

**KHUGA SADAR PRESBYTERY**  
SEPTEMBER BEIGUAL - 2018

**THUPI: Khristian Hindan Pha**  
*BY: Rev. S.T. Kaia Vaiphei*

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**ZIKTU THUMAPUI**

A masapen in kum- 2018 September Beigual tha tiang ei puitungtu Pa Pathian chu lopina chang ta hen. Khuga Sadar Presbytery in tukum ‘**Beigual**’ thupi ding in “**Khristian hindan Pha**” a tel a, zia chu guanggal ding in keima ei guat a, zia chu pitin ahi theina ding in theitawp sua in buai tak leh haksa pum pum in hun chawmcha sung in ka hun buaipei a, tuhin Pathian jal ah a bu ah suadaw thei ahi tak zia in Pathian leh kochuamte chung in kipak thu ka puang ahi.

Zia lekhabu mat ding dan hi a Bible chaang kipiante hi simlat tei ding chu ahia, maleh zia i Bible simlat chu i nawp dan dan ah kai ah sermon ziang lo ding ahi. A thu kizik hi thugentu ding chun hiat guat ah, i hiataw lo ahi leh le a thu kizik hi simthaak mai ding chi ahi. Bible chaang hi a thupi (a tup) gendawna ding leh namdetna ding ah kipia ahi. Genkhawm ding kikawite hi eimau kochuam lunglutna leh hun nei dan ah kinga ahi.

Beigual thupi hung kiguanggalte hi kochuam tinten i phatchuampi chiat ua, lawk tak ah i mat chiat theina ding un Khristian hindan pha chungchang kizikna lekhabu chuam chuam a pat kilakhawm a, gun tak ah hung kibawl ahi. A phathei ding pen ah siam himaleh i ngaidan uh tawh kituaklo leh sukkhial um thei ahiziak in mangtute zosia la ngaithiamnau ka hun dawn masa ahi.

Zia beigual thupi “**Khristian Hindan Pha**” hi lekhabu ah suadaw ahi theina ding ah pan ei lakpite zosia, a diak in KSP Office staff-te chung in kipak thu ka gen a, zia lekhabu hi kochuamten taksa leh thagau lam ah khanletna leh phatchuamna i mat chiat theina ding un simtute zosia Lalpa’n malzawl hen la, kum 2018 beigual lawk tak ah i mat chiat theina ding un Lalpa’n a kochuamte Thagau in hun kantha ta hen. Amen.

*Sd/-*

*Rev. S.T.Kaia Vaiphei  
Editor*

**GENLATNA**

60<sup>th</sup> Annual Session hun in kum 2018 ah Beigual thupi ding in ‘Khristian Hindan Pha’ ti hi lemsak ahi dungjui in a Bu hung siamtu ding in Rev S.T.Kaia Vaiphei guat ahin, tu hin Beigual thupi chu kochuamte’n mat ziangthei dinga melmu ah a um tak ziakin ei puitu Pathian chu lopina changta hen!

Beigual thupi, ‘Khristian Hindan Pha’ kochuamte’n kitup taka zilthiam ahi theina dinga a Bu hung siam dinga guata um Rev. S.T.Kaia Vaiphei in le mawpuakna piaka umte ngaikhawk in tha leh jung tamtak senga pan hun la in, a Bu mel muthei dinga a hunzawna chung in Presbytery min in a chung in kipak thu ka gen ahi.

Khristian Hindan Pha (Christian Ethics) hi tulai kochuamte a ding bep hitalo in, mizosia a dinga pawimaw tak mai thupi ahi. Tulai theological college leh Seminary zosia phial a Subject khat a zil ahijel hi. Tuni kochuamte’n ei mau pau ngei a zilthei dinga I um tak mai uh hi kipak a um khawpmai hi. Kochuamte’n I zilthiam uh chun lawkpi ngei ding I hiu.

‘Khristian Hindan Pha’ Rev. S.T.Kaia Vaiphei in a hung guanggal hi ka sim a kitup leh hawi kasa ahi. Khristian Hindan Pha um ziate, Bible ah Thuthunglui leh Thuthungthak in bang gual in a ziltil em? ti haw bak in, nisin hinkhua I mat jelna ah hindan dika I hintheina ding tiang ei ziltil hi.

Kum 2018 Beigual thupi ‘Khristian Hindan Pha’ hi kochuamte’n lawkpi ngei ah I mat ua, mimal hinkhua siam dikna, In sung, kochuam leh khawtang siamphatna I mat thei ngeina ding un Lalpan simtute leh mangtute malzawl ta hen!

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**September - 1**

**Thupi:** Khristian Hindan Pha Umzia leh Tup

**Bible:** Luka 6:41-45, Mika 6:8.

**Thumapui:** Khristian hindan pha hi sappau in *Christian Ethics* ti ahi. Zia hi a ledawna dik chet chu ahi pua, *Christian Ethics* ti hin a huaplina a, phatak ah zil ngai ding ahi. Hindan pha ti hi bang gual chet ahi em? Khristian Hindan pha hi bang ahi bik em?

**1. Hindan Pha Umzia:** Sappau ah hindan pha/ umdan pha hi *Ethics* ti ah gen ahi sek a, zia hin a umzia chuun bukim zo khel lo ding ahi. Mi chuam chuam in a umzia a gen dan uh

le a kibang puai. Khawtang hinkhua lam zil (Sociologist) Raymond Baumhart chun mi chuam chuam kiang in “Hindan pha” ti hi bang ahi em ti’n a dawng a, a dawnhu dan uh a kibang puai. Khenkhat in “Hindan pha chu ka sia leh pha hiatna in ei hil gual hi ahi”, a tiu a, a khen in “Hindan pha chu dan zawp hi ahi mai hi,” a tiu a, khenkhat kit chun “Vantang in a pawm leh phasak gual ah hin hi hindan pha chu ahi mai hi,” a tiu a, khenkhat chun “A umzia le ka he puai” ti in a dawnhu ui.

Hindan pha/Umdan pha ti hi i lungthim ah kichian gual in kilang maleh dik tak ah dawnhu chu a bailam puai. Hindan pha chu I sia leh pha hiatna in ei gen gual hi ahi ti chu le dik tho maleh thilpha ah i ngai hi a diklo tamtak a um sek a, lunggil ah thiamlo kichanna nei kei lo ah i thilbawl tamtak hi le thil dik ahi suak ngai puai. Sakhua chuam chuam in hindan pha chu a tup deu chiat ua, maleh sakhua kihilna le mihing ding ah phalo a um thei tho hi. Dan zawp hi hindan pha chu hi mai leh a kilawm a, maleh dan phalo tamtak a um thei tho hi. Vantang hindan pha leh dik ah pawm hi a chang leh a pha pen diak ngai puai. Etsakna ding in nam khenkhat chun zawntat hi gitlo in a ngai puau. Khristian lak in le midang suak leh sal ah mat ah zawk chu dik leh pha ah ngai pawl a um hi. Ziaziakchun hindan pha ti hi hilchet a haksa khawp mai hi.

Sappau ah *moral* ti leh *ethics* ti hi kaw k kibang hi ah ngai ahi. *Moral* ti hi Latin pau *mores* ti a pat hung kipan ahi. Chun Grik pau ah *Ethikosti* a pat in sappau *ethoshi* lak ahia, zia chu “Mihing a hem, pawl a hem hina laigil chawm hingtu leh chiapitu” kigena ahi. Tichun “*Ethics* a hem, *morality* a hem chu hindan dik leh diklo tena” hi ahi mai hi. Mawpuakna nei mihing hinkhua leh a dawitelna ah dik leh dik lo a hem, pha leh phalo khendan chuamna hi *ethics* hi ahi mai hi. *Ethics* hi zilna bak pakhat ahia, khawtang in a pawm tiang leh bawl sek dan chungchang zilna ahi pen hi.

**2. Khristian Hindan Pha (Christian Ethics):** Khristian hindan pha ti hi kochuam siamphat (Church reformation) nunglam ah hung piang daw k ahi. Zia paukam mang masapen tu chu Deneau ahi. Hindan pha ti bak ah Khristian hindan pha ti hi a danglamna bang ahi em? Mithiamten Khristian hindan pha a hilchet danteu vak gen hi tiu.

i) *J.RussellChandran* - Khristian hindan pha chu Khristiante ginna in a kinga’i.

ii) *K.C. Abraham* - Zilna bak pakhat thil hidan ding kaihuaitu leh thil dik leh diklo tena leh hiatthiamna ding ah tena kung siam piaktu ding ahi.

iii) *L.S. Keyser* - Ngaituana chim leh Bible vak a pat ah thil dik leh dik lo hiatna kingakna ding ah zilna ahi.

iv) *Emmil Brunner* - Pathian thilbawl dan in umdan ding ah a guat dungzui ah um ding ah mihing khankhaw zilna ahi.

Mihingte umdan ding ah Pathian in daw i dan a nei a, ziaziakchun mihing hin dan dik leh diklo tena le Pathian daw i dan et bawl ding ahi.

v) *Georgia Harkness* - Mihing hinkhua ah haksatna leh thupukna siam a ngai hun chuam chuam ah mat ding Lal Jesu’n ettawn ding a la siam sa lampi zui ah zilna.

A chung ah hilchetna chuam chuam a pat hin Khristian hindan pha danglam bikna chu he thei hi tiu. Khristiante chun hindan pha leh phalo tena’n Bible hi i mang a, zia chu a danglam bikna khat chu ahi. Thugin khatna chun, “Thuthunglui leh Thuthung Thak bute hi Pathian thu a hiu a, tena dik lo thei lo ahi,” a ti i mu. A khaikhawmna ding in “ Khristian ethics i tiu hi Lal Jesu’n hindan ei la hil leh ama ngei in a la chiapi kha mimal leh khawtang

hinkhua mat dan ding leh Thagau Thiangtho panpina zal ah a tak tak ah hindawpi ding dan zilna ahi pen hi.

**3. Khristian Hindan Pha in a Tup:**Hindan pha hin mihing hinkhua ah ngai pawimaw lam leh zia ngai pawimaw lak a chun bang hem ngai pawimaw pen ding ti hawldaw a gua, mihing hinkhua lunggil phatna leh thil lulte hawldaw a guat ahi ti he masa phawt hi tiu. Mi zosia hi daw dan leh ngaidan chuam chiat nei i hui a, maleh a pun ah khawsak khawm la ngai ahi. Lamlianpi in gari chuam chuam, chiana ding kibang lo tak tak tai khawm dual dual, zia gari chuam chuam te chu kisubuai lo ah a tai guatnau lam chiat ua phatak ah a tai theina ding ua lampi dan (traffic rules) a um gual hin, mihing khawsak khawmna kisubuai lo ah mimal tin i daw gual gual ah i hin theina ding un dan pha i nei uh a ngai hi.

Ziaziakchun, khristian hindan pha chun mimal hinkhua leh hinkhawmna ah a pha pen ding hawldaw a, taklat a, zia chu hinpi thei ding ah mite tiilkho leh zilti a tup ahi. Pathian daw gual a pha pen chu Jesu Khrista ah kichian tak in suklat in a um a, Pathian daw gual Khrista ah suklat chu Bible ah zik ahia, kochuam in masang a pat in a zilti sawn zel ahi.

Khristian hindan pha chun Pathian leh eima mihing pite lak ah i mawpuaknau ei hiatchian sak a, i mawpuaknateu chu diktak ah i pitin theina ding un ei panpi a gaw kit hi.

Hun haksa tak leh thupukna pha siam a haksa sek hi. Policeten thingnuai mite a hung del ua, upa khat kiang in khawilam in a jam tau em? tin a dawng a, a dik a gen chun thi mai ding a hui a, ka he puai a ti chun zuau gen hi ding a hia, hun haksa ah bang gual ah um ding a hem ti chu Khristian Hindan pha chun genchian a tup chu ahi. A khaikhawmna ding in i thugin no. 9 in a gen, ‘amau leh mi zosia lak ah Khrista hindan gual suklat’ a tup ahi.

### **Genkhawm ding:**

1. ‘Hepina ah hukdam’ ti leh ‘Khristian hindan pha’ hi bang ti gen lem ding ahi diam?

### **September -2**

**Thupi:** Thil Dik leh Diklo Khen Dan

**Bible:** Philippi 1:8 - 11.

**Thumapui:** Khristian hindan pha nei theina ding ah pawimaw tak chu thil dik leh dik lo, pha leh pha lo, hawi leh hawi lo khen dan theina hi ahi. Himaleh zia chu thil bailam ahi puai. Khenkhat in Bible in a um vek hi i ti mai ua, dik tho in a. Sakhua chuam chuam ah ngaidan a kibang vek puai. Khristian lak ziang in le pawl chuam chuam ngai dan a kibang chet diak puai. Mipilte chun, “Mihing in dawtna a nei zing a, a dawnhuna hekim man lo in a thisan sek ui” a la tiu ahi. Mihing ah dawtna chi chuam chuam hi bang ti dawnhu ding ahi diam? Thil dik leh dik lo, pha leh pha lo khen dan hawl a ngai a, mithiamten pan a la nasau a, a tangpi in lampi thum bep vak taklang hi tiu.

### **1. Dan leh thupiak zawp hi hindan pha chu ahi ti thiilna (Deontological Ethics):**

Grik pau deon ti a pat lak ahia, a umzia chu “**bawl ding ah phuk/ngek**” tina ahi. Zia thiilna a pat hin thil dik chu ‘dan zawp’ hi ahi mai hi. Thil dik leh dik lo chu dan mang ah khen ahi. Zia thiilna hin bang hem dik ti a sui pen a, dan leh thupiak a hem, i la bawl sek dan (traditions) a hem ah a kinga nasa ma mai. Bible ah thusawm piak te, sawlkar danpi leh dan neu te zawp mai hi thil dik ahia, zawp lo chu dik lo ahi mai hi. Masang a pat kilasawn zel kikaihuaaina hi thil dik chu hi mai ah ngai ahi. Namtin hin malai a pat i la chiin uh i nei chiat ua, zia chu Pathian a la piak hi in i gel mai sek ui. Zia gual namtin in hi ding leh hi lo ding a la nei te, gam dan leh sepna mun ah a chung ua miten hi ding a phuut teu pitin ziang chu hindan pha chu hi in zia thiilna a pat hin ngai ahi.

Babulon Sawlkar a chun Hammurabi in dan a siam (code of hammurabi) a nei ua, Israelten Mosi dan (Torah) a nei ua, Muslimten sakhua dan (sharia) a nei ui. Mi tamtak in zia dan te hi a dik ah ngai in tuni tiang in a zawm zing uh ahi. Zia gual chun Khristiante ding in le thusawm piak ti lo in le Bible ah Pathian thu dang zawp hi a pawimaw a, zawp ding ah piak le ahi. Thugentu in le, “Zia thu zosia khaikhawmna chu Pathian lau in la, a thupiakte vawp in, zia chu mi zosia bawl ding chu ahi mai hi” a tii (Thugentu 12:13). Pathian lau ah a thupiak zawp hi a dik a, bawl ding ahia, bawl lo leh zawp lo hi thil dik lo ahi.

Khristian hindan pha ah hin ‘Dan leh Thupiak’ in mun pawimaw tak a lua ahi. Zia sung a chun hin mai ding ahi. Rom 13:1 ah le vaihawmtute thu thu ah um ding ah hilna a kilang chian ma mai. Zia thiilna ah hin nam dan det tak ah zawp chu a him ahi mai hi ti ah kihil ahi. Thil dik leh dik lo chu a nung ah ga hung suak in a kinga pua, bawl dan leh chiin dan pangai gual ahi leh hi lo in thil dik leh dik lo chu a kinga zawi. Bawl ding dan in a phut bawl leh zawp chu thil dik chu ahi mai hi.

## **2. A ga/a tawp a phat chun bangkim a pha ahi mai hi (Teleological Ethics):**

Teleo ti chu tup (aim) ahiloleh a tawp(Goal) tina ahi. A hawl pen chu bang a hem a pha chu? ti hi ahi. A thil tup ah a hem, a tawp ah a hem in kinga, a tawp ah gapha a sua em ti in a sut pen sek hi. A tawp ah a phatlo chun a diklo ahi mai hi. A tawp ah a phat phawt chun a matchak chu bang gual hi ziang leh le a pha ahi mai hi ti hi zia thiilna a pat thil dik tena chu ahi. Zia thiilna a pat hin dan lo gual deu hilehle a tawp ah a ga sua a phat ding phawt chun a dik ah ngai ahi. A tawp a phat chun a dik a, a tawp a phat lo chun a dik lo ahi mai hi.

Khawnung hun ding a thiil a, thiltup leh duthusam a ngai pawimaw hi. Zia ngaidan hin mi zosia chu khawtang leh gam ding ah thilpha hi ding in a phuut a, eima chung ah le eima ding ah phalo tut chu thilpha ahi pua, a nawp ziak ahem, a lawk ziak ahem ziak ah thil hi chu a diklo ahi. Zia hin khawtang a hem, gam ahem a hung susia tho sek hi.

John Stuart Mill chun, “Mi tam thei pen ding ah pha pen ding ngai pawimaw pen ding ahi” a ti. Pathian hi phatna bulpi ahia, Khristiante ding in Pathian gam hi a tup pen ding thilpha chu ahia, zia lam nga lo chu thil phalo ahi mai hi. Bible ah le, “La hi tapo uh chu Pathian lopina ding in bawl un” ti ah hilna i muu.

## **3. A hun leh mun zil ah a dik leh dik lo khen ding ahi, ti thiilna (Situational Ethics):**

Zia thiilna hi chun thil dik leh diklo tena ding in dan gual ahi leh hi lo, a tawp ah ah a ga phat leh phat lo lam a ngaitua pua, a hun leh mun zil ah dawnhuna ahi pen hi. Zia hi Joseph Fletcher America mithiam kamsuak ahi. Ama hin agape hepina hi thil dik leh diklo tena pawimaw pen in a gel hi. Zia hin a masa panite pai chuam diak lo in thilbawl ding chu hepina a pat te (measure) hileh a dik leh diklo chu kichian pen in a. Bang gual dinmun ah le

hepina in lunggil pui hen la hileh a dik leh diklo chu kichian mai ding ahi ti ngaituana hi situational ethics chu ahi. Hepina in lunggil a pui nak chun a dinmun zil ah dik leh dik lo chu khen mai ding ahi.

Rom ah kochuamten buaina chi chuam chuam a nei ua, nek leh dawn thu ah, uain dawn thu ah, ni chan chungchang leh a dang dang ah a buainateu chu *Ethics* thiam Paul chun lemkuatna a siam piak a, thil him him hi ama ah phalo a um diak pua, i nek leh dawn ziak ah midang lungthim a nat khawlaw chun bawl lo mai a phai, a ti piak hi. Eiman khawksa lo le hen le unaute lunggil a nat khawlawna leh ei taksan lo khawlawna ding uh ahi chun bawl lo mai a phai ti hi Paul dawnhuna ahi. Kuama midang demtu hi lo ding in a tilkho a, dem theitu chu Pathian bep ahi ti a gen hi.

Jesu hunlai in Pharisaiten dan chu phatak in a zui ua, dan leh thupiak zawp chu hindan pha hi in a gel mai ui. Chawlni a nungzuite buvui zut Pharisaiten a dem lai un, Jesun a dem pua, a dinmun uh a thiil a, a gilkiat uh chu hepina a pat in a thiil a, a hun leh mun zil ah thil dik leh dik lo a khen hi ngei ding ahi. Lal Jesu'n dan hi a palzut ziang pua, maleh dan zawm ah mihingpite hepi lo chu a dawu puai.

### **Genkhawm ding:**

Bible hi thil dik leh diklo tena sangpen leh dik lo thei lo umsun ahi dan genkhawm hi leh.

### **September - 3**

**Thupi:** Khristian Hindan Pha Zil Pawimaw Ziak

**Bible:** Luka 2:46,47, Philippi 4:8, 9.

**Thumapui:** Khristian hindan pha umzia i gen tau a, thil dik leh dik lo khen dan le i gen tau ahi. Tuhin ziate hi hiat a pawimaw zia leh phatchuamnate gen kit ding i hiu. Mihing hinkhua ah hin zil ding leh hiat ding a tam a, zil ngai ta lo, he suak sa kuama i um puau. Khristian hindan pha hi zil a ngai khawp mai hi. A hun tak ah thil hi thiam, a pha leh pha lo, a dik leh dik lo, bawl ding leh bawl lo ding, khen thiam ah he ding leh thupukna dik tak nei thei ding ah puitu i nei uh chu Pathian thu (Bible) hi ahi.

### **Zil a pawimawna ziate:**

**1. Kuama piting leh he sa i um puau:** Kuama hi piting sa piang leh he sa, thiam sa piang i um puau. Khristian hung kipe thak leh naupang vang chun pauchap dan tiang a zil a ngai hi. La leh Pathian thu zil a ngai a, biak sung umdan ding tiang zil a ngai hi.

**2. Lal Jesu dawigual ah i hin theina ding un:** Khristian hindan pha chu Lal Jesu ah a kingak ziak in a dawu dan gual ah i khawsak theina ding un zil a ngai hi. Ama hiatna lam ah i khanlet theina ding un zil taimat a ngai hi.



**3. Khristian umdan pha hi zil zaw um lo, zil zing ngai ahi:**A zil pei tapo a ding in zil daw ding leh hiat belap ding a tam a, pil deu deuna ahi. Thupilte bu ah hin zil taima ding ah tilkhona a tam ma mai. Etsaknan - Ka chapa, ka thu hi ngun tak in ngaithan la, ka thupiakte hi pawm in. Thupil hi ngaiven in la, hiathiam gua'n" (Thupl. 2:1,2). Billy Graham chun thupilte bu hi a sim nasa sek ma ma,thupilte sim taimat hin phatnate, hindan te, dik leh dikloteleh hiatna a tak ah mat dan ding hiatna tamtak a um hi. Phatak ah ngaitua ah sui ding a dim in a um ahi.

**4. Hinkhua kibuk tawk (Balance):** Science, History, Theology leh subject dangte hin amau lampi chiat a gen ual ua, phatna leh phatchuamna chu a nei chiat ua, maleh kibuk tawk ah pawm thiam a ngai sek hi. Ziana ding chun hindan pha zil hi a pawimaw sek a, lampi pha leh dik kawkmutu ahi.

**5. Thil hiatthiam theina:** Thil pha leh phalo, dik leh diklo, kilawm leh kilawm lo, bawl ding ah pha leh pha lo ngaitua a pawimaw sek a, hindan leh tawi dan ding tiang in zil a ngai sek hi. Bible a hin tiilkhona leh hilna a tam ma ma a, sim zing ding ahi.

**6. Khristian nisin hinkhua higualtu leh pilna:**Thil khat ualbik nei lo ah hepina ah te, ginna ah te, kipiakna ah te, nasepna ah te leh lam chuam chuam ah kibang tak ah hinkhua sukhangtu ahi zia in hindan pha hi zil a pawimawi.

**7. Mawpuakna ei gentu:**Mi zosia'n eima, sungkuan leh khawtang ah mawpuakna i nei chiat hi. Sawlkar ah gingtute mawpuakna hi le hagen a ngai ma mai. Nam hindan leh nam golul vawp hing zing ding in i pawimaw chiat ua, gam phatna ding in le kuama a awl thei i um puau. Sawlkar dan zawp te, nam leh khawtang dan zawp te, kochuam dan zawp te, nu leh pate hilna dan zawp te hi le i bawl ding chiat uh ahi. Zia gual chu hi ding ah hilna Bible mun tamtak in i mu ahi.Hindan pha zil nachang he lo mi chu mawl tak in a khawsa sek in sungkuan, kochuam leh khawtang suminsetu a hi zing sek ui. Hindan zil in a tup pen pakhat chu mawpuakna ka nei hi ti kihe khawp hial ah mi sukpil hi ahi.

**8. Giumna:** Mi kuan le midangte hi ginum chiat ding in i phut uh ahi. Gucha hawn umkhawm chun le amau lak in mi ginum a dawu uh ahi. Pathian hi le a ginum zia ah Pathian ti ting ahi. Pathian ginum gingtu chun hindan pha a zilna a pat in a ginum ding ahi. Zia ginumna chu lam zosia suklat a pawimaw a, sum chungchang ah te, nupa hinkhua ah te, nisin nasepna ah te ginum a pawimawi. Ngaituanate, tena te, bukna te dik tak ah bawl vek ding ahi. Bat leh dit thu ah ginum ding ahia, a hun tak leh dik tak ah dit gaw lo chun bangma thunglak lo mai ding ahi. Sum i bat te ginum tak ah dit hi Khristian hindan pha ahi. Pathian gingtu chu bangkim ah a ginum ding ahi.

**9. Khrista ginna ah detna:** Korinth khua ah kochuamte chu 'Ginna ah chun la um nau em, nangmau ngei kipatep un la, nangmau ngei kienchian sek un' (II Kor. 13:5) ti in gen a hiu. Khristian hindan pha chu Khrista leh a kochuam ah ginum hi ahi. Eima nawp dan, lunglutna lam leh dawu dan dan ah um hi a pha ngai puai. Kochuam ziltina zawp hi kua zosia ding in a pha ahi. Tichun Khristian hindan pha zil chu lampi chuam chuam in a phachuam a, pilna ei pia, mawpuakna ei hiatsak a, Khristian hinkhua a supiting a, dawitel dan leh thil thil dan le ei thiam sak hi.

### **Genkhawm ding:**

Khristian hindan pha zilna mun phapen khawitak ahi diam?

## September - 4

**Thupi:** Bible - Hindan Pha Kaihuaina Bu

**Bible:** II Tim. 3:14-17, Sam 119:105.

**Thumapui:** Bible hi i ha sui chan ah a hausak dan mudawk tam mai ding i hui. Bible ah hin mihing pawimaw zosia hi ngaidan siam theina ding in a tangpi bek in a um suak ahi. Chanchin zikna a um a, pilna kihilna a um a, khawvel bul kipat dan te, Science lam thil chuam chuam te, Pathian kipuanna te, mihing leh Pathian chungchang a gen te, mihing chung ah Pathian lungthim put dan leh a chung ua a thilbawl a um hi. Pathian leh mihing kizawp dan ding te, mihing khawsak khawmna leh ama chang ah a hindan ding kaihuaina a um kit hi. Ziaziakhun Bible hi hindan pha kaihuaina bu ti hi le a hung kilawm ziang ahi.

