

MAL THIGUA'N

~~Nu Paklian, Tonglon 'D'

Lalpa neitute le mât thigua'n amut sektho hi;
 Mât thigua nuai ah le ei nusia ngailo ah;
 Munbit ah ei puitung kit thotho ding leh,
 Lalpa apha'i ti kit thei ding in,
 Ei puitungtu pa Pathian chu pakin um tahan!
 Sawisatu huipi leh tuifawnte sangin,
 Ahung humbittu khut chu a hatzaw zing ah;
 La muan ngam ah la bel ngam leh,
 Mualpho in hung kawi puan ah.
 Lalpa'n a chate siam pitinna dingin haksatna
 A tuak uh aphal sek ahi.
 Zia a thil tuakteu apat zil ding zilzo vakvak chu,
 A piting ahi mai sek u'i.
 Ahinla, Pathian in a mite chu ka'na guam in
 A nusia den ngai pua'n, a puidawk kitsek ah,
 Nuina tâng a puikâi sek ahi;
 Zia mun chu I tun takleh damlai lamsuk lamto ah,
 Athim-avak nuai ah I la vakvaina kha nung et kit in,
 A ginum na khut ah eila tuchak ah,
 Eila thathamlo Pathian phatna
 Muchian in nuina tâng ah chun,
 Pathian chawihawi in gual leh paite kiang ah
 Gensawn dingin thugil leh thu mantam;
 I muteu chu gensawn in midangte a dingin
 Malzawlna hithei tai tiu!



Mit Ah Mu Ngei Ding Ah Ki Singsak Na

Tulai khawvel pumpi in abuaipi, teksia leh khangthakte lak ah holim tuina pen ah um, Russia in azintun FIFA World Cup kihelna hi tawh kisai in ngaidan genkhawm in, a chanchin lampang hizaw talo in, a Gû hat leh agasua lampang in, ei uh â ding ah phazaw ding geldawna leh kalthak chawina I nei thei khak ua leh ti in tawmcha'n vak holim leu hin I nuam ahi.

Kum li dan ah umsek ahina ziak le chu hiding ahia, leichung ah mihiante zosia hin a kibuapi khawpmai ah, Kihelna munpi ngei ah taksa mit ngei ah va muchet leh panpi pawlte haw tawh va kiko khawm zuazua mai bang nuam hial sek in amun ngei ah va pan hial lunghim bang i nei sek ua; ahinla, zia mun chu va tung zolote I hi ziakun ahun ahung tun masang in zia kihelna chu mit ngei ah mu ahitei na ding ah matchak kûl leh pawimaw te chawkhawm in, anei zolo deu te'n le bat leh thâm bek in I ngaitua ua, lunghim ah kising-sakna liantak mai tawh hinkhua thanawp um tak ila mang sek uh ahi. Ahun ahung tun ah chun, zia kihelnate chu ahun cha'n minute khat ziang cha le pello ah, khawkgai tak in

mitchang hawmthaw takmai in I en sek un, I lungdam hun tak vâng ua leh I aw nei sun ua kiko in, khutte I beng puak zaizai mai sek ua, zia bep chu hilo in, thil githei chuamchuam bang I khen puak dupdup mai sek uh hilo ahem maw!

Ahung kihel taktak ua chun, dawisak chuam leh panpi chuamte I hun nei ua, thin-gam hial ah pang le ki um sek in, anai pen ah gen in, tuchung ziang ah le kipek pan nailo ahilai un, asan diu leh avawm diu le hiatchian ahi ma'n, Nepal gam kawm khat achun amau gam le hilo hial, gamdang daih, ava chia khak nau' le hilo hial ding gam panpi chuam nei pawl nite kâl in ki tualsualna hial ala piang ngai tai ti chanchin i hiat sau' ahi tai. Ei uh le amau gual ah panpi chuam nei ah

sunkhua' zankhua' kiko kisang ah, panpi chuam nei ah, panpi ngalngal te vang chu aphat nau leh athiamthei nau bep gen gen mai, hung gualzo ngeingei ding ahi dan uh ginchakna lianpi tak tawh thingam ah dinpi ziang, hiatlo kal ah melma ala nei khawlaw hial le ki um da lo ahi.

Ahi, I panpi uh chu asiai iti ahi puai, I etnawp uh chu a phapuai ti I hi laizang puai. Thil thak leh thilpha, taksa ading ah le phachuam leh thanawp um mama ziang, tunung hinkhua ah namat thei ding thilthak mudaw na thei ahi ziak in ki tilkhona ah mat ding him le ahia, khankhua dawl ah le hiat him him apha'i.

Ahinla zia haw khel lam ah ngaituana sukha zaw chu; Zia haw â ding ah I kisingsak gual ua hin Van ah Lalpen dawn na ding in thagau ah kisingsakna I nei zaw uh ahita nam? Bible ah, "La Pathian tuak ding in kisazo ta'n" (Amosa 4:12) ti I mu gual ua hin, ei un le kisingsakna chu Khawvel World Cup ading bep hilo in Thagau lam World Cup ading ahin I lunggel uh piathak zawi tiu I ti nuam ahi.

Nepal lamte gual ah ei un le, amau haw ei hiatkhak le kih samlo, kua I hi ziang cha le ei hiat phaklo uh, eiun le zia gual lawm ah chu panpi na lungthim neithi I hi ngal ua leh, bang ati leh Pathian â ding ah pan dan kithiam theilo ahi tamai diam? Pathian in ei hiatkhak mai zen tawh, "*Kei ma hi la Pathian chu ka hi. La min ah hun ko chu kei ma hi ka hi*" (Isaia 43:1) ti I mu uh ahingal ah, thamuan a um zaw hilo maw? Ei hekhalo hialte panpina' zan imut khawplo laklak ah I pan gual ua khan, hunsin phatsin ah ei vengzingpa Pathian, Ama phat zia leh thiamthei dan leh Khawvel ahi hung gualzo ngeingei ding ahi dan gengen zaw leuhin, Lal lungdamna chu chang ngei ngei ding I hingal ua, Malzawlna chu bang ziak in em I dawnlo ding uh? Lalgam chu bang ziak in em I keklet loding uh? Zia chu khawvel ah I damman uh le ahi ngal ah; Unau! nang in bang ti'n la ngaitua sek em?

Messi leh Ronaldo te'n hun hekhalo hial ahiu. Achanchin uh la thei dandan ah a pha thei pen ah la gengen

- ~ Jesu'n le mipite kumtuang gam tung ding in pui maleh a taksa Kalvari Tâng in a nusia tai.
- 8. Mosia thi nung in Joshua'n mipite chu Kanân gam a puitung hi. (Deut. 34:9-12; 3:28)
 - ~ Jesu a thi nung in Thagau Thiangtho in mite kumtuang gam a puitung hi.
- 9. Mosia'n gamkeu ah sumgul a khai hih mite damna ding a hi.
 - ~ Jesu le a mite damna dingin Kalvari Tâng ah khaikâng a hi.
- 10. Mosia chu Pathian in gamthip ah Hambuk apat meikuang ah thugen in a ko hi.
 - ~ Jesu le gamthip ah Setan thepna lak apat in Pathian in a ko dawk hi.

