kha ka hi na'm ti kingaitua thak apawimaw takzet ahi

Gingtute Lalpa'n ei kawlsak thil piak: kha la Thagau thilpiak chan la hetchian lo jia hikha ding ahi.

Gingtu hukdam cha hina diktak mai changtate kiang in, Lalpa'n ama lalgam kekletna ding leh amin lopina mat ding in Thagau thilpiak ei kawlsak chiat ahi. Piangthak Thagau thilpiak dawnglo ti a um thei pua'i. Piangthak hita ngala, Thagau thil piak ka dawng pua'i lati chun, nang lampang ah adiklo um hi ding ahi. Chun, jia i thilpiakdawn chu a kibanglo sau sau ahi. Paul in Korinth mite kiang ah a lekthawtna Thagau thilpiak chuam chuam muthei in a um a, jia thilpiak chuam chuam umte chu pakhat chawisanga, adang chawtden jiang thei ahi pua, apawima na a kibang ahi. El Bethel tung zolo a, El Elohe mun ah la um den jiang sek na

El Bethel tung zolo gingtute:

Jakob a u Esau lau ah apute khawlam ah a jammang-na kipat Kanaan gam juan in ahung ki lekit ta. A u Esau taw kimutua ding chu ahuphul ma ma a, ama ngaituana khel in a u Esau in a la ngaidam ta. Peniel mun ah Pathian tawh kibuan in, Pathian amu ta, Jakob chu Israel ahung hita, mithak, mi danglam a hung hi tak jia kin Lalpa'n Jakob kiang in El Bethel mun ah ama Pathian ading ah maicham siam ding in ahil a, himaleh Kanaan gam ah Shekem ahung tun phat un, mun a chaw a puanbuk ahun jakta. Jia tak mun a chun Pathian ading in maicham a siam a, amin ding in, El Elohe Is-

rael asak ta'i. Himaleh, Jakob maicham siam chunga chun Lalpa alungkim pua'i . Tichun, Hamor chapa Shekem chun Jakob chanu Dinah chu ngai in apawngsual ta, jia mun a chun Jakob inkuante chun buaina a tuak tau ahi.

Lalpa'n maicham siam ding ati na kha El -Bethel ei vei!

Shekem mun ah puanbuk jak ah a chawlngak na mun ua chun Jakob leh a inkuante'n buaina a tuak phatun, Jakob chun, Lalpa la maljawlna chang ding in, Bethel ka juan u'i ka inkuan un; maleh Shekem ah ka chawl ngaklai un, ka chate a gilo zotau tichu a kâ lâ ahita mai ahi. Ajiak chu, Jakob chate'n a suapi nu'u phuba lakna ding in Hamor leh a inkuante zosia a that tau ahi kha!

Tuni hin gingu tamtak Lalpa'n chia ding ei tina mun, tungzo talo a, lamkal ah puanbuk suang ah, eimau ut dan dan ah um ah lungawi mai i hita un akilang hi. Unau, tuni hin la chung ah siatna a hungtung jianglo ahimai thei hi, himaleh Lalpa'n a hun guat piakna mun tung zolo lahi chun, la chungin

Lalpa lungdamlo ding ahi ti la hiat ka nuam ahi. Tuni Bethel tunglo ah Shekem ah puanbuk jak ah la um den jiang na jia chu Sum leh pai dawina jia, khawvel nawpchen nawpna jia, tisa utna jia ahi kha thei hi. Himaleh, unau khaw ngai inla, ngaitua thak tia, El Bethel tung nailo la hi .

Bethel juan in kipan thak kit hi tiu aw!

Pathian in Jakob a hun hopi a, "Kipan inla, Bethel a chia to in, jia taka chun Lalpa adingin maicham siam inla, la u Esau lau ah la jammang lai a la kiang ah hung kilak Pathian a dingin maicham siam in" ati ahi. Jakob le Lalpa'n a guat piakna mun Bethel tung nailo ahi jia in, a inkuan kim un Bethel juan in a kipan kit tau ahi. Bethel a chu pathian dang puak lut theilo ahi jia kin, gamdang pathian a neiteu leh a bil bateu zosia chu Jakob kiangin apia'u a, Jakob in Shekem dai-pam gangpi thingbul nuai in avui mangta'i .

Tuni hun ahin, la pianthakni la kiang ah hung kilak Lalpa a ding ah maicham la damna dingin Bethel in chia

in la, jia taka chu gamdang pathiante'n mun nei theilo ahi jia un, gamdang pathian la nei leh la kawl zingte chu vui mangphawt lechin, maljawlna thupi tak dawng ngei ding la hi

Thutawpna:

Tuni hun a Bethel tung nailo a, El Elohe Israel gual in maicham bangzat bawl inla, Lalpa min ko sek malechin, la hinkhua la it ma ma la kawl zing gamdang pathian te vui mangthei lo la hi. Bethel mun la tun phat leh vang maw, gamdang pathian la nei te vui mang hita'n tin, Lalpa mel mu ta'n la tin, la chungin Lalpa lungdam intin, nang le maljawl ah

um ding la hi. Jakob in Bethel jua ah akipat dawkit gual in, i puanbuk suannau Shekem min akipat in ei uhle kipan thak kit in, Bethel lamjuan in chia kit hi tiu aw. . . Shelton chun, Bailam hawl takluat na hi lawsap na ahia, haksa maleh, Lalpa'n bawl ding ati dungzui ah bawl hamham na chu lawtin na a hi ati hi hezing in, Bethel i tun masang sia'n chawllo ah chia zing ding ahi.

.....xXx.....

DAMNA AW LAKMAN

Awle kum 2019 hi bei vang vang ta, Damna Aw lakman pia tam tak a um tau a, kipak um khawp mai hi. Ngainatu tamtakte'n tawmngai a sua zinglai un khenkhatte kum 2018 ale penailo a ki um hi. Damna Aw lakman hi a kumsung ngei ah piak kimjel hi duthusam ahin, kum 2018-19 lakman penailote'n petai tiu le.

~Editor

KHUGA SADAR PRESBYTERY

Gamthak Board Chanchin

~(L)Rev. Haukham

Gamthak Revival pawimaw-na:

Revival halna hi gingtu te a dingin a pawimaw mama hi. Mihiam in an zing leh zan ah a pawimaw gualin kochuam inle halna (Revival) hi a pawimaw mama uh ahi. Amabo chu a pawimaw pen pen ahi timale hin a umzia, a thiltup, a matdan hiatthiam leh suithiam a mamaw mama kit hi. 1904 in Wales gam ah Revival atung tai atiu. Zia Revival a tun lai halna chang Missionary ah India gam ahung, Manipur simlam gam tiang a chanchinpha chi tudet masapente chu Watkin Robert(Sap tangval) chu ahi.

I gennawp chu zia Watkin Robert (Saptangval) Missionary pa hin ga a sua em? apak vul em? ti hi ahi. Hun tam tak beita leh chia zel ahin Manipur simlam gam hi Revival in a nusia puai tilehin genkhial puai tiu. Mat thiam na mun leh gam a chun kochuam inle a khantopi pen ahi dia aw ti

thei ahi. Amabo chu, matthiam lona mun a chun siatna li-antak le kiphelsua na bulpi ahi. Chutichun Revival(beigual) hi chingthei tak ah mat thiam a ngai hi. Chun Revival hi a vei zosian bawl ziang thei ahi puai.

Revival(Halna) ti leh Limna le khentham a ngai hi. Ahileh kuate banggual miten Revival hi a bawl di'u ahem? Zia gual hin tilehin: Pathian thu zil ngun, mitup giltak nei, kona aw mumal Pathian apat mu, chunglam kona, sawl na kichian mute chou nei dinga kawichuam, guat chuam ahi. Pathian thu vawpbit te leh Jesu nei ka nuam zawi Golul pen sangin ti thei te bep tile hin dik pen ding ahi.

Amabochu, Revival halna changa mang thiamlote dinga chun pawlpi kiphelsua nate, kimuthiamlonte, thunei nawpnate, kihiatthiamlonte a lut thei ziakin matthiam a ngai mama hi. Ziaziakchun, Revival bawl dinga kipan di ten chunglam certify nei ngei

henla, mu ngei leu ti ka nawp ahi. 1963 vel ah halna mun khenkhat ah hungtung kha etin kochuam te kial lopitak atut a dangchakna khawkhal a tutbawk hi. Sacrament, Baptisma leh Lalpa Anthiang na tiang nawlna atung pha, a paw mama hi. Zia Revival halna thiangtholo, mumallo tak mai hi insunga a chamsawt takluat ziakin kiphel suana leh thagau thiang petsanna tung in kochuam ah limna leh kipakna ahung dai hiai hiai ta ahi. Zia Revival (halna) tuilo tak mai in ei nuai ek ziak in 'Gamthak Revival' ding dawk ahi tai. Lamdik mansua atam a, zia hi natna hivei bul ahi. Zia natna matkhakte puidaw ah sukdam a kul ziakin Gamthak Revival hi a ding dawk ta ahi.