**1. Bible-Hindan pha kaihuaitu ahina ziaik:** Bible hi hindan pha kihilna bu chu ahi ziang pua, maleh, Bible ah hin hindan pha kihilna a tam ma ma ahi. Hindan pha neina ding ah thupiak te, dan te, thutiam te, kihilna te, vauhilna te, vaihawm dik dan te leh um dan ding te a um ziaik in Bible kingakna mang in hindan pha i zil ding uh ahi. Bible ah hindan pha kihilna chun Khristian hinkhaw pumpi, a hinate, a hung kipatna te, a hindan leh umdan te a ngai pawimaw hi. Khristian hinkhua leh umdan ding ah dik leh dik lo thuk tak in ei hil ahi. Bible ah kinga det chung ah a dik leh dik lo khen dan ding ei gen ahi.

**2. Bible-Hindan pha kaihuaina Bu:** Bible hin hindan pha a kawkmua ahi. Thilsiam chungchang gen in a bul a pan a, Pathian chu bangkim siamtu leh a bulpi pen ahi thu a gen hi. A thilsiam a chun Pathian a lungawi ma mai ti i muu. Genesis ah 'Pathian in a til in lei leh van a siam a', tia a thilsiam thu a gen ah hin Pathian chu a chawl den ziang pua, a thiltup pitinna ding in khawvel ah a kigawl zui zing ahi. Thupuan ah, 'Kei alpha leh Omega, a masapen leh a nunung pen, a bul leh a tawp ka hi ', ti in a gen kit hi.

A dawu gual tak ah a kipawlpai sek ding ah a siam mihing in a puksan thu a gen kit a, Pathian tawh lengkhawm sek mihing chun Pathian thu awi a, ama ging ah um ding himaleh a kiheimang san ta ahi. Pathian gual ah siam mihing chun a siamna ziaik (a tup) tungpha lo in a kipuk san ta ahi. Ziaziakhin Pathian tawh kipawl na a nei sek uh chu a tan tai. Zia pukna ziaik hin Pathian leh mihing kiguizawpna chu suksiat a hung hi ta ahi.

Pathian lungsiatna leh phatna chu mihing chung ah thuthung siam in a kilang sunzawm zel hi. Thuthung hi Pathian leh mihing kikaal ah thun ahi. A bul pantu chu Pathian ahi. Bible ah hin thuthung hi tamvei tak a lang hi. Ziate chu: Nova kiang ah - Gen. 6:13-22, Abraham kiang ah - Gen. 12:1-3, Sinai tang ah Israelte kiang ah - Exo. 20:1-17. Thuthung hi Pathian lungsiatna puandawna ahi.

A ban in dan a hung kilang kit a, Pathian in Mosi mang in Israelte kiang ah dan a piak thu i muu ahi. Thuthung leh thusawm piak ah dan um te hi a kizawp in a kinai ma mai.

**3. Zawlneite Thuhilna:** Zawlneite thugen a pat in hindan pha ziltilna tamtak a um kit hi. Zawlnei chu Pathian thupuangtu a hem, Pathian ding ah gentu a hem ahi (Exo. 4:15,16). Tu a ding ah pawimaw leh hun hung tung ding ah pawimaw a gen sek ui. Hindan pha a ziltil uh chu Pathian ah kinga ahi pen hi. A tup chu Israelte kiang ah Pathian thugen tut chu ahi.

‘Lalpa chun zia gual hin a gen hi’ ti in thu a gen sek ui. Israel mipite gitlona leh lengte leh hotute diklona gen in a gitlonau a haisan ding un a kikopi ua, lampi pha a kawkmui zui ngal sek ui. Mimal leh khawtang dikna a phuut ua, Pathian tawh a thuthung ua ginum ding ah te, hindan dik tak ah hing ding ah te, sakhua le dik tak ah chiapi ding in a gen sek ui.

**4. Pilna Bu te ah (Wisdom writing):** Thupil kizikna buten hindan pha tamtak a tak lang kit hi. Zia pilna bu te chu Job, Thupilte, Thugentu leh Sam bu te hi ahi pen ui. Zia lekhabute hin a tup pen uh chu Pathian pilna taklat hi ahi. Pathian hi pilna nak ahia, pil ding a chun Pathian lau a ngai hi (Thupl. 1:7). Zia tak ah lau ti hi Pathian gawt launa lam sang in Pathian dik, thiango leh dik chawihawi leh za lam ahi zawi.

**5. Thuthung Thak ah:** Thuthung thak in Lal Jesu ziltina a hung kilang kit ahi. Pathian gam a ngai dan ah leh tang chung ah a thugen ah hindan pha a ziltina a kilang chian ma mai. Zia Lal Jesu ziltina hi chanchinpha bu li ten a zik chiat ua, Thuthung Thak bu dang in le hindan pha ziltina tamtak i muu ahi. Zia zosia a pat hin Bible hi hindan pha kaihuaina bu ahi ti hi ngam tak in i gen thei uh ahi.

### **Genkhawm ding:**

Bible in hindan pha a gente hi tulai a ding ah chia (valid) ta lo a um thei diam?

### **September - 5**

**Thupi:** Thuthung

**Bible:** Gen. 9: 12-17; 21:25 -31; Jer. 31:31-34.

**Thuthung umzia:** Thuthung in a tup chu Pathian ah ginumna ding leh Pathian hindan pha gual nei theina ding ahi. Thuthung hi mi pani a hem, pawl ni ahem kikaal ah siam ahi sek hi. Thuthung hi Hebrai pau in *Berith* a tiu a, vacha a hem, gancha a hem that in a kim in a phelsua tawp ua, a kikaal a chun chia theng in thuthung a siam sek ui. Thuthung bawtsia zawk zawk chu zia gual ah chun tan/phelsua ding tina ahi. Thuthung thak a chun Grik pau in *Diatheke* a tiu a, thuthung tina tho ahi.

**1. Thuthung siam sekte:** Thuthung chu mi pani kikaal ah kiginumtua ding leh kizawpna pha nei ding ah thuthun ahi sek hi. Thuthung hi pawl ni te kikan khawmna ahi. Mi pani kikaal ah te (Gen. 21:27, I Sam. 18:3), zi leh pawsal kikaal ah te (Mala. 2:14), nam leh nam kikaal ah te (Exo. 23:32), Leng leh leng kikaal ah te (I Lal. 20:34), Lal leh mipi kikaal ah te (I Lal. 11:4), thuthung siam ahi sek hi.

Pathian leh mihing kikaal ah chun Pathian in bul a pan sek hi. Thu a thunpi ding mite le Aman a tel sek hi. Dan pangai a chun a hatlo zaw’n a hat zaw chu thuthung siampi ding ah zuan zaw ding hileh a kilawm hi. Himaleh a hat zaw Pathian a bul pantu ah a pan hi lungsiatna zia ahi.

### **2. Thuthung Chi Ni te:**

i) *Suzerainty Thuthung:* Suzerain ti chu Leng tina ahi. Zia thuthung hi leng lopi leh leng neuzaw te kikaal ah thuthung kigena ahi. Zia thuthung hin a phuut gual in leng neu zaw chun leng lopi zaw kiang ah a kituklutna etsaknan sia (tax) a pe sek a, leng lopi zaw chunle leng neu zaw chu melmate lak in a hukhing sek hi.

ii) *Parity Thuthung*: Leng leh leng dinmun kibang kikaal ah a hem, mimal dinmun kibang kikaal ah a hem thuthung a siam uh chu ahi. Dinmun kibang thuthung kigena ahi. Bible ah i muu thuthung hi vang hukdawktu leh chungnung zaw Pathian in a siam ahi.

### **3. Bible ah Thuthung i mu khenkhat te:**

i) **Nova kiang ah Thuthung (Gen. 6:18-21, 8:21-9:17)**: Thuthungtu chu Pathian a hia, khawvel pumpi huap ah Pathian in tuisang let sak in khawvel a suksiat kit taaklo ding thu a thun chu uizo mang ah namdet ahi.

ii) **Abraham kiang ah Thuthung (Gen.12:1-13, 15:1-21, 17:1-27)**: Zia hi le khawvel pumpi huap tho ahi. Mihing chanchin ah Pathian tatna nasep sulangtu ahi. Namtin malzawl ah a umna ding uh thuthung ahi. Zia hi chanchinpha tawh Jesu Khrista ah a kizawp hi.

iii) **Sinai tang ah Thuthung (Exo. 19:3-16)**: Zia hi nam bik ding ah thuthung ahi. Abraham kiang ah a thuthun zia in nam a hung ting hial tau a, Pathian in gam a tiam piak hi. Pathian tawh Israelte kizawpna sukthak kitna le ahi. Pathian leh a vengteu hepi ding chu zia thuthung hin a tup chu ahi (Deut.6: 5).

iv) **David king ah Thuthung (II Sam. 7:)**: Zia thuthung hi chu David sungkuan kiang ah thuthung ahi pen hi. David suan chia zel det ding dan genna ahi pen hi.

v) **Thuthung thak (Jer. 31: 31-34, Eze. 34:25-31)**: Zawlnei Jeremia leh Ezekiel ten Pathian in a mite ding ah thuthung a siam piak ding thu a gen gel gel ui. Jeremia chun “Thuthung Thak” ti in a gen a, Ezekiel in vang “Lemna thuthung” ti in a gen hi. Himaleh zia te gel hi thil kibang ah ngai ahi. Zia thuthung hin a kenkhawm chu lemna, dikna, ngaidamna leh siamthaknate ahi. Mi thiam tamtak chun Lal Jesu thina leh thawkitna mang ah “Thuthung Thak” siam ahi ding thu leh Israel thak kochuam hinkhua etsakna hi in a gel ui.

**4. Thuthung phatchuamna**: A phatchuamna hi lampi chuam chuam ah gen thei himaleh Khristian hindan pha lungthim ah nei in thiil ding i hiu.

i) Pathian hepina puandawna ahi. Thuthung chabi chu Pathian hepina ahi. Mihing hi lungsiatna leh hepina’n Pathian in siam a gua, ama lam ah a hipna matchak phapen ahi.

ii) Pathian in mihing kiang ah thuthung a siam hin a mite lak ah pan a kiphuut a, “La Pathian uh hi’ng ka tin, nang uh le ka mite hi’n lau” (Lev. 26:12, II Kor. 6:16), ti in thu dettak in a thung ahi.

iii) Thuthung ah hin mimal, vantang leh nam hindan ding kawkmuna a tam ma mai. Ser leh sang pawimaw tak tak mat dan ding le tamtak a um hi. Etsaknan- Exo. 21 lam in le thil chi chuam chuam, suak nei dan ding te, kitha chungchang te, thubuai chi chuam chuam te, hindan pha leh kithawi chungchang te a um hi. Ziate hi a zawp uh chun amau nawpsakna ding leh phatna ding ahi.

iv) Israelte chu Pathian leh vaihawmtute za ding ah gen a hiu. Thuthung thak ah le zia gual hilna hi i muu a, zia chu hindan pha chu ahi.

v) Thuthung a pat in Pathian hiatna a hung piang sek hi. Zia hiatna chu Lal Jesu ah thuthung thak mang ah mitin kiang ah hiatsak ding ah kikopi ahi (Sam 19:8-11, Mat. 19:17-19).

vi) Pathian thuthung zawp hi malzawl na ahia, zawp lo chu hansia dawna ahi (Deut. 11:26).

vii) Pathian tawh kizawp hi i phu zia ahi pua, a lungsiatna zia ah ama’n bul pan in dik tak leh phatak ah ama i za theina ding un a thuthung mang in zalenna ei pia ahi.

viii) Thuthung ah hin Pathian dawi dan i mu sek a, mihingte umdan ding ah Pathian thil phuut a hung kilang sek hi.

**Genkhawm ding:**

Khristian hindan pha leh thuthung kizawpna genkhawm hileh.

**September - 6**

**Thupi:** Thu Sawm Piak

**Bible:** Exo. 20:1-17.

**Thumapui:**Thu sawm piak hi thuthung lui mun ni Exo. 20:1-17 leh Deut. 5:1-21 ah zik ahi. A kibatlona neucha cha um maleh a thupi vang a kibang hi. Lunggil phatna dan le ti thei ahi. Zia hi Khristian hindan pha ding ah a phatchuamna hawl pum in sui hi tiu.

**Thupiak khatna - Keima lo Pathian dang nei kin:**Pathian (Yahweh) bep Pathian ah nei a, ama bep ho ding thu ahi.A ziak chu amau siamtu leh Aigupta suak a pat hukdawktu ahi. Ama ah ginum ding in a phuut a, Lungthim thiangtho tak ah a lalna pawm ding in a gen hi. Pathian dang in a lunggil uh a puikawi ding a lau a, Pathian chungnunna pawm a, a thunuai ah kitulut leh ama bep ho hi Khristian hindan pha ahi ngei hi. Milim masang ah kun in ho lo maleu hen lungthim kaiheitu leh Pathian sang ah ngaisan zawk i hinkhuau in a um thei khawp mai hi.

**Thupiak nina - Milim ho kin:** Milim a hem, thil dang le Pathian kitukpi ah kawi khap ahi. Tui chung ah, leichung leh van ah le Pathian gual leh a kitukpi ahho ding khat le a um puai. Milim chu mit ah mu thei ahia, hinna a nei pua, mihing siam kawm ahi. Pathian chu vang bangkim siamtu ahia, mit ah mu thei lo, ginna ah bep mu thei ahi. Ama sang ah lopi zaw ding thil dang bangma a um puai.

**Thupiak thumna - Pathian min tempawt in sua kin:**Zia hi la “Pathian min chu diklo tak ah la mat ding ahi puai” ti thei le ahi. Pathian min hi gitlo khuna ding ah mat ding ahi pua, Pathian min ah hansialaw le a dik puai. Zia thupiak hin mihing lawkna ding leh hamphatna ding matchak ah sakhua mat te, politics kihelna ah te, mi dang suksiat leh awpdenna ding ah mat te a huam khawm ahi. Pathian min leh ginna hi mihing lawkna leh lopina kinep ziak ah mat ding ahi puai.

**Thupiak Lina - Chawlni chan:** Sabbath ni chan ahina ziak pani i muu. A ziak pakhat zawk chu Pathian in niguk sung in thil a siam zo vek a, a ni sagi ni ah a chawl ziak ah chawl ding ah thupiak ahi. Pathian a chawl a, a chawldam gual ah Israelte le a kichawldam ding uh ahi (Exo. 20:8-11, 31:17).

A panina ah chun Aigupta a pat puidaw ah a um uh hiatzingna ding ah a chawl ding ua ti ahi (Deut. 5:12-15). Gitlo a pat ei taddaw ziak un Pathian ni hin kipak thugen leh ama ho ah biak in ah chia ngei hi a pawimaw hi.

Khristian masate khan bang hem chan chu sabbath ni a la chang ua, Jesu thawkit ni in le a kikhawm khawm sek tho uh ahi. Jesu thawkitni chu ni sagi ni, ni masapen a tiu a, zia ni hin vaithum phel in a kipawl khawm sek ui. Kikhawpna ni ding in a mang ua, zia ni hin

thagau thiangtho a hung tung a, tichun hun chawmkhat zaw in zia ni hi “Lalpa ni” (Thup. 1:10) ti in a chang zaw tau ahi. Hun hung chia zel in Sabbath chungchang ah dan thupiak chu Lalpa ni ah khum ahung hi tai. Lal Jesu thawkitna a chawihawi zaw tau ahi.

**Thupiak ngana - La nu leh Pa chawihawi in:** Nu leh chawihawi hin thutiam a nei a, nu leh pate hin za leh chawihawi leh ngailul a phu uh ahi. Lam zosia naupan lai a pat chate a la etkawl zia un ngailul a, a chung ua kipakna chaang hiat ding ahi. Zia hin sungkuan kizawpna leh kingainatna a siam a, sungkuan a phat chiat chun khawtang hinkhaw le pha in a nuam ngal ahi. Nu leh pa neiloten le nu leh pa chan chang enkawltu a nei sek ui. Zia mite chun le a zau ah a chawihawi tho ding uh ahi.

Nu leh pa chawihawitute kipakman chu lamzanna leh damsawtna ahi. Nu leh pa thumang lo leh hansialaw khum vang chu Pathian in a haw ma ma ahi (Deut. 27:16). Chawihawi dan phatak pakhat chu a thu uh mat hi ahia, a hilnau phatak ah ngaithaak hi ahi. Zia lam ah hilna chu thupilte bu in tamtak mu ahi.

**Thupiak pagukna - Tualthat kin:** Zia thupiak hin mitin in zalen tak ah hin theina dan i nei ui ti leh mihing hinkhua za-umna a taklang hi. Hinna hi Pathian siam leh piak ahia, a khut ah um, za ding ahi.

Zia tak ah tualtha ti hin invengte a guk ah tha te, pil vervek ah tha te, chaang gu ah thisan sua te, a khap vek ahi. Maleh kidona ah kitha (Deut. 20:12-13) te, vaihawmna ah thiam lo chang tha (Deut. 22: 22) te leh tup mawng hi lo ah tha khak (Deut. 4:42) te hi a huam puai.

**Thupiak Pasagina - Zawntat kin:** Zia hi numei pawsalna za-umna leh thianthona namdettu ahi. Hebrai ziktu chun, “Zalkhun le sukbuak lo hi hen” a tia (Heb. 13:4). Sungkuan leh nupan za-umna hi humbit a pawimaw ma mai. Zia tak ah zawntat a ti hin zi nei lai in mi zi a luppi leh pawsal nei lai in mi pawsal a luppi hi ahi. Nungak leh tangval in le kawppi nei lai a chetsualpi chun zawntat ahi tho hi. Zawntat hi gitlona liantak ahia, a gawtna le a na ahi. Khristian hindan pha nei gaw chun Pathian in numei pawsalna a piak hi za thiam a ngai hi.

**Thupiak pagiatna - Gucha kin:** Zia thupiak hin mimal leh pawlthil guk hin mi dikna leh bitna a susiai ti ei kawkmu hi. Dawtna um thei chu bang gual tiang hi ‘gukchak’ ahem ti hi. Gukchak gual tho ah ngai ding gitlona Bible in tamtak a um hi. Bukna leh tena dik lo, sumlawte thaman piak lo, gamdang mi, meithai leh chaga sukgentheina a pat lawkna mu guat, gentheite tawdenna a pat nawpsakna leh a dang dang tamtak a um hi. Pathian in ginum tak leh dik tak ah hing ding in ei dawi chiat a, eima a hi lo, a neitu phalna um lo ah a guk ah lak hi guk chu hi pen in a lang hi.

**Thupiak pakuana - La vengte hek kin:** Zia thupiak hi “La vengte chung ah hiatpitu lem in pang kin” a hem, “Zuau in la vengte la hek ding ahi puai” tina a hem ahi. Zia thupiak hidikna humbitna ding ahi. A hun tak ah thil dik leh phatna latsak hi Pathian dik hiatpitu hina ahi. Zuau phukkawm ah midang ngaw hi Pathian dawi lo lam ahi. Zuau hi tual tha, zawntat leh gukchak te sang in a imguk sawt thei a, maleh a kilat hun a um tho sek hi. A pawimawna mun ah chun thu dik tak gen ding a hi. Maleh eima lawkna ding dawina zia ah midang zuau ah ngaw leh thep chu a pha pua, Khristian hinkhua tawh a kituak puai.

**Thupiak Sawmna - Awtcha kin:** Midang thil nei een le nei nawpna hi zia thupiak hin a khap chu ahi. Een lo ding a gente chu invengte zi, in leh lo, a suak teu, bawngchal te, sabiltungte, invengte thil nei him him te ahi. Enna hin gitlona a hing bailam khawp mai hi. Thinlung sunggil ah mi dangte a gual nei nawpna hi awchakna chu ahi. Zia chu thupiak in a khap ahi.

Bible ah enna zia ah thil tung pha lo tam tak i muu. Thei, mitla tak leh ei supil thei tuak (Gen. 3:6). A kan in tempul sum a eng (Jos. 7:21), Jehoiakin in diklo tak ah lawkna ding a en (Jer. 22:17) leh a dang dang. Tulai hin en ding leh dawid i hau ta luau a, zia hin i thagau lam hinkhaw a susia ahi.

### **Genkhawm ding:**

Bang tiang hi awchakna / enna gitlona ahi diam genkhawm hileh.

### **September - 7**

**Thupi:** Dan leh Thupiak

**Bible:** Sam 119:97-112.

**Thumapui:** Thuthung leh thu sawm piak i gen tau a, tu zan hin ‘Dan leh Thupiak’ ti gen kit ding i hui. Thuthung chun dan a keng khawm a, thu sawm piak diak diak chu “Danpi” ti hial ahi. A ban in dan neu cha cha danpi (thu sawm piak) genchianna gual tamtak belsa ahi. Ziate chu Leviticus leh Deuteronomy in tamtak a um hi. Zawlneite thupuak in le kingaknan a hung mang sek tho ui. Thu sawm piak (dan) hi genna ding in zempi ‘D’ a mang sek ua, maleh khawi zosia in a mang chuam diak puai.

Sam 119: ah hin dan hi chi chuam chuam in a gen a, Lalpa dan, thuiat sak, thununna, thuguat, thupiak, vaihawmna, thu, dan, lampi, dikna leh sawmdawlnati te in a gen hi. Zia zosia hi danpi leh dan neu te a kaw k vek hi.

**1. Dan umzia:** Bible ah hin dan hi lam chuam chuam in a mang a, ziate chu:

i) Dan ti hin Mosi mang ah piak Dan te hi a kaw ahi. Zia hi Bible pumpi ah a hin a lang hi (John 1:17, Rom 5:13, 20; Gal. 3:23).

ii) Lunggil phatna lam dan (moral law) a kaw kit hi. Pathian hi lunggil phatna bulpi pen ahia, a thiantho zia in mihing le thiangtho ding in a phuut (Lev. 19:2) chu thianthona pang lo chun Pathian mu thei ahi puai (Heb. 12:14). Thianthona chu sunggil lam phatna dan in a kinga, ziaziakchun dan hi lunggil phatna dan ahi.

iii) Dan chu zawp ding ah piak ahi. Israelte khan dan a pat in Pathian dawigual a hiau a, zawp ding ah thupiak a hui. Thumatna ah pitin ding ahina tak hi dan ahina chu ahi.

iv) Dan chu a chang leh kaw bik dan nei ah mat sek ahi. Etsaknan - thusawm piak (Rom 2:20 ff; 7:7; 13:8ff; Jak. 2:10). Gal. 6:2 ah Paul in “Khrista dan la zawp uh hin a” a ti leh Jakop in ‘lal dan’ a ti hin le kaw bik a nei ui (Jak. 2:8). Dan hi a chaang leh thuthung lui genna ahi (Joh. 15:25).

Thu sawm piak ah hin Pathian vaihawmna dan bul a um hi. Dan chipchial dang, Pathian hona, kithawina, hunpi (kut) te, mihing zalenna/chanvo leh mimal hindan ding te piak ahi. Ser leh sang thil tamtak chu Lal Jesu Khrista nasep in a subei na chu lunggil phatna dan te hi chu tuni tiang in a phachuam zing hi.

Mosi lekhabu pangate hi Dan (torah) ahi. Pathian dawid dan zik khawmna ahi. Pian ni a pat thi tiang ah hindan ding kaihuaina a um hi. Sungkuan hinkhua kaihuainate, vengte tawh hinkhawm ding dan te, sakhua ah nasep ding dan leh bawl ding te zik ahi. Paul chun dan hi

Pathian dan leh thupiakte Pathian in Israelte kiang ah a piak pumpi gennan a mang sek hi. Johan chun, “Dan thu Mosi’n a pia, lungsiatna leh thutak Jesu Khrista zia in a hung um hi”, a ti (Joh.1:17).Dan hi lam chuam chuam leh umzia chuam chuam ah mat ahi sek zia in a mangtu in bang gennan a hem a mat ti hiat a pawimaw ma mai.

## **2. Dan Phatchuamnate:**

i) Vaak ahi. “La thu hi ka keng ding in thaumei a hin, ka lampi a ding in vaak ahi”, (Sam 119:105) ti i mu gual in Pathian dan leh thupiak hin mihing hinkhua vaak a pia ahi.

ii) Dan chu thil phalo leh gitlo venna ding ah siam ahi (I Tim. 1:9-11).

iii) Dan chun mihing lunggil phatlona a puangdawk hi (Rom 3:20, 7:7).

iv) Dan chu Khrista kiang ah ei puitu ahi. Dan in a lunggil phatlona a kawkm he ah pawmtu chun pawtna a hawl sek a, a thil hawl chu Khrista ah a mu sek hi (Gal. 3:24).

v) Dan hi Khristiante ding in gari mit gual ahi. Gari mit vaak chun lampi a sulat chian gual in dan chun Khristian chu a tup Jesu batna lampi a kawkm sek hi. Khristian hinkhua in a zawt leh a tup chu Khrista batna hi a hi.

**3. Dan piak ahina zia:** Pathian in dan a piakna zia pipen chu i phatna ding uh ahia, i hung bukim zel theina ding leh Pathian leh mihing a lenkhawm theina ding ahi. “Nang uh la thiantho ding uh ahi, kei ka thiangtho ngal a,” ti ahi. Pathian thiangtho tawh lengkhawm ding in mihing le a thiantho ding a ngai a, a thiantho theina ding in thianthona dan a pia ahi. (Lev. 19:2, Mat. 5:48; I Pet. 1:16). Pathian chu a thiangtho a, Pathian tawh lengkhawm ding chun mihing lam a thian ding a ngai hi. Mihing lam a hung thiantho a, Pathian tawh a lenkhawm theina ding in thianthona dan hi Pathian in lungsiatna zia in a pia ahi. Dan hi gitlona hilchiantu leh gitlona vengtu le ahi. Dan hi Pathian daw gual leh dawilo gual lo i hiatna ding leh gitlona chu bang hem ti hilchiantu ahi.

Dan hi chi ni - thupiak khau “La bawl ding ahi,” (Exo. 20: ti leh thubuai lam dan ‘Mi a chu ti khati chun(Exo. 21:22) ti dan a um hi. Etsakna “la gukchak lo ding ahi” ti gual hi mi zosian hun zosia a mat ding dan ahi. Chun a dang kit chu etsaknan - Exo. 21:22, thil tung zing hi chuam lo ahi. Ziate hi Pathian tawh kizawpna pha neina ding ah bawl ahi.

Dan hi Thuthunglui ah hindan pha chabi ahi. Israelte lak ah Pathian det tak ah a pan theina ding in thu a thung a, zia hin dan pawimawna gen in a hiatsak hi. Sam ziktu chun, “Aw la dan hi kangaina na e! sun nitum in ka ngaitua sek ahi” (Sam 119:97) ti in a kikodawk hial ahi.