Israelte Aigupta apat Kanan gam zuan ah Mosia'n apuina hi, I kumtuang gam zawtna lampi hiatchianna ding ahi. Gingtu nun ah haksatna la tuak phat leh Israelte kalsuan dan hi ensek in. Thuthunglui hi thuthungthak lîmtha' ahi gual in I taksa leh I thagau hile Pathian lîmtha' gual ahi ding a hi.

GAMTHIM SALVAKNA DING AH TAWMNGAI SUA KI BELAP ZEL

Tispari Mission Field ah semtute â ding ah thil pawimaw tamtake lak ah khatbek in pang ing ka ti ah hung kiphal, Khrista ah una suanum tamtake lak in, tu tha (month) sung in zia anuai ah gual ahin Thilpiak Lopi tak I la dawng kit un lungdam aum takzet ahi.

(i) **Saipum** vangkhuah apat **Pu Pauthianlal @ Mengpu te nupan** in Mattress (6'x4') khat ahun tuak ui. Zia bep chu hilo in, I hawmthaw mama uh leh I dawisak mama uh **DAMNA AW** ading in le ENCOURAGER suanum tak in ahung pang kit nalai set u'i.

(ii) **T. Loklaiphai** Kochuam in le ngaikhawkna liantak mai tawh Water Filter 2 (pani) ahung tuak un lungdam aum takzet ahi.

Neival leh matval apat hilo in, ngaikhawkna zal liaulau ah tawmngai I la suakhawmna teu zal ah tuni tiang ah zia gual kipakna thute hi suazawm thei I hi ziak un, mite lungthim ah thugen sektu Pathian lopina chang hen!

La ngaitua kha sek em?

Mosia leh Jesu hih..!

~~ Nk. Chinnu.

Thuthunglui hi thuthunghthak kedawna zung ahi'na zia gual ahin genlawk a hi. "Lalpa la Pathian un la lakua kipat in keima gual zawlnei khat hun tungdawk ding a hi. Zia gual ah zawlnei chu athu la mat ding uh a hi". Deut. 8:15, Ns. 3:22;7:37. Zia hi thuthunglui hun a Dan thu ala kigen thuthunghthak ah zawlnei Jesu pian di leh a thu ngai/zuidi ahi dan a genna ahi.

1. Mosia chu a pian in thathum sung selguk in a um in. (Exo.2:2)
~Jesu le a pian in Aigupta gam in selguk ala hi.
2. Mosia chu Pharoah chanu ângsung apat in anu'n a enkawl/dontei hi. (Exo. 2:9)
~Jesu le leichung khawvel apat in chunglam Pathian lemhiat na'n a enkawl hi.
3. Mosia chu gamthip ah Belam ching in (Jethro Belam) kum 40 a um hi.
~Jesu le ni 40 leh jan 40 gamthip in thagau pui in aum hi.
4. Mosia'n a khut in thil hitheina Tiangkhut achawi hi. (Exo. 4:2)
~Jesu'n le Pathian thilhitheina thuhing chawi in Na asem hi.
5. Mosia chu Pharoah ang ah va ding ding ah sawl ah aum lai in, taksa'h a ngaitua leh a huphul talua, "Aw Lalpa midang sawl mai zaw'n ati". (Exo. 4:13)
~Jesu'n le Getshmani huan ah khan "Hepa ahithei leh zia No hi chawn mai in" ati.
6. Pathian in Mosia kiangin Aigupta gam in chiakit ta'n, nangma tha dinga hawl zosia te khale athi zo tau. (Exo.4:19)
~Vansawlchak in Joseph kiang in Nausen leh anu chu pui inla, Israel gam lam in chia kit ta'n, nausen thagaw te kha a thi tau ati.
7. Mosia'n Kanân gam lutpi dingin mipite chu pui maleh a taksa lut mantalo in Nebo Tâng in a hinna a thusuak tai. (Deut. 34:5)

ziak ah la lawi leh pai Football pek lunglutlo hial ziang tele la thuzaw ah, a chanchin uh ahun hiatbelap nuam tau ah, amau haw pek hun leh ni tak chuleh kithalawp takmai in ahun cha'n a tung ua, atawp chan ah thil thak hiatbelap nuam in mit-pekk sasa' vuang ngawtngawt ah TV mai ah kichu tading ah a lunghim uh la lakzaw sek gual ah khan, Lal Jesu phatzia leh thiamthu bep gengen in, mite thuzaw gaw zing in Biakin lam in puihuai sek zaw lechun, Hinman nei, Thagau ah gasua chu himai ding la hingal ah maw!

Leichung mihamte tawh Pathian chapa Lal Jesu chu a tekal (compare) mawng le I hidiaik puau, Biakin kai leh World Cup en ah taikhawm le I tekal chuam nuam tuntun diak puai. Ahinla, I gennawp tak uchu eimau ah lungput leh kisingsakna umte hin ei gen galkai sak zawsek ahi.

TV bek in gam chuamchuum te lim leh tawidan uh en hitiu in, thilpha banggual I mudawk thei uh em ki singsakna neive hitiu. Zia gual lawm achiu lunglut leh thanawp umthei thil bep gel zing zaw tai tiu.

um ahi leh, Bible phet in asun-gthute sui sek leu hin Thagau ah kitilkhona thak nei thei ngei ding I hiu.

Taksa ah la an nekding ziang le neva manlo ah, Sun ah la nasepna ziang le zotûp manlo hial khawp ah Football pêkte hunkawt hawngtu ding gual ah la tawmngai sek gual ah khan, Kochuam leh Biakin lam vai in tawmngai sua zaw thei ta leuhin ut a um ngei.

La mi panpi ten la hun hephalo hial uh, la panpi team te lak ah khatbek in le hun hephabek hileu maw? Nang lah, aneitu, apuitu leh a tawsawttu pawimaw pen gual ah ki ngaikhawk mama ziang;

Awle, Unau! hitihin ngaitua thak hi tih; Bible in *Thil bangkim la bawl tapo uh chu Pathian min lopi na ding in hi hen* ala ti takgual in, Tuchung World Cup I lunglut mama nau apat ahin, mit ah mu, kam ah gen, khut leh keng mang ah I suk git dupdup sek teu leh sun khua zankhua ah ngaituana thuktak I piak sek gual un, Thil bangkim in Lalpa lopi na ding bep gel zing zaw tai tiu.

'MI'N LE BAWL CHUH KEN LE BAWL MAI ING KA'

TI ZIANGLO
Nk. JAELENE MACKENZIE HINKLE

FIFA nuai ah kidemna sangpen leh thanawp um mama, WORLD CUP, tulai tak Russia khawpi in a zintun in Khawvel a chawlín lai ahin, ei un zia gual kidemna ngaisan um mama apat ah Jesu Khrista ginna ziak ah kithununzo ah ettawntâk tak kalchawi ngam nungak suanum mama chungchang vak thîl khawm in, ei un le zillai phazaw I kilak khathei vang uh em ti ngaitua na tawh a chanchin leh a kansuak khenkhatte ala suikhawm hitiu.