I. A kipat dan:

Rev. Liankhawpau pa gun ah i nei "Chatuan Council Engineer" in Dt. 15/2/1975 ah Alipur Cachar ah vankhua eila zawtsan ta, ama sunna programme Kangvai(ama in) ah nei ahi. KSP, Kochuam a ding ah chun "Vanpi a chimta ahem" ti thei khawp in khua a thim tai. Kochuam sunga chunglam "Kona aw mawi" hungtung leh

tawsawtna aw mawi hungtung te ziakin "Gamthak" a ding ta ahi. Kona Aw mawi chu Pastor Liankhawpau KSP lawng hektu leh ma puitu pen tuisuagiat chung ah alawng tawh a tum tai. Kua'n ma a kai ta diam uh? KSP dingzo ta puan'au, maupum pal ah palthei ahi tau ti thuthang aleng nasa khawp mai ah, nu nau tamtak thavai leh lungngai ah umte limtak pu kawm ah dawt tei chu a hak ngei mai hi.

II. Chialna Aw hungtung te:

1. Pu Liankhawpau in hung Sisan ziang leh zawng, lungkham ken aw...@Kham, na kithuapih ding Upa ka um nau hi-Upa Thongzachin, S. Kawtlian.
2. Kochuam a ngui taluai, Revival bawl hitiu, bangtik leh pat di la ti em? -Pi Bualkhawting, Lingsiphai.
3. Revival bawl di ei vei, i ngui talua tau. - Pi Chinneiting Saipum.
4. Rev. Liankhawpau thi zia-ka thuthang phalo, "Kochuam dingzolo ding" ti thu hin mipi lungthim suchau ta luai, Beigual bawl hitiu, a suk halna dingin.. -Pi Hawikhawkim, S. Kawtlian
5. "La mapui pau la thita, ding-

jo ta puan la tin uh, kei uh lam ah hung lut mai in, law la ape dukdak thei paw ngal ua, kei un tu la law zat ni piang ka'u".

Ka in ngei ah zia gual "Kona aw mawi" kalbi suanna ding thu hungtung chu, sunglam ah mei-am um ahi tam? ti thei khawp in asa ahi. Zakcha leh kap pum ah bial chuan ah vak velvel lai inle thavai kisa zan sin lunggel ah khunlaizawl ah aki um lai in, zia Pathian thu hi ahung tung ta. "La keng in ding in" Ezekiel 2:1.

Eh...khai...ka hi khial e...ka ti tan. Ki ngaitua tak tak ah lunggel lai in keng ah ding ding buaipai lai in, zankhat chu la thamuan umtak in Pathian in ei hun holimpi ta. A La chu: i. Ka Lalpa mulo maleng,

Ka kiang in nisin in a um;

A dawigual thil ka bawl lai in, Lalpa pak in a aw ka hiai.

Zankhang dak khat vel ah khunlaizawl apat han sakdaw chu biakin sunga Revival bawl aki hi tam ka tii. Revival bawl dinga nawtu a tam mama ziakin ki ngaituana hun June to September tha sung nisin in Dai pauchapna nei zingin hun mat ahi. Revival puitu ding leh pan ziang

dinga chun chunglam certify nei a ngai masa ahi ti hezing in. Revivalist a ki hipua, thilpiak chungnung diak dawng ahem a kihi diak paw ngal ah. Amin in Pastor mai ka hi. Thil neilo pi'n mi kiana thil piak thei ahi pua. Kingaituana hun leh ki singsak na hun ahung bei ta, patlo theilo ahung hi tai. "Jehova-Jire" tang ah kai ah Hossana chawi ah Salem puanzak nuai ah um a ngaita ahi pen mai hi. Tichun "Thi leh thi, dam leh dam" tilo thei ahi ta pua, Revival etsin na masapen chu Phaipheng khua nei ahi. Zia chung ahin nupi pathum in halna a chang ngal ua, peltheilo in zanlam dak khat tiang biakin ah pauchapna leh chawihawina hun mat ahi. Tuili Leibul EFCI apat laklut ahia, Beigual neipi ngalin malsawmna halna a dawng ngal ua, pindan ah kichenna programme le mat ngal ahi.

III. KSP Gamthak Board:

Chutia, KSP kochuam chu ngui leh chau ah a um laitak leh Revival bawl ah gamthak la dinga phutna a um dungzui in KSP huap a Gamthak Board kum 1977 in din ahita, Board member ma-

sapente chu :

- > Chairman ---- Rev. Haukham
- > Speaker ---- Evan. S.T. Haua
- > Revival Conductor --- Upa J. Lunglien
- > Treasurer ---- Upa Ginkholel
- > Members ---- Miss Nianghawiting leh Miss Tinnehawi te ahiu.

Chun, Adviser a chun:

- (i) Upa Thongzachin, (ii) Upa S.T.Zama, (iii) Upa Kaikhawgen, (iv) Evan. Paukam, (v) Pi Tuazo te hi ahiu. Tichun gamthak khawmpi khatveina chu Tuikham gilgal ah nei ahin, zia khawmpi chu a lawting mama, naudawn dingin numei lam leh pawsal lam ah guat hial ahi.

IV. Gamthak gasua:

Gamthak Board te nasepna zal in anuai ah kochuam te hi laklut leh biakin le tundin ngal ahi. Zia te chu :
 (i) Phaipheng, (ii) Tuili Leibul, (iii) K.Tonglon, (iv) Khawken, (v) D. Tonglon, (vi) Behiang Sialsi, (vii) Umtal, (viii) Theigotang te hi ahiu.

Maleh tuhin a tam zaw ten kochuam dang ah ei um san kik tau. Kum 80 apat anuai lam khawvel mi, guallui upa leh a dang dang min khumthak

zosia mi 165 ahin, Baptisma leh kichen na le sukfel vek ngal ahi. Chun dawibawm le a nuai ah gual hin haltum ahi.

Bisanmual ----- 01

Theigotang ----- 10

Geltamzang ----- 01

Gamthak ah hunkhat thu ah Baptisma chang tampen chu mi 65 ahin, pindan kichenna kawp 15 ahi.

V. Gamthak Camp:

Gamthak Camp khatveina chu Dt. 30th Oct. - 6th Nov. 1979 sungin Mualkot (Tuithanak District centre), Board Chairman pa In ah mi 25 vel kikulin nek leh chak zosia pawdawk in Bawng khat a that a, ga asua hawi mama a, zia Camp sung ma ma achun gamthak Mike(pau ngaina) chawkdaw ahi. Zia lai a chun Tuithanak District hi a chau mama, kumkhat in thilpiak ah cheng 2000/- a pawt zo pua, bial dang ten *eimau District Pastor chiat kichawp tai tiu, a chawm zolo chun Pastor neida mai hen ti aw a um hial hi.*

Hun hung chia zelin gamthak nasepna chu ahung lawting mama zel lai in lampi chuam in dodalna a tuakto ahi. A neitute ma ma'n, mi gam ah

nei a hawl ui, na asem ui tite, Tuili Leibul biakin kikhawm lai sap malcha thut khum ahiau a, Biakin chung suang ah se ahin, chuleh Phaipheng lutlo dinga dal ahiau a, Chairman pa suang a selup ding ah changuk ahi. Mei leh tui lian ten ei huaivel maleh dalzolo in malam a sawn zel hi.

Gamthak Beigual 1979 kum ma in Lingsiphai ah nei ahin, zia chung ahin Pu S. Khupkhawlam chu puidaw ahi tai. KSP ding leh kochuam ah mi tawmngai pawl ahung hi tai. Zia huzap a chun a khawsung ah khanglui Upa lam tamtak a kawp chiat un Pathian ahun awi tau a, nunglam ngaikit talo in ginum takin a um den tau. Chun zia kum ma a chun Tangmual ah nei kit ahin, ga hawitak sua in kochuam sunga kituaklona, kihothailona chu chamna a umsak tai.

Theigotang leh Behiang Sialsi ah Good Friday leh Easter Sunday Beigual mang in Gamthak Board member khenkhat chia ahin, zia chung ahin Evan. Paukam thugen in apang a, Isai 53:1 sim in “Gimhat” ti thupi ah amat chun mi lungthim khawi in halna lo-

pitak atung tai. Chia lam in lampi’n sawlsam in ei man un zan dak 8 in khaw sung ka lut bep uh ahi. Than dalni Behiang sialsi zuan chu gam kaklai ahi ziakin nisa asa mama Evan. Ngulkhothang dangchak mama chu “*Pakai in ka dang achah e, ti’n kawiman tui pelo, ken zawng dawn ding mulo*” ti’n a mitthi a thiak hi. Sialsi ah Easter Sunday mat chu nuam ma ma’n nitum in kap pum ah lasa’n lung a suleng ngei hi.

Kum 1980 10th December ni ah Tuili Leibul ah sacrament ka hawm lai in halna ahung tung ta, Zion la ahung pawt a, thudang kam in a pawt thei puai. Maleh zia chun Lalpa anthiang hawm a subuai puai. Ka kiang ah Lalpa thu hungtung chu *Pi Vakzakim kum 75 hita, kum 30 val kawng na lupna lumta chu piak ahilo leh a mawpaw ding la hi* ti ahi. Maktak mai in zia chu a dampi tai. Sacrament ka damdawi ahi tin mitthi va pumpum in a pauchap hi. Zia kum Christmas a chun Biakin ahung lut thei tai. A kumkit 1981 in Mualkot khua’n ahung a, bulak sung sia a um tai. Biakin ah a pauchap na aw chu

bu-at ten en nuam in bu at theilo zen in ava en sek ui. Tukham chia ni a lam zawt chu del phak san ahi puai. Ama hi etkaw! a hak mama, etkaw! hak zia ah ahung thak him uh ahi. Ama gen dan in “Ka zing thaw nungin ka sung apat ganhing pawl bial bual aleng daw! in Maite lam in aleng to tai” atii.