Dan mang in Pathian in hepina a puangdawk a, a mutu chu a kipak sek ahi (Sam 19:7-11, 119:33-36, 72).Lal Jesu’n le dan leh lungsiatna kituaklona a gen diak puai. Lal Jesu chun dan zawm thei ding in hepina pawimaw zia a gen zaw ahi. Hepi Pathian in a mite phatna ding leh lunggil lam ah ama batna a nei theina ding un thuthung huang sung in dan a pia ahi.

Zia dan leh thupiakte hi pha maleh mihing in a tin lo zia in dan thak Pathian in a siam a, zia chu thuthung thak ti ah gen ahi. Thinlung suang gual ah taak chu taksa gual ah nem in a sang a, dan chu suangpek ah zik ta lo in thinlung ah zik ta ding ahi, ti Jeremia leh Ezekiel te mangcha’n a gen ta ahi (Jer. 31:33; Eze. 36:26). Zia chu Lalpa Jesu Khrista’n a hung subukim ta, dan thupiak bangkim a hung pitin ta, zia gingtu chun hinna thak a hung nei ta ahi.

## **Genkhawm ding:**

Thuthung thak hun ahi ta, thuthung lui hun ah dan te kha i pawimaw nalai uh em?



## **September - 8**

**Thupi:** Khristian Hinkhua - I, (Sakhua, Eima leh Sungkuan Lam ah)

**Bible:** Jak. 1:19-26.

**Thumapui:** Khristian hinkhua kikaihuaina ti hi kochuam thununna dan ti a la hi sek hi. Welsh kochuam chun kum 1801 a pat in a la mang pan a, kum 1823 in kim zaw diak in thugin leh dan dangte tawh kikawp in a sua a, zia chu sappau ah letdawk in kum 1900 ah tu a gual hin suadaw a hung hi tai. Khristian hinkhua kikaihuaina dan kichiantak neina ding ah zia dan te hi siam ahi. Thugin lam leh kipuihuaina ding in Bible hi i kingakna pen ahia, zia kikaihuainate hi Bible kingakna mang ah siam vek ahi. Ziakiakchun, zia kikaihuainate hi khawksa lo mi chu Khristian hindan pha mi ahi puai. Himaleh, zia kikaihuaina khenkhatte hi zui lo zia in kochuam in a chungchang uh a ngaitua ngai diak puai. Maleh a leng ah hin kochuam in a pawm leh a tup chu ahi chiat hi.

Bible ah ziltitna i muu, i kochuam in a pawm leh a tup pumpi hi dan tawmcha ah zikdaw sen ding ahi pua, zia kikaihuaina tawmcha hi i kochuam in a pawm leh tup sulang chiantu bep ahi. Thupi ni ah khen in zan ni (two nights) gen ding i hui a, tuzan ah hin Khristian hinkhua sakhua lam, eima lam leh sungkuan lam gen ding i hui:

### **I. Sakhua Lam ah:**

1. Pathian ho (biak) hi Khristiante bawl ding pawimaw pen leh masapen ahia, Khristian khat chun Pathian hona a thatham ding ahi pua, a ngai pawimaw zing ding ahi (Joh. 4:23,24; Heb. 2:3; Mk. 12:29,30).

2. Gingu zosia'n Pathian ni a chan/nit ding uh ahi. Khawvel na seplawk thei leh nidang ah bawl thei - chawk leh zawk te, thu pawimaw dang dang genna leh eima nasepna mat lo ding ahi. Chawldamna mang ah imutna leh eimaw pawimaw lakna mang lo in Pathian hona leh a thu ngaithakna te, thagau lam ah phachuam ding taphawt bawl na a mat ding uh ahi (Exo. 20:8-11; Isai 58:13,14).

3. Pathian thu tawh kituak lo leh Khristian lungthim susia thei taphawt- khawthim thil hi nawpnate, tawt thu thaanghuaite, khawvel laam te, zu dawn lehkhawthim thil matsual te, nawpchenna diklote nutsia ding ahi (II Kor. 6:17; Rom 12:2, Ephe. 5:11).

4. Kingaina leh hukna lam thil gilo bangma a hi ding uh ahi pua, gitlo gual ah kilang leh gitlona lam ah ei pulut thei - milim phalo leh film phalo ette a chiin ding uh ahi puai (I Kor.6:9; Ephe.5:3)

5. Kithawina lam thil him him ahi ding uh ahi pua, thiampu na bang hileh le- aisaante, khutlam ette a bawl him him lo ding uh ahi. Lam zosia Pathian a gin ding uh ahi (Lev.19:31; Deut. 18:10,11; Exo. 20:3; Lk. 4:8).

6. Pathian thu in ei hil dan gual chet ah Pathian i ginna lungthim kaimang thei taphawt- milim hona lam thil te, khawvel mite ni chan (nit) leh tha chan te, hapta sung ah ni pha leh pha lo chante a pawm ding uh ahi puai. Khawvel miten thiang lo ah a ngai uh gindan ngawluai leh kithupi sakna ngawluai thil dangte le khawksak lo ding ahi. Zia zosia hi Pathian dik leh khawvel pathian pawm khawmna ahi.

7 Pathian gam ding ah pawimaw thawlawm, Pathian thu ah langte hi theitawp in a ngai pawimaw ding uh ahi. Khrista lak khawmpi lo chun a thezak ahi (Lev. 27:30-34; Mat. 12:30).

## **II. Eima lam ah:**

1. Mihing susia thei leh Pathian nasepna lam ah tin lo sak thei, nek leh dawn leh chep leh muan kisuum ding ahi (Lk. 21:34; I Kor. 6:10).

2. Mitin eima kiphutawk in thiangtho tak leh dik tak in kichei ding ahi. Chapona ding leh kilat chuamna ding ahem ah kicheina chu pumpel ding ahi. Thuthung thak in Khristian hindan lak ah a ngai pawimaw khat chu thilhi phat ah kithuam hi ahi (I Tim. 2:10; I Pet. 3:2-4).

3. Mitin hi ama nasep ah a ginum ding ahi. Sep theina leh sepna hun a nei uh kha a thatbei san ding uh ahi puai. Zia gual mi chu Lalpan a dem nasat zia chu a hiatzing ding uh ahi (Mat.25:26).

## **III. Sungkuan lam ah:**

1. Sungkuan thu a gel fel ding uh ahia, a chateu Lalpa hiatna leh zana lam ah a kaihuai ding uh ahi. Insung kikhawpna a thei dan dan ua a nei sek ding uh ahi. Chutilochun, a chateu Lalpa thu ah kaihuaina lemchang nei lo ding a hui.

2. Insung leh mihing ki-etkawlna ding chuam chuam, Bible in a gente hi phatak ah a zawp ding uh ahi (Ephe.5:22-6:3; Kol.3:18-22; 4:1).

3. Gingo mite tawh a kichen ding uh ahi pua, Khristian thugin tangpi pawmlo mite leh ginna chuam pawm mite a kichenpi lo ding uh ahi. Kichen masang leh kichen lai in khawvel dan phalo a zawp ding uh ahi puai. Kicheng ding taphawt in a thagau lam uh phatna ding a ngaitua ding uh ahi (II Kor.6:14).

4. Kochuam mite chu kochuam dan lo ah a kichen ding uh ahi pua, zia gual ah kichengte chu lawp piak ding ahi pua, kilawm lo ahi (II Kor. 6:14,15).

## **Genkhawm ding:**

1. Pathian ni chan ding dan pha genkhawm hileh.

2. Khristiante ding ah kithawi kimut, Aisaan, khutlam et phal ahilona ziak genkhawm hileh.

## **September - 9**

**Thupi:** Khristian Hinkhua - II, (Kochuam, Sawlkar lehKhawtang Lam ah).

**Bible:**Rom 12:9-21.

**Thumapui:** Tuzan ah hin Khristian hinkhua kikaihuaina kochuam, Sawlkar leh khawtang lam ah Khristiante um ding dangen i hui a, ziate chu eimau phuak kawm hi lo in Bible in Khristian khat chu bang gual ah khawsak ding in a dawm em ti thu gen ding i hui. Khristian khat chun biakin sung leh kochuam nasepna leh umkhawmna mun bep ah Khrista nungchang/Khristian zia a sulat ding ahi pua, eima insung leh khawtang hinkhua ah le hindan pha sulang ding ah kineppi i hui. “La vak uh chu mite mit mu in vaak ta hen” ti ahi gual in Khristiante hi khawtang salvak ding leh i society siampha ding ah ko i hui a, ziachu (a gospel

puai) Pathian thu ahi puai ti thei ahi pua, Khristianna leh khawtang hinkhua hi lakkhen thei ahi puai.

### **I. A. Kochuam Ki-etkawlna Lam ah:**

1. Mi khat in a suapi (Khristian chanpi) gitlona mu hen la hileh Khrista ziltilna gual ngei in siamphat a guat ding ahi. Hil ah siamphat thei ahi lo chun thunun ding ahi (Mat. 18:15-17).

2. Khristian leh Khristian a kihek uh ahi chun kochuam chun chingthei tak in panpi bik nei lo inhil ah siamphat a guat uh a phai. A chungchang uh a thupuk masang un hiatpitude thu dik tak in a ngaitua ding uh ahi. Kochuam thununna thuak ding ahi chun lungsiatna nei ah thunun ding ahi (Deut. 19:15-18; Gal. 6:1).

3. Thunun ngai khawp hial ah gitlona thil bawlte chu a simna ding uh leh a nung ah kochuam ah hung bawl dingte venna ding in thunun ding ahi. A sim hun uh chun laklut kit ding ahi. Laklut ahi masang in kochuam sung ah (ti chu kochuam mipi thasik ah) bangma chanvo a nei ding uh ahi puai. A sim uh leh sim lo uh et thaakna ding in thaguk a hun tawk hi (I Kor. 5:1-5; Nupan chungchang Dan, Bung 5:1).

4. Kochuam ah kinialna leh kilemlona hung pawt hen la, kochuam in a ngaitua chun thupukna diktak a siam ding ahi. Thupukna a siam thei lo chun kochuam vaihawmna sang zaw a tut ding uh ahi (Exo. 18:21-26).

5. Kochuam Pathian biakna kikhawpte chu dik tak leh phatak ah vawp phat ding ahi. Bible sim te, pauchapte, la sak te, thugen te a pan tei ding ahi. Kikhawp sung chu a sawt taakluat ding ahi pua, kikhawpna kibawl zosia chu kikhawmte patchuampi ding ngaituanaah bawl ahi vek ding ahi (I Kor. 12:7; 14:40; I Thes. 5:11).

6. Kochuam Pathian biakna kikhawp chu kochuamte tel leh khawmpu namdet miten a mapui ding uh ahi (I Tim. 3:1-13; 4:14-16).

7. Kochuam Upa ding in Pathian ngaisak mi leh kochuam thugin det tak ah vawp mi lo chu tel lo ding ahi. Zia chanchinpha bu li te leh Khristian hinkhua kaihuainate, sacrament thute leh kochuam thuginte hi a hiat ding uh ahi (II Tim. 3:14-17).

### **II. Sawlkar Lam ah:**

1. Vaihawmtute leh hotute mawk dem ding ahi puai. Sawlkar luchangpen leh a nuai ah mite thu zawp ah za ding ahi (II Pet. 2:10; Exo. 22:28; Rom 13:1-7; I Pet. 2:17).

2. Khristian khat chu khua leh tui pha ahi ding ahi. Kitelna ah vote khiak te a ngai pawimaw ding uh ahia, leiman (tax) dik tak in a piak ding uh ahi (Rom 13:7).

3. Gam dan in chawk leh zawk te, nei leh bawl te a phal lo chu a guk ah a bawl lo ding uh ahi (Rom 13:7).

4. Unau kikaal ah thubuui chu sawlkar vaihawmtu (court) ah tut lo in kochuam ah tut hihen la, kochuam vaihawm chu pawm thei leu a phai (Mat. 18:15-17).

### **III. Khawtang Lam ah:**

1. Mi'n a chung ah hi leu ti a dawu gual chu mi chung ah a bawl ding uh ahi (Mat. 7:12; Lk. 10:33-37).

2. Mihing leh pawlpi a ding ah pha ding panpina lam thilbawlina ah chun a theitawp ua pang a, thawlawm a la pia sek mi ahi ding uh ahi. “Mi zosia chung ah thilpha a bawl ding uh ahia, ginna sungkuanpate chung ah a hi diak ding uh ahi (Gal. 6:10; Ephe. 2:10).

3. Vaihawmna te, tena te, bukna te, dik tak ah bawl chiat ding ahi (Lev.19:35; Thupl. 20:10).

4. Thil guk te, lepguk te, du-am tak ah mi gamgi nek genthei te, sum lam ah lottery bawl leh sum ah kihel te bawl lo ding ahi (Ephe.4:28; 5:5).

5. Bat leh dit thu ah ginum ding ahia, a hun tak leh dik tak ah dit gaw lo chun bangma lak lo ding ahia, kithepna ahi (Sam 37:21).

6. Gingtu chu sum matna a pil thei ding ahi. Ngawlhuai tak ah sum mat a, mi a diklo tak ah tamtak bat piak hi thil gilo tak ahi. Leiba dit thei lo haksa chu ngaidam ding ahi. (Lk.16:2; Mat.18:23-25).

7. Thutiam leh thuthung pawimaw chu a bawsiat ding ahi pua, thei dan dan ah pitin mi ahi ding ahi. Pathian min ah thutiam vang vang chu Pathian in a hiatpi ziak in a bawsiat ding uh ahi puai (Rom 1:31; Sam 15:4; Exo.20:7; Thupl. 5:4).

8. Chawk leh zawk ah ginum ding ahia, chawk ding gensiat taakluat ding ahi pua, zawk ding genphat taakluat ding ahi keei puai. A helote thep ziang ding ahi pua, a man dik tak leh bazar rate ah zawkna a hun tawk sak ah piak ding ahi (Lev.25:14-17; Thupl. 20:10,14).

9. A kamsuak uh a thiantho ding ahia, diktawk leh kilawm a gen ding uh ahi. Hansialaw te, siasap te, Pathian min sal ah mawk kitiam te, zamaw sua te leh kul lopi zamaw lam ah holim a chin lo ding ahi. Mi gensiat leh mi chungchang gen a chin keei lo ding uh ahi (Ephe. 5:3,4; Mat.12:37).

10. Huham tak ah a nialhat ding ahi pua, nial zawna ding ah kitiam a bawl lo ding ahi. Dik tak leh lamzang tak in a panna a gen ding ahi (I Tim. 6:5).

11. Mi zosia tawh kilem ah um a tup ding ahi. A vengteu leh Lalpa ah a suapiteu muda leh kituaklo ah suksiat nuam mi chu Pathian gam mi ahi puai (Rom 12:18; I Kor. 6:9).

### **Genkhawm ding:**

Mi gensiat, pau zamaw, hansiat phatlo dan genkhawm hi leh.

### **September - 10**

**Thupi:** Lal Jesun Hindan Pha a Ziltil Dan

**Bible:** Mat. 5:1 -12; Lk. 6:27-36.

**Thumapui:**Lal Jesun hindan pha a ziltil dan hi chanchinpha bu thum- Mathai, Marka leh Luka zik te hin a um hi. Tang chung ah a thugen hi a bulpi pakhat chu ahi. Lal Jesun hin vantang hinkhawm dan lam sang in mimal hindan ding gen tam zaw hi in a lang hi. Nasepna (Mat. 9:33-39) leh sawlkar ah hi ding (Mat.22:15-22) chu gen tho maleh a gen tam bek puai. Zia sang chun ngaidamna chungchangte, hepina thute, van ah go khawl khawm lul dan te hi aha gen zawi.

Pathian a phat bukim gual ah bukim ding in ei hil ahi (Mat. 5:48). Kinepna tawh pauchap ding in le ei hil ahi (Mat.7:7-11). Khristian khat chun a thil hi taphawt chu Pathian batna nei in Pathian lopina ding in ahi ding ahi. Lal Jesun hin Pathian hepi ding leh invengte hepi ding in ei zilti nasa ma ma ahi. A hungna zia chu mi dangte na sep piak a, a gitlo uh tatna ding ah a hinna a piak ahi ti a kichian hi (Mk. 10:45). Pathian leh invengte hepi hi dan zaw bukimna ahi, tin a zilti ahi (Mat.22:34-40).

**1. Pathian Gam:** Lal Jesun Khristian hindan pha a zilti na hin Pathian gam ti hi a lailung (central theme) ah a khaikhawmna mang in zia chun lut theina ding ah lampi chuam chuam in thu a gen hi. Kochuam ti hi 2 vei bep a gen lai in Pathian gam ti hi 70 vei a gen hi. Pathian hi siamtu, enkawltu leh vaihawmtu ahi thu zia Pathian gam thu hin a langsal ma mai. Zia Pathian lalna leh vaihawmna nuai ah kituklut hi hindan pha bul chu ahi. A thugen patnan “Sim un Pathian gam a nai ta, chanchinpha hi ging un (Mk. 1:15), ti in bul a pan hi. Hindan pha a zilti na zosia chu Pathian gam hindan puandawna ahia, zia chu a lul ma ma zia in go phumguk leh tuikep suang tawh a tekhi hi. Zia Pathian gam chu lut lo sang in lutna ding ahi phawt chun mit langkhat kheldaw mai te, khut langkhat tan mai te a phatzawk thu a gen ahi.

Tang chung ah a thugen hi Pathian gam chungchang Jesu zilti na lawm ahi. Pathian gam neitu muthei ding ah thinlung thiangtho put a pawimaw thu a ha gen hi. Eima ah kisuanna him him nei lo, khawvel gitlona zia ah lungngai, mi kingaitawm, midik hi nuam ah phatchuamngai, mi dang te lungsiat leh lungthim zang, chamna ngaisangtu hi ziang lo ah a siamtu hi leh phatna zia ah thuaktu hi ding in Pathian gam ah umte chu a zilti ahi. Zia gual mite chu khawvel siam phatu leh Pathian lalna tuntu ding chi gual ah al leh vaak gual ahi thu a gen hi.

Dan leh thupiak lam thu in Mosi a sang ah thuk zaw a hun pawdawk a, dan sumang ding hi lo in subukim ding ah hung ahi zawk thu a gen hi. Mit sang ah mit, ha sang ah ha ti te hin Pathian gam ah chun mun a nei pua, Pathian ngaidamna a hung kitangkopi hi.

Mihing chanpite kam hawilo tak ah bawl chu tualthat gual ahi thu te, a guk ah mi ngai chu thanguai gual chet ahi thu te, nupan kikhen a lemlo thute tiang in dan um sa khel in a hun zilti ahi.

**2. Pathian Gam ah Lutthei Dan:** Pathian gam hi a thawn ah piak himaleh hawl ngai ahi (Mat.6:33). Pathian gam ah lut theina ding ah Jesun a gente chu:

**i) Piantak:** “Mi kuale a piantak lo chun Pathian gam muthei puan a (Joh. 3:3).

**ii) Sim/Haisan:** Thagau lam leh lunggil lam ah danglamna ahi. Lampi pakhat a pat lampi chuam ah chia, gitlona lampi a pat Pathian lam leh dikna ah chia ahi (Mk. 1:15).

**iii) Ginna:** Ginna chu Khrista leh chanchinpha zia ah eima kihiatmil hi ahi (Mk. 8:35).

**iv) Thu-awina:** Pa Pathian dawigual zawm ding ah thu-awina ahi. Thu-awina bul chu Pathian hepina hi ahi.

**v) Dikna:** Phat nawpna, thilpha hi nawpna leh Pathian dawigual ah um nawpna ahi. Hindan ah hi lo in, sunggil a pat dawina tak tak a kul hi.

**vi) Naupang gual ah kingakna:** Naupang ginna gual ah kingak ziangna ahi (Mk. 10:15, Lk. 18:17).

**vii) Lungthim munkhat ah kipiakna:** Bangma dang in a sukbuai lo lunggil det tak ah kipiak hi a pawimawi.

Lal Jesun ziagual lungthim chu pu ah simna leh ginna nei ah Pathian gam ah lut ding in mite a chial a, Pathian gam chu a nai taak zia in muang chaang lo ding in a gen sek hi. A ngai pawimaw pen chu Pathian gam phudaw hi ahi.

**3. Jesu Ziltina Tangpi:**Lal Jesun hindan pha a ziltina in thildang zosia sang ah Pathian hepi pen ding in a phuut a, a ban ah mihing chanpi invengte hepi ding in a gen hi. Mihing leh mihing khawsak khawmna matchak ding in sana dan (Golden rule) “Mi’n la chung ah hi leh ti la daw gual chu mi chung ah le hi in” ti hi a mang cha, zia lo chun dan chungchang in a subukim ding ah hung ahi thu a gen a, ngaidamna thu in le 7 vei mun sawmsagi ti Peter kiang in a gen piak hi. Kingaina thu in ngai guk chu gitlo in a kaw a, nupan kikhen chu a zawptu Pathian thu-awilona ahi, a ti. Sia (tax) piak pawimaw a sak thu a gen a, zia a gen zosia chun a tup thupi pen chu Pathian gam ahi. Zia chun lut ding in mi zosia a chial hi.

### **Genkhawm ding:**

Pathian gam hi hechian taw in i kihiau em?

### **September - 11**

**Thupi:** Paul in Hindan Pha a Ziltin Dan

**Bible:** Kol.3:12-14; Ephe.4:25-32.

**Thumapui:** Paul in khros ah thi Jesu leh khros thu a gen sek a, Lal Jesu leh khros a pat in bangkim a thiil a, zia chun Pathian hepina a mu, dan thu a la hiat ma ma taak chu lungsiatna vaak a pat chun a thiil zaw ta ahi. Dan leh hepina chu khaikhin chung in a pankhawm sak sek tho hi. Bangkim kochuam te, nasepnate, nisin hindan te, khawvel leh a dang dang te le Pathian hepina lopi tak kipuanna Jesu Khrista a pat in a thiil vek sek ahi. Tichun Pathian hepina a pat ah ngaitua in hindan pha hi le a ziltin ahi. ‘Lal Jesun hindan pha suang a phum a, zia chung a chun Paul in in a sa’i’ ti in a gen sek ui. Lal Jesu suangphu pawimaw tak mai pakhat chu Pathian hepina ahi.

**1. Khrista ah:**Zia hi Paul thupi pen ahi. Lal Jesu tawh kizawpna a hagen ma mai. Hukdamna leh Khristian hinkhua le ‘Khrista ah’ ti leh ‘Khrista ah hinkhua’ tin a genchian sek hi (Rom 16:3, 9). ‘Khrista ah’ ti hi ama ding in ‘Khrista thunun hinkhua’ tina ahi. Hindan pha a ziltin pen le Lal Jesu Khrista tawh kizawpna pha nei ahi. Khrista ah thil siam thak hi ngaituana thak leh hinkhaw thak tina ahi pen hi (II Kor. 5:17). Tatna leh siamthakna hi a bul patna ahi.

Khrista tawh kizawpna hin gingtu chu kona tawh kilawm ah um ding in hatna a pia, kingaitawm a, thunuaigawl leh hepi thei ding in a panpi sek hi (Ephe.4:1-3). Chiindan masa lungnatna te, thepna te, gukchak te, gensiatna te, khaatna te leh Thagau Thiangtho hi lungngaina chi him him te chu haisan ding ahi. Kihepituana leh kingaidamtuana lunggil nei zawk ding ahi (Ephe.4:25-32). Khrista tawh kizawpna chun lungsiatna hinkhua nei te, vak chate lampi haw te, mi ngawlte gual ah um lo ding te a kengkhawm suak ahi (Ephe. 5:2-15).

**2. Hepina:** Paul hin Khristian lunggil phatna khuampi chu hepina ahi ti a hagen ma mai (Gal.5:14). Khristian hinkhua hektu pen chu hepina ahi ti maleh dan pawimawna a kawiniam chuam puai. Dan chu phachuam zing tho in a gen hi (Rom. 7:12). Khristian zalenna hi gitlona leh thu-awilona ding lemchang ah mang lo ding in a ziltlahi. Hepina hilchetna hawi tak I Kor.13: in a gen hi. Gingu'n Pathian a hepi leh vengte a hepi chu a nisin hinkhua suhattu pen ahia, hepina chu bangkim khaikhawmna ahi, a ti.

**3. Kingaitawmna:** Hepina ziak ah Jesu kingaitawmna chu lopi a sa, ama gingu chu le kingaitawm ding in a tiilkho nasa ma mai (Phil. 2:5-11). Zia kingaitawmna hi Pathian leh mihing te ma ah kilatsak ding ahi. Pathian in nasepna a piak le hepina ziak bep ahi a he, kisuan thei ahi puai. Zia gual chun mi dang le kingaitawm tak ah Pathian bel ah a na a sep ding uh hi in a ngai hi.

Zia kingaitawmna leh thunuaigawlna chu nei ah eima sang ah mi dang kawichungnung zawk thiam a, mi dangte dinmun hiat thiam piak hi hindan pha chu hi ah he in a ziltlahi (Phil. 2:1-4).

**4. Pathian hina:** Pathian zia lopi pen chu hepina hi ahi. Zia hepina hin ama makhua bep a khual pua, Pathian hepina hin mihing hinkhua a lul sak ahi. Lal Jesu hinkhua hi Pathian in mihing a hepi kipuandawna ahi. Zia hepina chun Paul hinkhua a zo nasa, gingu hinkhua ah nasatak in na sem leh ti a dawhi hi (Eph. 3:19).

**5. Tatna:** Tatna chu gitlona suak hi sek chu Khrist ah sukzalenna ahi (Kol.1:14; Gal. 2:4). Zia chu lunggil lam siamthakna ahia, mihing lui liptha mihing thak ah kithuamna ahi. "Kua le Khrista ah um chu thilsiam thak ahi" (II Kor. 5:17). Thinsung ah Khrista a hung chen chun thinsung lam a pat siamthak hi in pawlam ah zektan hi lo in, thilsiam thak a hung hi zaw ta ahi (Gal.6:15).

Tat te hinkhua in a dawhi (tup) pen chu Khrista gual hi ahi (Phil.2:5). 'Khrista lunggil' chun lunggil phatna nei ding in gingu ah na a sem sek a, kingaitawm ding leh ama makhua ding bep khual lo ding in a panpi sek ahi. Khrista lunggil hi gingu in a kikawppi sek ahi. Tatte chu zuau gen te, lungnat te, huat te, gensiat te, pau zamaw te chiing ta lo ding leh kingaidamtua ding te, hin thiango ah hing ta ding ah ten a hil hi (Kol.3:5-14). Khrista hindan chu hindan pha sang pen ahi.