May 28, 1993 ni ah Denver, Colorado, US ah ala piang ta Nk. Jaelene MacKenzie Hinkle chu aneu apat in Football pek ala lunglut mama ah. Americate Professional Soccer defender minthang khat ahung hitai. Zia minthanna ahung chan masang achun Hinkle chu Calor Christian High School, Highlands Ranch, Colorado ah hung kai in, zia hunlai ah chun Football leh Basket Ball te ala lunglutna deu ahia, Kihelna ah lunglut mi ala hi ziak in kihelna chuamchuam te in ala pang sek ah. Award chuamchuam te ala dawnsek ban in, Football pek in Kum 2010 vel lak achun League's Top Scorer leh Parade All American Honors leh Award chuamchuam te le ala dawng ahi. 2010 in US Na-

tional team U17 in ala kihel pan ah, 2011-14 kum in Texas Tech Red Raiders lak in ala kihel ah, zia hunlai ahinle US gamsung kihelmate ah U23 in ala kihel zelta ahi. Zia chu a College kai lai ahitai. Zia gual ah kihelna Team leh dinmun sângtak ah va pankhak chu vangphat um asak dan leh, kihel khello ah le alak ua vapan himhim ziang le vangphat umtak leh kipak umtak ahi dan ala genkha ta ahi. Zia apat chun 2015-16 in Western New York Flash lak in ahung kihel-to kit ah, zia hi a senior Career kipat na chu ahung hito tai. Senior National Team ah International level ah ala kihel hawi mama dungzui in Canada gam ah 2015 FIFA Women's World Cup ah gualzawna ala chan hun ua khanle ama hi ala pang ahi.

ziang chu bailam mama ahi. Zia gual lunggel ngawlhuai tak te hi la hung thepthak zaw ahi chun tunung leh la kipakna mama hung hi'n tin, la hung thepthak zawlo ahi chun tunung leh la kisikna ding hung hiding ahi. Nuaimang thei ding hilechin, la hung upat nung leh, hung nuai mang nuam ten ten ding lahi.

Pathian ei siamtum, ei nei-tu na ginum takah I sep theina ding ah chun mi khenkhat te ngai ah pawsal huailo leh nungak huailo ah kilatna, lawi leh pai neilo gual ah kilatna, mi ngawl gual ah kilatna te zosia I chan ding ah I huam vek a ngai ahi. I taksa hinkhua Lalpa dawigual ah siam pitinna ding leh Ama lampi I zuina kawng ah thilpha I bawl te ngawlhuai ala sate kha mingawl ahiu ah. Mingawl in 'mingawl' ei ti chu nuizat aum bep ah, mipil in 'a pilhi' ei ti chu vang thil thupi tak ahi. Kikhawp hun cheng leh Biakin zuan zuan ziang chu mi ngawl ahi pua, Biakin sung ah Pathian chawihawi ah kikkoko ziang chu le ngawlhuai ahi puai. Midang te haw khawlai ah a mawk vakvak laiua in mun ah Bilble sim ah pauchap chap ziang pa/nu chu le mi ngawl ahi kîi pua, 'Zu' a thum ahi em akha ahi em helo pa chu le mi ngawl ahi puai. BA zaw masang sia ah ngaizawng nei nuam nailo chu le mi ngawl ahi puai. Kei ka pil-pen hi ti ngailo pa/nu chu le a ngawl pen ahi diak puai. Mani hina chan ki helo leh etlawm tak ah nîk leh puan le kivan theilote chu le mipil ahi diak kei puau. Mani ki hetchianna hi a paw-imaw ahi. Zia ziak achun sawl-chak Paul in Timothy kihiat-chian ding a dawi mama ah, naupang cha hile chunle kua-ma'n hung simmaw kiu henla, nangma ah thilpiak (gift) um kha ngaisaklo in um ki'nla, La thuhilna te kha bawlzawm zing in ati ahi (*1 Timothy 4:12-14*). Tuni hin simtute zosia leh ka khanglai chanpi te zosia, eimau leh eimau ki hechian ah ei si-amtu Pathian na bep sem din-gin I kichial thak ahi. A thu phatchuam pi thei dingin simtute zosia Lalpa'n ei mawlsawm chiat taken. Amen.

leh kei chu I Pa cha gel i hia, Pathian in a cha dingin ei guat i hi. Kua Hollywood, Bollywood filmstar i hi pua, kua Rock star le i hi diak pua, kua billionaire chapa/chanu le i hi diak puai.

Tuni hin i hina ki hechian hitin, I bawl ding le hechian hiti. Thugentu (Ecclesiastes) lekhabu ziktu chun, 'La khangdawng lai in ahun siamtu chu hezing in...' ala tia, ei siamtu (creator) chu kua ahi em, ei neutu (owner) chu kua ahi em. I pu (Boss) chu kua ahi em? zia hiat-chianna hi a pawimaw ahi. Zia tak chuleh I nei kilawm le he tai tin, I bawl ding ah kilawm le he tai tin, ana I seppiak ding chule hechian ta ding ihi.

Khanglai hun hi thahat lai hun ahia, thil zosia machâl takah bawl theina hun ahi. Ase lam ale bawl thei tampi a um ah, a phalam in le bawl thei tampi a um lai tak ahi. Thepna tuak ding le a tam a, puksiat ziang le a bailam ahi. I hetnawp le a tam ah, I thatnawpna le a tam ahi. Um dan, pau dan, ahiloleh kichei dan na tiangah ki lawmllo takah vak um ziang chu thil bailam tak a hi. Zia ziak ahin tulai khangthak tamtak te hi Pathian dawigual ah hinkhua

mat chu genphak hita lo in, mi-hing ngaituana mai ale kilawm zo talo tamtak a um ta ahi.

Khanglaite lungthim hi a hat (fast) ah, hiatnawpna (curiosity) hi le ahau ah, chun a sial (Raw) nalai ahi. Zia hun lai ahin kei mama kahi, kei a pil pen, ahat pen, a ching pen, a fel pen leh apha pen kahi kiti na hi a tam nuam mama ahi. Zia ziak ahin isang ah upa za-wte thuhilna ahem Nu leh Pa thuhilna haw hile I sang ah mi ngawl zaw te ei hil gualin I ngai sek ahi. Zia hun hi I hung khel phat leh chu i la ngawlna kha ahung ki hedawk ah, chulah a kikhel ahung hita sek ahi. Ala mang khial te a dingin kisikna a tam ah, thuhilna ala ngai thei te a ding in chu I kipakna ding a tam sek ahi. Atâng pi'n teenager hi sung (13-19) vang ahin mi gen gen bang a ki taksang nuam ah, mi bawl bawl aki bawl nuam kit bawk hi. Lawite lak ah holimna ah 'Zu' dawn thu a gen uleh vak dawn khak nawpna lungthim nei ziang a bai ah, 'ngaizawng' nei thu bang a hung gen uleh ngaizawng neilo chu pawsal huailo/nungak huailo leh lawi leh pai nung pha zolo dan ah ki kawina lunggel vak nei

North Carolina Courage of National Women's Soccer League team lak ah ala pang ah, International level ah kihelna chuan-mchuam te ah le ala pang zing tasa, Football kihelna lam ah maban hinkhua duthusam ting-tak mangto tading ah um zinglai himaleh US gam vahawmtu thupukna dungzui ah miham hi'na kibang (Numei leh numei/pawsal leh pawsal) te kichen chu thilhithei leh pawm ahi ti ah thupuan ahung um in alungthim asuna mama ah, Amau haw, Lesbian, Gay, Bisexual and Transgender (LGBT) te chawisan naleh kipakpina thucha chuan-na Football teamte âk ding ah kibawl puanâk chu âk utlo in, a hinkhua ah athanawp pen leh a hinkhua mat nawpna pen Football team pat chun ala ki kawikâng (withdraw) tamai ahi.