VI. Cycle Revival 1977:

Cycle Revival ti hi Cycle manga Revival bawl ah chia genna ahi. Lamka apat Chawngkhozoo-Chiangpi tiang Cycle chia in Tuili Leibul zawt ahin, numei chapang ei zui ding phal ahi puai. Zia chung ahin Upa Ginkholel hi siamdaw ahin, nithum leh zan thum, an leh tui ne leh dawnlo in kap khawvak, nitum ah siamthakna ahungtung ta. Amin le “Limtawp laulo” ti ah san ahin, Tuili Leibul hi “Ka pian na ahi” atii.

VII. WCA Beigual:

Pi Vanlalchungi WCA Chairman ahi lai in numeite Beigual ah Phaipheng ah chia ahun vaisawm ta, mitthi naptui tawh ka lam-ka lam ta mai uh ahi. In lam zuan dinga Beding siamsa umlai in kap pum ah thona Tuili Leibul in a um

phat in ki mangcha kit in Pi Vanlalchungi chun ki chia theng leh tuni ka chan haw pi hi chhan ding ka hi ta maw...atii. Tuili Leibul te kipak talua chun vawkchal tukli that in kipawl-na nuamtak ah mat ahi nung in pelzak ahi tai.

VIII. Khuga District Revival:

Kum 1977 in Kangvai kochuam ah Revival Beigual nitak sin thakhat sung nei ahi. Lalpa apat thilpiak dawn, Lalpa galvan chu zawna ahi. Nutsia phal ahi puau a, inlam damlo kona um zing maleh Lamka tiang pha in a thi puai ti hiat ahileh kilekit in ti ahi sek hi. Zia lai chun mi tamtak in “A zi thi leh le kap puanna” atiu. “Aw Lalpa ka mawpuakna sep ding la ti chu sem zel ka, nang le sem zel in ti chu ka pauchapna ahi. “Ngakla um chu Aw Sharon par mu ka nuom che, van ropui ah ihung par ding chu” ti limpi lai kum 1977 in nausen mel daw! um ala piang a, ala thi diak pua, Pathian bel apha, Siaktinhau-Hauthianbel sak ahi. Lalpa bel hitiu. Pathian ah ngawl chu ngawl pha ahi.

Revival hi phak thei na tiang tiang ah nei ahin, Biswas hun lai limna changta, buaina

sumpi leh lungngaina sumpi'n ala chupkit tak te puidawk kit dingin Lalpa galthuam mang in neito zel ahi. S. Kawtlian khua Revival chu a lopi mama'i. Ni 4 sung nei ahia. Upa Thongzachin inmai ah lamtual khaw ahi. Biakin ei dawl taklo ziakin bang phiat ahia. Mitthi luang zungzung pum ah lamtual khaw chu a lopi mama'i. Kangvai, Phuaisanphai, Leisang, Pengjang apat te ahung taikhawm ua Biakin aneu sak tai. Lapi "Belam hawl in gamthip ah chia ing ka" ti han sak chun mi lungthim a khawi mama'i. Nupi lunghelte vak nutsia chu a haksa sek mamai. Beigual a chia mi 30 bang a kihi sek a, S. Kawtlian apat Saipum zuan ah keng ngawn a lam pum ah khuang tawh "Aw Pathian nang ei pui ngai pa, malam ka kinepna'u" ti sa Saipum zawt chu lampi kal in kuama mel a kimu ngai puai. Tualnuam ten eila mu'u a, "*Tu Haukham leh a lawmte ahai uh hita lo hia, khuang tawh la sa va vak sawng*" "Ngawl na dik a ngawl a phai atiu.

Thukhakna:

Khuga Sadar Presby-

tery hi kum 1963 vel lai ah limna mumal lo tak leh tu-inailo tak in ala nawi gawp ahia, kochuam lamzawtna a susia mama hi. Etsakna'n, Sunday skul mumal a um ta pua, thilpiak lam mawng mawng ngainep ahi ta, sacrament hial le taw nawl ala hi tai. Pastor te dem leh gensiat hi zota, chuleh kochuam mawpuakna zosia taw nawl ahi tak ziakin leh siatna tawpkhawk tun tak ziakin KSP gamthak board chu phudaw ahia, Gamthak Board Revival chun "Ka hung kipan ui, ala pang in" ti ahi..

(Zia Article hi (L) Rev. Haukham in KSP sung ah kochuamte chau leh ngui taka a umlai ua kochuamte ala mapuina thu a zik ahi. Dt. 25th August 2019 ni'n eila beisan ta, ama hiatzingna dinga Damna Aw ahin suklat kit ahi)

.....xXx.....

KHANGLAITE LEH PATHIAN NASEPNA (Youth in God's Mission)

~Rev. D.Robert Thanga

Thumapui:

Mission tihi 'sawl' tina ahi. Sappau a 'Mission'kiti hi, Latin pau ah chu 'Missio Dei' ti apat lakdaw ahi. Zia chu 'Pathian sawlna' tina ahi. David Bosch chun, Pa Pathian in Chapa a sawl a, Chapa in Thagau Thiangtho a sawl a, Thagau Thiangtho in Kochuam (Khanglaite) hi khawvel ah asawl hi. Mission (Sawl) hi ei uh a ahi pua, Pathian a ahia, a neitu chu Pathian ahi. Pathian hi missionary Pathian ahia, Kochuam (Khanglaite) hi asemtu ahi. Athilsiamte (mihing) hukdamna ding ah achapa neisun (Jesu Khrista) a hung piai. Amachu van mun thiangtho, a lopina famkim tawh um zinglai chu, khawvel ah athilsiamte mangthai ding mu in, zia chu ngaingam loin, kingaitawm tak in missionary ding in khawvel ah ahung ahi.

Bible ah akimu gual in, Pathian in Khanglai a hilai ua, ama chanchinpha puangzak ding ah asawl Thuthunglui leh Thuthungthak apat mi tam tak muthei ahi. Zia khanglaite chu, mizia chuam chuam, hindan kibanglo tak tak ahiau. Ahinla, mission (sawlna) ahin thiltup thumun khat chiat ahiau.

Khanglaite leh Pathian nasep Thuthunglui apat:

Thuthunglui apat i et chun, Pathian in mitam tak ama Lalgam nasem ding ah a kodaw muthei ahi. Abraham hi kum 75 ahi in Haran apat in ama nasem ding in ako/sawldawk ah, ahin la, adangte haw zosia hi khanglai ahilai ngen ahiau. Joseph hi kum 30 ahi in Egypt Prime Minister

ahi. Pathian in aguatna supiting ding in a sungkuante (Jacob) leh Israel namte kial apat a hukdaw sak hi. Samuel kha kum 8 mi ahin zawlnei hid-ing a Pathian kona ala dawng tai. David kha kum 15 ahin zawlnei Samuel in Isrealte Lal hi ding in teptena Sathau nuna alachang hi. Zia ban in kum 30 ahi in Israelte Leng ahung hitai. Solomon kha kum 30 ahi

in leng hina achang hi.

Daniel leh alawi dang pathumte kha suak ding ah Babylon a puimang ahiu khan khanglai naupang cha ala hiu. Ahinla, ava umna gam uh, ginlote gam ala himaleh a Pathian uh phatsan diaklo in genthei haksat leh musitnate, ala thawkna zal un Pathian lopina miten amu khawlaw uh ahi. Esther kha khanglai nungak melhawi tak ahiziak in Lengpan a zi ding in a tel a, zia Pathian in a piak melhawi leh pilna a piak chu mangcha in Israel namte ading in damna ahung hi khawlaw taahi.

Khanglaite leh Pathian nasep Thuthung Thak apat:

Thuthung Thak apat i et chun, Jesu Khrista nungzui sawm leh nite kha Peter tilo ngal kha chu a dang zosiate kha khanglai ahi lai un ko ah um ahiu. Baptisttu Johan ngei kha le kum sawmthum (30) a hi in chanchinpha ala puang pan tai. Jesu Khrista ngei kha le kum sawmthum (30) ahi in chanchinpha puanzakna'n a hun zosia alamang hi. Zia gual ma chun Paul ngei kha le kum sawmthum (30)vel ahi in Pathian in a chanchinpha puangzak

ding in ala sawldawk tai. Barnabas leh Timothite ngei kha le khanglai naupang ahi un Pathian Lalgam nasem ding in ala kipedawk uh ahi.

Thukhakna:

Thuthunglui leh Thuthung thak apat imu, i taklat tak gual un, Pathian sawlna a semtute kha khanglai thahat hun laitak ahiu in, Pathian ina ko ahi. Zia sawlna lopi tak mai sem ding in ka khanglai chanpate Pathian in nang lo ngal sawl ding, mat ding, a khut leh keng di, kua dang aneilo ahi. Pathian in malsawmna a hung piak, la thiamna leh pilna a hun piakte kha ama lopina mang ding in ahun ngak zing ahi. Bang gual mi la hi em, la hinkhua, chiata sate, la nungthil in, suan ding la nei lo ahi maithei, ahinla, la hina gual gual in ama suang pum in kal hung suandawkmai in. “Bu phal lak ding tam tak a um ngal a, ala khawmtu ding a tawm hi.”