**6. Gingtute Kipawlkhawmna:** Mi dangte tawh kizawp dan ding kaihuaina phatak gingtute ding in Paul in a gen a, zia chu hepina ahi. Mihing hi a pun ah chengkhawm ding ah siam ahi ziak in hepina te, kipawlkhawmna te, kihiatthiamna te leh sephawmna te a pawimaw a, zia chun hinkhua hi umzia a nei sak a, a sunuam sek ahi. Ziazia chun kipawlkhawm hi gingtute um dan ding ahi.

Khristian masate kha nam chuam chuam, sakhua chuam chuam leh seiletna kibang lo tak tak a pat chia khawm a hui a, haksatna le a tuak sek ua, Paul in a pun ah Pathian ho khawm tam ding in a hil ahi. Kipumkhatna pha a nei lo ziak un Korinth kochuam te chu a gai zing ahi. Kolosa khua ah gingtute le lungnatna te, huatna te, gensiatna te, pau zamaw te leh zuau gen haisan ding in a dawn ahi. Galatia gam ah kochuamte le kikiattua a, kinetua lo ding in a hil kit ahi (Gal. 5:15).

Pathian thilthawn piak chuam chuam chu mi dang te sukmalna ding leh sukhatna ding ahi ti in a hil hi (Rom 12:6-13). Pastor leh kochuam puitute chu le za ah panpi ding in a hil kit hi (I Thes. 5:12-15).

**7. Nupan hinkhua:** Nupan chungchang hi I Kor. 7: ah te, Ephe. 5:2-33; Kol. 3:18,19 ah ten a gen hi. Zi chu pawsal a ahia, kilemsaktuana bep ah umkhawm ding ahi thu a gen hi (I Kor. 7:3-5). Khrista zia ah kilem tak ah kichen ding ahi, a ti.

Nupan chu kilutchaktua ding ahia, pawsal chu siam masak ahi zia leh luchang zawk ahi zia in zi chun Khrista a chun a pawsal thu zawm ah a kituklut ding ahi. Pawsal in Khrista hepina kikawppi in a zi a hepi in a duat kit ding ahi. Zia hin Khristiante kichenna hi Pathian thu ahi dan a sulang ahi.

### **Genkhawm ding:**

Paul pianthakna hin a hinkhua leh thil thiil dan a kikhel vek a, eimau ah danglamna um lo hi pianthakna dik ahi thei diam?

### **September - 12**

**Thupi:** Siatni leh Phatni

**Bible:** Thug. 7:1-8; Rom 12:15.

**Thumapui:** Tuzan hin siatni phatni chungchang gen ding i hui a, bangtik leh i tuak ding uh a hem ti genlawk thei hilo maleh hunkhat chu hung um ngei ding ahi. Sungkuan tin hi khawtang hinkhua ah pang chiat i hui a, siatni leh phatni le i nei chiat uh ahi. Zia hin Pathian thu mang ah Khristian hindan pha i latsak uh a pawimaw ahi.

**1. Siatni leh Phatni umzia:** A thu hin a kenkhawm ngal gual in a tangpi in siatni chu thini, man ni ahi mai a, phatni chu mo lawp ni ahi mai hi. Ngaidan a kibang pua, himaleh i sui chipchial chun thini bep hi siatni hi lo in, hiat zingna suangphu phu ni leh siatna dang dang i tuak ni te, accident ni, damlo natak tuak hun, thi champha, thigawpi, huipi, lei kitawl (landslide) linling leh a dang dang zia ah siatna i tuakte hi siatni ahia, zia hun hi midang panpi i ngai hun ahi zia in siatni chu ahi.

Zia gual chun phatni chu le kichen ni bak ah mihing kipak ni i tuak hun a um sek a, zia gual ni a chun kipakpitu i pawimaw hun a um sek hi. Phatni ti kham ting bek lo leh le pian champha te, exam lawtin ni te, in leh lo, gari lamdaw ni te leh kipakna dang dang te hi mimal ahem, suangkuan a hem phatni chu ahi. Zia hunte hin Khristian hindan pha i sua hun pawimaw tak chu ahi sek hi.

**2. Siatni ah:** Lusun in ah thugen sek pakhat chun, “Kipakte chu kipakpi un la, Kap te chu ka pi un”, ti thu hi gen in, “lungngaite chu lungngaipi un la, beidawngte chu beidawnpi un la, lusunte chu suunpi un ti in a gen belap zung zung sek a, a pha tho hi.

Tu masang ah khan thi thu hi thango mang in kigen sek ahi. Khua chuam ah chanaute bak in gam lakpi chiana ding tiang ah le kigen sek ahi. Tuhin chu phone ah kigen ahi sek ta, khawpi sung ah umte chu cable TV ah le taaklat sek ahi. Tichun a nung ah he bep le tamtak a um thei sek ahi.

Eima thingtang pa dan in siatni hin i kichial ngai bek pua, a he taphawt kitaikhawm ngal sek ahi. A zing lam ah le a pawimaw dungzui ah chia khawm in galna sum piak hi bat ah ngai deu ahi. Damlo taw ding in le a kikigen ngai pua, bengvak sua mai sek ahi. Dam lo kan



na'n a hem, tawna'n a hem ti in a nei lemchang chun sum a hem, thil dang a hem piak sek ahi. Siatna dang tuakte le tawmngai sua a pawimaw dungzui ah panpi sek ahi.

Galna ahem, panpina ahem, thawkpina ahem i bawl hin bang gual lungthim a hem i put ding uh, Khristian hindan pha bangtin hem i latsak ding ti hi dawtna pawimaw tak ahi.

1) Bible ah i mu gual in kapte kaa pina (Rom 12:15) lunggil tak tak nei thei leu hen.

ii) Lal Jesu min in hithei leu hen phazaw diak ding ahi. Zia lo chun Pathian nasepna lungthim pu ah Lal Jesu min ah bawl hi phazaw sem ding in a ginchak um hi. Ama'n le, "Ka min ah tuivawt no khat le pia chun a kipakman chaan keei puan a" a ti (Mat. 10:42). "Zia naupang neupen te chung ah la bawl uh chu ka chung ah la bawl uh ahi" a ti kit hi (Mat.25:40). Lal Jesu min ah bawl ti hi khawtuana nasepna hi ahi mai hi.

3. Sum leh thil dang sang in mihing i kipawimaw masa zawu ahi ti hiat a pawimawi. Khenkhat in paisa nei lo zia in i chia huphul khawlawu a, i chia lo khawwlaw sek ui. Taksa ngei ah thawkpina latsak hi a pawimaw zawi ti hiat ding ahi.

4. Galna ahem, panpina ahem hi mi genthei taphawt in a pawimawu ahi. Mi kitithei leh khawsa thei deu te hi chu paisa in gal khel lo maleh hen a khawk bek puai. A hausate pe tam ah, a gentheite piak tawm zawk hi a kilebul zaw ahi. Gentheite pia tam zaw le hen, Khristian te hindan ding hi zaw lo ahi diam?

5. Pi leh pu hun ah kipat in lusun hun ah lenkhawm ual nam i hui. Khristian i hi nung in le la phatak tak in i ki-awi ua, a pha ma mai. Maleh lim i tup takluat uh ahi diam ti hi ngaitua kham ahi. I lim chun a pha, maleh la sak a nawp lo ah i lim lo leh le tawmngaina ah sak mai hileh.

Chun la sak lai ah lusun sungkuante nemna lam hi lo ah Pathian thudang gen sek hi a pha puai. Kochuam gensia leh ziltilna dik lo leh him lo gen diak diak chu khap hial ding ahi. Himaleh mi khenkhat lusun sungkuante ding ah pha gen ding nei a um sek zia in hun zosia la sak ziang chu a pha diak puai.

6. Mithi lim kilakpi hi i habawl pan tau a, zia hin hun leh sum a suhek ahi. Sungkuan leh a kinaipi ma ma ten a kilakpiu chun huntawk mai hen la, a tawm thei pen ah bawl a phai.

7. Dam lo leh haksatna tuakte hi paisa neilo zia ah taw lo sang in chawi nei lo le hen le taw tho tho a pha, ngaikhawk latsakna ahi. Pauchapna nei piak hi a pha, a hiatlo ua in lam leh biakin ah i pauchap piak bak in a umnau mun ngei ah pauchap hi a dawngtu ding in a kipak um ahi.

**3. Phatni ah:** Phatni hin Khristian hindan pha latsak ding dan tamtak a um hi.

1. Kicheng ding ten kichenna hiatpi leh kipakpi ding in mi a chial sek uh ahi. Kichenna kikhawp hi kochuam programme ahizak in biakin a hem, mun dang a hem ahi in le hiatpi ding ah va pan ngei hi a phai. A sawt ding i lau sek a, kicheina lam le i ngaitha deu sek a, maleh Pathian biak kikhawpna hun pawimaw ahi zia in phatak ah kicheina lam ah le kithada lo a phai. Kichenna mun ah limlatu vak lumlet hi kochuam dawidan ahi puai. Kochuam kikhawpna a suza-um puai.

Mo lawp hi le hall ah a hem, mun dang ah ahem, kichenna gil zia leh Pathian phu ahi he zing ah bawl ding ahi. Mo lawpna senso hi a haksa lo lam ah bawl a phai. Mi hausaten luai a the thei zia un gentheiten le thupi tak ah bawl guat ham ham lo ding ahi. Eima sungkuan dinmun in a phak tawk hiatthiam a pha, a kipakpiten le an nek khel guat lo ding ahi. Kichengte kicheina le man tamtak ak khel hi kochuam dawid dan ahi khel puai. Bat lak kawm ahem, ba ah ahem ah kichei hi Khristian hindan tawh a kituak puai.

2. Phatni dang ah le sungkuan dinmun tawh kituak hiat a phai. Kipakte kipakpi hi kizilti zel ding ahia, amau suhek lam sang in panpi lam ah kipakpi hi Khristian hindan ding zawk ahia, chin zawk ding ahi.

3. Siatni phatni ah kithawkpi a, kipakpi leh kichawihawi hi Khristian hindan ahi. Mithi khawvakpi leh lusuun lenpate, thaan chotu tangvalte leh anchang dawl sek nungakte phatchuam zia hi hiatmil ziang ding chi ahi puai. Mi zosia'n siatni phatni i nei chiat ahi ti he ah ki-uaptua hi Lal Jesu min ah i bawl chun Pathian nasepna piting ahi chiat hi.

**Genkhawm ding:**

Siatni phani ah i kipanpitua dan uh hi lungawi um tawh i sau em? Siamphat ngai leh panlak zawk diakna ding ah ngaite genkhawm hileh.

**September - 13**

**Thupi:** Nek Hawlna ah

**Bible:** Gen. 2:15; 3:17-19; Thug. 9:10.

**Thumapui:** Mi zosia nek leh dawn i pawimaw chiat a, ziaziakchun nek hawl a ngai hi. Mi taima leh lemheten a nei tam mai ua, taimatak ah sem chung ah vangsiat zia ah nei lo thei le ahi tho hi. Himaleh a tangpi in Pathian hi a thudik a, diktak leh taima tak ah semte chu a sepman uh a pe sek a, a khawsa-ul man uh a malzawl tei sek hi.

**1. Nek Hawlna Umzia:** Nek hawl na ti hin nek leh dawn bak in i pawimaw thil dang sil leh chen leh a dang dang le a huap khawm hi. Zia i pawimaw chuam chuamte chu i nei theina ding ah i nasep zosia chu nek hawl na chu ahimai hi. Mi nuai ah sem i hi em, eima na sem i hi em chu le nek hawl na ahi tho hi.

Nek muna ding in nasep a ngai a, mihing puk masang in Adam kiang ah Pathian in a na ding a pia, zia hin nasep chu mihing in a pianpi him him ahi ti a sulang hi. Pukna chun nasep pawimawna chu sumang chuam lo in a suhaksa zaw diak ahi.

Adam chu Eden huan enkawl leh veng ding ah Pathian in na a pia, gamsa zosia chung ah thuneina a pia, ziagualmachun mi zosia'n i hinna ding leh nek muna ding in nasep i pawimaw chiat ui. Gim tak ah khawsa-ul pawt zung zung pum ah sem ah ne ding in Adam chu thupi ah. Zia chu tuni tiang in a danglam diak lo ahi.

**2. Nek hawl na chi chuam chuam:**

**1. Lou/huan Siam:** Eimite hi a tamzaw hi lou nei ah nek hawl i hui a, sungkuan 70% chu lou nasem ah kivaak i hui ahi.

**2. Sawlkar Na:** I gam ah mi tamtak hi Govt. department chuam chuam nuai leh uniform van ah nasem, khenkhat chu company ah nasem a hui a, bang na hi ziang taleh taimat leh diktat a ngai hi.

**3. Sumkawlvei:** Sumkawlvei i ti hin dawh(dukan) ngak te, bazar ah thil zuak te, thingpi hotel siam te leh sum supung lam ah nasem chuam chuam te a huap hi.

**4. Nikhawtha Kilaw:** Zia hin thing nasepna lam, suang nasepna lam, cement nasep te, lei chaw lam nasep leh na chuam chuam sem ah kilaw kawm te, nitha law bithiak zat nei ah kilaw te a huam vek hi.

**5. Eima nasep Kisiam:** Kua ma gawi lo- sanga vaak te, gan vaak te, khuai vaak te, lung vaak te, lekha sukna press nei te leh a dang dang sam met, kengtaw siam, puankhui leh thil dang dang sem te hi ahiu. Tulai hin politics kihel hi nekhawlna mang le a um ta ahi.

**Nek hawlna Pha leh Phalo:** A chung ah i gen taakteu hi nek hawlna pha ah kawiphawt leu hen, i lungthim ah dawtna hung um chu nek hawlna pha leh pha lo, Pathian leh kochuam dawilam leh dawilo lam a um diam ti hi ahi.

William Barclay chun, “Dik tak ah Pathian ho chu nisin hinkhua Pathian kiang ah lat chu ahi”, a la ti ahi. I nisin hinkhua chu nekhawlna i mang tam pen a, Pathian biakna mat taak lo na chu um thei ngei in a ti ginchak a um hi. I na chu Pathian khut ah kawlsak ah a malzawlna dawt kiphaklam umna nasep chu nek hawlna ding in thiangtho taw lo mai thei ahi.

### **3. Nek Hawlna Nasep Ding Dan:**

**1) Kona:** John Calvin chun, nasep hi Pathian kona hi in a gel hi. Pathian in sep thiam lam, chemchiana lam ei pia chiat hi. Zia chu i nek hawlna ding na chu ahi. Pathian kona ahi he in a nasepna lungthim pu in eima na chu sep ding ahi.

**2) Taima tak ah Sep:** Pathian hi Pathian taima ahi. Lal Jesun, “Ka Pa’n tu tiang in na a sem zing ahi”, a ti (John 5:15). Ama gingtu chu a taima ding ahi. Sawlchak Paul in le ama ngei in taima tak in na a sem sek hi ti a gen hi. “Ka mite chu taaksap a nei ngailona ding un na phachuam sem ah kimang zing ding in hil in la, a maw um lo ding uh ahi”, ti in Tita chu a tilkho ahi.

Khristiante chu a na’u, nek hawlna ding ah a mat ua chun a taimat ngei ding uh ahi. Lou neitu, sum dawngtu leh sepna dang dang ah semte chu a taimat chiat ding uh ahi. Zia gual chun office ah semte chu le a taimat lo uh ahi chun a buai um ma ma sek hi. Amau na ah taimate chu a kaisang (promotion) sek ngei ngei ui. Talent dawngtu ah le taimate chu kaisan sak a hui (Mat. 25:14-30).

**3) Ginum tak ah Sep:** Pathian hi a taimat bep le hi lo in a ginum ahi. Ama ging ah i hung pianthak hin taimatna leh ginumna hi i pianpi ngei ding uh zia pawimaw ahi. I ginumna dingteu chu - Pathian ah, eimau na ah, mi dang chung ah leh ei gawite chung ah a hia, i ginumnau chu hun matdik leh mat phat ah ahi ding ahi. Office kai te a tun vaigei zing uh leh a kile vak sek uh hi a ginum lo zia uh ahi. Hun vawp dik hi mi ginumte umdan ahi.

Khenkhat in a nasep uh a lenmang (vaakman) san mai sek ui. Office semtu khenkhat chu khawi ah a hem a um taak? ti a ngai sek hi. Ziate chu mi ginum a ti thei puai. Eima nek hawlna ah le ginum lo chu a zachak um a, Khristian hindan pha ahi thei puai. Hotute leh mi dang in le a muan ngam hi a pawimawi.

**4) Eima Na Kizapi lo:** Bang nasem hi ziang le hen le Pathian ei kona leh ei piak ahi ti he in zachakpi keei lo ah sep ding ahi.

**5) Lungawi tak in:** Lungawi tak ah sep ding ahia, law leh lawkna hi del taakluat lo ding a phai. Lal Jesu’n, “Ei sawlpa daw gual hi leh a nasep hi ka an ahi,” a ti (Joh. 4:34). Mi gilote tatna ding in a hinna lungawi tak in a pia, ei un le i na’u chu a lian a hem, a neu a hem, a gim um ahem, a haksa a hem ahi in le lungawi tak in sem leu hen kipak ngei ding i hui.

I nek hawl nau na chiat a hin Lal Jesu mel mu thiam thei ding khawp in Pathian leh midangte a ding in i sem uh ahi ti he pum in sem hi tiu. I ginum phawt chun thil phalo tamtak bei in tin, i hinkhuau ah le Khrista hindan mi’n mu’n tin uh i pau van ah um chu chawihawi

thei ding i hiu. I nisin nasep uh nek hawlna hi Pathian nasepna ahi dan hi kizilti sek hi tiu. Tu kipat hin Pathian ei piak nasepna ahi dan hechian ta leu hen a nawp um ma mai.

**Genkhawm ding:**

Eima nek hawlna leh nasep ah ginum lo hi gingtu pha ahi thei diam?

**September - 14**

**Thupi:** Invengte tawh Chenkhawmna ah

**Bible:** Thupl. 3:27-30; 25:17, 18.

**Thumapui:** Ei hechian pen te chu chenkawmpu invengte ahiu. Kuama inveng um lo ah pha thei i um puau a, kipawimawtua chiat i hiu. Zia chungchang chu tuzan hin gen ding i hiu.

**1. Thuthung Lui Gen Dan:**

Hebrai Bible ah vengte, invengte chenkawmpitekigenna pali a um a, zia lak ah pani te chu:

**i) Saqen (Sakhen):** I kiang nai ah chengte leh i kiang nai ah hi khel lo, gal deu ah te a kawh hi.

**ii) Rea:** Mi kuale i tuak khak tapote, thuthung ah pang leh panglote le vengte ahi thei hi.

**2. Thuthung Thak Gen Dan:**

**i) Geiton:** Mun khat ah chenpi, pakhat sang ah tam genna mat ahi sek hi (Lk. 14:12; 15:6,9; John. 9:8).

**ii) Pareikos:** Chenkhawmpu naite leh chanaute genna (Lk. 1:58).

**iii) Plesion:** Tuak khak taphawt genna (Mat.5:43; Mk. 12:31,33).

Tichun invengte a hem, insak in thang a hem chu i kiang nai ah mite a hiu. I hiat ngai lo hi leu le, i tuak khak taphawt khawi ah mi hileu le i vengte leh invengte ahiu ti Bible in ei gen ahi.

**3. Ki-inven Dan:** Tulai hin malai sang in insak in thang hi i ngaisak ta lo deu uh ahi diam ti thei ahi. Maleh a pawimawna leh phatchuamna chu a pangai ahi zing hi. Mi khenkhat chu a in vengte tawh kihothi keei lo, gamgi kek kek ziang, invengte ding ah ningtel um ma ma ziang a um hi. Ki-invenna in ziate hi tepte hi tiu:

**i) Kihapina:** “Nangma la kihapi gual in la vengte la hepi ding ahi,” (Lev.19:18) ti chu Lal Jesu’n thupiak lopi pen, Pathian hepina gual tho ah lopi ahi ti a gen hi (Mat. 22:39). Khristian hindan pha chu Pathian leh invengte hepi chu ahi. Johan chun, “Mi’n Pathian ka hepi hi ti in a suapi muda ta leh ama chu zuau thei ahi, a suapi a mu zing a hepi lo ahi chun Pathian a mu ngai lo chu bangtin a hem a hepi thei ding? Ama kiang a pat zia thupiak hi i nei ui, ‘Mi kuan le Pathian a hepi chun a suapi le a hepi ding ahi,’ ti hi” (I John. 4:20,21). Invengte hepi hi Pathian thu ahia, Lal Jesu hilna le ahi.

**ii) Kipawimawtuana:**Thupil 27:10 ah chun, “Buaina a hung tun in la suapite khel khel zuan kin, suapi gamla tak sang in inveng nai a phachuam zawi,” a ti. Inveng pawimaw lo a hem kiti a um thei a, maleh damlo ni leh thini ah te a lul ma mau ahi. Thu kingang ah le kintak ah hung tailut ah panpitu nai tak ahiu. Invengte hi eimau ding ah panpitu nai ahi ziaak un a phachuam uh ahi.

**iii) Kithep lo ding:**Thupilte 26:18,19 ah chun zia gual hin i muu. “Vengte them a, ka tawt hilo ahem, titu chu mingawl, meisel te, thal te, thitheina ah mi kap tawbang ahi, a ti. Invengte themtu hi chu phalo tak ahi

Thuthung thak in le Paul in, “Zuau gen haisan in I vengteu kiang in thudik gen chiat hi tiu. A kizawmkhawm chiat i hi ngal ua,” a ti ahi (Ephe. 4:25). Lal Jesun ama gingu chu thutak ah um ding thu a gen a, zuau gen chiing mi chu Diabol cha ahi thu a gen hi.

Leiba dit phalo leh bat sawt taakluat hi vengte thepna leh gitlona chi khat hi in a lang hi. Mun khenkhat ah chun dawr ngak khenkhat chu bat dit hawilo ziaak in a dawr uh kikhak khawlaw tea um hi.

**iv) Kipanpitua:** Panpi i ngai hun ah ei panpi ding nai pen chu invengte ahi zing sek ui. leichim tuak te, hui in a suksiatpiak leh siatni phatni ah le invengte a phachuam pen sek ui. Sawlchak Paul panpitude kha le zia gingu unaute chu ahiu.

Ei thingtanga dan in sathu, changal, ngathu, chi leh malcha te i kilatua sek ua, chem, tuthaw, heicha tiang in i kimattua piak sek ui. Ziate hi kipanpituana ahi chiat hi. Himaleh invengte sawk zing taakluat leh kitodel lo takluat hi chu mi chimchak lawna ahi kit hi.

Insate kipanpi sek nam i hui a, lou lam in le panpi ngaite chu panpi ahi sek tho ui. Ziate ziaak hin panpitu hi gaw ham ham chiat sek hi tiu. Eimau in le panpi i ngai hun uh a hung um sek a, kipanpitua hi Khristian hindan pha ahi.

**v) Enlo ding:**Thu sawm piak ah chun, “La vengte thilneite chu la en ding ahi pua, la vengte zi chu la en ding ahi pua, la vengte thil nei him him la en ding ahi puai,” ti i muu (Exo. 20:17;Deut. 5:21). Sawlchak Paul in le enna (ngainat) hi gitlona bul ahi thu a gen hi.

**vi) Musit lo ding:** “Kuan le a vengte a musit chun thil a hikhial ahi,” (Thupl.14:21). Lopi leh hausat zawk ziaak in vengte musit lo ding ahi. Tu nung leh amau lo ah hithei lo hun, amau pawimaw hun a um sek hi. I vangsiat vaang leh amau sang ah hung genthei zawk le ahi kit thei hi. Kuama musit ding ahi pua, musit chiing mi chu mi chapo ahi.

**vii) Kichuantha sek:**Eima inluate le he bek lo te, invengte he bek lo te leh ngisak lo ah um thei ahi. Chanchin kihetua ding leh kingainatua ding chun kichawttua a ngai a, invengte damlo hiat keei lo te hi kilawm lo tak ahi. “Ka dam lo in lei kan pua” ei ti khan a, ti a lau um hi.

Lelam ah invengte chimchaak um khawp ah kitaw leh kinel takluat a um thei kit hi (Thupl. 25:17). Kitaw taakluat a, gen lo ding gam gen, mi gensia, a um sek hi. Mi in ah i khawlai len leh a hun uh i sukbuai piak a, a zalennau i sukbuai piak sek hi. Lal Jesun vengte chu kua ahem ti Samari miphapa chanchin ah khan a hung huaplitan ta, melhiat lo le ei panpitu chu vengte ahi thu a gen hi. Melmate ei sugentheite hepi a, pauchap piak a, hansia ei law te le hepi a, malzawl zaw ding i hui thu a gen hi. I mihing chanpitu hi eimau gual ah hepi ngai, panpi ngai a hui a, a chung ua lungthim pha, Lal Jesu lungthim gual latsak hi Khristian hindan pha chu ahi.

## **Genkhawm ding:**

Invenge te lul dan genkhawm hileh.

### September -15

**Thupi:** Mihing Lungthim Sek (Siam)Phat

**Bible:** Sam 119:105-112; 37:1-8, Phil. 4:8.

**Thumapui:**Khawvel masawn zing ahin lungthim thak nei a ngai sek hi. Masang ah pha kha tuhin a pha ta lo thei a, masang ah i daw i kha tuni hin i daw i lo thei tho hi. Masang ah i nei ngai lo kha tu'n i nei a, i mu ngai lo kha tu'n i mu tai.

Naupang dik tak kha piting pha lo tak ahi thei a, tangval zu hadawn sek ma ma kha kochuam Upa ahi thei hi. Khamthei bawl sek kha a lungthim siamphat ahi zia k in a hung danglam ta, lungthim thak ah um hi a pha na e!

I thupi 'Mihing lunggil sek (siam) phat' ti hisappau in '*moral reformation*' ti ahi. Ahina tak ah chun sek ti hi 'thik sek' 'suang sek' tina gual ahia, siamphat ti mai ding dan ahi. Mihing lunggil sek phatna ding a chun a lungthim ah a ngaidan te, a thil thiil dan te, a daw i lam suk danglam piak a, a phalam ah hei piak a ngai a, a khaw thiil leh mu dan hung kisang in tin, a hindan hung danglam ding ahi.