Ama hi taksa pian ah pianpha mama ahia, asânlam 5ft; 4inch ahia, Kihelna lam achun Defender suan um takmai ala hia, Football pek lam bep ah defender hitalo in, A gin Christian sakhuva vengbittu leh chawisangtu, Defender hawitak mai ahung hi galkai zaw ta'i.

Hinkle hi ginna ah Khristian sakhuva kulmut tak

ahia, Ginna ah ettawntâk takmai khat ahi. Ginna ah adin-mun leh agin a Pathian nasat zia leh thupi zia hangsan takmai in a dinpi ngam zing ah, zia a ginum zia chu mipi lakin ala puangzak ngai ta ahi. June 26, 2015 ah miham hi'na kibangte kichen theina ding ah US gam vahawmtuten thupukna ala lak taknung ua khan amahin lungthim na takmai in hiti hin ala gen kha ta'i. 'Khawvel hi Pathian tawh akikâk gamla deudeu ta, Ei uh gingtute'n I bawl thei uh umsun chu pauchapna nei zawm zel hi ahi' ala ti ngai ta'i. Zia gam vahawmtute thupuan chu lungthim natpi mama in a kihelna team apat in ala hai tamai ahi. Pathian in ka maban ei ngaitua pak na'n ah ti chu hi ngei ding ahia, Chuti zinglai achun Football pek ngaina pawl chuan-mchuam te chun ama chu engho in leh demna thute gen khum in ala sumualpho zing ua, maleh lungkiak kiti ama ah chun ala um pua, hangsan tak in apangdet mai zaw ahi.

'Zia jersey chu ak ding ah ka um lai in ka lungthim ahin thiammaw kichanna liantak mai ka nei ah, Ka kingaitua vawngvawng mai ah, Kei leh kei

chu nthum sung hun ka kipia, ka Pathian kiang in zia dinmun ahi bang gual ah um ding kahem ti dawtna'n pauchapna hunte ka la mang zing ah, tichun, Khawvel ah numei naupang tuaidawng laite bep hilo ah pawsal thahat lai inle atupdaw zaw maimailo dinmun leh mitin in a duthusam ua ala sâm zing sek uh chanmun pawimaw takmai apat chun kei ma'n ki zukkikna ka nei tamai ahi. Zia hi thil nuam leh bailam tak chu ahi puai' ala ti ahi.

Jesu Christa kha khawvel ah ama gingtute bep hukdam ding ah hung ala hipuai. Nelsia, pampai leh mangthai ah umte'n Ama chu ahun hiat zawk sem ua, hukdam ahi ngei na ding uh ngaitua na ah hung ala hi zawi. Kum 2000 masang apat ah ala kizik ta Bible hi lungthim saikna bangma neilo hial in ka ngaitua na zosia leh ka lungthim zosia in ka taksang ah. Taksan leh taksanlo kâl ah dawitel ah telchi le ahi puai. Khawvel hi hung kisâng danglam to zel ding ahia, maleh, Lal Jesu vang kisâng danglam lohial ding ahi ti ginna dettak mai chu ka nei ahi ti'n ama leh ama'n a ginna dinunte a sulang sek ahi.

Football ah ka career hi

hung tawp ding ahi tai ti ka he mama'i, National team ah pang ding ah ko ah ka umkitlo hial tâk leh le akhawk puai, zia chu Pathian lemguat ahi ti ka hiae. Zia ding mawng ahi football ala kihel le hihim ding kahi. Gingtu chanpi dangte le, thunung tak ah ahung um thei na ding ua lamhiltu ding ah guat le ala hi kha ding ka hi ti in alunggel tak chu ala puangdawk ahi.

Team ah defender suanum mama Hinkle in alawite bawl gual ah bawl nuam ziang lo ah, puanâk khat ziak mai-mai ah a thanawp mama sekna mun Football Field apat ahung pawt ziang phat ah chun United States Women National Team (USWNT) thupuangtu chun, 'Hinkle chu I lak un apang tapua'i' ti apuandaw hun chu agam leh a teamte a ding in thu thawmhau um takmaiasuak ah, I vak ngaitua ahi chun Numei khat ngaitua na ding in athupi talua ahi. Zia thupuan chun gamtin athawn tamai ah, A kipakpi pawl tawh, adem pawl tawh kithua in a nunghu chu a gi vengvung mai hi. Chuti kâllak achun, a team uh Coach Paul Riley leh a lawite chun le Hinkle chu panpi in, 'zia chu

ding ahi le ki helo, kua a suk lungawi ding ahi em le ki helo hinkhua mat bailam mama ahi. A chang leh Zu dawn ding ah sawl pa thu le mang, a chang leh dawnlo ding ah sawlpa thu le mang tho. Kua â pen ahi ama le kihe zolo, mi dangte'n le hezolo bawk. Ama le buai mile subuai. Keima ei neitu hi Pathian ahi ti hi eima leh eima I ki hiatchian a ngai ahi.

Khanglai hun sung hi 'Most challenging time', ala ti hial ua, zia hun sung ahin mani ki hiatthiam zawlona (identity crisis) hile a um nuam mama hi. Ni danglai ah khanglai te kha ahiu leh chu gen tam ding le a um pua, na semthei a hung hiu leh Lo na sep ahi mai ah. Nu leh Pa ngakla pen le bangtik leh ka chaten lo nasepna ei kithuapi thei diam uh aw ti in ala thîl sek uh ahi. Zia lai akhan Nu leh Pa te hi chate apat ah ki lam-etna ngen in a dim zing u'i. Tulai ahi leh vang a kibang ta pua, chate a pat ki lam-etna nei ah malam thil zing Nu leh Pa a tawm deu deu ta, lam-etna sangin lungkhamna ding atam zaw abang tai. A lungkhamna pen uh chu ka chate hung lian

leu bang a hung ti diam uh aw, bang a hung suak na diam uh aw, ti haw hi ahi ta ahi. Malam kinepna tawh chate seilet hun ding thil zaw talo in, a malam ding uh lungkham pi in Nu leh Pa'n hun a mang zaw ta ahi.