.....xXx.....

KHRISTIAN COUNSELLING LEH A PAWIMAWNATE

Revd. Dr. Hangpi Manlun

1). Thumapui.

Counselling hi Khristiante nasepna adiakin, Pastor, Upa-te leh Sawlchakte a dinga pawimaw tak khat ahi. Ahin, apawimaw gual in I gam un I habawl/mat bek puau a, ahin-la kochuamte I kietkawlnau ah thilkul tak ahidan ngaitua thak in nasa taka pan I lak ding uh ahi. Chuleh Counselling hi hukdamna lampi bep ah kipuihuaina a kaww pua, Khristian hinkhua a haksatna chuam chuamte a kipanpituana a kaww a, zia chu a tup leh ngim ahizaw ahi. Counselling apat hin thagau mangthai dingte hukdam a, damlote a dinga thamuanna muna leh thina ziaka lungkham leh beidawngte'n thamuana, zi leh pawsal kal ah buaina neite, thagau lam thilte, natna chungchang, khamthei bawl ah hinkhua kimangsete leh a dang dangte Pathian thu tawh kituak a kipanpina leh kipuihuaina a huap thei ahi. Counselling chi chuam chuam um maleh Khristian counselling thu hi ngaitua

2). Counselling hina leh um-zia.

Counselling ti thumal hi Latin pau a 'Consikkiem' ti a kipat a lakdaw ahi. Chuleh, Sap pau a 'Counselling' a kitia, eipau gualin i mangtau a, i gennawp a Chiang tho ziakin Sappau ma hi mangto ding ihu. Oxford Dictionary in le Counselling chu, "Thu hilna pia ahem, panpina ahem, lungthim lam a haksatna neite chu mithiamna neiten thuhilna pia ah a panpina uh" ati ahi. Chuleh, Willy leh Andrew-ten

le ziagual hin a gen ui. "Counselling chu mini, haksatna nei a panpitu ngaite panpi ding a, thiamna diak neitu'n haksatna neitu haksatna anei chu sukven piak dinga lampi a kaww muna ahi" atiu ahi. Chun, Britannica Reference Encyclopedia in counselling a hilchetna ah chun, "Lungthim lam thiamna nei mi'n midang chanchin a suidawpina, a lungthim dawidan leh mizia hiatgua, a um dingdan kawkmuna ahi" ati ahi. A umzia chu 'thupia a hem, ahiloleh puihuaina

piakna, thuhilna pia, panpina, ngaisak leh lemkuatpi' titen a ledaw thei hi.

Ziabanah, Counselling chu mi ni kikal a ngaituana leh ngaidan kihiltuana leh genkhawmna ahia, ziachun, lampi kawkmun ahem, thuhil, thu hiatsak, ngaidan gen leh hiatsak tite a huapsuak hi. Chun, a hun leh mun dungjui inle a umzia leh kawm a nei thei hi. Atangpi thu in, counselling chun haksatna neite, mi mal leh alawmpu a, panpina ding a kimaitua a kihona le a kawm thei hi Ahin, kithuhilna mai ahipua, haksatna neitu chun ama leh ama a kipanpi theina dinga panpina piak le a hi.

Atangpi'n, counselling tuppen chu miten a lungthim a atup pente u' chu sulawting ding a panpinate, counsellor (ama) zuantute buaina leh haksatnate sukven piak dinglam ahi pua, ama leh aman a kisukven theina dinga puihuai zawm le ahikit hi. Chun, Counsellor-in, haksatna neitu dinmun hiatpi zing kawm a, ama phak tiang tiang a panpina ahia; amavang utlo sasa leh aphaklo ding chanchan ah kipuihuaina ahi puai. Min ama

haksatna chu a pawm a, ama leh-ama a hung kihiatdaw theina ding ngei a sepkhawmna ahi. Counsellor, chun mi kua hilehle hinkhua leh nasep ah lampi kawkmun ngai ahem, thilbawl ding dan zilsakna leh puihuaina piak chanpha ahuap ahi.

3) Counsellor mawpuakna leh dinmunte.

Counsellor hawitak hiding chun DOCTOR hawitak gual hi apawimaw hi. A ziak chu Doctor hawi leh thiam (specialist) chun damlote natna a hiatdaw masang un, damdawi a pengai puau a, a natnateu chu theitawp in a hawl un, a muchian phat uale a natnau tawh kituak ding damdawi a pe sek ui. Anatnate uh hiatchian phawt chu a tup zing sek uh ahi. Ziagualma chun, counsellor hawite chun, ami kihopite dinmun-leh-haksatnate diktakin a hiatdaw masangin, thupukna a bawlingai puan, zia chu akul-le-pawimaw mama khat ahi. A dinmun uh leh haksatnate'u mudaw leh hiatdawna dingin lungthim leh titakzet a haksatnateu a ngaithak piak ding uh ahi. Thupil chun " Galte chu a pautam ua, khatten

a ngaithau ahi” ati ahi. Ziaziak-achun, ngaithatu hizing kawm a thununtu hi a pawimaw hi. Chun, counsellor chun an-gaithak tam a, a counsellee chun a gentam zawk le a hawi lam hiding ahi. Chuleh counsellee chun a gentam theina dingin dawtna le bawl thiam angai hi.

3.i). Counselling bawl na mun a pilvan ding ahi.

Damlo hita henla, numei-leh-pawsal counselling bawlding ahitak un leh Biakin sung hihenla, insung khat ahitak lehle window zosia chu hawng suak ding ahi. Ahithei chan ah pastor-te'n counselling bawlding a hi phat uale a ziteu ahem, midang khat a kitawnpa ngei ding uh ahi. Evangelist lopi tak mai, Dr. Billy Graham in, a lawtinna thuguk hi a gen chu, numei tawh mun thip ahem, office sung hi'n, Biakin sung ah le, chukhawm ding a hiphat uale window hawngsuak ding ahi, ati ahi. Ziabanah, a seppite adiak ah numeite, kua hemkhat chu a gari ah vathak(drop) ngaiding a um tak in le ama ngawn in a vathak(drop) mailo in, driver-pa ahem, alawite khat tawh

a vathak teisek ui, a kiti ahi. Zia guala chun a kiveng ziakin a thi tiang in, numeite laka gensiatna leh minsiatna a nei khalo ahi.

3.ii). Bible thu mat ding ahi.

Counsellor-in, counselling abawl na ah chun Bible thute vanmat pawimaw tak a mang in, Bible thu ah akingak ding ahi. Pathian thu Bible chang amat dingte a bung leh achange hawi tak a a hiatding ahi. Chuleh, Bible chu umzia nei leh chia dan kituptak a amat ngei ding ahi. Aziak chu counselling bawl na dingin a Bible sung ah chun counsellor te kul-leh-pawimaw zosia kining tingtakin a um zovek ahi. Chuleh, Bible ah chun khawtang leh mihingte hinkhua leh lungthim genna tamtak le a um a, chun, mihingte lungthim lam genna guntak a zil le akul a, zia chu counselling ading athil kul tamtak mudawna leh matthiam ding dan i zildaw ding uh ahi.

Chun, counsellor in, lampi dik taka a bawl ding dan a hiattheina lungthim, ngaituana, hindan zosia hiat theina leh thununna ding dan-te Pathian thu ah i mu thei ui.

Thuthun Lui leh Thuthung Thak ah thupiakte, thupuante khu counselling bawlna dinga phachuam ma ma ahi (Sam 19:7-14; Heb. 4:12). Ziabanah, i Bible ua hin haksatna sukven ding dante le a um kim vek ahi.

3.iii). Lalpa Jesu kiang ah pui huai ding ahi.

Khristian counselling-in, a tup-le-dawipen chu Pathian leh mihingte kikal a kilemna siam ding ahi. Bible dung zui a counselling bawlding, counsellor-inle ama zuan-tute chu Jesu Khrist kiangah a puilut ding ahi. A ginna'u chu Pathian thu tawh a kituak em tite a hiatchian guat ding ahi. Chuleh Pathian diktaka helote chu Jesu Khrista hiatsak ding ahi. Zia dinga chun Bible ziltalna tawh kituaka counselling neipi chu counsellor mawpuakna ahi.

Counselling neipi dingtu chun a vangsiatnau chu Bible tawh kituaka a hung muthiam ua, kinepna neilote'n Pathian ah kinepna thak a hung nei ua, Pathian thu kingakna a hung nei phat uale, Khrista ziaka Pathian tawh kilemna leh kipakna diktak hung nei ding ahiu. (Johan

14:27, 16:33). Mi'n Pathian tawh kilemna thak ahung nei phat le, Jesu Khrist ziakin mithak hung hita ding ahin, thillui zosia chu a mangta, chuleh taksa leh thagau kidona leh a hiatchian pawimaw ding ahi. (Rom 6:11; II Kor. 5:17). Ziaguala, hinkhua kisangdanglam mi chun a hinkhua zosia nusia in a paimangta, Lalpa Jesu hinkhua thak in a sangzaw ta ahi (Ephesa 4:22-24; Kol.3:5-17).

3.iv). Pathian hepina leh eima hepina ngeile suklat ding ahi.