**1. Siamphat Ngai Mihing:** Gen. 3: ah mihing gitlona a puk thu i muu a, mi zosia migilo i hung hi thu Rom3:9-23 in i muu. Gitlona zia k in Pathian leh mihing kikaal te, mihing leh mihing kikaal te, mihing leh thilsiam dang te kikaal te a sia vek ta, ziaziakchun hindan dik ah hing kit ding ah chun mihing hi sek phat ngai ahi. A thilsiamte enkawl ding in Pathian in mihing mawpuakna a pia, Eden huan sung ah thil umte enkawl ding in a ti ahi. A thilsiam lopi pen mihing hin thilsiam dangte chung ah lunggil put dan pha nei a ngai hi.

**2. Sek Phat Ngaite:**I kisek phatna ding leh sek phat pawimawna lampi tamtak in a um hi:

**i) Politics thil ah:**Kum 1946 vel a pat in politics i kihel pan ua, kum 70 val hi politics boruak chuam chuam i hung nei to a, gam in le ma a sawn to a, maleh politics i kihel dan uh leh i hiat dan uh hi sek phat (siamphat) zel a pawimaw hi.

**ii) Sum Chungchang ah:**Mi zosia'nsun i pawimaw chiat a, sum hin thil a hithei a, sum mu dan dik leh dik lo a um a, a mat dan pha le a um hi. Hausak a pha, maleh hausak dan diklo le a um hi.

Thupil ah chun, "Sum tamtak sang in minphat hi tel zawk ding ahi,"ati i muu (22:1). Sum hau ziang sang ah minphat a pha zawi ti hechian ding ah siamphat ngai i hi zing ui. "Kin tak ah go thil kikhawlkhawm haw hi a tawp in a pha khel diak puai," a ti (Thupl. 20:21). I sum khawl daw hi a tawp tiang ah pha, malzawl taak ahi a ngai hi.

**iii) Taimat leh Sepgim:** Mi taima nam, gam, khua i kitiu a, tuting in i hizing nau em? Masang ah i pi leh puteu a la taimat gual un tulai hin i taima zing nau em? Taimatna ding lam chuam chuam tamtak um ding ahi. Bang lam ah i taimat ding uh a hem? Eima nasepna leh zilna ah te hin nam taima leh semgim i hi zing theina ding un lungthim lam sek phat a pawimawi. Taimat leh sepgimna a pat ah sum mu lul dan hethiam ding in i lunggil uh sek phat a ngai hi.

*iv) Nungak Tangval Kivawp Dan ah:* Kingaina sual ah puk tamtak um dan hi Pathian thu tawh kituak lo ah nungak tangval um a tam taak ziaak hi in a lang a, nungak leh tangval kivawp dan hi Pathian thu tawh kituak ding ah sek phat a pawimaw ma mai.

*v) News leh Television lam ah:* Kihiatuana thusuak a pung zing a, a tam ma ma tai. Ziagualmachun, Television le thingtang leh mun gamla deu in le a um ta mai hi. Phachuam tak ah mat thei ahi zing lai in siatpi thei ahi kit a, ziaziakchun i sim ding dawl leh i et ding dawl kilawm khen thiam ding ah lunggil lunggil sek phat a pawimaw ahi. Chun chanchinbu leh cable TV. suatuten le mihing lunggil siampha ding lam bep sua a ngai hi.

*vi) Zilna lam ah:* Zilna hi sekna (siamphatna) ahi ziaak in zilna pha nei a pawimaw ma mai. Masang a chun zilna (School) hi kochuam in a enkawl sek a, Tuhin Govt. leh private school phatak tak a hung um ta ahi. Masang a chun naseplona ding in lekha sim a kitiilkho sek ua, tuhin chu nasep zosia sem thiam ding ah lekha sim taima ding ah kihil ahi tai. Chun zilna hin lekha thiamna bep hi lo in hinkhua le a sek (siam) phat a pawimaw hi.

**3. Sek (siam) phatu:** Mihing lunggil sek (siam) phatu ding lam ngaitua kit hi tiu:

*i) Pathian thu:* Sual ah puk, gitlona lam ah awn zing mihing siampha ah lunggil thak pia ding in Pathian in a chapa changkhat nei sun a piat i i hiau (John. 3:16). Kuan le Jesu Khrista a muchian chun lunggil thak a nei lo thei puai. Bangkim Pathian thu a pat in a thiil thiam sek a, a hinkhua leh ngaituana le a hung dik mai sek hi (II Tim. 3:16,17; Heb. 4:12).

*ii) Kochuam:* Kochuam in thugin dik leh kikaihuaina pha nei in Thagau Thiangtho puihuaina nuai ah Pathian thu mang in mihing a sek(siam) thak zing ahi. Kochuam ah pang ngai lo chun hindan pha taaksap a hau tei sek ui.

*iii) Tawmngai Pawl:* Khawsung leh gam pumpi huap ah tawmngai pawl te hi kikaihuaina pha petu a hui a, mihing sek (siam) phatna ding in a phachuam ma mau ahi. Zia tawmngai pawl te hin Pathian thu tawh kituak ah kaihuaina na a sep uh hi Khristian gam ah chun a pha ma mai.

*vi) Nu leh Pa:* Bible ah nu leh pa pawimawna i muu. Eima chate chiat hi sek (siam) pha leu hen khawtang ah gitlona hi um lo mai ding ahi. Baptisma Sacrament ah nu leh paten thu i tiam uh hi zawm ngei leu hen; zia chu i nam damna ding hi ngei in a. Lal Jesu kiang ah chate pui leh lunggil pha put sak hi missionary lopi tak hina ahi.

### **Genkhawm ding:**

Politics i mat dan ua sek (siam) phat i ngainateu genkhawm hileh.

### **September - 16**

**Thupi:** Migentheite Ngaisak

**Bible:** Deut. 24:17-21; Thupl. 19:17

**Thumapui:** Khristian hindan pha latsakna ding lampi khat i gen kit ding uh chu mi gentheite ngaisak hi ahi. John Calvin chun, “Mi hausaten Pathian nasepna lemchang a neinau chu mi gentheite panpi hi ahi,” ti’n a gen hi. Nicholas Berdyer chun, “I an hi i tisa lam na’u ahia, i vengteu an hi thagau lam ah i an uh ahi,” ti’n a gen kit hi. India sawlkar in gentheina

sukbei gua in pan a la nasa sek ma ma, sawlkar chun gentheite dawpkanna ding in theitawp a sua zing ahi.

**1. Bible ah Mi Genthei Umzia:** Bible ah hin mi genthei kigenna paukam chi chuam chuam a um a, Bible in mi genthei a gen dan he ding in paukam umzia hiat a ngai hi. Bible ah hin mi genthei genna Hebrai pau paguk a um a, Grik pau in 12 a um kit hi. Zia lak ah chun a langsal diak te vak sui leu hen:

**2. Hebrai Paukam ah:**

*i) Ebhyon:* Bible ah mun 62 ah mat ahia, mi genthei ti ah ledaw ahi vek hi. Zia hi taksa khawsakna dinmun ah genthei, in leh lou nei lo, khutdaw ah vaak, mi musit leh simmaw te ahiau.

*ii) Dal:* Bible ah 48 vei mat ahia, zia hi gawng, hatlo tina ahi. Taksa leh thagau lam ah hatlo genna mat ahi.

*iii) Ani:* Bible ah 71 vei mat ahia, pawlam dinmun in a zil lo zia ah genthei, mi nechebawl leh paithaak zia ah gentheite a hiu. Kingaitawm leh thunuaigawl ti in le ledaw ahi.

*iv) Anaw:* Bible ah 21 vei a kilang a, zia hi mi genthei, maleh mi pha, kamdam, nunnem, Pathian ah kinga; ama lau na chaang hete a hiu a, tawdenna thuakte a hiu. Mosi kha le *anaw* ti ah gen tho ahi.

*v) Rash:* Zia hi Bible ah 21 vei a kilang a, mi genthei, vantang nuai lam ah mite a hiu.

*vi) Masken:* Zia paukam hi thugentu bu ah 4 vei a kimu, mi genthei maleh mipil leh lunggil nei, vaihawmte ding ah le lau um hi tho te ahiau.

**3. Grik Paukam ah:** Hebrai pau ah mi genthei paukam gukte hi Grik paukam 12 in a let ua, zia lak ah langsal diakte chu:

*i) Ptochos:* Hebrai paukam *Ani* leh *Rash* ledawna'n a mang deu ua, a dinmun uh a sia ma ma, khutdaw, piangsual, mi musitte a hiu.

*ii) Penes:* Hebrai pau *Ebhyon* leh *dal* ti ledawkna'n a mang ui. Thuthung thak hun ah chun amau nekkawm hawl ah khawsa thei tawk tawk te a hiu.

*iii) Tapeinos:* *Ani* leh *Dal* ledawkna'n a mang ua, thagau lam ah gentheite a kaw k deu hi.

*iv) Pros:* *Tapeinos* gual deu in mi genthei hi ngal mipha ah ngai, Pathian lau mi, mi hepi thei takte a hiu.

Zia paukam te a pat hin mi genthei chu mi vantaang nuai aha hiu a, a kenkhawm lian tak chu amau hi mi lian leh hausate sukgentheina thuaktute a hiu a, a chanvo ding uh chang pha lo, etsiat leh musitte a hiu. Genthei leh hausak thu hi midangte tawh kikaal ahia, mihing dinmun zil in gentheite dinmun a kibang puai. Gam Hausa ah genthei a ti teu leh gam genthei ah mi pangai i ti teu hi a thilnei uh kibang ding ahi. Eimau dinmun ah chun mi genthei chu hilchian ngailo in kuate a hiu em ti chu i hethei mai ui.

**4. Mi gentheite Ngaisak a Pawimawna Ziak:** Upaten, “Suangpi chu suangcha'n a thek lo chun a det thei puai” a tiu. Suangpi chun ama thektu suangcha chu a ngai pawimaw a ngai hi. “Mizo in sem sem dam dam, ei bil thi thi” a tiu a, zia chu i hawm dial dial leh i dam tang a, chang ah a guk ah ne chu thi zel tina ahi. Pawimawtute kiang ah a nei gual gual ah pia sektu chu a lamzang sek a, a iit tu chu vang a puksia sek ui.

*1. Pathian Thupiak ahi:* Deut. 15:7-8 ah chun, “Lalpan gam a piakna la umnau a chun la suapiteu lak ah genthei a um uh chun amau a chun la lungthim uh hikhau kiu in la, it keei



kiu in, amau chung ah la huangphal ding uh ahia, a taaksapnau pawimaw hukna ding tiang la thunglak sak ding uh ahi, ti i muu. Zia hi Pathian thupiak ahia, Pathian in mi gentheite a ngaisak zia a kilang chian ma mai.

2. *Pathian leibatsakna ahi*: I Bible ah i taaklat (Thupl. 19:17) gual in mi genthei lungsiattu chung ah Pathian in lei a ba, mi genthei in a bat chu Pathian in ama bat ah a ngai ziak in a lungsiattu kiang ah chun malzawl na pe thuk ding ahi. Pathian hi mi genthei khawtuatu ahi dan zia hin a kilang chian ma mai. Pathian i kibatsak theina lampi umsun chu mi genthei ngaisak hi a la hi.

3. *Navakna ahi*:Gentheite ngaisak mi chu a nau a vak hi, lungkham ni chun Lalpan amau chu hukhing in a” (Sam 41:1). Zia tak ah genthei a ti hi panpi ngai taphawt genna le ahi. Mi beidawng leh panpi ngaite ngaisak ah panpi sektu chun haksatna a tuak ah panpi a ngai hun ah Pathian in ama panpi ding a ngaitua piak sek ding ahi.

4. *Pathian in Musit a Phal Puai*: Zia tak ah musit i tiu hi thep thaak leh dawisak lo bik, zuam bik tina le ahi. Deut. 1:17 ah chun, “Vaihawmna ah panpi chuam la nei ding ahi puai, mi genthei leh hausa kibang ah la ngaisak ding ahi... ti i muu. A genthei uh leh a dinmun uh niam ziak in gentheite hi zuam ziang leh ngai pawimaw lo mia um sek hi. A genthei ziak ua a thiamlonau thiam chansak le a dawi diak puai.

5. *Pathian in Sukgenthei a Phal Puai*: Amos 2:6 ah chun Pathian in sukgenthei a phal lo thu zia gual hin i mu, “Lalpa chun zia gual hin a gen hi: Israelte bawsiatna pathum ziak in, ahi pali ziak in, a gawtna chu subei lo ding ka hi, dangka ah midik a zawk ziak leh kengtawbu khat ah mi tasam a zawk ziak in” ti in. Zia gual hi Amos 5:11,12 in le i mu kit ui.

6. *Jesu leh a Nungzuiten le a Ngaisak ui*: Lal Jesu na pipen khat chu mi gentheite ngaisak hi ahi. Dam lo natna tincheng ah na a sukdam te, phaak a sukthiantho te kha mi genthei chiat hi leu a kilawm hi. John. 13:29 ah i muu ah hin Juda Iskariot chu dangka vawpitu hi in, mi gentheite a panpi sek ui ti zia pat hin a hiatthei hi.

8. *Kochuam masaten le a Panpi sek ui (Nas. 11:29)*:Nungzuite chun Juda gam ah kial thuakte panpina ding in a thawkhawm uh ahi. Barnaba leh Paul ten upate kiang ah a piau.

**5. Ngaisak Dan**:Bible in mi gentheite panpi dan a gen khenkhat gen zui hi tiu:

1. *Kan leh Panpi*: Jakop chun, “I Pathian leh Pa mitmu ah sakhua biak dan thiangtho leh gitlona pang lo chu zia hi ahi, chaga leh meithaite a haksat lai ua kanthaak leh khawvel buak kai lo ah kisiam sek hi” a ti (Jak.1:27). Gentheite leh chanbeite ngaisak leh panpi hi Pathian biak dan pha ahi.

2. *A Pawimawu Piak*: Deut. 24:19-22 ah chun bu a lak tak ua leh buphal lak khial chu gentheite ding ah nutsia ding a ti. A huangphal deu vang chun tam deu a nusia mawng sek uh ahi. Tulai hin kochuam in sum ah panpi a chiing a, tawmngai pawl chuam chuam ten le sum ah panpi bak in In sak piak hialte le a um sek ua, vengte panpi pei tak tak a um ui.

3. *Lunggil ah Vei leh Hepi*: “Mi gentheite ngaitua mi chu a nau a vak hi...” (Sam 41:1), ti hin lunggil ah vei leh hepi kaw k ngei ding ah ginchak ahi. Dinmun nuainung ah umte hin ngaisaktu a pawimaw sek ui. Zia hin vei ah hepitu hi a pawimaw ui. Thilpiak piak thei lo in le hepi chu a lul tho tho hi.

Zia gual ah veitu chun hepina ziak in a tawtha, a pauchap piak sek a, amau ding ah thilpha a ngaitua piak ngei sek hi. Pathian hepitu hepitu, mi genthei leh tasamte panpitu hi hihKristian hindan pha ahi. Tulai hin hepi nasepna a pung zel a, mi tamtak in chaga etkawl nate siam in, chawm in, lekha a zil sak teu hi Pathian kipakna lam tak ahi.

Pathian in sum leh paai ei piak te, thil lul dang dang ei piak te leh hun leh tha te hi Lal Jesu min in mi genthei leh panpi ngaite panpinan mang leu hen Pathian nasepna phatak ahi.

**Genkhawm ding:**

I kochuam / khawsung ah mi gentheite panpina ding ah panlakna ding i neiteu genkhawm hileh.

**September - 17**

**Thupi:** Mihing Dikna leh Chanvo Humbit (Human Right)

**Bible:**Lk. 4:16-19.

**Thumapui:**Mihing chanchin (History) chia zel ah mimal leh a pawl ah le dikna leh chanvo kichuna a um zing hi. Mi chanvo chuu piak gaw in lal leh lalte a kido ua, hotute kikaal in kidona a um sek hi.Dikna leh chanvo hi Grik mipil Aristotle leh a dang dang ten le a la buaipei sek ui. Bible in numei leh naupang a la kawi niam hi. Sapten le eimau ei kawi niam ua, ei un le amau chu i ngaisang uh ahi.

**1. Mi zosia huap Mihing Dikna leh Chanvo Thupuandaw (Universal Declaration of Human Right):** Malai a pat mihing dikna leh chanvo humbit guatna a la um sek a, Bible hin le a hagen ma mai. Himaleh nasatak ah mihing dikna leh chanvo kihagenna hi Kidopi II na nung ahi. Khawvel Kidopi IIna ziak khan mi tamtak thi in, nasatak ah kisawisak leh kisukgenthei a tam ma ma ahi. Kidopi II na nung khan chamna leh muanna um theina ding in khawvel Sawlkar pangkhawm UNO (United Nations Organization) chu phudaw a hung hi tai. Zia nung chun mihing dikna leh chanvo humbit pawimaw zia hi UNO chun a hung muchian tai. Tichun, Dec. 10, 1948 in mi zosia huap mihing dikna leh chanvo thupuandaw (Universal Declaration of Human Rights) chu a hung siam tau a, vote a khiak uh lehle a dawilo lam ah khia pakhat cha le a um lo uh ahi. Tichun Dec. 10, hi Human Rights Day ah mat sek a hung hi tai. Zia thupuandaw chu mihing dikna leh chanvo kingakna bulpi ah mat ahi.

India gam dan siamtu Dr. Ambedkar chu ‘India Danpi Pa’ ti hial ahia, zia dan ah chun mihing dikna leh chanvo ngai pawimaw ahi. Fundamental Rights ti sak in zia chun mi zosia dikna leh chanvo humbit ahi.

**2. Mihing dikna leh Chanvo Humbitu Pawimawna:** Zilna leh thiamna a hung masawn tawh kitawn in dan lam in le mi a hung khangto zel hi. Dikna leh chanvo humbit nachaang a hung hiat belap zel ui. Awpdenna nuai ah umten a dinmun ding uh ahi puai ti a hung kihiat ua, kitawldawna ding a hawl uh ahi.

Dikna leh chanvo humbit thu a hin Pathian le kigawl ma ma hi in hiat ahi. Aigupta a pat in Israelte a puidawk a, sal ah a tan kit un le a puidawk sek hi. Lal Jesu ngei hi le sukgentheina leh awpdenna te, nuaisia ah um te, kawлтаang te, mi gentheite hukdawk ding in a hung ahi. Mihing dikna leh chanvo zapiaktu lopi tak, a phutawk uh piak gaw mi hi in a kilang hi. A la kawi niam ma mau, numeite le naseppi ding in a chial ahi. Sawlchak Paul in Khrista ah chun numei pawsal a kibat vek thu a gen a (Gal.3:28), nasepna ah phachuam tak tak numei a um sau sau uh ahi (Rom 16:3-15).

Mihing dikna leh chanvo humbit gawtu pawl tamtak a um hi. Numei dikna leh chanvo te, sakhua zalenna te leh thil dang le danpi sung a pat puakdaw zel ahi. Parliament ah le MP seat za lak ah sawmthum vel bek numeite a ding ah hawi (reserve) ahi.

Nam nuainungte, Dalit, Tribal leh a dangten le huktu pawl - Dalit Christian Federation te, Christian Dalit Liberation Movement leh a dang dang a hung um dawh hi.

### **3. A Pawimawna leh Lawkna:**

1. Mi lopi leh thilhitheiten mi nuainung zawte a chawtden zing ding uh a dal ah a phai.  
2. Nam kichupmang ding a veng a, a tamzawten a tawmzawte a chupmang zingna khawvel ah hin dan mangcha humbit ngai mitawm a um sek ui.

3. Vaihawmtute bawlkhial ding a veng a, Lal chun a thu thu in dan a chiapi thei a, a nawp nawp in ahi thei a dothuktu ding a um puai. Himaleh tuhin chu vaihawmtuten a hidik lo uh chun dan mang in lethuk thei ahi ta, a pil thei uh a ngai tai.

4. Mi zosia kibang chiat ah a kawhi a lopi ahi. Dam ma-ang ah chun mi genthei leh hausa, mikaang leh mivawm a kibang vek hi. Numei leh pawsaa le dan masang ah chun a kibang hi.

5. Numei a dawpkan hi masawna ahi. Dikna leh chanvo humbittute bak ah pawl chuam chuam in numeite chawikanna ding pan a lak uh hi thilpha chu ahi.

6. Gam mipi kipumkhatna a tut hi.

Dikna leh chanvo humbit chungchang ah hin gingtuten mawpuakna i nei chiat ui. I dikna leh chanvo he ding in zil bel zel a ngai hi. Pathian hepina ziak ah zalenna chanvo ei piak hi a hawldawk tam tapo a chang tam mai hi.

### **Genkhawm ding:**

I gam leh kochuam mi zosia'n dikna leh chanvo chang pha chiat in i kihiau em? Malakna ding ah i hiatteu genkhawm hileh.

### **September - 18**

**Thupi:** Pathian Thu leh Hindan Pha

**Bible:** Sam 119:105, Ephe. 4:25-32.

**Thumapui:** Sakhua zosia'n hindan pha kihilna aum hi. Khristianten le hindan pha i kihil ua, Khristian ginna leh hindan ding bulpi pen chu Bible ziltilna hi ahi. Bible ah hin a lamlianpi leh a neu bakte tiang in a um suak hi. Lal Jesu thupiak, Pathian hepina leh eima i kihepi gual ah vengte hepi ti hin a chuun kim ma mai (Mat. 22:37-40; Mk. 12:29-31).

Himaleh tulai mite ding in dawtna um thei chu kum tamtak masang ah a la kizik nam dan leh a la chiapi sek dan uh chiapi thei ahi nalai diam ti hi ahi. Tulai hin masang ah a la um ngai lo leh mu ngai lo thil tamtak a hung um ta, gam in ma a hung sawn to a, masang ah a la kizik Bible hi tuni tiang ah Khristianten det (strict) tak ah chiapi zing thei ahi nalai na diam ti dawtnate hi dawnhu haksa tak ahi.

Bible a zik hunlai ua Pathian chu tuni i Pathian uh ahi zing a, Bible in Pathian thu a ziltil dan tangpi chung ah kinga'n tulai i pawimawu chu mudaw i guat ding uh ahi. Hindan

ding chu phatak ah Pathian thu zilna a pat in a kimudawk thei hi. Tichun Pathian thu leh hindan pha chu a mek khawm thei dan lampi ni lianpi in vak thiil hi tiu.

**1. Hinkhua Kingakna:** Mi zosia'n hinkhua kingakna leh tup dan i nei chiat ua, zia i hinkhuau kingakna chu ei kaihuaitu ahi sek hi. Hinkhua kingakna ding ah thil pawimaw deu deu te chu:

*i) Pathian Thu Zawp:* I bawl ding uh masapen chu Pathian thu phatak ah ngaitua leh ngaithaak ahi. Mi khenkhat in hiatna nak ding in Bible sang in thiamnate, pilna te, hiatna te leh thil tuak hiat (experience) te a tel zawu. Maleh phatak ah i sim ah i ngaithaak chun Bible hin a dawnhuna ei pe ding ahi. Sam phuaktu chun, "La thu hi ka keng a ding in thaumei a hin, ka lampi ding in vaak ahi," a la ti (Sam 119:105). "Nitum in ka ngaitua sek ahi," (Sam 119:97), a ti gual in phatak ah ngaituatu leh hawltu chu Thagau Thiangtho in a panpi tei sek hi. Pathian thu zawp leh mat hi hinkhua lawtinna bul ahi.

*ii) Pathian tawh Kipawl:* Pathian in a kipawlpi ding in Adam leh Evi kha a la siam a, thuawilona zia in Pathian tawh kipawl thei talo in mihing chu a kipuk tai. Khristian hinkhua chu Pathian tawh kipawl ahi. Pathian pawl ding in thil pawimaw pani a um hi. Dik tak ah Jesu Khrista gin leh ama ding ah hindan pha ah hin hi. Johan chun, "A thupiak chu zia hi ahi, a chapa Jesu Khrista gin a, aman thu ei piak gual in kihepitua leu hen," (I John 1:6). Pathian pawlna a pat hin i nisin hindan ding te, hi ding leh hi lo ding te Thagau Thiangtho in ei hiatsak sek hi. Pathian pawlkiti ngal ah gitlona bawl khawksa lo leh sim diaklo chu Johan chun juau gen a ti ahi.

Thagau Thiangtho chenpina zal bep in Khristian hindan pha a um thei hi. Zia hindan pha chu Thagau ga chu ahi. Sawlchak Paul in tisa nasep 15, mihing hinkhua subuaktu a gen zaw in mihing hinkhua suthiangthotu thagau ga pakua a gen zui hi (Ga.5:19-22). Zia tak ah thagau ga a gente hi Khristian hindan pha bulpi chu ahi. Zia thagau ga hi 'phatna dangka kizawmkhawm' ti sak ahi.

**2. Hindawpi ah:** A masa kha lunggil lam ah kisingsakna lam ahia, zia hi chu latdawna lam ahi kit hi.

*i) Thagau lam leh Lunggil lam:* Khristian hinkhua hi lampi ni - thagau lam leh lunggil lam ahi. Thagau lam chun Pathian tawh i kizawp dan leh kipawl dan lam a nga, zia chu Jesu Khrista ah Pathian kipuanna a pat i nei ahi. Zia hin i dawidan te, gindan te leh thilbawl dan chu Pathian lam ah a pui sek hi.

Lunggil lam chun i thiil dan leh Pathian i ngaidan lam a kawkit hi. Pathian hi lunggil phatna bulpi ahi zia in hindan dik leh pha i hin ding uh ahi. Zia gual hinkhua chu i nei theina ding un Lal Jesu Pathian chu Thagau leh thutak ah ho ding ahi thu ei gen hi (Joh. 4:24). Zia gual ah Pathian hotu chu kilawm lo tak leh hawilo in a khawsa ngai puai.

*ii) Lunggil phatna dan suhattu:* Lal Jesu hi hinkhua'n a ettawn ding bep ahi pua, hinkhua suhattu le ahi. 'Suhattu' ti umzia chu ngaituana leh dawina gual ah mihing tawisaktu tina ahi. Khristian hinkhua umzia nei ah i hindawpi ding ah phatchuam ei ngaisak pen chu Pathian dawigual hiatna ahi.