Tulai khangthakte hi en leu chin kua ahi kihelo tam a tam ahi. A chang leh Hollywood, a chang leh Bollywood filmstar hi dan ah ki ngai, pu-nak âng killo po ah vak velvel ding la beilo. Jeans tawka kek le kicheina hung mang ding la tam. A chang leh Rock/Pop star ah ki ngai ding in sam sau pipi hung hawi ding, khi chual geogui ah hung awk kit nalai. A chang leh Billionaire cha gual ah kingai kit. Nu leh pa kiang ah a dawi dawi hung dawn ding, ka nei puai atiu leh gingchalo, lungna kitawm nalai ding. Mobile phone singkhat nuai man dawi talo, 24 hours Internet pack sa' umlo leh hun mang thei talo. Sum matzawlo nei chate gual ah lawite tawh mawk vak nading ah Nu leh Pa te kiang ah Motorcycle dawn ngam ta. Kua kahi em ti kihatchianlo hin chu thil zosia a chawk buai sek ahi. Tuni hin ka khanglai chanpi te nang

KI HECHIAN IN;**KUA LAHI EM?**

~~ S. Kapboi Vaiphei,
Dy. Comdt. CISF, Delhi

I Lalpa Jesu'n, "Keima khawvel vak chu ka hi.. Keima hi lampi leh thutak leh hinna chu ka hi...", keima chu zia chu kahi, keima chu zia kha kahi ti in ala ki genchian mama mai ahi. Kua ahi a ki genchian ah, kua hung sawl ahi a ki gen bawk ah, bang bawl ding ah hung ahi a ki genchian bawk ahi. Ama leh ama a ki hechian ah, midangte le a hiat chian sak ahi.

Sawlchal Paul in, "Kei ni giat ni' zektan Israel mi, Benjamin nam, Hebrai apat Hebrai ah piang, dan lam ah chun Pharisai kala hi'n; phatchuam ngaina lamin kochuamte sugenthei pa, dikna dan lamah chun dem kailo kahi. Himaleh kei a dingah lawkna taphawt chu Khrista ziakin chaanna'n ka guat ta ahi". ala ti ahi.(Philippi 3:5-7).

Mani hina (Identity) ki hiatchian a ngai sek ahi. Jesu'n kua ahi a ki he, bang hi ding ah guat ahem a ki het ahi. Mani hina ki hiatlona; Kei hi kua kahi em? khawi apat hung ka hi em? kua a ka hi em? kua sawl ka hi em? kua a ding ah hing ka hi

em? bang bawl ding hing ka hi em?... ti te hi a chetlo phat leh I hinkhua ahin hiatthiamlona (confusion) a hung um sek ahi. Sawlchak Paul in a titnate aki hiatchian ah, a titlona leh a gitlona le a hechian bawk ah, hiatthiam lona a nei tapua, ama a dingin thil zosia a kichian ta ahi. Zia ziak achun ama a ding ah lawkna taphawt te chu Khrista ziak in châna'n a guat thei ta ahi. Kua cha ihi em ti le ki helo in i mu phawt hepa hepa va kitzi ziang henla I dawi dawi va kidawn ziang sek lechu thil ngawlhuai tak hi ding ahi. Zia gual achu kua â pen ahi le kihe-lo, Pathian â ahem, setan âahem le ki hechianlo, kua thu amat

ama ginna thuguk dungzui ah tawi ahi ziak in za piak ding ahi' ala tiu hi.

Unau, vak ngaitua thak tiam hitiu aw, Hinkle hi nang lahem? Kei kahem khat hile hin ama tawidan ahin I tawi ngam na diam? Ahiloleh, I chanu uh leh I chanau ngainat tak uh hita henlang hileh, banggual bep in I awimaw diam uh? Mi la lawite'n le bawn bangma genlo ua, chung ah thunei te thupiak a zui ziang ua leh, thupiak dungzui ah tawi chu thununna hi-zawlo ding ahem? Nang chu bang la kiphatsak chuamna ahem? ti'n awimaw ngei hitiu maw?

Abang hileh, Khrista ah I unaunu uh Hinkle in zia guallawm ah kalsuan kipakpi umtak ahun suan daw ngam ziang hi, Gingtu dettak ah kingai ei uh bawl chi le ahi paw em maw?

Mite bawl leh bawllo ziak ah I thilpha hiatteu bawl zianglo ah kisubuai zing nalai, Thagau gam kalchawinate gelpha talo ah, mi'n le bawl chu enle bawl mai dikawm maw ti ah kithiamchan ziang sek, Taksa gam mimal phatchuam na ding hawl ah buai zing Kochuam puitu tamtak te leh tulai I gam leh Kochuam kivaipuak nate haw hi I thil/ I sui detdet ahi leh lungthim natna ding atam talaw sek ahi. Mite'n abawl puau hi ti ah eiun le bawllo mai, Mi'n le bawl chu enle bawl di kawm ti sek ziak ah tuchan

hi ki hiti chualchûm ahi dia aw ti ngaituana eipia nasa mama ahi. La phuaktu'n "Thilpha I mu gual hi kuama'n amu thei puai; I pa'u gam thil ahi khawvel in ahe puau" ti ah ala phuak, I saksek tâk gual un, ei unle lunggel thak in, Unaunu Hinkle in amuchet mama gual ahin ei un le muchian zawksem gua in ahelo te ziak in ki hibuai buaibuai ta puai tiu.

Thilpha I hiat teu ei hiat-saktu Pathian dawngzawm zing kawm in Ama hatna suang in bawzui ngam ding in kisa taitiu e, Nang leh kei ei ki pampai na chu leisiat khawvel damlai a ding bep ahia, kumtuang go lua ding lai chânnna khawp hial hi sampua'n ah. Nang leh kei ei kimawk pawm leh lawp sek chu I kumtuang gam zawtnau ah ei subuaitu ala hi khan ah. I mimal lawkna ding uh gelna ziak ahem ah I la kalchawi khial nateu ziak ah I sulnung ua gingtu dettak piangdawk leh I mu zawlo bep uh hilo ah ki entawn theilo hial khawp ah I ki mitthum lam-hil sek dan uhi ngaitua thak hitiu aw; Pathianin a he mama ngal ah. Pathian zâl ah thilpha leh thildik I hiat teu chu hangsan tak ah bawzui leh sem zawm ngal mai ding in ei un le panthak la tai tiu.

.....xXx.....

DAMSUNG AH LA HUN MANPHA

~~Upa ST Liana, Salem Veng

Lalpa Jesu'n, "Kuale tawmcha chung ah ginum chu tamtak piak belap in um in ah", atia, Pathian Chapa kampau manpha takmai hi la ngaitua ngaiem? Khuga Sadar Presbytery sung bep in vak pan le hin. Sadar District, Khuga District, Tuithanak District sung ah Biakin haw hi vak nunghil tia. 950-1960-1970 kikâl vel vak thil lechin. Ahinla tuah mi khenkhatte di'n a pianmau' thil le hi mai-thei, ahinla I gen nawpchu, tu'ma thil neucha leh tuhun ah thillian-pite I genkâl nawp ziak ahi.

Malai ah Biakin neucha cha mi le tawmcha in Pathian Biakinte haw hi apat vek ahi. Tuhun ah member tampi Biakkinn lianpipi umnate hawle malai achun neu cha ah kipan ngawn ahiu.