Counselling in a tup dang chu ahileh, Pathian hepina suklat ding ahi. Pathian in, achapa Jesu leichung a ahung sawlna ziak chu ei hepi ziak ahi dante musak ding ahi (Johan 3:16). Ziabanah, Lalpa Jesu leichung ah a lenlai inle mipite a lungsiat nasatdante le i mu uh ahi. Ziagualachun, counsellor-in, Pathian hepina a nei le a angai a, hepina hinkhua a suklat thei leh counselee chu awlsam tak in thuzaw thei ding ahi. Ataktak in genta le'n hepina lian neilo in counselling a lawting taktak thei puai.

Ziakachun, counselling nei hun takle eima hepina

na leh ngainatna le suklat a, hepina melpulo ah eimu ua le, zia chun amau ngaisaklo leh amau ading a pawimawlo in ei mukha ding ahiu.

3.v). Kinepna neisak ding ahi.

Mi chuam chuam in haksatna leh buai na chuamchiat anei sek ui. Ziagual mite chu kinepna thak counselling kipat ah neisak ding, mi kingaisete'n kinepna thak leh kipakna thak a hun nei ua taksa-leh-thagau a kinepna thak ahung nei ding uh chu atup pen ahi. Cousellor mawpuakna chu zia kinepna neisak ding chu ahi. Mihingte'n 'kinepna hinkhua' a neilo phat uale kingaisiatna leh atawp ah mani-le-mani kitha na tiang hinkhua matthei ahi. Zia chu nei dingin, Lalpa Jesu'n "Nang uh semgim leh puakgik pawte, ka kiang ah hung unla keima'n chawldam sak ingka. Ka ngawngkawla a nuam in, ka kiang in hung zil un, a zia chu kei nunnem leh zaidam tak kahi. Tichun la thagau uh a dingin chawldamna mu ding la hiu" a ti ahi (Matt.11:28-29). Chun, St. Augustine in, "I lungthim in chawldamna

ding a hawl zing a, ahin amu puai, Nangma (Jesu) ah chawldam masangin" ati gualin, Lalpa Jesu dawiguala chawldamna te bep in kinepna nei intiu in, khawvel zo thei ding ahiu.

4). Pathian puina nei ding ahi.

Cousellor la hi ziakin, Pathian mapuina, panpina, puihuaina poimawtu la hina chu nangma ngei ah la suklat a sukdet ding ahi. Chuleh, thuhilna piak tak lehle kinaw lou ding ahi. Ziaban ah, nangma a ngaidan dik lou a um khak tak aleh, ziate chu paimangin, aziak ahileh Khristian counselling bawlina ah chun a hawilam ngen ngaituana (positive thinking) zilsak ding ahi.

5). Counsellor a ding a thupiak sawm-le-khat(11) mi thiamte gen suikhawm hi tiu.

5.i). Pathian chu la thuthu a la umsakding ahi puai. 14.

5.(ii). I kikhopiteu nu leh pa gual ah kingaitua ding ahi.18.

5.iii). Teacher gual ah la kingaitua ding ahi puai.

14.5.iv). I kihopite kiang ah thutak bep gen ding ahi,. Eimalam thu ah zuau thute genlo hial ding ahi. Thil chuampi khat ngaitua kawma thu

gen ding le a hi puai.14.5.v). Titak leh theitawp a i kihopite thugen ngai piak ding ahi.14.5.vi). Midangte chungchah ah vaihawmtu gual ah la um lo ding ahi.. Dik-leh-diklote, thiam leh thiamlo thu ahte, thupukna bawltu la higuatlo ding ahi. Vaihawmna chu Pathian a hi.14.5.vii). Nang ma hung subeidawngtu ahi leh le, Pathian a dawthei/ngilnei gual in, la dawthei hamham ding ahi.14.5.viii). Itna leh lainatna nei kawmin, midangte chung ah gamtat ding ahi.14.5.ix). Midangte haksatna leh puakgik lianpi chu lakdaw piak theitu gual ah la kingai lo ding ahi.14.5.x). Midang, Pastor leh counsellorte lawtinna haw la thangsiat ding ahi puai. Thangsiatna chu Pathian a dingagal lianpen khat ahi.14.5.xi). Counsellor chu migin um leh miten a thugukte uh ei hilmgamna ding khawpa i gin umding uh ahi. Mi thugukte chu kuama kiang a le genlo ding ahi.

6). Lalpa Jesu counsellor hina ettawn ding ahi.

Lalpa Jesu Khrist kha counsellorte a ding a ettawn pen ding ahi. Zia leichung

ah a lenlai in, migentheite, liangvaite, damlote, sukgenthei thuaktute, angaisak ma ma ahi. Khristian counselling bawltu dingte'n i ettawn ding uh ahi. chuleh, Thagau thiangthou le counsellor dinmun guala, alakna thu le i mu'u ahi. Jesu'n ziagual hin gen a, "Pa kiang ah hung dawt piak ingka, Aman chun Thamuantu dang hung peding ahi" a ti ahi (Johan 14:16-20). Pathian Thagau thiangtho kha counsellor ahi ziak in, a thiltup sulawting ding in Thagau Thiangtho umpina leh panpina i chantheina ding un pauchapna tawh le i pang ding ahi.

7). Thukhakna.

Achung ah i gengual un counselling hi kochuam etkawlina ah a kul in a pawimaw ma ma ahi. Ei un crusade leh revival hunte bep a counselling bawl ding leh a bawltu ding chuam um gual in i ngaitua uh le ngaitua phat a hunta ahi. Adiak in, Pastorte, upa leh sawlchakte, gualin ahi ding gual tak in mang in sem leuhin tusangin i gam ua hin taksaleh-Thagau lam in hat hitiu in, masawn zaw ding ihui. Lalpan zia counselling kipat ahinLal-

MITIN KIANG AH HEPINA BAN ZAK DI'N LALPA'N EI DAWI

~ Mr.Pauthiansang
Serampore College

*Jesu chu khua pakhat ah a um lai in, phâk in a pum ah a tuam mi pakhat a um a. Ama chun Jesu a mu phât in leitual si'n a bokkhu ah, "Lalpa la doi chun lei hithiangtho thei hi," ti'n a la don a. Ama chun a vak bân ah, a khoi ah, "Ka doi hi. A la thiangtho ta'n," a tia. Tichun, a phâk chu thakhat in a hung bei tai.
(Luka: 5:12-13)*

Khawvel ah mihing zosia'n, I pawimaw pen uh leh I mamaw pen uh chu hepina leh lainat na hi ahi. Kuama hepina leh lainatna mamawlo hi ki um dingin gingchak a um khello ahi. Ahinla, zia hepina leh lainatna chu mitin in I mamaw pen uh ahi zinglai in, mite lunghawl na zia leh mite mitmei veng na zia in, khen chuam nei tak in; hepina mamaw ngawi ngawi tu te kiang leh migilo a I ngai teu kiang ahi'n , I la sulang hemil kha sek uh ahi. Ziakiak achun tuni hun ahi'n, achung ah Bible chang hi mangcha in; mite mitmei venglo ah, hepina mamaw tu te kiang ah hepina sulang ding leh kuama khenchuam neilo ah mitin kiang ah hepina ban zak di'n Lalpa'n ei dawi ahi dan hi vak ngaitua khawm leu hin I nuam ahi.

Amasa pen in, I Lalpa'u Jesu khrista hun lai ah, Phak te dinmun hi I vak ngaitua ahi chun, amau a ding ahi'n zia khawvel a um hi haksatna leh beidawna; lungngaina leh kâ na bep ahi. Mite musit leh pampai in a um un, hepina leh lainat na him him adawng ngailo uh ahi. Zia bep chule hilo in, anat na'u chu, agitlo

na zia ua Pathian lungnat na achung ua tung gual in agel ua, mite kidak leh huat in a um un, angai pen uh leh a hepi pente'u lak apat khenchuam a um in, khawpi paw lama kuama sukkhaklo na ding mun a chun, nawdaw in ah um sek uh ahi (Kisimna Lekhabu 5: 1-4). Tichun, amau chu mite mitmu in 'mi buak' ahi sek uh ahi.

Chuleh, kua hitaleh zia gual mite va sukha taphot leh aki-ang nai a va um kha taphawt chule, Judah dan gual ah, ‘thi-anglo’ a ngai ahi sek ui. Zia gual ma chun, zia tak ah, Jesu’n a sukdam, Phak pa ngei hi le, mite mitmu achun ‘mi buak’ ahi’n, mite musit leh pampai in a la um ah, hepina leh lainatna him him a la dawng ngailo ahi. Chuleh, ama va sukha ta phawt leh va khawi kha taphawt chule Judah dan gual ah, ‘thianglo’ ah ngai ahi bawk uh ahi.

Zia gual dinmun chu ahi zing lai in, a mak mama pa khat chu, Jesu hin bangjiaka Phak pa hi, athu mai ah sudam thei hina pi ah, a vak khoi khel khel adia aw? ti hi ahi. Aziak chu, zia tak ah Phak pa hi, Jesu’n asukdam zaw nung ah a va khawi ahi pua’n, a sukdam masang ah a khawi kha ahi zaw. Zia gual chu ahi zia kin Jesu chu Judah te leh Pharisaite ading achun ‘thianglo’ a ngai ahi (Thiampute Lekhabu 13 -14). Aleh Jesu hi’n ahetlo zia ah abawl khak ahi diam? Ahilo leh Judah dan palkek a nawp zia ah abawl ei diam? Ti hi’n ka lungthim akhawi khawp mai ahi.