Zia gual hinkhua pha leh suhattu nei theina ding ah hatna ei petu pha pen chu Pathian hepina ahi. Pathian hepina a tuam Khristian chun gitlona lampi zawt sang in hindan pha ah Pathian chawihawi a tel zaw sek hi. Zia Pathian hepina hi lunggil phatna i nei theina ding ah Lal Jesu ei piak ahi.

**iii) Ettawn ah Khrista:**Jesu Khrista hi hindan pha ah ettawn ding ah Pathian ei piak ahi. Ama chu lam zosia thepna tuak ta, maleh gitlona nei lo ahi thu Hebrai ziktu'n a gen hi (Heb.4:15). Ama ah chun i duthusam hinkhua i nei theina ding uh chu a um hi. Zia chu ama tawh i kizawp chun nei thei bep ahi. Ama ah chun gitlona lampi zui lo ah Khristian hindan pha ah hin theina ding a um hi.

Khristian hindan pha ah hintheina ding guandaw hi a haksa pua, hindawpi hi vang a haksa ahi. Himaleh Pathian chun a pha pen ding ah ei ko ziak in ei panpi ngei ding ahi. Zia a ding a chun eima kingaitawm leh thu-awi a ngai hi. Ama Lal Jesu ngei le a thil tuak ah thu-awi in a kingaitawm ahi (Heb. 5:8).

Khristian chu i thil tuak zosia chung ah thepzaw ah um mai lo in Pathian ginna ding det ah ama'n bang gual ah hing ding in ei daw em ti ngaitua sek ding ahi. Zu dawn te, chep leh muam te, film pha lo et te, nekgukte, du-amnate leh gitlona chi chuam chuam hi do ding in Pathian thu i hiat a, Lal Jesu ettawn ding ahi. Heb. ziktu chun Jesu Khrista i ginnau siamtu leh subukimtu chu en a, thuakhat tak ah tai ding in ei hil ahi (Heb. 12:1,2).

Bible ah hin tulai ah i thil tuakte zosia hi a la zik kim vek lo mai thei hi, maleh Pathian daw gual ah hin ding dan, hi ding leh hi lo ding hiatthiam theina ding a um suak hi.

### **Genkhawm ding:**

Khristian hindan pha ah i hin theilonau ziak te genkhawm hileh.

### **September - 19**

**Thupi:** Taimatna leh Nisin Na

**Bible:** Thupl.10:4,5; II Thes.3:8 - 13.

**Thumapui:**Khristian hindan pha leh hawi kilat chianna pen pakhat chu nisin na i sep dan ah ahi. Mi thabei hi Pathian in mang bek bek lo ahi tuak a, Pathian in a kote hi mi taima te ngen a hui. Mosi chu a belam venlai in a ko a, Gideon chu bu vaw lai a ko a, Peter te unau chu len sep lai a ko ahi. Pathian hi a taimat gual in mi taima a daw hi.

**1. Taimatna:**Eima na leh mi dang na ah le thada lo ah phatchuamngai tak ah sem sek chu mi taima chu ahi. Gim tak leh phatchuamngai tak ah sep leh thanuam leh nuam sa tak ah sep theina hi taimatna chu ahi mai hi.

Taimatna hi hausakna leh kipakna ahi "... mi taima khut vang chun hausakna a tut sek hi," (Thupl. 10:4). Mi taima chu a kitodel a, mi a bat lo hi kipakna leh navakna ahia, a sepga'n a kipak sak sek hi.

**2. Nisin Na:** Nek hawl na i mat pen hi i nisin na chu ahi. Zillaite ding in a zilnau chu a nisin na'u ahi. Khawvel khangto zel a hin na a tam deu deu a, tuma i la hiat ngai lo na phachuam tak tak a tam ma ma tai. Lou neitu ding in lou nasep chu a nisin na ahia, sumdawng in a sumdawna, sawlkar nasep in sawlkar na, company nuai ah semte, mi nuai ah sem ten le a seplai uh chu a nisin na'u ahi.

**3. Taimatna leh Nisin Na:**Bible ah hin taima ding ah hilna a tam khawp mai hi. Bible chaang i taklat taak bak ua hin a dang le tamtak a um hi. Adam chu, "La damsung zosia'n

gim tak ah sem in a ga ne ta'n la" Pathian in a ti i muu (Gen.3:17). Eima kitodel ding ah hilna tamtak i muu. "Mihing sum lul chu taimatna ahi" (Thupl. 12:27), ti te leh Thuthung thak ah le Lal Jesu thugen ah te, Paul lekthawt ah te, Peter lekthawt ah te a um hi. John Calvin chun, "Na sep hi Pathian biakna ahi" a la ti. Nam pil taphawt a taimau a, na a sem nasau ahi.

Nisin na i sepnau lunggil a pawimaw ma ma ahi. I sep thei tawt ahi chun na zapi um a um puai. Lal Jesu le a naupan lai in a pa na a seppi sek ahi. Mi thiam leh lopi Paul chun puanbuk siam na a sep sek chu a kizapi puai. Philosophy ziltitu lopi Sir Henry Jones chu kengtaw siamtu chapa ahia, lungawi tak in kengtaw siam a zil sek hi.

I nasep chiat hi Pathian piak ei ahia, na septhina hi le Pathian piak tho ahi ziak in a petu Pathian za ziak in taima tak ah sep ding ahi. Nasem thei ah siamtu Pathian kiang ah kipak thu gen pum ah sep hi Khristian hindan pha ahia, sem theilote sep kepna lunggil le put a ngai hi.

I na chiat i sep dan hin i mizia a sulang hi. Pathian nasepna lungthim pu chun taima tak in a sem sek hi. Sepdaw a tam chun Pathian kiang ah piak ding a tam mai a, zia lo chun mi dangte chan kham ding le sep daw hi Pathian nasepna ahi. Tuhun ah mite i thatbei uh chun khangthakten bangma hung nei lo ding a hui.

Nisin na hi tel thiam a um a, mi dangte ding ah nawksak leh susia thei lam chu sep lo a phai. Eima thiamna leh tui lam sep a phai. Maleh i tuina pen na i sep khel lo in le i na taphawt taima tak leh ginum tak ah Pathian nasepna ah ngai ah sep hi Khristian hindan pha ahi.

### **Genkhawm ding:**

I nek hawl na chiat uh taima tak ah sem in i kihiau em?

### **September - 20**

**Thupi:** Thianthona

**Bible:** Sam 15:1- 5; I Pet. 1:15,16.

**Thumapui:** Eimau pau ah thianthona ti hin umzia chuam chuam a nei thei a, sakhua leh bang a hem khat ding ah kawichuam thianthona a kawk thei ahi. Thiang, buak bek lo a kawk thei kit hi. Chiim leh dik hi le thiangtho chu ahi. Kawichuamti hi pansak ta di lo in a dangte hi i hagen ding uh chu ahi.

**1.Thiangtho Umzia:** Thiangtho chu buak bek lo, chiim, a kihelpi um lo, dik, nal, mattaak leh dem kai lo ti ten hilchian leu hen kichian mai ding ahi. Lunggil thiangtho, boruak thiang, ngaituana pha, thiil dan dik tite zosia hin thianthona chu a kawk chiat hi.

**2. Thianthona dingte:** Nam mawl taphawt a nin ua, nam pil leh changkaang tapo a thiangtho sek ui. Eimau hinkhua leh tawidan le a hung thiangtho tiat tiat a, ma i sawn ma ma tau ahi.

**i) Thinlung:** Thianthona ding masapen leh bulpi pen chu thinlung ahi. Sam phuaktu chun, "Aw Pathian, keima ah hin thinlung thiangtho tak siam in la," ti in a dawn ahi (Sam 51:10). Thinlung a thiantho chun ngaituanate, thil thiil dan te, lak leh piakna lunggil te a hung pha tei sek hi.

Lal Jesu'n thinlung ah thiangtho te chu a nau a vak hi, Pathian mu ding ahi ngal un," a ti (Mat.5:8). Thinlung thiangtho lo ding in Pathian mu a haksai. Khenkhat chun lunggil

thianthona hi a pianpi ngal ziang ua, khenkhat chu vang kisiam nasat a ngai sek hi. Khristian hindan pha neina ding in thinlung thiangtho leh lunggil pha nei a pawimaw hi.

**ii) Taksa leh sil leh chen:** Thuthung lui ah a taksau suthiang ding leh a sil leh chen tiang ua kisuthiang ding ah hilna i mu sek ui (Jos. 3:5; Exo. 19:10,14). Taksa nin leh gimsia hi mi dangte ding in a haksai. I taksa leh sil leh chen te hi a thiangtho thei pen ah kep a pawimawi. “Mihing hinkhua ah hin a pawimaw pen chu Pathian ngaisak hi ahia, a ban a chun thianthona hi ahi,” a ti sek ui. Thianthona hi hiselna ding in le a phai. Taksa vawp thiantho i tiu hin numei pawsalna ah thianthona le a huap ahi.

**iii) In leh a kiang vel:** Insung a thiantho ding ahia, insung ah van chi chuam chuam leh ksilna te a thiantho a pawimawi. Insung leh a van thil te a thianthona ding in, in kiang vel le a thiantho a pawimawi.

**iv) Inmai leh vantaang thil te:** Khawpi ah chun Sawlkar in munphiat a gawi a, lamlianpi chu a thiangtho tho ahi. Maleh a mawpuaknau khel lam chu a nin khawp mai sek hi. Lamlianpi pam ah um ten eimau in zawn chiat lampi leh tuiluankuak (Nala) suthiang sek leu hen i khua leh veng chiat uh hi thiangtho in tin, nuam mai ding ahi.

Tuiluankuak (Nala) ah nin i pai sek uh hi phalo tak ahi. Vantaang zun in haw hi a gimsia thei ma ma, a nin thei khawp mai hi. Pathian thu ah i san taak dan uh tawh te in a kilawm lo ahi. Chun lampi chia kawm ah dumzial bawng, kuva leh thil dang chuunna i pai thaang uh hi a kilawm lo khawp mai hi. Mun khenkhat ah chun nin paina ding bik a um sek a, ziate chun pai ham ham ding ahi. Lampi pam ah nin kisia khawm mai hi a kilawm pua, zachak um tak ahi. I kichangkan sak vang un thianthona lam in i niam ma ma nalai ui.

**v) Tawidan lam ah:** Peter in, “...la tawi dan him him in a la thiangtho tau in,” a ti (I Pet. 1:15). A pawimaw khawp mai a, zia hin a masang ah i gen taak zosiau le a huam thei vek hi.

### **3. Thiantho a pawimaw ziaak:**

**i) Pathian zia ahi:** Pathian thiangtho ahi ziaak in i thiantho ding uh ahi. Aman le, “...la thiantho ding uh ahi, kei, Lalpa la Pathian uh hi ka thiangtho ngal a,” a ti (Lev. 19:2). Pathian thiangtho ho ding chu a thiantho ding ahi.

**ii) Pathian thupiak ahi:** Pathian in buak a ngai thei lo ziaak in thiangtho ding in thu a piai. “Ziaziakchun kisuthiangtho un la, thiangtho in um un...” (Lev. 20:7). Zia thupiak hin lunggil leh taksa thiantho a huap gel gel hi.

**iii) Hawina ahi:** Bang hi ziang leh le a thiang chu a hawi in a za-um hi. Mihing hihen la, thil hi ziang leh le a nin chu a hawi pua, a za-um puai.

**iv) Hiselna ahi:** Hiselna i kihil chun thiantho hi a thupi pen pakhat ahi. Nin a pat in natna hik a kithedal sek hi. Tu sang hin thiangtho zaw leu hen hisel zaw mai ding i hiu.

### **4. Thiantho Dan:** I hung thiantho thei ding dan uh tawmcha vak taaklang hi tiu:

- A umna ding dawl ah thil bangkim kawi chiat.
- Sil leh chen thiang kivan, nasepna van hi le a thiang ta phawt a phai.
- Taksa vawp thian leh ksil taimat.
- Lunggil leh thinlung thiangtho ding ah panlak.
- Insung leh a kiangvel kep thian.
- Um leh bel leh insung vawn sukthian.
- Kamsuak hawi lo leh hansia mat lo.
- Nin a bawm ah pai.

- Vantaang thil zun in leh mipi umkhawmna mun vawp thian.

Malai sang in i thiangtho ma ma tau a, thianthona hi Pathian thu a pat i kimudawna ding uh pawimaw tak ahi. Eima nasepna mun taphawt suthian sek ding ahi. A thiangtho ding pen ah ngai biakin, hospital, school leh office te hi a thian lo chun gam leh nam mualphona a ting hi. I Pathian uh hi Pathian thiangtho ahia, a mite le thianthona lam ah hindan pha nei ding in ei phuut ahi.

### **Genkhawm ding:**

Thianthona lam ah kochuam in malakna ding nei in i kihiau em genkhawm hileh.

### **September - 21**

**Thupi:** Ginumna

**Bible:** Lk.12:42-47; Thupn.3: 10.

**Thumapui:** Tuzan a hin Khristian hindan phapakhat ginumna chungchang gen ding i hui. Mi kuaman a muan ngam lo, mi ngansiana le kituup tak ah pitin ngai lo chu khristian hindan pha nei ahi ngai puai. Mi ginum lo ginchak khak hi a khawk a, ziagualmachun mi ginum gin la khak chu le thil khawk tak ahi.

**1. Ginumna umzia:** Ginum ti a pat in ginumna hi hung pawt ahia, ginum ti chu gintaak, gin ngam, det, pha, taima, dan dik tak ah thil hi, ti haw hin genchet thei ahi. Zia gual hinkhua nei chu mi ginum ti ahi. Grik pau in *kalos* a tiu a, Bible in a lang tam ma mai. Timothy leh Tita lekthawt in le 24 vei a kilang hi. Khrista sepai phatak ti ah hin 'phatak' ti hi 'ginum' ahi. Lou neitu semgim ti ah 'semgim' hi 'ginum' ahi. Kitaitekna dan gual ah bawl ti ah 'dan gual ah bawl' ti hi ginum ahi (II Tim. 2:3-6). A thu in a kawak dan dungzui ah kawi lem ahi.

Ginna nei mi chu a ginum a, mi ginum chun a ging sek hi. Abraham chun Pathian a gin zia in Pathian ah ginum ahi. Paul in le Abraham ginumna a ti hial ahi (Gal.3:9).

**2. Ginum zia:** A masan ginumna hi Pathian zia ahi tin gen phawt hi tiu. Bible pumpi ah hin Pathian ginum zia a lang tam ma mai. A mi Israelte chung in a ginum mualsua ahi. A thugen zosia chung ah a ginum a, a thil hi leh nasep ah a ginum hi. Zuau a gen ngai pua, a nasep le a gintaak ma mai. Hepinate, thianthonate gual tho in ginumna hi a Pathian ziapi (hina) pawimaw tak ahi. Zia gual hina (zia) chu nei ding in ei dawi a, mi ginum lo chu a nasem in le a mang ngai bek puai. Mihing ah zia ginumna hi lampi chuam chuam in a hung lang sek hi:

**i) Tawmngaina:** Tawmngaina hi ginumna zia ahi. Khua leh tui leh lalte ding ah a ginum zia un a khuau a huk nasa sek ui. Tangvalte chu galveng in zan ah a hak sek ui. Mi tawmngai chu a kilep ngai pua, zuau a gen ngai pua, mi dangte ding in a sem a, thawk le a huam sek hi.

**ii) Hepina:** Hepina hi le ginumna zia tho ahi. Pathian in mihing a hepi zia in mihingte chung in a ginum ahi. Hepina hin mihing lungthim siam in a ginum sak sek hi.

**iii) Gintaak:** Ginumna chun gintaak ah mihing a siam sek hi. Mathai leh Luka zik ah hin suak ginum, gintaak, sum enkawltu ding ah mattaak i mu sau sau a, gintaak lo le i muu



ahi. Ginchak gual ah um, thuguk gen ngamna leh thil pawimaw kawlsak taakhi mi ginum chu ahia, zia gual mi ginum chu kingakna taak ahi kit hi. Bible ah mi ginum i muu chu Joseph ahi (Gen. 38: - 41:).

*v) Za-umna:* Mi ginum chu a za-um sek a, a ginumna chun a suza-um sek ahi.

*vi) Thilpha hi leh Dikna:* Thilpha hi sek mi dik chu mi ginum ahi. Gitlo thil bawl sek chu a ginum pua, mi diklo chu a ginum puai. Israelte ginumlona chu a thilphalo bawl uh leh diklona in a hung lang sek hi.

*vi) Thawkhata:* Gingtu masate hinkhua ah a thawkhat ziau i muu a, Job chu le a thuakhat ma ma hi. Joseph in le thuakhat tak in a thuak mualsua a, Mosi'n le Israelte lungnatnate thuakhat tak in a thuak sek hi. A lopi pen chu Lal Jesu a thuak mualsua ahi.

Thawkhate chun thawk a kihuam ua, a chung ua haksatna hung tung leh channa tiang in thuakhat tak in a thuak sek ua, a ginum zia uh ahi. Paul hi a thuakhat ma ma a, ettawn taak ahi.

**3. Ginumna ding:** Khristiante chu bang hun leh mun ah le ginum zing ding ahi. I ginumna ding uh tawmcha vak gen hi tiu.

*i) Pathian ah:* Ginumna hi Pathian zia ahi ti gen tau a, ginum tak in mihing leh thilsiam dangte chung ah thil hi in vai a hawm ahi. Ama gingte chu Pathian ah a ginum tei ding uh ahi. Pathian i mudan dungzui in ama a ding in i hing sek ui. A ginumna he leh mu te chu ginum ngei ding a hui.

Hepi Pathian ahi zia in ama hepi thukna ah ginum a pawimaw hi. Phuba la thei leh gawt thei, hinna leh thina chung ah thuneitu Pathian ah ginum a pawimaw hi. Ngaidamtu Pathian kiang ah ginum tak ah kipiak hi a kipak lam tak ahi. Malzawlne neitu leh hansia law theitu ahi zia in ama ging ah a lam ah pan a pawimaw hi.

*ii) Eima chung ah:* Eima chung ah i ginum lo zia in eima leh eima i kithem zing sek hi. Eima thutiam sut (phel) sek mihing i hi sek ui. Lal Jesu ama chung ah a ginum a, a kithem ngai puai. I taksa bak chuam chuam i mat dan ah eima kizana nei a i ginum a pawimaw hi. Hiselna leh taksa susia thei nek leh dawn leh numei pawsalna matsual te hi eima lunggil leh taksa chung ah i ginum lo zia ahia, a siamtu Pathian za lo zia le ahi. Eima chung ah ginum lo chu lawsapna ahi.

*iii) Mi dang chung ah:* Eima chung ah le ginum lo hi midang chung ah a ginum thei diam? Zi te, pawsal te, chate, pi leh pu te, inkuan khat te, inveng te, lawi leh paai te leh seppite chung ah ginum ding ahi. Ginumna hi ei kankhawmtu ahi. Midangte hi i zau a; i khawksak ding uh ahi.

*iv) Khawtang leh Sawlkar Chung ah:* Eima chenna khua ah mi ginum lo i hi chun mi nawksak hi ngei hi tiu. Tulai hin mi thil guk chiing te, dawr leh in suam a um sau sau a, mi huan thai leh theiga guk piak, bu guk piak tiang in a um a, zia gual bawl te chu Khristian hindan dik ahi thei puai.

Sawlkar chung ah ginum i tiu hi Sawlkar nasemtute leh gam puitute bep ahi pua, mi zosia hi ding ahi. Kochuam te kithunun dan in le gingtute chu Sawlkar chung ah a um dan ding uh taaklat ahi. Sawlkar a pat sum lak leh mat thu te ah lungthim dik put a ngai a, Sawlkar thil hi neitu lungthim put a etkawl phat hi Khristian hindan pha ahi. Ginum ding in Bible in ei hil a, "Zia gam ah hin um in la, ginumna del zing in..." a ti (Sam 37:3). Ginumna hi del ding ahi zia chu Pathian daw dan ahi. Ginum ding chun taimat te, thawk leh chaan le

ngai in a. Mi ginum chu chawihawi in a um sek a, mite ngaisan leh za ahi sek hi. Pathian in mi ginum chu a malzawl sek a, mi ginum chu gam go lul ahi.

### **Genkhawm ding:**

Gam leh nam ding ah mi ginum hi in i kihiau em? Ginumna ding ah panlakna dingte genkhawm hileh.

### **September - 22**

**Thupi:** Mihing Khawsakkhawm Dan Pha

**Bible:** Ephe. 4:25-32. Rom.12:9-21.

**Thumapui:** Mihing hi a hawn ah cheng leh hingkhawm ding i hui, ti in mithiam ten a gen sek ui. Eima chang ah chun i lung a leng ziang sek hi. Maleh kituak thei lo te a um sek a, i phat khawm chiatna ding leh kituak dan ding hi hawl ham ham a ngai hi. Hinkhawm dan pha zia gual hin gen hi tiu.

**1. Kihepitua:** Lal Jesun thupiak lopi pen Pathian hepi tawh kituk ah lopi ah a gen chu eima i kihepi gual ah vengte (midang) hepi hi ahi (Mat.22:39). Zia thu hi thuthung lui in le i muu (Lev. 19:18). Hepina hi dan zaw bukimna leh kankhawm kim chu ahi.

Lal Jesun a nungzuite chu kihepitua ding in a hil a (Joh.15:12), hilna sang in le thupiak ahi zaw ma mai. Johan chun suapite hepi chu thina a pat pawtna leh hinna ah lutna ahi thu a gen hi (I Joh. 3:4). Kihepitua ding ah tiilkhona a gen kit hi (I Joh. 3:18).

**2. Na Kisep Piaktua:** Kipanpitua tina le ahi thei a, zia ding a chun kilutchaktua a ngai thu Peter hin a gen hi (I Pet. 5:5). Sawlchak Paul in le, “Khrista lau kawm in kilutchatua chiat un,” a ti kit hi (Ephe. 5:21). Mite thil i bawl piak hi a nau i sep piak uh tina ahi.

**3. Phatna Kihiat Piak:** Mi zosia’n phatna leh pawimawna i nei chiat ui. Khawsak khawm ding chun mi dangte hi a lul un a phachuam hi ti hiat a pawimawi. Pathian in ei hepi chiat ahi. Thupilte 27:10 ah chun, “Nangma ngei lawi leh la pa lawi chu thautha kin, la vangsiat ni leh la suapipa in ah chia kin, gamla tak ah suapi sang in a nai ah invengte chu a pha zawi,” ti i muu. Panpi i ngai hun ah inveng nai ah umte hi a lul sek ui.

Sawlchak Paul chun a naseppite a ngai pawimaw ma ma ahi. Timothi te, Luka te, Epaphrodita te, Tita leh a dang dang te le ama ding in a lul ua, a nasepna ah a phachuam ui ti a he ahi. Rom 16: ah a lawite phatchuamna a ziklang a, mi dangte phatchuamna i hiat lo chun hinkhawm a haksa sek hi.

**4. Kingaisaktua:** Vaihawmtuten migentheite a ngaissak lo ziak un zawlneiten a vau uh ahi ti thu i hiau. Lal Jesun midangte a ngaisak a, damlote le chawl ni in le a sudam mai hi. A dam uh leh dam lo in le mi dang ngaisak hi Khristian hindan pha chu ahi.

**5. A Dinmun ua Din:** Sawlchak Paul chun, “Mithipna leh kingaisanna ziak ah bangma hi lo in, mi zosian ama sang in mi dang pha zawn guat chiat uh hen, eima a bep en lo in mi dang a le en chiat zawu in,” a ti (Phil.2:3,4). Eima bep kingaitua lo in a dinmun uh kichan leu hen a hinkhuau hethiam ding i hui.

**6. Kipak Thu Kigentua:** Saptan, “Ka kipak hi” a ti zung zung sek ua, ei un vang ‘ka kipak hi’ ti hi haksa i sa’u ahi. Haksa tak in i gen tho nau ah chu eima chate, zi te, pawsal te,

suapite kiang in kipak thu i kigen tam bek puau. Sungkuan hi le kipak thu kigen tam a phai. Bible chun, “Bangkim ah kipak thu gen in..” a tia, bangkim ah kipak thugen hi Pathian dawigual ahi (I Thes. 5:18).

**7. Kingaidamtua:** “Ka chung ah thil hikhialte ka ngaidam gual in, nang in le ka thil hikhialte ei ngaidam in,” ti ah pauchap ding in Lal Jesun ei hil ahi. Zia gual ah pauchap thei ding chun mi dangte ngaidam sek tu hi a ngai hi. Sawlchak Paul in, “Kuan le midang chung ah thubuai la nei uh chun kidawtua in, kingaidam tuau in la; Lalpa chun a ngaidam taak gual khan kingaidamtua un,” a ti (Kol.3:13).

Chate thil hikhial hun ah kiko khum ziang hin kinelna a tawm khawlaw thei hi. Ngaidam ah um hi sang in ngaidamtu hi a lopi zawi. Peter in unau thil hikhial chu sagi vei ngaidam hi a hun mai lo hem a ti lai in Jesun sai vei mun sawmsagi tiang a ti piak hi. Mi dang ngaidam nuam lo suak tekhnin thu a gen zui hi (Mat. 18:21-35). Kingaidam tua hi kilemna ahi.

**8. Thu kimattua:** Pa hiziak in zi leh chate thu nawl vek ding ahi diak pua, thuguat phatak chaten a nei thei tho ui. Eima ti lo tilo hi midang suklungthuaina ahi. Mitmei kivengtua ah thu kimattua hi kivawp theina ahi.

**9. Ginumna:** Mi ginum lo chu mi’n lawi ding in a dawu puai. Gucha pawl lak ah le pawl ding ah ginum ahi a dawu tho sek ui. Mi dang kiang ah a thugen pitin mi chu mi ginum ahia, khenkhat in mi thil i khel te piak kit ding i ngaitua ngai pua, i kawu zing sek a, zia hi ginumlona ahi. Mi ginum chun zuau a gen ngai pua, sungkuan lim hi ding in hinkhawm thiam a ngai hi.

### **Genkhawm ding:**

Mi tawh kivawp(kipawl) theina ding ah pawimaw ah i hiatteu genkhawm hileh.

### **September - 23**

**Thupi:** Khua leh Tui Pha

**Bible:** I Pet. 2:13-17, Rom 13:1, 2.

**Thumapui:** Khua leh tui pha hi hih khawvel gam zosia pawimaw ahi. Khaw hausa leh thuneituten mi zosia hi khua leh tui pha hi ding in ei kineppi chiat ui. I pi leh puteu hun lai ah school, biakin um masang in thaam/sawm ah khua leh tui pha ahiloleh hindan pha a la kihil sek ui. Thuthung lui leh thuthung thak i sim chun khua leh tui pha hi ding ah hilna i mu gel gel ui.