Zia thu chu ahi ka gen-nawp leh zia thu apat ah chun zillai neidi'n. Lalpa nasepna' panmun la nei na ahin la ginum em? ti'n ka hung dawng nuam hi amasa'n. Aleh Kochuam puitu masa Upate'n bangkim chu neucha'n ala pan ua. Himaleh, kum ahung kihei ah, nitin Lalpa a di'n ki hântiam in leh Lalpa ma'ng a kilân thak zel in Lalpa ma'n a lungthim ngaitua nate bawkkhup in Lalpa belamte haw

chu a enkawlua, khua khenkhat chu, Biakin lianpipi, mawi tak-tak bang le a um ta, ziate haw chu a bultil chun Kochuam puite'n belamte lak in ginum leh kukal takin a nau' chu a dinpi uh ahi.

Ziate haw ziak chun-Pathain Bible chun 'Kuale Kochuam Upa nasem pha chu a leni kipak man mu dia agen ahi. Kipak man chule khat bep di le hilo in leni ati nalai set! Pathian in a belampute adia le a nasepna ah pangte dia athu puan manphat zia le kipak um zia nguntak ah I et chun. Thamuang tak leh kipaktak a haksat lai a le semdi'n kithatlawp a um khawpmai hi. Mite lunggil ah

vel a hi.

Zingkal khua ahung vâk ta, maleh bangma chuam ahi diak ta puai. Ka lungdawng talua chun ka lungna ziang ta, midangte ahung lut ua chawmkhat zaw leh anei ua pawt kit thei te chu ka eng ziang ta. Ka mit le sing sese talo a chun, ka lungthim ah chun Pathian kiangin "Kei uh hi bangti diak ka hiu em..? a gilo diak ka hiu em..? ka hi tâk uh lehle ei ngaidam thei-lo ding lahem..?" ti'n ka dawng ziang ta, zia laitak ah ka bil (ear) a thu hung kigen chu "Zia la mi mute hin ka thil hitheina ziak a zia gual ahi um thei ahi lam uh a kihe pu'u in, ka lopina amu puau" ti thu ahung kigen a, kenle aleh bang ahem kei uh lei musak ut chu, ti'n ka dawng kit a, ei hung dawnhu kitna chu "La gin leh Pathian lopi zia mu'n la" ti thu hi ahung kigen kit ah, kenle "Ka ging hi la lopi zia chu mu ding ka hi" ti'n lungmuang takin ka um ta. Zia zaw sawtlo nung a chun Labour Room lam ah pui in ka um tau ah, Nurse te chule a duty hun uh kichai ahi tai. Maleh, chia thei diaklo in duty thak dite chu tawh kithua

in a hung buaipi tau ah, haksat chun ahun neisak thei tau a, maleh nausen chu a kap tapua, ahat le a um tâklo ziak a chun Nurse te chule a buai zak ziang tau ahi. Zia phat a chun keile ka vak kihei vak ah "Zia hi maw la lopi zia ka mu.."! ti'n ka dawng kit in, "Ahun taka nasemu Pathian ka hi" ti'n ei hung dawnhu kit hi. Ka lungthim a chun Lazar thisa a kaitho kit thu kha ka hung geldawk kit ta. 'Ahingut chu lam e' ti'n ka um kit ta. Zia zaw minute bangzat ahem nung a chun Pathian lopi zia chu ka mit ngei in ka mu ta, Nausen chu ahung kap dawk thei ta a hi. Bangma buai na um talo in ahung pha thiang a hi.

Zia thu hi ka hung zi-kna ziak chu ahileh, Khrista gingtute hin, zia khawvel ah i um sung ua hin nawpna bep chen ding ah ei dawi pua, haksatna i thawk uh le a phal a hi. Zia i thawkna teu apat ahin a thil hitheina leh lopina te i hiat-chian theina ding uh a hi zaw'i ti hi hechiat le'u hin ka dawi a hi.

Sintute zosia Lalpa'n Mal-sawm ta hen. AMEN..!

THAWK PHAL A HI.

~ Nu Neilalkim.

I Monthly Gospel Magazine ‘DAMNA AW’ à ding ah Article zik dinga chial leh ko hilo malengle, June tha issue kha ka sim zing lai a ka lungthim ah “THAWK PHAL A HI” ti thu hi ka lungthim in a um ziang ta’n, kum li(4) vel chia ta ah ka thiltuak ka hung hedawk in, Pathian in sulang ding ah ei dawi hiding ah ka ginchak ziak in ka hun zik mai ahi.

Bible :- Philippi 1:29 - “A zangaina ziak ah Khrista la gin bep uh hilo in, ama ziak ah la thawk uh le phal a hi”.

Zia I Bible chang suklat nau apat hin gingtute hi, ama Khrista I gin ziak ua hi nawpsakna bep tuak ding I hipuau ah, Ama I hiatchian na ding uh leh Ama lopi zia I hiat theina ding ua hin I thawk lehle phal ahi dan chu a kilang ziang ahi. Himaleh, zia thawkna te chu Pathian in a thawn ah ei kawi piak ngailo ahidan keima ngei in kala tuak khat, Pathian lopina ding in hun gen ing ka.

Kum 2014 November thabul a khan, District Hospital in ka naute khat chu Nau-nei ding ahung ki Admit in, zia chu enkawl leh kithuapi ding in keile kava chia hi.

Zia hun hi zingkal lam dak 2:00

Ginchak khel in a nau-nei ding chu a haksa khawp mai in, nikhat leh zankhat vingveng chu anat thuak in a um ah, Nursete le a lungkham ua, kei chule ka lungkham mama ziang ta, pauchapna chule vel bang-zat ahem chu a guk ah ka nei ahita. Zia lai tak ah ka thiltuak uh mak kasak mama ziang khat chu, labour room sung ah lungkham taluata pauchapna ka vak nei ahileh ka mit ka sin phat ah chun kipakthu genna thu bep chu ahung pawt ziang ta’n, kenle thudang gen gaw diak talo in, mitthi luang zutzut kawm in kipakthu chu ka gen mai ta a hi.

setan in a kawi ah ki hemil sek chu, I nasepna’ mite pakchat law hi mi tampite beisei leh lunggul ma chu ahi. Maleh la phuaktu chun, Lalpa nasepna hin chawimawina hi beisei a lem lo ti’n agen ahi. Chawimawina tampi hi setan kampau ahi ti gingtu la hiat aki phamaw ahi.

Lalpa nasepna leadership pawimaw tak khat chu la dikna, athu a bet in l um em? La dikna thu in nivei bet in la um em? La dikna athu in thumvei bet in la um em? Zia tawbang betna chu la sepna chun la diknak le thuak inla thuak mual-sua guan. Lalpan hung panpi ding ahi ti hemil kin.

Hotu ki thiamchan gua ama kihechianlo hinkhua chu ama bep hilo in mite hinkhua le thagau lam in a su khawlo ahi. Pathian nasem Jonna in le Pathian thu a mangpua, mi tampi a subuai in, a su luhai ahi kha. A tawp in ama mama in a thawk law tai. Zia ziak chun kivelthak in la, ki enhian thak in. La nasepna’ la ginum nam Lalpa limet in ki enthak in aw, Lalpa ma’ khupdin in pauchap thak in aw.