Ahinla, zia gual thil hi, Jesu’n Judah dan ahetlo zia leh palkek anawp zia ah a bawl hi ding in ka gingcha him him pua, umzia nei tak ah, Mosia dan leh Judah dan sang ah pawimaw zaw ‘hepina’ chu asuk lat nawp zia leh dan thupiak te zosia hi hepina’n a khai khawm vek hi, ti a etsak nawp zia hi zawding in ka gingcha ahi.

Zia bep chule hilo in, mite mitmu ah, thiangtho takgual a um sang ah, lunggil tak ah hepina leh lainatna nei kawm ah kuama khenchuam neilo ah Pathian nasep ding ahi dan ei kawkmaw nawp zia le hi ding in ka gingcha bawk ahi. Aziak chu, Jesu Khrista khan, Judah te leh Pharisaite lunghawl kha hile vang zia gual khan va bawl khel di’n ka ging cha pua. Ahinla, amau lunghawl sang in, bawl ding a kilawm, bawl ding dawl chu abawl mai ah, tichun, khawi thianglo a ngai chu a va khawi ta mai ahi.

A langkhat lam in, Jesu hin chu, nuam hen la hile zia tak ah Phak pa hi khawi kha khel khel lo ale sudam thei mama ding ahi. Ahinla, hepi-

na dim Pathian leh lungthim zosia he suaktu Pathian chun a mamaw chu a het piak takzet ahi. Hun bangchan ahem mite hepina tha ngai ngawi ngawi a liangvai tak a hinkhua mang ahi dan leh, mite'n hun bangchan ahem a la pampai uh leh hepina khut ah a la khoi khak ngailo uh ahi dan chu ahemil piak him him pua. Tichun a hepina khut ah chun a vak khawi khel khel ahi zaw ahi.

Chuleh, mite a ding ah damna ding leh, hepina mamaw tute kiang ah hepina suklat na ding ahi phawt chun, mite ngai a 'thianglo' hi le khawksalo in, ahepina khut achun Phak pa chu a vak khawi tamai ahi. Tichun lekhazikte leh Pharisaite ading achun 'thianglo' himaleh, Migilo; mi buak ah a ngai pa'u, Phak pa a dinga chun vang ama hepitu leh kuama'n sukhak ziang ding le a la nawplo lai ua, hepina khut ah ama a la sudamtu ahung hi ta ahi. Ziabep chulehilo in, a kinepna zosia a bei kei nung ah kinepna hing petu le ahung hi bawk hi.

Zia gualma chun, tuni hun ahin, mite mitmu a kidak um takleh thianglo gual ah

kilang ding hi ziang leu hinle, hepina mamawtute kiang ah hepina sulang ding leh kuama khenchuam neilo ah mitin kiang ah hepina banzak di'n Lalpa'n ei dawhi ahi. Chuleh, khawtang leh lampam ah gen-thei tak ah, a sun azan ah mite musit leh pampai ah hinkhua mangsekte (mi gilo ah I ngai sek teu) kiang ah Pathian hepina sulang tu hi ding in Lalpa'n ei dawhi hi.

Lalpa'n simtute zosia, lungthim leh titakzetna nei kawm ah, kuama khenchuam neilo ah mitin kiang ah hepina sulang ngam di'n I chanding chiat un ei malsawm ta hen.

.....xXx.....

LALPA'N PHAL PUAI

~Pr. James Th. Minlun Vaiphei.

“Kapu leh pate go ei nutsiau hi nang ka hun piak ding chu Lalpa'n aphal puai” (1. King 21:1-3)

Bible ah Pathian phallo sukha muding tampi um maleh alengin gensenglo ding ahia ithugen nuamte i hiatchian theina dingun Lalpa phallo sukha mi bangzat ahemte chanchin leh akhang guiteu anuai ah Bible chang ah hin vak en hitiu.

1. Israel lengpa Ahab:

Ahab hin Jezreel mi Noboth kiang in la grep huan hi ka in kiang cha um ahi ziakin thai huanding in kadawi hi. Kei ei pia mai in zia thasang ding in grep huandang aphazaw le hung pianang ka ahiloleh nang pha lasak leh aman tawh kigun sum hun piang ka atia. Himaleh Noboth in Ahab kiang in “kapu leh pate go ei nutsiau hi nang ka hun piak ding chu Lalpa'n aphal puai” ati. (1. King 21:1-3)

Ziagual ah Pule pate go piak maiding chu Pathian in aphal puai ati nung in lengpa Ahab jinu Jezebel in pan hunla'n zuau leh nal in thagum chang in Pathian phallo imun chu ahun lakpiak tai. Zia phat chun Noboth kiang in Pathian in Elijah sawl in zia gual

hin vagen in ati. “La that in la kichan ahitai maw? La chung ah siatna hun tutding kahi. Hun val zo ing katin, chuleh Israel gam ah Ahab mi pawsal zosia suak hin zalen hileule hi mangthai ding kahi “(1.Kings 21:21)

Pathian in Ahab insung sukmang nading ah alemkuat chu ziagual hi ahi. Ahab chu Noboth thigual ma in thi'n tin, athisan uichan aliak na ma ma in ama thisan chu uichan liak intin, adangsia chu khawpi sung ah thi zosia uichate'n asa ne'n tin uh, chuleh khawpi pawlam ah thi zosia asa chun-gleng vachate'n anek zoding uh ahi. Kuama aki vuile umtalo ding, kingaina tak ah akika ding le umtalo ding ingaitua leh dipdap aum mama hi. Bible in semlo chun nekda hen

ati. Ahabte nupan a seplona ah mani bawlttheina (power) manga Pathian phallo nek ham aguat ziakin Ahab mi zosia sukhang mai ding ah thupiak ahi. Ziagual ah seplona chung ah ne nuamte chung ah Lalpa a lungnat leh I gam sung hih Lalpa'n hun en leh bang gual in ichung un vai ahun hawm nuam dia aw ti hi ngai tua kham taka hi,

I gamsung hi semlo ah ne thei thei chu abawl thei tina ahung suak mai ta ahi. Ka bawl thei nai tia Manipur ah sepna nei, thalaw lazing ngal, ama lah gam pawlam ah um tibang, a posting na thingtang hingal ama lah khawpi sung ah umzing, a posting na mun le mukhalo, bawlthei kisa mama, zia bep chu le hilo a umna Kochuam sung ah thunei leh vaihawm pen ah pan gua nalai tibang, genthei chaga, gual bang zolo te chanvo ding ah government in aguatpiak BPL, MOBC, NFSA, RIDP, PDS, adang dang te la ahazo apauzo ten kichan zo gam ta. Election hun ahung tun leh kua katham zodiac? vote bangzat ka chawmthei diam? candidate te kiang in bangzat kane dawkthei diam ti vakizuak mang

mai. Hina tumle neilo, 'Chanlambei' apanpi keilo vote le apiaklo hial ding te kiang tiang ale paisa lakdaw thei nading ah vakitulut thei bang ki um nalai ahi.

Tuchung election zaw ah kochuam ah hotu khat holimna chu, tuchung election chu kei katai zopua kumdang ah chu vote zani zathum bek chu tat teisek kahia tuchung chu katai zo pua da aumsam e ahuntia. Atatding umlo zia ah ata ahi diam aleh bang power mang ah ziazat hi tat thei ahi diam ti chu lungkham umtak ahi. Pulpit I maikhak leh van sawlchak suty hungpawt bat mai di, Pulpit I kumthak phat leh atalua umsak lo, Mu na ding/ama lawk na di ahipo leh akilawm akilawmlo, alam alamlo umtalo, zuau gen, nek-guk, migensiat, khat leh khat kal ah saguse khawk salo, khat thina ding hilele khawk salo, zia hawpi hi Christian te chawdan ding in Lalpan aphallo ahi.

2. Lengpa Saul:-

Pathian in Saul lengpa kiang in chianla Amalekte chu vado inla anei zosiau chu vasusia siksek unla, anumei apawsal, naupang leh nausente hita leh bawngchalteu a

belamteu, asangawngsau teu leh a sabiltung teu natiang in hawilo in la thagam ding ahi ati. Himaleh Saul leh a sepaiten Pathian phallo henasan Lengpa Agag leh gancha hawi hawi Belam leh Bawng hon leh Belamno lak ah athau deu deu leh aphadiak te pum in van phadiak te chu tawh ahun hawi un, aphalo diakte leh aman tamlo zosia te chu asusia dikdek tau hi. Ziakiakchun, Lalpan Saul lengding ah a guat kisik mama in aleng hina pat apaitha, zia-bep chule hilo in akhangkhang ah Saul chung ah ajangaina ala mang ta ahi. (2Sam 7:15)

Jangai thei Pathian in ajangaina alak mang piak ta, lengding aguat himaleh kisik kit in ama bep hilo in asuan apak asumang ah, a khanggui ah muding umsun chu Mephebosest akeng langni ah bai, ama leh ama le ui thisa bangmai kahi kiti bep muding aum tamai ahi. Pathian in Saul kiang ah thagam ding ati a thagamlo ziaimai ah ziagual ah alungnat ah ziagual lawm ah gawtna apiak ahi chun, nang leh kei hin bangzat thaloinei nalai dia aw? Pathian thu tawh kituaklo ahi hezing kawm ah mani lawkna ding leh phatch-

uam na ding ahipoleh kihatlosak ah eima ngai ah thil kilawm leh midang vak et ale thil kilawmlo le hidiaklo himaleh Lalpa phallo bangzat I hinghawi nalai khadium? I masang ah Lalpa lungnatna ituak ding banggual aum diam ti langai tua ngai em?