**1. A umzia:** Khua leh tui ti chu dan gual tak ah gam mi hina nei tina ahi. Eima pianna leh seiletna khua leh gam ah chun a gam mi hina chu pianpi ah nei ahi ngal ahi. Tulai hin gamdang ah le a gam mi hina nei thei ahi tai. Khua leh tui ti chu gam mi kigena ahi pen hi. I gen nuam pen chu ‘pha’ ti hi ahi. Khristian hindan pha chu khua leh tui pha hina le ahi mai hi.

Rom Sawlkar nuai ah khan khua leh tui hina nei te chun chanvo pha leh sang bik a nei ui. Rom gamsung ah chengte kha Rom khua leh tui ahi suak diak puau. Paul khan Rom mi ahina kha a Pathian nasepnan le a mang phachuam ma mai (Nas. 16:37,38). Khua leh tui pha hi ding ah thil pawimawte vak gen hi tiu.

**2. DanZawp:**Thuthung lui ah Pathian in dan a piak, a lian leh a neu zawp chu khua leh tui pha hina ding ahi thu Mosi'n mun tamtak in a gen hi. A sakhua leh gam vaihawmna a kizawp nai ma ma zia in sakhua lam dan leh vaihawmna dan chu zawp khawm a pawimaw ahi. Pakhat a zawp phatlo uh chun a dang a khawi kha tho tho sek hi.

Bible in Khristian hindan pha a gen hi khua leh tui pha hina le ahi ngal hi. Gam dan zawp mi chu mipha tak le ahi. Sawlkar in mi zosia phatna ding 'dan' a siam a, danpi bak dan neu tamtak le a um hi. State zosia'n dan a siam kit a, Bible thuhilna tawh a kikal ahi lo phawt chun Sawlkar dan hi zawp ding ahi. Lal Jesu, Peter leh Paul ten gam dan zawp ding in a gen chiat ui. Gam dan hi hina leh chanvo humbittu ahia, gam dan zawp lo chu mi gilo hina ahi.

**3. Neitu Lungthim Put:**Eima umna khua leh gam ah hin a neitu ka hi ti hiat ding ahi. Gam hi Pathian in ei pia, ziaziakchun a neitu i hiu. India gam ah hin neitu lunggil pu i tam lo uh ahem ti a bailam hi. German mi pakhat chun zia gual hin a gen hi, "India gam ka hung a, India mi mu ding la um puau. Mal, Sim, Malsak ka chia in 'a' a ti chiat ua, India mi 'ka' titu ka tuak kha puai. German ah chun 'ka' ka ti chiat ui. Nanguh India gam ah hin a neitu 'ka' ti ding a um puai a ti chun lungthim a khawi ma mai.

**4. Gam lungsiat:** Eima chenna gam kilungsiattu hi a pawimaw hi. Gam lungsiat ti chu a gam leilung leh a sung ah thil um zosiate hepi hi ahi. Gam lungsiattu chun gam phatna ding a ngaitua pen zia in ama makhua ding a khual puai. I gam ah hin election lai leh gam lungsiattu a tam sek a, a tam zaw chu ama angsung ding, ama hamphatna ding tup zia ahi sek hi. Gam thau i sawk sang in gam in eima thau a nek zawk ding ahi. America President, John F. Kennedy chun, "La gam in bang hem a bawl piak thei ding ti dawng lo in; la gam ding ah bang hem la bawl thei ti kidawng zaw'n," a ti ahi.

**5. Ginumna:** Ginumna hi kil tin in a pawimaw a, mi ginum lo chu khua leh tui pha ahi thei puai. Gam puitu ginum a pawimaw gual in mipi ginum le a pawimawi. Sawlkar sum mat thu ah ginum a ngai a, nasep ding guanggal bawzui ah le ginum a ngai hi. Kilawfa ah sem leh contractor le ginum a ngai hi. Hotu ginum in mipi ginum a siam a, mipi ginum in hotu ginum a siam kit hi.

**6. Kipumkhatna:** India gam ah hin nam chuam chuam i tam zia in un kipumkhatna lam hagen a pawimaw ma mai. Sakhua chuam chuam pau leh nam hindan chuam chuam lak ah kipumkhatna hi a pawimaw ma ma ahi. Khua leh tui pha hina ding in kipumkhatna hi a pawimaw ma mai.

**7. Sia (tax) Piak:**Gam zosia'n sia (tax) chi chuam chuam a nei chiat hi. Khua leh tui phate chun sia a piak ding teu chu ginum tak in a pe sek ui. Bible in le, "Mi zosia kiang ah piak ding chu piau in la, leiman piakna ding kiang a chun leiman piau in la ...," a ti (Rom 13:7). Ei uh hin le gam in sia piak ding ah ei tuk chu ginum tak in i piak sek ding uh ahi.

Khua leh tui pha chun gam dan a ngaikhaw a, gam neitu lungthim pu in gam a ding in a ginum sek hi. Invenge ding in le inveng nuam a hui a, gam vaihawmna a za sek ui. Gam sumualphotu hi sang in gam zemhawitu hi hih Khristian hindan pha ahi. Eimau umna chiat in khua leh tui pha hi tup chiat hi tiu.

### **Genkhawm ding:**

Kochuamte hi khua leh tui pha hi chiat in i kihiau em?

## September - 24

**Thupi:** Thunuaigawlna leh Kingaitawmna

**Bible:** Gal. 5:22-23; Phil. 2:5-8, Jak. 4:6-10.

**Thumapui:**Thunuaigawlna hi thagau ga, hindan pha leh dawium, Khristiann mimal tin hinkhua ah lang dawk ding chu ahi. Thunuaigawl ti hi nunnem, zaidam, kingaitawm ti te tawh a kinai ma ma, a umzia hi eima thu/ngaituana kawi sang lo ah Pathian leh mi dang thu kawi chungnun ah a thunuai ah kun tina ahi.

Khristian hinkhua leh nasepnan kingaitawm hi a pawimaw a, Khristian zia lopi tak ahi. Augustine chun, “Sakhua hindan ah pawimaw pen bang hem ti in ei dawng leu chin pakhat chu kingaitawmna a hia, a panina chu kingaitawmna ahia, a pathumna chu kingaitawmna ahi ti in dawnhu ding ka hi,” a ti.

### I. Thunuaigawlna:

**1. Lal Jesu leh Thunuaigawlna:** Lal Jesu'n, “Thunuaigawl leh lungthim ah kingaitawm tak ka hi,” a ti (Mat. 11:29). A kingaitawmna leh thunuaigawlna chu a hinkhua leh a thilbawl ah te, a thu ah ten kichian tak in a kilang hi. Khawvel ah a nasep lai khan, “Keima thu thu ah um ka gaw pua, ei sawlpa thu thu zawk ah um ka tup sek hi,” a ti (Joh. 5:30). Gethsemani huan ah lungngai tak ah a pauchap a khan le, “Keima thu hi lo in, nangma thu hi zaw hen,” a ti thei a (Mat. 26:39), thi khawp hial in a pa thu a zawm ahi. Lal Jesu tuk ah thunuaigawl leh kingaitawm a um puai.

**2. Thagau zal ah Gingtute Thunuaigawlna:** Thunuaigawlna hindan diktak hi Thagau Thiangtho nasepna ziak in gingtuten a nei thei ahi. Bible mun tamtak in gingtute chu thunuaigawltak ah um ding leh nasem ding ah hilna i muu ahi.Sawlchak Paul in, “Bangkim ah kingaitawm leh thunuaigawl in um un la, kiphaniam tak in hepina tawh kidawtua un,” ei ti ahi (Ephe. 4:2). Zia thunuaigawlna hindan lopi tak hi ama Paul ngei in le a hindawpi a, Ephesi kochuam upate kiang in Nasepte 29:19 in a la gen ahi. Khristiante hinkhawmna leh nasep khawmna in thunuaigawl tak ah um leh nasep a pawimaw bek ziak in zia hindan dawium tak hi nei ah kilatdaw sak ding in phatchuamngai tak in kochuamte ei hil ahi (Gal. 6:1; Ephe. 4:1-3; II Tim. 2:25; Tita 3:1-2;) leh a dang dang.

**3.Thunuaigawlte Hamphatna:**Grik ah thunuaigawl kigena umzia chu ‘sakawl kisawizawi ta, a pu'n a dawi gual gual ah a thunun thei taak kigena ahi’ a tiu. Zia hi Khristian hinkhua ah i laklut ahi chun Pathian thu ziak ah hinkhua kisawizawi ta, Pathian thunuai ah kun thei hinkhua genna ahi. Zia gual mi chu amau hinkhua le kithunun thei a hiu. Zia hi malzawlna lul tak mi tamtak in a nei lo chu ahi. I hinkhua leh nasepna haksatna leh buaina liantak i tuak sekna ziak pakhat chu Pathian thunuai ah i kun thiam lo ziak leh eima i kithunun zaw lo ziak uh ahi. David in, “Thunuaigawlten gam hi luan tin uh, chamna nasatak chung ah kipak in au,” a ti ahi (Sam 37:11). Jesun le thunuaigawlte chan ding ah a gen chu ‘lei go hi lua ding ahi ngal ua’ a ti ahi (Mat.5:5).

### II. Kingaitawmna:

**1. Kingaitawm Pawimaw Zia:**Kingaitawm ti paukam hi Khristian huang sung ah hung kipan ahi. Lal Jesu hun masang in mi kingaitawm chu mi dawilawk, mi nuainung, mi

hatlo, leh genthei gual ah ngai ahi sek ui. Miten a ngainiam ua; a ngaisang puau. Jesu nung in kingaitawmna hi nasatak in chawisan leh kawī chungnūn a hung hi ta, kingaitawmna chu hatna thuguk ahung hi tai. Jesu gual ah mi lopi leh bukim a um pua, zia chu tawh kitawn in ama gual ah mi kingaitawm a um puai.

**2. Kingaitawm theina Thuguk:** Kingaitawmna ahem i tiu khenkhat kingainiam te, tinglo hi ah kingaite, mite pha lo ah kingai te, eima nep dan kihiatte hi kingaitawmna ahi pua, chapona lam ahi zawi. Khristiante kingaitawmna thuguk chu Pathian phatna kinga ding ah a kiang ah kituklut hi ahi.

Kingaitawmna lelam (opposite) chu chapona ahi. Eima chapo lo ah i kihiat lai in le miten chapo in ei ngai sek hi. Mi'n Pathian a mu chian phawt chun Pathian lopi leh thiangtho ma ah a kingaitawm lo thei puai. Chun mi i etna mit leh lungthim chu le a dik a ngai hi. Pathian muchian tute chu amau le a kimuchian sek ui. Paul in le, "Pathian thilhitheina chu ka chung ah a um theina ding in ka hatlonate hi suang zaw tang ka," a ti ahi (II Kor. 12:5). Zia bep chu le hi lo in 'a lak ua migilo pen' a kiti ahi.

**3. Kingaitawmte Chan Ding:** Lal Jesu'n, "Kuale kingaisang taphawt tawm in tiu in, kuale kingaitawm taphawt chawihawi in um in au" a ti (Mat. 23:12; Lk. 4:11; 18:14). Mi kingaitawmte kiang ah um mi'n nuam a sa, mi'n a guk in a za'u a, a ngaisang sek ui. Kingaitawmte chu Pathian in a hun tak in a chawisang sek a, Jakop chun, "Lalpa mitmu in kingaitawm un la; tichun hun chawisang in a," a ti (Jak. 4:10). Chun "Pathian in mi chapote a dodal a, kingaitawmte chu lungsiatna a pia sek hi," ti le ei gen hi (Jak. 4:6). "Kingaitawmna leh lalpa launa chu sum te, chawihawinate, hinnate ahi," ti i muu (Thupl. 22:4). Lal Jesu ama leh ama a kingaitawm a, khraws ah a thi, a tawp ah chawihawi ahia, min zosia lak ah min chungnung pen piak ahi tai. Mihing lungthim chapona chu manthaina masang in a chia a, kingaitawmna chu chawihawina masang in (Thupl. 18:12). a ti.

### **Genkhawm ding:**

Chapona phat lo zia leh kingaitawm phat zia i hiatteu genkhawm hileh.

### **September - 25**

**Thupi:** Tawmngaina leh Taimatna

**Bible:** Mat. 7:12; Mk. 10:45; II Thes. 3:8-12.

**Thumapui:** Thu kinai tak tawmngaina leh taimatna genkhawm ding i hiu. Tawmngaina hi kipiakzawna ahia, taimatna chu bawl zing (continuation) lam a kawk ahi. A pani ahin nasep thilbawl lam kigena gel gel ahi.

### **A. Tawmngaina:**

**1. Tawmngaina Umzia:** Tawmngaina ti paukam hi Bible in a kimu pua, maleh Khristiante hinkhawmna leh khawsak khawmna ding in mimal tin in a nei ding ah hindan pha leh hawi tak ahi. Tawmngaina hi hepina gual ah umzia thuk tak nei genchian haksa tak ahi. Hepina tak tak chu hinkhua leh thil hi ah a kilatdaw sek gual in tawmngaina hi hinkhua leh thil hi in a langdawk sek hi. A chawm lam in tawmngaina umzia leh tup chu eima haksatna

khawksa lo ah eima kihemil ah a pawimaw dan dungzui ah midangte a ding ah kipiak leh thilbawl ahi pen hi. Zia hin a pawimaw chun eima hinna ziang le kipiak a huam ahi.

**2. Tawmngaina leh Khristian Hindan:** Tawmngaina leh Khristian hindan hi a kikal em kiti leh ‘a kikal puai’ ti chiat hi tiu. Khristian hi ngal tawmngai lo chu Khristian pha hi thei lo ding ahi. Lal Jesu’n eima i kihepi gual ah mi dangte hepi ding ah ei gennate, thil bangkim mi’n i chung ah hileh ti i daw gual chu midang chung ah le hi ding ah ei hilnate hi a kituak ma mai. Paul in thilpha hi ding ah Khrista Jesu ah siam i hi thu a gen te, hun lemchang i nei dan dan ah mi zosia chung ah thilpha bawl kithada lo ding ah ei hilna leh tawmngaina hi a kituak ma mai.

**3. I pawimaw Khristian Tawmngaina:** Tawmngaina hi khawtang hinkhua kankhawmtu, sunuamtu leh suthamuangtu ahi. Khristian hi masang ah le tawmngaina i nam in a la nei kha ngaisan um tak i miziau leh nam zemhawitu dawium tak ahi. Khristian hi nung in Jesu Khrista leh Pathian thu kingakna mang ah midangte ding ah hing ah nasem ding i hui. I tup uh chu kuama khenlo ah hukdamna ah mite pulut leh Pathian lopina ding ah thilbawl ahi. Zia chu khawimun ah le i nisin hinkhuau leh nasep ah a kilatdaw ding ahi.

#### **B. Taimatna:**

**1. I Pathian hi Pathian Taima ahi:** Bible bu masapen Genesis ah Pathian in leh lei van leh a sung ah umte a siam ah na a sep thu leh mihing masapen Evi leh Adam te le nasep ding a piak thu i muu. Thupuan bung 21 ah le Pathian in thil zosia a siamthak thu i muu. Jesun, Pathian leh ama ngei in le na a sep thu a gen a, “Ka pa’n tutiang in le na a sem zing ahi, kei in le ka sem zing ahi,” a ti (Joh. 5:17). Pathian in bangkim phatak ah a siam bak in gun tak leh taima tak in sun leh zan in a enkawl zui hi ti Bible mun tamtak ah i muu ahi.

**2. Khristian chu a Taima ding ahi:** Khristian hi ah thatbei hi thil kilawm lo leh kilem lo ahi. I Lalpa hi a taimat zia in a mite le i taimat ngei ding uh ahi. Bible ah Pathian in a nasem ding ah a ko leh nasepna chi chuam chuam ah lawting te kha kuama mi thabei a um puau a, mi taima leh a nasepnau lam chuam chiat ah ginum tak ah semte ahi chiat ui. Taimatna chungchang in sawlchak lopi Paul in gingtute chu mi taima hi chiat ding in phatchuamngai tak in a hil sek a, ama leh a lawiten le gimtak ah nasem chung ah Pathian na a sep sek dan uh hangsan tak in a gen sek ahi. Kuanle na a sep nawp lo chun ne le ne kihen, tin agen hi.

**3. I Taimatnateu:** Khristiante i taimatna ding lam chuam chuam leh bak tamtak a um a, ziate chu lampi thum in a nuai ah gual hin vak gen hi tiu.

**i) Taksa thil ah:** Taksa pawimaw chi chuam chuam tamtak, etsaknan, nek leh dawn, sil leh chen, in leh lou thil dang i nei ahi. Zia i pawimaw te chu semdawk ngei ding leh mi dang te le panpi thei ding in taima tak leh gim tak ah na i sep a kul ahi. I vangsiat deu hun um leh le taima tak ah semtuten a pawimaw bak un pawimaw hun a ding in a khawlkhawm ua, Pathian nasepna mat ding leh midangte panpina ding a semdawk ngei ngei sek ui.

**ii) Lunggil lam ah:** Pathian zal ah i dam ah thuak mang thei i hi phawt chun gingtute hin i lunggil leh ngaituana hi taima tak in a phalam ah i mat sek ding uh ahi. Pathian in i thuak a siam dan a hin ngaituana mang ah nasatak ah masawn leh khangto thei ding ah ei siam ahi. Bible chun, “Ngaituana nei thei lo sakawl ahem, sabiltung ahem gual in um kiu in,” a ti (Sam 32:9).

**iii) Thagau lam hinkhua ah:** Taksa leh lunggil tawh kizawp thagau lam hinkhua leh nasepna hin taimat sua a ngai diak hi. Peter chun, “.... Unaute haw a kona leh a telna chu

sudet ding in taimat sua zaw diak ta un, zia gual chun la hi uh chun bangmatik in kipuk puan lau,” a ti hial ahi (II Pet. 1:10). Hebrai ziktun le, “A tawp tiang ah kinepna bukim mu ding in la taimat gual ua khan kithada kiu in, ginna leh ngak peina zia ah thutiam gochangte hi zawn lau, a ti (Heb. 6: 11-12). Eima thagau ding leh midangte thagau lam hinkhua ding in taimat hi a pawimaw ma ma ahi.

### **Genkhawm ding:**

- i) Tawmngaina leh Khristian hindan pha kituak dan gen hi tiu.
- ii) Zilna leh nisin nasepna taimatna pawimaw dan gen hi tiu.

### **September - 26**

**Thupi:** Sum Ngainatna leh Chapona

**Bible:** Thug. 5:10-12; I Tim. 6:6-10; Thup. 16:18; I Pet. 5:5.

**Thumapui:** Tuzan a hinKhristian hinkhua susia sektugitlona leh thil pha lo lak ah pakhat chapona chungchang leh sum ngainat zia ah siatna hung um sek thu gen ding i hui. Sum ngainatna leh chapona a pat kikawikiang thei chu Khristian hindan pha nei mi ahi sek hi.

#### **I. Chapona:**

**1. Chapona hi Gitlona ahi:** Alan Richardson chun chapona hi gitlona bulpi leh laigil ahi; a ti hial hi. Chapona hi Pathian chanvo; lopina leh chawihawina eima chan guatna ahi. Chapona hi gitlona ahi dan leh ahina lam chuam chuam ah genchian thei ahi. Chun i mihing chanpate chung ah lunggil diklo leh pha lo putna le ahi. William Barclay chun, “Chapona hi a grik pau ah umzia chu mi dang chung ah leng ah kingaina leh kilatsakna ahi,” a ti.

Thil zosia a thawn ah ei petu hi Pathian ahi zia in kingaitawm tak in ama kiang ah lopina leh chawihawinate hi i piak suak ding uh ahi. Mihingten Pathian chanvo i chu piak ding uh ahi puai. Chun i mihing chanpi chung ah kuama kisuang a, chapo ding ahi pua, chapo thei le i hi puau. Paul in, “Kua hem midang sang ah danglam bik ah hun siam? A thawn ah la dawn uh ti lo chu bang hem la nei uh? Chuti ahi ngal chun la dawn hi lo gual tak ah bang zia ah ki-uanpi la hem?” a ti mai hi (I Kor. 4:7).

**2. Chapo phatlo dan leh khawk zia:** Chapona hi Pathian huat lam gitlona thuk tak, mihing hinkhua susiatu ahi zia in a phat lo dan Bible mun tamtak in i muu ahi. Chapona chu manthaina masang in a chia ahi ti te, chapona a um chun mualphona a um ti te, Chapona chun kinialna bep a sua sek ti leh a dang dang tam tak a um hi.

Thuthung thak lam ah le Jesu'n “Kingai sang tapo tawm in tin, kingaitawm tapo chawihawi in um in a” ti te, “Pathian in mi chapote a dodal hi,” ti te a um hi. Pathian ngei in a dodal khel ah lau um leh khawk dang a um puai.

Chapona hi Khristian sungkuan leh kochuam hindan pha susiatu ahi. John Newton chun, “Chapona hi kochuam melma pakhatna ahi,” a ti. Duccun chun, “Chapona hi rose pakcha buk lak ah gul gu nei um gual ahi,” a ti. Mi chapote ding in mi dang tawh kipumkhat ah umkhawm leh kithutuak ah nasep khawm a haksai.

**3. Chapo Gitlona a pat Kiven Chitthei a Pawimawi:** Chapona hin ga phalo tamtak a sua sek hi. Ziaziakchun Khristian mimal, sungkuan, kochuam pumpi hi le chapona gitlona lak



ah kichit thei a ngai zing sek hi. Pathian malzawlna i dawnte zia ah Pathian kiang ah kipak thu gen ding ahi zing lai ah a malzawlnte hi i chapopi thei a, ei malzawlntu Pathian ziang le hiatmil thei ahi. Chapona lak ah kiven chit thei a ngai hi. Pathian hepina leh malzawlna chang in bang gual dinmun pha leh sang chang maleu hen Khristiante chu chapo lo in Pathian leh mihing te mitmu ah a kingaitawm ding ahi.

## **II. Sum Ngainatna:**

**1. Khristian leh Sum leh Pai:** Sum leh pai hi mi zosia pawimaw, daw leh hawl ahi. Mimal leh sungkuan bak in kochuam leh pawl chuam chuam leh sawlkar tiang in sum hi i pawimawu ahi. Tulai hin sum i pawimaw ma ma zia uh leh sum in thil ahi thei zia hin ngaidan dik lo, sum a um lo chun bangma ahi thei puai, sum a um leh vang bangkim ahi thei hi ti ngaidan i nei vek tau ahi.

Bible i et chun Pathian hi malzawlna nak leh khuk kang thei lo ahi ti i muu. Lei leh van leh a sung ah umte hi i Pathian a vek ahi, (Sam 24:1; Deut. 16:14; Chro. 29:11-16). Sum leh pai lawdaw theina ei petu, lam zosia ei malzawl sek tu chu Pathian ahi. Pathian a pat i dawn sum leh pai leh thil dang dang te hi Pathian chawihawina leh mi dangte panpina leh eima pawimaw dang dang ah i mat ding ahi (Thupl. 3:9-10; I Tim. 6:17-19).

**2. Sum Ngainat hi Gitlo Tincheng Bul ahi:** Paul in, “Gitlo man chu thina ahi,” ti ei gen hi (Rom.6:23). Gitlona chu a gitlo ma ma zia in Bible in gitlona zosia haisan ding leh gitlona zosia lak ah kikawi kiang ding in ei hil ahi (I Pet. 2:1; I Thes. 5:22). Bible in dangka sum ngainat a khaw dan a gen chian ma mai. “Dangka sum ngainat hi gitlona tincheng bul ahi ngal a, zia chu khenkhat in eng in ginna chu a phatsan ua, amau leh amau lungngaina tamtak a kisunkhum sek ui,” ti in (I Tim. 6:10).

Zia tak ah Bible gen dan hi hiatchian a phai, Gitlo tincheng bul a ti hi ‘dangka sum’ hi lo in ‘dangka sum ngainat’ ahi. Chun, ngainat a ti hi ‘Pathian sang ah ngainat’ ‘dawi’ leh hotu ah nei tina ahi. Lal Jesu’n, “Suak kuama hotu pani na sem kawp thei a um puai....Pathian leh sum na la sem khawm thei puau,” a ti (Lk. 16:13). Zia tak ah Lal Jesu thugen hi i sim hawi ahi chun ‘Pathian leh sum na la sep khawm ding uh ahi puai, a haksai, a ti mai ahi. Lelam in Lal Jesu’n sum nei a khap pua, hinkhua ah ngai thupi pen ah nei vang a phal lo ahi.

**3. Sum Ngaina lo ding ah Kiven a Pawimawi:** Dangka sum ngaina ding ah thepna leh chetna hi gingtu zosia tuak sek thepna leh chetna hat tak ahi. Zia hi mi tamtak do zaw lo gitlona chi chuam chuam ah ei puilut sek tu ahi. Ziaziakchun khawvel i damsung ah sum ngainat thepna lut lo ding ah i kiven a pawimaw ma mai. Zia kiven theina ding a chun Hebrai ziktun, “La lunggil uh put zia chu dangka ngainatna pang lo hi hen la, la thil nei chung un lungawi un, Ama ngei in bangmatik in hun thatham ngai puang ka, nut le nusia lo ding ka hi (Heb. 13:5) a ti. Paul in le, “Khawvel hin bangma i lutpi puau a, bangma i pawtpi thei diak puau,” a ti ahi. Himaleh nek ding sil leh chen ding i nei uh chun lungawi hi tiu ti in Khristian lungthim put ding dan leh um ding dan ei hil ahi. Dangka sum ngainat ah daw taw a um thei pua, dangka sum ngainat zia ah ginna nusia khawp ah hausak guatna a um sek hi.

### **Genkhawm ding:**

1. Chapona phatlo zia leh khaw zia gen hileh.
2. Dangka sum ngainat in ginna a suksiat dan genkhawm hileh.

**September - 27**

**Thupi:** Nek leh Dawn Kisum lo Khawk Dan.

**Bible:** Thupl. 25:16; Lk. 21:34.

**Thumapui:** Nek leh dawn ah kisum thei hi Khristian hindan pha neina ding ah thil pawimaw tak khat ahi. Nek leh dawn ah kisum thei lo zia in mi tamtak a hina ding gual ah hi thei lo, a nasepna sem sunzawm thei lo, a tunna ding tiang tung pha lo leh a thi ding hun masang ah thi tamtak a um hi. Chuleh thagau lam dinmun leh khawsak dan ah niam khawlaw hi thil khawk tak ahi.