ALEH TU LA SEP HI BANG AHEM.

Kochuam puitu Upa la hi maithei. Amasan Presbytery in ordination apiak ding ni ah la thutiam kha Lalpa ma’n leh Presbytery ma la tiam sate sep ding nei ah kitiam ka hi ti la kihiat zing akul ahi. Amasan kikhawp nakawng ate, thawlawm kuanna kawng ate, chuleh local church leh Presbytery kiti mat nakawng ate haw hin, Upate mawpuakna liantak hi a koi chun a langsiak zawng a chiapi hinkhua hin thagau lam muig-ilna a kawk theilo chang a um ahi.

TU LA SEP HI BIAL AWP TU LAHI EM?

Bial awptu hi hotu lian pawimaw tak mai government chia dan ah le, zia gual tho chun state khat chu Governor in a et kawl ahi. Zia state enkawlto Governor chu, a gam phualpi lam a ngazing ah, bangkim ah hawi ding leh pha di’n state chu a enkawl ahi. Bullam ah aki timat zing ua a etkawl state mite chu a lungsiat ah, lamdik leh a hawi nadi’n a lungthim sung ah angaitua pen chu ahi. Ama chu

state khat pa ahi, La bial adin pa la ting nam? Chuleh, nu la ting nam? Lawting tak pa la hi nam? La nasepna chu Jesu'n a lung awi na diam? La ginum nam? Jesu'n tawmcha chung ah ginum chu ati kha lahiat zing apawimaw ahi.

TU AH LASEPNA HI KHAWITAK AHEM? MISSION FIELD MAW?

Malai hun ah missionary nasem tampite hawle asep limlai uh chun abul patnau chu Hampa buklak leh kawmkal mai ahi tho hi. Kum 200 masanglai in West Bengal tu ah Hugli lui (River) pang vel ah Rev. Dr. William Carey lawi in Pathian na asepnateu haw saw, tuni ah et in masang thu vak gen ahin ginchat a umlo khawp ahi tai. Maleh, Pathian nasem dia akipatna chu genthei kisakna leh haksatna tarsi haw tawh kitawnkhawm ahi zing ui. Tu ah Churachandpur ah Roman Catholic te'n Missionary na asep patlai uh chu 1950 vel hun ahi. Zia hunlai chun gentheina tilo chu ama ang un bangma beisei ding aum puai. Maleh,

tawmcha chung ah ginum ah anasep nau chu a pitin na din lampi saupi azawt uh angai ahi. A lam zawtnau chu lamkal in Jesu tawh gentheina tarsi athuak uh ahi. Ahi'n tu'n Roman Catholic Church chun number tarsi anei tai. Zia chu semtute kukal na ziak ahi.

Awle, tutiang ahin la sepday bang ahi tam? La sepna hi la lungsiat em? Aleh, Unau kipiakna mumal tak siamlo pi'n la nasep na ahin, miten malsawm na a mu vem? Mite di'n lungzinna Jesu'n la sempai ati la ki gingcha em? Pauchap thak in Lalpa mai in, mi'n a Lalpa na chu a lungthim pumpi in a sep nakleh Lalpa'n ama panna ding chu a henai ti ging la ki'n.

La Pathian chu la zuau-thep san chun, A aw hetheilo di la hi. Ama Pathian aw chu la hitlo sawt takluat chun, Setan aw chu Pathian aw gual in hemai di lahi kiveng in aw semtu.

hung cheng lut masa pen chu a hiu hi. Hotu Siakzalam chun khua sung haus a hina leh vai-hawmna bangkim a khutua a paik daw dungjui in tuni tiang in Pa Hentin chu Saipum Hausa a hita ahi.

Hotu Siakzalam chu 1963 kum vela pat in hisello na'n a tuam ta. Vak dawk thei talo in in bawk in jalkhun ngak in kum 10 val lam a um ahi. A hatlai hun a akhawsakna gam, mual le tang te chu thil in ama ding in lunglen na ngen a changzo ta ahi. Dam in hisel zing hileh chu sepday ding mabak tam-tak guanggal ngei in ah. A taksa damlai hinkhua chu nisin hun-sin in a chau tiattiat ah, a thagau lam hinkhua vang chu nisin si-amthak ah um in Pathian hing ngaina a khawk diak sek a hi. A Bible chang dawi ma ma khat chu Korah chate pakna "Sakhi-

lui tui du ah a hat dup dupgual in, aw Pathian ka hinna hi nang-ma du in a ha dupdup ahi. Ka hinna hi Pathian du in, Pathian hing du in a dangchak a hi; bangtik le Pathian ma katung in, ka kilang thei diam aw?" (Sam No.42:1-2) hi ahi. Lalpa Pathian in taksa a sepday, a khutnung a kengnung tamtak te chu a suak tawmtak a ding ah huntawk a sa ta, zalkhun a chun a thuhing leh laa in a pawl ahi. A la dawidiak jalkhun chung a asak zing sek panite chu "Vakvaite thamuan-na ding in, Mal aksichu a vak tai, Kuang zap lungleng tak chu panpi'n tui khanglian ah" tileh "

I kuang hin gam nuam lam chu zuan in" ti la hi ahi. A nunung zawk vang hi lungleng tak in sai silit in a zui ah, a taksa chau tala-chu a tawp lam chu a jui zo tapua, a suak dawk zo talo ahi.

BIBLE ZIKSUAK KIBELAP ZEL

CKKP vaisaina nuai ah chanchin kipak umtakte kibelap zel in, Nk. N.Remi, d/o T/Upa Goudam Nghathal inle ama khut ngei ah Holy Bible chu zik suak in Youth -in-charge, KSP khut in piaklut na ahung nei ta'i. I kipakpi takzet uh ahi. Tuni chan ah CKKP nuai ah Khanglai tawmngai leh ngaisan umte lak ah Holy Bible khut ngei ah ziksuak 8 (pagiat) a ting tau. Lalpa'n amau puihuai in amalzawlina'n jangvuk zel ta uhen!

June issue Sutzawpna..

VAIPHEI HOLY BIBLE MASAPEN LETTU HOTU SIAKZALAM CHANCHIN

Hotu Siakzalam hi a neu apat mi lungleng thei, lasak thiam leh Solfa thiam le ahi. A neulai apat lunglen na'n a tuam zing ziak in "Vaiphei Lungleng/Lengtawng" ka hi ti'n a kigen sek ahi. Hotu Siakzalam hi taksa khawtâng ki kaihuaina leh Sakhua Biakna lam ah mawpuakna tamtak nei ahi ziak in Khutnung-kengnung tamtak a nei ahi. 1947 kum in Independent Church Superintendent in a pang ahi. Kochuam buailai ah, Vaiphei mipiten Kochuam kitup bel ding a hawl lai un, Hotu Siakzalam chun, Presbyterian Church hi pha ala sa, zia chu Vaiphei mipi ten a kibel ah, tuni tiang ahin tamtak a ki um den ta ahi.