Leng lopi tak ah akingai zinglai ah Lalpan ala paithak tak Saul lengpa gual ah milak ah le bawlthei kisa mama banglam lam ale hithei kisa himaleh Lalpa'n apaithak tak leh mihiat theiding ah atundaw le akisikna mama tak ihi khak ding alau um ahi. Mihing mitmu ah akilawmbep hi Lalpa'n a phallo ahi.

3. Thiampu Eli:-

Eli thiampu pan achate nunsiatna leh Pathian agensi-at nau hezing ngal in akhawlou nau haisan ding ah ahillo ziaikin a insung chu kumkhuangawt ding kahi Lalpa'n ati. (1 Sam 3:13) Eli chateni Hophni le Phinenehas Pathian dawilo gual, Pathian biakna kithawina dingah hung kichawi te ala suchavai ua, zia bep chu le hilo in numei Pathian hoding ah hung te biakbuk kotkhak bul a ala luppi sek bawk ua, ziate gitlona hi Pathian mitmu in

ahuaisia mama ahi,

Eli kiangin “Nangma inkuan leh la suantute inkuan chu ka ma ang ah kumtuang ah lut leh pawt in pansak ding kahi ti’ ala kitiam maleng, tuhin Lalpa’n ziagual hin agen tai. Ziagual chu hilo hial ding ahitai. Keima ei chawisang tapo chu chawisang ingka tin ei musit tapo chu bangmalo ah kawi ding kahi ati. Ngai in, nangma hatna leh lapu leh pate hatna katan botni chu hungtung ding ahitai. Tichun la inkuan sung apat kuama atekchan dam umtalo ding lahiu. Israel te chung ah Eli leh achate sukkhial ziakin bangma sukkhial neilo Israel Sepai singthum val in ahin nau achan ua, Pathian thuthung thingkuang le lakpiak in aum kit bawk ua, chun atawp in gitlona nei Hophni leh Phinehas ahinnau achan bep uh ahi. Chun thiampu Eli in achate thi thu leh Pathian thuthung thingkuang alakmang piak teu thu ahiat phat in melsia tak ah kipuk in angongpi gu tatbawng in athi khawlaw ta ahi. Chun Eli monu Phinehas ji in cha a nei ah achanei ah athipi nalai a, naudom nu chun amin ding in Ich’abod asak a ziachu “Pathian lopina’n Israel ataisan

tai” tina ahi.

Achang chang leh Lalpa vaihawmna hi adik puai tid-ing hileh kilawm ahung um sek ahi, Eli chateni Hophni leh Phenehas gitlo ziaak ah Israel sepai singthum val in thina at-uak mai hi adik puai tithei ahi. Himaleh Lalpa’n alungnat lau umzia leh khang kihilna ding ah khat suk khial asukhialtu bep ding ah poi hilo in akim akiang ah um a chanau lainate ding ale lau um ahina asuklat nading abawl sek hiding in ka ngaitua hi. Sualna ahi henasaisa haisan dingah ikihil loziak a eima bep hilo in igamsung ikim ikiang ichanau lainate bangzat in athawk khawlaw tadium? Ziabep chule hilo ahung tung ding ah ithawk tozel ding bangzat aum nalai diam? Munasa kimulosak, henasa kihiatlosak hi Lalpa’n aphallo ahi.

Lalpa phallo sukha te ziagual ah Lalpa’n daidawplo ahi chun nang leh kei Lalpa phallo sukha te hi ei daidawp diak ding ahem? ahun aumlai in kisudik kit in Lalpa kiang lam zuan kit hitiu. Ziagual lau um khang ki hilna ipanlo nading in ahun lai in kingaitua thak kit hitiu.

.....xXx.....

LA NGAITUA KHA EM ?

*~By:Upa Seinek
Leilon.*

1. Khawvel hi a danglam tak ziakin, khawvel ah thil tung/suakte hi a danglam chuam aum diak tapuai.

2. Ka hausak deu phatleh Pathian a ding in kipia nangka tisekte hi, Setan in lung muangtaka a thep, taksa leh thagau ah thina thei gutui a dawn khamsakte ahui.

3. Kochuam nasem atam in, Pathian nasem a tawm hi.

4. Pathian thugen a tam in, Pathian matchak vang atawm hi.

5. Mi piangthak a tam in, thagau ah piangthak vang atawm hi.

6. Gam leh nam Sepai a tam in, Christa Sepai vang a tawm hi.

7. Damsung khawsak dingdan ngaitua a tam in, kumtuang gam ah khawsak dingdan ngaitua a tawm hi.

8. Sum leh pai ah gilkiel a tam in, thagau ah gilkiel a tawm hi.

9. Bible nei atam in, Bible sim a tawm hi.

10. Pathian he a tam in, Pathian in a hiatvang a tawm hi.

11. Kochuam a dingah thi ngam a tam in, Pathian a ding ah thi ngam vang a tawm hi.

12. Mihing mai en ah thugen, lasa a tam in, Pathian mai en ah lasa, thugen a tawm hi.

.....xXx.....

Hun Nunungah Pate Zangaina Camp Report

~By: Rev. Khupkam Vaiphei
Secretary HNPZCC

Amasan Hun Nunungah Pate Zangaina Camp report pi-athei dinga ka um thei jiakin Damna leh Hunpha ei piatu Pa Pathian chung in kipak thu kagen ahi. Tuchung camp kimatchaknate aditdet in report zolo ding kahin anuai ah gual ahin chawmkim tak in kahun jik ahi.

Achiata date 8th-12th, October, 2019 hunsung ah khan KSP, EOC, RCG leh VBCA, te kigawm ah Hun Nunungah Pate Zangaina camp, Jacob Taona Muol, Gelmuol, mun in “La hinna humbitna ding in tai dawk in” ti thupi mang in Rev. Harry Muanlal Exe. Director EOC in hawanna nei in, Upa Liansawmthang Linsiphai in vaidawanna thucha gen in camp chu mat pat ala hin ahi. Camp Speaker in Rev. Dr. Kh. Khaizakham leh Evan. V. Lienthuom ahiu in, Pathian in mangcha in Camper ten Pathian apat taimang Gilo ahi ziau kimu dawna nei in, Pathian kiang in gitlo kisik ah thupha chawi in Piangthak hina chang pum ah Inlam ah kile kit Pate a sawm ah sim in a um thei jiakin Lalpa chu lopina chang taken. Tuchung camp ah hung tai khawm denomination chuam chuam apat in 15 ahiu in, camper zat agawm in mi 226 ahi. Apawl a pawl ah hung dan ahile, EOC-85, KSP-52, RCG-23, MPC-29, Local church-17, AG-4, MELC-6, GBA-2, ZPSC-2, ECA-1, CBA-1, ESC-1, SA-1, VBCA-1, leh PCI-1 ahiu ahi.

Pate Camp hun sung ah kipak umtak thil thak khat kimu chu speaker te challenge na ah kipat in alem thei ding ahile kumkit le Nute Camp akimat theina dingin Sum leh Thil in thaw dawk ding ah kitiamna ahun nei sau sau un ahile, asum in ₹ Rs,110,000 leh a thil in bu pawt khat ahung phato hial jiang in kumkit le Nute Camp bailam takin matjiang thei ding ah ahung ga daw hial jiang in kipak a um hi tilo thei ei puai, Bible/ Pathian thu in nangma la kihepi gual in la ji la cha, la Invenge leh midangte hepi in ti thu jiakin Jite hepina ahun neithakna jik un amau inle Khrista hepina leh tatna thu ala he maleu hechian thak uh henlang muchian leu ti dawisakna jik in jia Nute Camp ding

hi hung pian gua ahi tilo thei eipuai maw ! Avel in Lalpa lopina chang taken.

Camp hun sung ah tuantai ding ah kiguat Hmuia veng EOC kochuamte chung in kipak thu gensenlo committee ten akiban ahi, ajiak chu amau in tawm ngai tak in camper mi 226 + Worship team leh Committee memberte taw kigawm in mi 260 a ding zingkal nitak in ahun hun ah nek jiang thei, dawn jiangthei ding inle ahun luidaw jing thei jiaakun a chung un ikipak ma mau ahi. Chuleh worship team ah ei pan piak ding in Hmuia veng EOC khanglaite ma ma guat ahi dung jui un abul apat atawp tiang in lasak bep hilo in akul leh pawimaw dung jui in nasem leh thilbawl inle ei hung pan piak jiaakun amau chung inle kipak thu gen ahi.