**1. Nek leh Dawn Pha i Pawimaw ui:** Pathian in ei siam dan in mihing leh thilsiam hing dangten le nek leh dawn pha leh hiselna i pawimaw ui. Nek leh dawn pha i mamaw gual i dawn lo chun hisel lona leh damlona, thina tiang in i tuak thei hi. Khawvel changkang to zel a hin nek leh dawn ding pha leh pha lo chi chuam chuam i hiat belap zel hi. Nek leh dawn siam tuui dan te, nek hun ding ah pha leh nek ding tiang hiatna lam ah ma isawn zing uh ahi.

**2. Nek leh Dawn huntawk Hiata Ngai hi:** Kua zosia'n le nek leh dawn ding a pha nek a, dawn a, phalo chu hi lo mai a phai ti i he chiat ui. Nek leh dawn pha i hatpi gual in nek leh dawn pha lo chu i siatpi sek ahi. Zia chun i taksau, i lungthim leh i thagau lam hinkhua dinmun tiang a khawi a, siatna nasatak a tun thei ahi.

Khristiante hin eima ding ah pha lo ding ti i hiatnek leh dawn chi chuam chuam lak ah i kisuum ua, kikawi kiang a pawimaw hi. Chun taksa a ding ah pha nek leh dawn dingte le chintawk i nei uh a pawimaw hi. I taksa in a zaw lo khawp leh pawimaw bak i nek ah i dawn chun a pha chu le phatpi sang in i siatpi zaw thei hi. Bible in le, "Khuaizu la mu sek em? a hun tawk in dawn in, chutilochun law (vomit) khan la," ti i muu (Thupl. 25:16; 27).

**3. Nek leh Dawn ah Kisumlona chun Siatna a Tun sek:** Nek leh dawn ah chintawk i nei lo chun ei ma ma'n thuk ding i hui a, a ga luak ngei ding i hui.

I gam ngei in le kisuum lo zia ah siatpi tamtak a um ta ahi. Kuama siatpi gua ah ne leh dawn um khel puai tiu. Maleh i gawl in a du ma ma zia leh i lungthim in a khiakla ma ma zia in a pha puai ti he chung chung in i nawl pua, i kisum thei lo tho a, phatlopi leh siatpi chuam lo ding ah kingai in thil i hui a, a tawp tak leh i thawk khawlaw ngei ngei sek uh ahi. Nek leh dawn ah i kisuum theilona pipen chu zudawn leh khamthei thil chi chuam chuam te hi ahi. Ziate hin mimal hinkhua, sungkuan hinkhua, khawtang hinkhua nasatak in a susia sek ahi. Zia lo chun thil dang him him le nek takluat chu taksa in a thawk khawlaw a, cholo ti a um thei a, an ziang le Muslimte chun, nek taakluat hi soal (gitlo) ahi (over eating is sin) a ti hial ui. Khristiante ding in Pathian lopina ding ah nek leh dawn lam ah kisuum te, a huntawk ah nek leh dawn te a pawimaw a, zia chu eima ding leh midang a dingah le phatna ahi.

Mo lawpni, thaak ni leh luaithe nikhua ah sa himan ah eima nisin nek sek sang ah tam nek hi i dampi, hatpi diak pua, taksa in a thawk khawlaw sek ahi.

**Genkhawm ding:**

I gam ah nek leh dawn kisuum lo zia ah siatna i tuakteu genkhawm hileh.

## September - 28

**Thupi:** Hun Mat Phat leh Pau Dan Pha.

**Bible:** Sam 90:12; Joh. 9:4; Sam 19:14; Ephe. 4:29; I Pet. 3:10

**Thumapui:** Tuzan a hin thupi pani hun mat phat leh pau dan pha ti gen khawm ding i hui a, a pani hin Khristian hindan pha nei mi hitheina ding ah pawimaw gel gel ahi. Pau dan kilawm lo leh hun mang pha lo chu Khristian hindan pha nei a kiti thei puai.

### I. Hun Mat Phat:

**1. Pathian in mi zosia hun kibang chiat a piat:** Pathian hun siam kum leh tha, suun leh jaan hi a lul ma ma a, sapten ‘hun hi dangka ahi’ a ti hial uh ahi. Mihing ten nikhat hi dakkaal 24 in i khen ua, a hau a vai, lal leh chagate le Pathian in kibang tak in nikhat in dakkaal 24 ei pechiat hi. Khenkhat in phachuam tak ah a mat lai in khenkhat in a petu Pathian dawilo lam bawl na leh amau a ding ah siatna kibawldawnan a mang sek ui.

**2. Pathian hun ei piak mat phat a pawimawi:** Mihingten damsawt i nuam ua, i damsawt dan ding le thei dan dan in i ngaitua sek ui. Damsawt hi a kipak um tawh kitawn in i damsawt leh damsawt lo lam sang in i damsung hun mat phat leh phat lo hi i ngaitua ding pawimaw zaw chu ahi. I dam sawt in dam chawm le hen le i damsung nikhua hi phatak ah i mat phat chun a hun tawk hi.

Damsung hun mat phat ding dan chu bang gual ahi diam? Paul chun “nite hi a phat taak lo zia in la hun nei sun uh mangpha tau in, mingawlte gual ah um lo in Lalpa dawilam chu bang ahem ti hiatthiam gaw zaw tau in,” a ti (Ephe. 5:16,17). Thugentu ah le bangkim a ding ah hun guat a um thu leh hun lemchang a um thu i muu ahi (Thug. 3:1ff). Achawmlam ah gen ding in i damsung ah i nisin hinkhua Pathian dawigual hiat guat a, Pathian dawigual i bawl ding ahi. Bible chun, “La thinlung in migilo engkin la, nitum in Lalpa lau in um zaw’n, kipakman um ngei ding ahi ngal a, la kinepna chu sukmanghai hi puan a,” a ti (Thupl. 23:17-18).

**3. Nisin hun mat phat leh phatlo ga:** Hun hi hinkhua matchak ahi. I hun mat dan in i hinkhua a pha lam leh a sia lam in khawi a nei gel gel ahi. A phalam leh a salam ah le mang diak lo ah hun mawk sukbei chun le khawi a nei tho tho hi. Hun leh i hinkhua hi khenchuam thei lo ah kizawp ahi ti hiat a phai. Nisin i hun mat dan hin chi i tu a, i the zing uh ahi. Chi pha a tam thei pen tu leu hin taksa leh thagau ah i damsung leh i thinung ah ga pha luak mai ding i hui.

**4. Hun mat dik:** A pun (pawl) ah khawsak khawmna a diak in nibik (kinbawl) tak leh hunbi guat a um sek a, zia chu diktak ah zui chiat a pawimaw hi. A diak in hotu lamte ti chu kochuam hi in pawl hi ziang leh le biakin kikhawpna ah leh kikhawp khawmna dang him him ah a masang lam ah chu ding dawl te a hung vaigei uh hi thil zachak um tak ahi. Zia chun i mizia a taaklang sek ahi.

### II. Pau Dan Pha:

**1. Pau dan pha leh pha lo a um hi:** Pathian in mihing te thilpiak lul tak pau theina kam leh lei ei pia, zia chu a pha lam leh pha lo lam in a mat thei gel gel hi. Jakop chun, “Kam munkhat a pat in pakna leh hansia lawna a pawt sek a, suapite haw, zia gual ding chu ahi puai,” a ti (Jak. 3:10).

Mi kam dam, aw nem kiang ah um nuam i sa, mi aw khau, mi hansia kiang in kuama a um sawt pei puai. I kamsuak hin mi dang chung ah a pha leh phalo lam in nasatak in a khawi sek hi. “Dawnhuna aw nem chun lungnatna ahi dai sek a, pau ngaida um chun lungnatna a chawk tho sek hi,” ti i mu (Thupl. 15:1). Pau dan pha lul dan gen in, “ midik lei chu dangka pha gual ahia ... mi dik kam chun mi tamtak a chawm hi” ti thu le i mu (Thupl. 10:20,21). I thugen hin midang chung ah bep hi lo in eima chung ngei in le khawi (affect) a nei sek hi (Thupl. 18:20,21).

**2. *Thinlung leh kamsuak in kizawpna a nei hi:*** Mi kiveng thei chun a lungthim lo gual in thu a gen thei a, lungna ma ma leh le lungna lo gual tak in a kilawm lam in a gendawk thei hi. Chun mi khenkhat chu a lunggel a chuam, a thilbawl a chuam, a gen a chuam a um sek a, ziate chu le a hiat thei tho a, zuau gen, amau leh amau kithem ahiu a, khristian hindan dik ahi diak puai. Jesun Pharisaite kiang in, “Lungthim ah dimlet kam in a pawt sek hi, migilo chun a gobawm sia a pat thil pha lo a sek dawk sek hi,” a ti (Mat. 12:34-35). Ziaziakchun gingtuten i pawimawu chu thinlung thiangotho gobawm pha ahi.

**3. *I kamsuak ah maw i puai:*** Ama diklona leh thiamlona ngei ah le mi dang ngaw sek mi tamtak a um hi. “Ka dik lo ahi” “Ka bawlkhiat ahi” ei ngai thiam in ti hi haksa i sa sek ma mau a, zia chun gingtu hina i miziau a sulang sek ahi. I lei ven phat a ngaidan leh i venphat zo lo dan Jakop in gen in, “A thugen ah thil hikhiat ngai lo chu mi piting ahia, a taksa pumpi veng thei ahi,” a ti (Jak. 3:2).

Mi zosia'n i kamsuak ah maw i puak zia leh i kamsuak ga luak ding i hiziak un lungthim leh ngaituana mang ah chingthei tak ah Bible ei hilna gual ah i pau sek a pawimaw ma mai. Thupil chun, “A kam vengpha chu a hinna veng pha ahia, a kam lian tak ah hang chun vang manthaina chang in a,” a ti (Thupl. 13:3). Paul in, “Thu phalo him him la kam un pawt ki hen, a kul dungzui ah siam pha ding in thupha cha cha pawt zaw ta hen, a la ngaite ding ah hepina ahi theina ding in,” a ti ahi (Ephe. 4:29). Chun Peter in le gitlona lak ah lei vengpha ding in kichian tak in I Pet. 3:10 in ei gen ahi. Tichun Khristian hindan pha nei hi theina ding in lei ven phat leh hun mat dik hi a lo thei lo chu ahi.

### **Genkhawm ding:**

1. Mi zosia hi i buai chiat a, sungkuan leh pawlam ah hun mat ding dan pha genkhawm hileh.
2. Insung ah nu leh pate pau dan pha ettawn taak ah pau pawimaw dan genkhawm hileh.

### **September - 29**

**Thupi:** Kisumtheina leh Eima Kithunun

**Bible:** I Kor. 9:25-27; Gal. 5:22-23; Thupl. 16:32.

**Thumapui:** Tuzan hin gingtute hindan ding ah pha leh pawimaw ma ma pani kisumtheina leh eima kithunun ti chungchang gen ding i hui. Kisumtheina leh eima kithunun ti hi thu kinai tak ahia, thagau ga leh kaisanna ding ah kalbi ahi.

### **I. Kisumtheina:**

**1. Khristiante leh kisumtheina:**Khristian hinkhua leh kisumtheina hi thil kilawm leh hawi tak ahi. Kisumtheina ti umzia pen chu eima kithunun theina ahi. Eima kithununna tawh kinai cha himaleh a chuam chuam in gen hi tiu.

Gingtute hi Khrista ah hinna thak neite i hi ziak un ginglo mite gual ah i daw i gual gual bawl a tisa daw i dan dan ah um a lem puai. Peter chun i ginna a chun ...kisumtheina pan sak a, kisumtheina ah chun sekdon a pansak ding in ei ti ahi (II Pet. 1:15). Kisumtheina i nei pawimaw sa in Paul in le “Pathian ngaisaklona leh khawvel nawpnate haisan in, tulai khawvel ah hin kisum leh diktak leh Pathian ngaisak ah i um ding uh ahi,” a ti (Tita 2:12-13).

**2. Kisumtheina hi Thagau ga ahi:**Thil phalo lak ah eima hatna leh theina hin kisum zo tak tak a haksai. Hun chawmkhat chu i kisum thei tho a, maleh gitlonan i puk kit sek hi. Ziaziakchun Job gual ah Pathian lau mi, thil phalo lak ah kisum thei mi i hitheina ding un sunggil lam a pat hatna, Thagau Thiangtho thilhitheina a ngai a, i pawimawu ahi. Zia chu he in Paul in le tisa thil hi nawpna taisan ding ah a gen nung in kisum theina, eima kizaw theina hi thagau ga lak in a pansak ahi.Kisumtheina hi thagau ga ahi ti ei hil tawh kitawn in thagau puina leh panpina taksa bak nawpnate chu that ding in ei gen ahi (Kol. 3:5; Rom 8:12-13; Gal. 5:16-17; I Joh. 2:15-17).

**3. Gingtute ding in bangkim ah kisum a ngai:**Sawlechak Paul in Khristiante hinkhua leh nekhawl na mang kitaitekna pang sekte hinkhua a tekhn sek hi. Lawtin ngei ngei tup ah kitaitekna pangte chun training haksai tak te nei in theitawp sua in a bawl ham ham ua, bangkim in a kisum sek ui, a ti. (I Kor. 9:24-25). Zia gual chun ei uh gingtute ginna leh thagau lam hinkhua kitaitekna pha tai te hin i hinkhua dal ah suhatlo leh susia thei thil chuam chuam lak ah i kisum uh a pawimaw hi. I kisumna ding uh khenkhat vak gen hi tiu.

1. Nek leh dawn eima ding ah phalo thil chi chuam chuam ah kisum ding ahi. I pawimaw nek leh dawn pha ah le a hun tiang hiat ding ahi.

2. Zu leh khamthei thil pha lo chi chuam chuam lak ah gingtute kisum leh kikawikiang a pawimaw i.

3. Chep leh muam chi chuam chuam, i taksa leh lungthim ding ah phalo lak ah kisum a ngai hi.

4. Hukna lam thil leh numei pawsalna mat sual leh mat pawlche a pat i kikawikiang a pawimaw i.

5. Sil leh chen leh van chawk leh kivan thu ah i phak tawh hiat ah kisum a pha, a nei zo te ding in le chintawh nei a pawimaw i.

6. Thugen lam leh pau dan ah le kisum a pawimaw sek hi. I dikna hi ziang leh le gendan kilawm a um a, mi ngaida ding genkhak ding kisum ding ahi.

## **II. Eima Kithunun:**

**1. Khristiante eima kithununna:**Khristian te lak ah eima kithunun pawimaw nate, kithunun phatnate, lawknate ngaitua lo leh he lo tamtak um thei hi tiu. Thupil ah chun “Ama lunggil kithunun zo lo mi chu khawpi kul nei lo tawbang ahi,” ti thu i mu ((25:28). Zia hin a gen nawp chu ama kithunun zo lo mi chu siatna leh manthaina tum thei ahi thu i mu ahi. Mun dang ah ama lunggil kithunun zotu lopina leh dawiumna a gen kit chu, “Mi lungniang chu thagum hat sang in a pha zawn, ama lungthim kithunun thei mi chu khawpi la zo mi sang in a pha zawi,” ti ahi (Thupl. 16:32).Jesu nungzui ah a nasem ding ten amau khross kiput ah a zui ding uh ahi thu a

gen hi. Bible ah mi lopi leh nasepna lam ah mi lawtingte hi mi thabei a um pua, nasatak ah amau kithunun sek te bep ahiu.

**2. Ama Kithununna Ettawn taak Paul:**Khristian hinkhua leh nasepna lam zosia ettawn taak pen leh bukim pen chu Lal Jesu hi ahi. Zia Lal Jesu lunggil gual pu ah a keng nung zui i hi dan uh Phil. 2:5-8; I Pet. 2:21 in i mu ahi. Sawlehak Paul chun, “Keima ei entawn un, kei le Khrista entawn ka hi gual in,” a ti ahi (I Kor. 11:1). Paul hinkhua a pat in eima kithunun chungchang tawmcha vak gen hi tiu.

Paul in a hinkhua thunun zaw a guatna zia gual hin a gen hi, “Chutichun kung lam chu zuan in ka del ham ham ahi, beingawn mai phu lo in keima ka kichum sek a, ka taksa hi a sekdo a, ka thunuai in ka kawu ta ahi” (I Kor. 9:26-27). Chun mun dang ah ka nasepna hi dem ah a um lona ding in mi zosia mit tung in ka um zuau.. (II Kor. 6:3-10). a ti ahi. Paul in Pathian kona a dawnhuna a mawpuakna chi chuam chuam pitin ding ah pan a lak nasat zia hi a ettawn tak ma mai. “Chanchinpha zia in bangkim ka hi sek hi,” (I Kor. 9:23) a ti. Thagau puihuaina lo chun eima kithununna zaw chi ahi puai.

**3. Eima kithununna ding khenkhatte:**Khristiante hi eima dawu dan leh nawp dan dan ah um leh khawsak a lemchang pua, eima ding in le a pha diak puai. Chun mite hindan leh khawsak dan taphawt entawn ah thil i bawl uh lemchang diak puai (Rom.12:2). Pathian thu gual ah eima kithunun chiat a pawimawi. I kithununna ding tamtak a um a, ziate lak ah khenkhat te chu:

1. Nisin Pathian tawh kipawl na nei thei ding ah eima kithunun a ngai hi.
2. Pawimawna bik lo chun zan hasawt taakluat lo ding leh zing ah tho vak ding ah eima kithunun a pawimawi.
3. Eima zillai leh nasepna chiat ah lawting ngei ding ah kithunun a pawimawi.
4. Hiselna ding ah nek leh dawn chi chuam chuam lak ah kithunun a pawimawi.
5. I tuilam leh nawp i sak lam chi chuam chuam etsaknan, kihelna, music, TV et, computer leh mobile phone khawi leh mat lam ah a hun tawh nei ding ah kithunun a ngai hi.
6. Bangkim ding ah hun guat a um hi ti hiat ah a hun tak ah bangkim bawl ding ah eima kithunun a pawimawi.

#### **Genkhawm ding:**

1. Khristian hinkhua kisum a pawimaw dan leh kisum phatnate gen hi tiu.

#### **September - 30**

**Thupi:** Eima Ki-etchian

**Bible:** II Kor. 13:5; Hag. 1:5-7.

**Thumapui:** Eima kihatchian hi mihing in haksa a sak pen pakhat ahi. I kikhualchet a, i kihatchian ngam ding ahi. Mihing in gen hak a sak pen chu, “Kei ka

thiam mawi, ka bawl khial hi,”ti hi ahi a tiu. Ama ki-enchian chun a diklona chu kimuchian ding ahi.

**1. A umzia:** Eima ki-etchian chu mani kikhualchian a, kua ka hem, bang ka hem ti kihe ding ah ki-nung et, mite ei ngaidan, mi ei kawu dan he ding ah panlak, eima umna ding mun leh hina he ding ah kietchian hih hi ding ahi. Kua hem a hat? Kei kua ka hem lei he’u em, ti ziang haw hi ama bawn kihe lo mi dang in bangti het ding ahem? Eima kihiat chian hi a haksa ma ma na chu kihiat a pawimaw hi.

**2. Lal Jesu hi dan:** Mathai bung 16 ah Jesun mite mudan hiat a nuam a, a mipite chu a dawng a, “Miten kei hi kua ahi lei tiu em?” ti a dawtna a chun miten a kawisang ma mau a, a nungzuite mudan le a dawng zui ngal a, zia a dawtna ziak chu mite ngaidan a pat ama ki-etchian a nawp ziak hi ding ahi. Ama ki-enchian zing sek mi ahi ti a hinkhua mat dan a pat in le a lang thei hi.

**3. I ki-etchianna dingte:** Grik mipil Socrates chun “Nangma kihe in” a tia, eima kihiat hi a pawimaw khawp mai a, eima i ki-etchian zing lo chun gitlo bawl a bailam khawp mai hi.

**i) Lunggil put dan:** Eima lunggil put dan hiat a pawimawi. Thil tepte mite, tepte ngai beklote, midang ding ah ningtel um khawp ah ti khel khel te, thu nung thuma ngaitua ngai bek lote, mi lungchawm leh lungniang te um thei ahi. Mi lungkhawk ahi kihe chu a kisum ham ham a ngai zing sek a, kithunun a kul hun a um sek hi. Eima lunggil put dan kihe ding ah ki-etchian zing hi a phai.

**ii) Midang lak ah umdan:** Mi dangte ding ah bang gual mizia ka nei em ti hi a guk ah kisut zing ding a la hi. I kiang ah mi a lau em, a muang uh em, nginat um i hi em, ningtel um, mi’n ginum in ei ngai em, gintaak lo ah ti tiang ah kietchian sek ding ahi. Khenkhat chu midang tawh kituak (adjust) guat malak in a miziau a kuanpi sek ui.

**iii) Kamsuak:** Mi khenkhat chu pianpi aw tak deu nei te, aw kichian bek lo nei te, aw ngai (volume sang) te, pau chanchum te, pau gang tak te i hui a, i paudaw dan ah chit thei a ngai ma mai. A thei chan ah kisiamphat a ngai sek hi.

Mi lungthim suna lam ah tawt thugen, a ngaithate ding ah ‘ei simmaw na e,’ a ti thei ding ua paukam mat a um thei hi. Bible chun, “La kamsuak uh chu chi gual ah al, lungsiatna pang hi zing hen,” a ti (Kol. 4:6).

**iv) Ginna ah:** Paul in Korinth mite kiang ah a gen gual in, ginna ah i umnau em, eimau leh eimau i kietchian sek ding uh ahi. Zia i ginna ki-etchianna ding te chu kochuam in “ka ging’ a ti thugin te, i kochuam thugin 10 te, Bible chungchang te, Lal Jesu chungchang te, Thagau Thiangtho chungchang te, mihing chungchang leh hukdamna chungchang te dik tak ah ah gindan ding ei kawkmu in ei panpi ahi.

Zia lo chun le mimal hinkhua ah Pathian ginna i kalsuan dan a dik nam i kietchian a pawimawi. Gin dan dik lo leh thil ngawlhuai thil a um thei a, Bible in gin dan ding a gen gual ah gin a pawimawi.

**v) Nisin na ah:** Nisin na nei chiat i hui a, i nasep uh a kibang puai. Eima na chiat ah ginum leh taima tak ah i sep leh seplote, umzia nei ahi em ti te, gawitu ding in a kipak um emti te leh law tawh kigun in i sem em ti te hi kietchianna ding chu ahi.

**vi) Sungkuan ah:** Eima insung chiat kietchian sek a phai. Eima dinmun chiat ah i pha em, i sum laklut leh mat dan ah te Pathian thu tawh a kituak em ti te i

kietchianna ding chu ahi. Nek leh dawn sil leh chen leh sungkuan khawsak dan chungchang in le i sungkuan laklut tawh a kituak nam ti i kietchian a kul hi.

**4. Ki-etchian dan:**I ki-etchianna ding in tena pha nei a ngai hi. Pawngsan ah “Kei thiam maw ahi” “Ka dik puai” ti ziang thei ahi puai.

*i) Lal Jesu:* I thilbawl ding chu tena Jesu mat a, “Lal Jesu’n hileh bang tin a bawl diam?” ti ngaitua zing a ngai hi. Ziaziakchun Bible ziltilna i mu gual in thil bangkim ah Lal Jesu daw dan ahi leh hi lo kietchian a pawimaw sek hi. Chun, Lal Jesu hi khawvel in kitena a mat ding ah Pathian hun sawl ahi. Ama ah hin i kietchian zing sek uh a ngai hi.

*ii) Kochuam:* Kochuam hi thutak khuam leh kingakna ahia (I Tim. 3:15), Khrista taksa le ahi (Ephe. 1:23). Kochuam daw dan chu a pha deu tei sek ahi. Kochuam mi chu kochuam dan, kipuihuaina dan leh Pathian thu chiapi dan mang ah a kietchian sek a phai.

*iii) Pathian thu:* Pathian thu hi i hinkhua kaihuaitu ding ah Pathian ei piak ahi. Sam 119:105 chun, “La thu hi ka kengte ding in khawnval ahin, ka lampi ding in vaak ahi,” ti i mu ahi. Pathian thu ei puina ah chia ding ahia, Bible gen dan leh hilna et taimat a pawimawi (Nas.17:11).

*iv) Khawtang hinkhua:* Khawtang kietkawlna dan leh khawtang hinkhua kilemlo talua um hi a pha puai. Khawtang a ding ah thil hi ding um taphawt te chu eima phaktawh ah bawl sek ding ahi (Gal.5:10; Ephe. 2:10).

**5. Eima Ki-etchian Phatchuamna:**Zia i gen taak te a pat ziang hin le a pawimawna leh a phatnate chu he ngei tai tiu in, maleh tawmcha gen belap kit hi tiu:

*i) Eima kihatchianna ahi:* Eima kihiat (self-understanding) hi kua zosia ding in a phai.

*ii) Mun lemchawtna ahi:* Phatak ah thil ngaitua sek chun mun bit a he kha ngei sek hi. “La mit in malam en in la, zang tak in malam thiil in. La keng a ding in lampi siam gual in la, la lampi zosia sukdet hi ta hen,” (Thupl. 4:25,26).

*iii) Lawtinna ahi:* Zillaite leh sumdawngte ding in lawtinna ahi. Vaihawmtu lawting chu amau kienchian sek mi ahiau. Bang lam ah le eima kietchian hi mi zosia ding in lawtinna ahi.

*iv) Lau um leh lau um lo hiatna ahi:* Ama kienchian chun a lau um leh lau um lo a he sek hi. Ama a kihiat ziak leh a dinmun a kihiat ziak in a gen ding hi leh hi lo te, a chiana ding hi leh hilo te, panna ding ahi leh hi lo te a hethiam sek a, zia gual mi chu mipil ahi mai hi.

I gen taak gual in eima diklona kihiat hi a haksa ma ma, diklona bep hi lo in dikna le mu a phai. Eima i kietchianna ding ah panpitu pha tak Thagau Thiangtho i nei uh hi mang phachuam hi tiu.

#### **Genkhawm ding:**

Eima ki-etchetna ding ah daltu hi bang ahi em?



*A bei tai.*