April ni 2, 1933 ni'n Pi Veikim (D/o Thangdong Misao chanu khatna) tawh Kochuam Dan Thiangtho in kikhutsuina a nei ua, Pathian malsawmna gil ah ga Chapa pawsal pakhat leh chanu Pathum a nei ui. Himaleh vangsiat um tak in a chapa chun, sawt dam piak lo in, nausen til

a hilai in a beisan kit ta ahi. A chanu Pathumte chu Pathian in malzawlna'n a vuk ah, pawsal a nei chiat ua gil ah ga malzawlna, chapa Chanute nei chiat in, a tu a chateu tawh dam in a khawsa chiat ui.

Hotu Siakzalam chun, a sepding dawl Lalpa'n a lemguat piak zosia a sepnung in Dt.27th December 1977 ni'n Van khawpi kumtuang gam ah chawl dam ta ding in a khawvel khualzinna chu a bei ta ahi. Tunihin I lak un ama um talou maleh, a khutnung, a kengnung a sepga tamakte'n I kiang un thu a gen zing a, haksat gentheina tamtak seng ah, Saipum khua a tun daw hin, a phat zia a gen zing uh ahi.

Hotu Siakzalam hin zin vel nading, sepleh bawl ding a hau a, zialo a chun a taksa hiselna lam a hawi theilo ziak in, khawngak ding in Pa Hentin te Inkuan hi a kotha suk ahi. (Zia lai achun Pa Hentinte Inkuan hi Chongkhozo khua' cheng nalai a hiu). Tichun Pa Hentinte Inkuan chule Saipum khua'

Sunday School Pawimawna

~~ Rev. Siama Phaltual

SUNDAY SCHOOL CHANCHIN:

Sunday School hi 1700 kum vel in England gam in a hung kipanta, kituptak leh phatak ah ahung kipat kum chu 1780 vel ah England gam ah Gloucester ah cheng Mr Robert Raikes (1735-1811) chun thilsiamna mun ah nasem ah um naupangte chu ama paisa seng in mi a gawi in teacher a siam piak in Sunday school chu a hung chiapi tai. Sunday school hi kum zabi 19 hun lai ah naupang lekhasim theilo leh ziktheilote a ding a Khristian School hung kiphudawk chu ahi. Zia hunlai ahin naupang genthei tak tak lekha sim saklo ah umte, kâlkhat a ni 6 sung nasem a pang, a din-mun ua lekhasim hun ding neilote ngaitua na ziak a hung kipan ahi.

Zia gual ah a nasepte hi Gloucester journal in a hung suadawk ah, tichun England gam ah chun Sunday school chun ma asawn mama hi. Hun hung chia zel in, India gam inle Sunday School hi 1803 kum ah hung kipan in ah chia jel a, 1786 kum in Allahabad khawpi ah chun India pumpi huap in chutkhawmna Sunday School thu ah nei in, All India Sunday School Union phudaw ahung hitai. Himaleh 1980 kum in ahung chia hawi tapua, 1982

kum in All India Sunday School Association ahung ding jawtai.

Sunday School hi Khris-tiante a ding ah pawimaw tak ahijiakin I gam ah missionary masaten le kochuamte etkawlna in a hung pan ua, tutiang ahin kochuamten ngaikhawk tak in leh kochuamte chawpna ah matchak hawitak ahi jiakin a chiapi jing tai. Gingtuten khan-letna in lampi chuamchuam in a ki mangcha ahi.

Sunday School hi tulai kochuamten hung zuito pek in kochuamtin in Sunday School

i nei chiat tau ah. Kum zabi 19 hunlai in lekha sim theilote leh ziak theilote tiang ala buaipiu himaleh, tulai kochuamte I vangphau ah, Bible thubep hil leh zilsak thei in I umtau hi. Sunday School teacher khat in sepding chu naupang te chu Bible thu hawitak a hilding, pauchap dan leh Pathian thu tawh kituak ah hinding dan hil ah puihuai chu ahi mai hi.

2. SUNDAY SCHOOL PAW-IMAUNA:

(i). *Chanchinpha kihilsawnan a kimang hi.*

James de Forest chun "Khawvel in Khrista chanchinpha hi a mamaw ah, zia pedawksawntu, hilsawntu dinga chun kochuam hi a din ahia, zia nasepna ah pang thei ding a kisaklawkna mun chu Sunday School ahi. Sunday School hi khawvel in ngak tawp mai ahi" ati. Khangthakte kianga chanchinpha hilsawnna mun leh ginna lama chawpna a hijakin, Sunday School nei hawi leh hawilo te kal chu a kikhe ngal mai ahi.

(ii). *Pathian hiatna leh ginna*

dettak nei ding a kiziltilna mun ahi.

Mi'n sunday school beginer apat a senior tiang Sunday School hawitak ah ahung kai tung chun Pathian thu hiatnate, gingtu hinkhua leh hindan hawi tak hiattheina a nei sang mama hi. Mihing hina jiakin taksa leh thagau lama vakmang chang um jiang maleh kile kitna ding hun hawi aneitam un, chuleh gitlona liantak bawlna lakin le a kiveng thei zing ui. Suitute chun jail ah tang tangval te lak in Sunday school a tawp chan ah kai a um ngai puai atiu hi.

Sunday School hi Pathian thu zilna mun ahia, Pathian in A thu chu mangchan mite apawl sek hi. Pathian thu khawngailo in Pathian in kuama a kihopi puai. Sunday School hawitak ah kai zingtute chu Timothi gual in ginna lam in a khanglian in gingtu hawitak ahi chu hiatmil thei chi ahi ngai puai.

(iii) *Sunday School hi Kochuam mu kituna mun ahi.*

Pastor pakhat chun

Sunday School hi kum 15 sung kichawl mai taleh, Khawvel ah kochuam member kimkhat hi mangthai in ah ati ahi. Zia thu hin Sunday School pawimaw na ataklang khawpmai hi. Sunday School hi kochuam mu kituna mun ahia, Kochuamte seiletna mun le ahikit hi. Kochuamte et-kawluina mun ahiziak in sunday School nei hawi hi go mantam tak ahi.

(iv) Khristian hindanpha jilna mun ahi.

Pathian thu tawh mihing hindan kizilttilna mun um sun chu Sunday School hi ahi. Ziagual chu ahijiak in Sunday School hi nei hawi guat ding ahi. Sunday School hin thiamna leh pilna chau ei pe pua, taksa leh thagau lam kiziltilna tak tak a khawi khak jiakin School jossia sanga le Sunday School hi a hawi pen chu ahi.

TUCHUNG WORLD CUP TAWH KISAI AH

KUA'N BANG GEN?

៥ Khawvel ki taitetna etna ding mai bep ah TV a sîng tel man la chawk ngam leh, Bang atia Zanga man bep Holy Bible la chawk ngamlo?

៥ Khawvel kidemna ah bawn zan sawtpipi la ha pei leh bang atia Bible simna ah dak kua chan ziang le la ha peilo maw?

៥ Messi! Messi! Ronaldo! Ronaldo tia zansawt nung nung ah aw thâm zen ah kiko pei ah, bang atia nitak dak giat chan le lapawl zil ah bang atia kiko peilo Lahem ?

~~~Upa Liansawmthang  
Leader, CKKP (KSP)