Chun, tu leh tu ah sum hun thaw dawkte akim aleng in vak gen thei nailo ding himaleng, api deu in Anchang hun paw dawkte kagen nuam in, Pa Khaibawi Kangvai (Salem veng) in Bu bag 30, a Anchang in Kg 700, ahun thaw dawkt in, Chuleh Upa Siama Phuaisanphai leh Upa Kamlalmuan Pengjangten le anchang Kg 50 (sawmna) gel ahun thaw khawm un a chung un kipak thu a kigen in ahi. Mimal sum kithaw dawkt dan leh kochuam tin in ahun thaw dawkt dante leh Pawlpi (HQ) in ahun thawkt dante fel takin alist hung kisiam in hung kihawm dawkt tho ding ahi tile ka hun gen ahi. Zia haw jiaak a chun, Sum leh pai hun tuakte zosia chung in avel avel in kipak thu ka hun gen hi.

Date:12/10/19 kiginni hun nunung pen ni in Rev. Khupkam Vaiphei in Camp reportna leh camperte vaithakna thu chawm cha gen in, Upa K. Kama Chairman in kipak thu ahun gen in a gen zaw in Camp khakna Rev. Khupkam Vaiphei in anei in, Camp chu malzawl na tamtak pum in lawting tak in mat zaw ahitai. Avel in Lalpa chu lopina chang taken.

Gen ding tampi um maleh zia Schan ahin chawl phawt ingka, Pate Camp ah kipat hung piangthak Pate leh Damna Aw simtute zosia Lalpan ale tamtak in malzawl taken! Amen.

.....xXx.....

EIMA KI-ENCHIANLO A MIDANGTE KIPAKPI MA MA ZIANG

~Mr. Robert

Thil zosia laka khawk pen leh buai um pen chu ei ma / mani ki enchianlo a, kua ka hi ti kihechianlo a midang hina muchian ma ma ziang hi ahi, Khenkhat vang chu, Zu dawn mi khat ahem, gucha ahem khat a hung pingthaka Pathian a hung mu a, mi laka a testimony a hung genphat ua le khen khat vang chun a testimony chu hawi sa ma ma ziang, ngai nawp um sa ma ma ziang leh ki pakpi ma ma ziang, ahinla, ama piangthaklo lam ki hetlo hial.

Ama zu a dawn mi ahilo ziaka, ahiloleh mi van a guklo ziaka mipha a kigel, pha leh ching kisa ma ma mai, gilosa a hung piang ahi tilam kihet phaklo hial, guchapa, zudawn pa piangthak chu kipakpi ma ma ziang le ki tam ahi. Khenkhat vang chun mi guchapa/ zu dawnpa chun a hun chiasa (Testimony) thu ahung gen le ngai nawp umsa ma ma ziang, kipakpi ma ma ziang, ngai sang ma ma ziang le ki um kit nalai, himaleh, zia haw kipakpi thei ding chun kua la hi vak kingaitua tia! Mi van vagu'n, zu dawn in thilsia leh phalo vakhawi khel lo malechin la testimony la hinkhua thusim chu Pathian masangin zudawn leh Gucha pa testimony chu tawh kibang chet ahi. A ziakchu gilo a hung piang vek kihi ahi, Pathian mitmu a thil sukhial sa hung piang vek kihi ahi. Pathian masang in kuama thiam chang le diktat ding him him umlo ahi,

Ziaziakchun, mi la kipakpi masangin, mi kipakpi theitu lahi nam? tikha eima ngei vak kietchian hile a pawimaw zel hi. Kua la hem tikha kikhual chian masa'nla mi kipakpitu hizawn, mani hina ki hechianlo a midangte hina muchian a kipakpitu hikhak hile thil i sukkhialnau lianpen chu ahi.

.....xXx.....

'DAMNA AW' PHUNGVUKTUTE :

PATRON MEMBERS :

1. Pu P. Vaiphei IAS, Imphal
2. Upa Henthianthang, S.Kotlian
3. T.Upa Haulallawm S.Kotlian
4. Upa Thienkhomang S. Kotlian
5. Nk. Lalsangpui, S.Kotlian
6. Upa Laltinkhup, HQ. Church, Tuibuang
7. Pi Manliankim, HQ. Church, Tuibuang
8. Upa D. Mina, Lingsiphai
9. T.Upa Ph. Gena, Lingsiphai
10. Pu. Khamlal Saipum
11. Pu Khamliankap Saipum
12. Pu. Tinlunlal Saipum
- 13, Pu. S.Kapbawi New Delhi
14. Upa Genhau Central Church,Compound veng
15. Pu. Khailianbawi Central Church,Compound veng
16. Pi Kimtawi Kohima

MEMORIAL GIFT :

1. Pi Deem Melody, **Central Church, (Rengkai)**
[in loving memory of (L) Upa Lamthianlal]
2. Pi Rebekah **Kangvai**
[In loving memory of (L) Pastor Khaivung]
3. Upa Liansomthang **Lingsiphai**
[In loving memory of (L) Pu. Henzagen]
4. Pi. Nem Grace Boisi Capvung **Delhi**
[In loving memory of (L) Pi Vanlalchhuangi]

SUPPORTING MEMBERS :

1. Upa Khomlunlal S.Kotlian,
2. Pu. S.Thangminlian Lingsiphai,
3. Pu Lelboi, Lingsiphai
4. T.Upa Lalneilian Central Church,
5. Pu EL Soson Central Church
6. T.Upa Genminthang, Central Church,
7. Pi. Kimneihawi Saipum
8. T.Upa J. Mark Saipum
9. Pu Genthiankap, Nghathal
10. Pu Lianzakhup Nghathal.
11. Pu Lemthang L. Mission Veng

- | | |
|---------------------------|----------|
| 12. Rev. S.T.Kaia Vaiphei | Nghathal |
| 13. Pu. Hausang | Shillong |

ENCOURAGERS :

- | | |
|------------------------------|--------------------------------|
| 1. Pu P. Kamneilian, | Lingsiphai |
| 2. Evan Thianlam | Lingsiphai |
| 3. Pastor Kaiminlian, | L. Saronphai |
| 4. Upa K.Thanga, | Kangvai |
| 5. T.Upa Manglem, | Kangvai |
| 6. Upa S.Bela Capvung, | Kangvai |
| 7. T.Upa David, | HQ Church, Tuibuang |
| 8. T.Upa Khupneu, | HQ Church, Tuibuang |
| 8. T.Upa Zamthamuan | HQ Church. Tuibuang |
| 10. Pu Lamthianlun, | Central Church, Compound Veng, |
| 11. Pu Vendam, | Central Church, Compound Veng, |
| 12. Pu Haudal, | Nghathal |
| 13. Pu Khamliankhual, | Nghathal |
| 14. Pi Mary Vaiphei, | Nghahal |
| 15. Upa Paukholam | Nghathal |
| 16. Pu Tongzahem | Nghathal |
| 17. Pi. Nunmawi | Ngathal |
| 18. Pi. Kimbawi | Nghathal |
| 19. Pu Kaikham | Saipum |
| 20. Pu Pauthianlal @ Mengpu, | Saipum |
| 21. Upa Ginneithang, | Saipum |
| 22. Pu Donggen | Saipum |
| 23. T.Upa. Lallawmthang | Saipum |
| 24. Pu.Damthang | Saipum |
| 25. T.Upa Ginlun | Saipum |
| 26. Pu Kaipau | Saipum |
| 27. Pu. Khamthianlun | Saipum |
| 28.Upa. Kaijuanthang | Tangmual |
| 30. Rev. Haulalven | Tangmual |
| 31. Pu Gomang | Tangmual |
| 32. Pu Kamneilal | Tangmual |
| 33. Pu Kaisawmlal | Tangmual |
| 34. Pu Thangneilun | Tangmual |
| 35. Pu. K.Minlian | Tangmual |
| 36. T. Upa K.K. Siam | Tangmual |
| 37. Pu. Khamlallawm | Tangmual |
| 38. Pi. Niangphal | Bisanmual |
| 39. Upa Thangpu Changsan | Leimakhong |

40. Pu. Khamsawngolian	Kohima
41. Upa Nehneithang	Leilon
42. Upa Khupmang	Leilon
43. Pi. Hawiniang	Leilon
44. Upa Tongneilal	Leilon
45. Upa thangmang	L.Champhai
46. Upa Ph. Kamlam	L.Champhai
47. Upa S.T.Siam	L.Mission Veng
48. Pu. Seidam	L.Miaaion Veng
49.Pu. Hentinmang	L.Mssion Veng
50.Pu. Malzawl	L.Mission Veng
51.Pu. L.K.Vaiphei	L.Mission Veng
52.Pu. Lemlian	L.Mission Veng

Damna Aw monthly magazine hi tutiang ahin kochuamte'n phungvukna i bawlte'u ziaka hin chiazel i hiu a, kuale phungvukna bawl utte a ding in bangtik lai in le bawlthei zing ahi.

- (i). Patron member- Kum 3 (three) a ding in ₹. 3,000/-
- (ii). Supporting member- Kum 2(two) a ding in ₹. 2,000/-
- (iii). Memorial Gift- Kum 2(two) a ding in ₹. 2,000/-
- (iv). Encourager- Kum 1(one) a ding in ₹. 1,000/-

Chun, sum thawt nuamte a ding in:

A/C name: Khuga Sadar Presbytery(MPCS)

A/C nos: 32483318505

Branch code: 6182, ccpur

CIF nos: 86412486695

IFSC nos: SBINOO06182.

.....xXx.....